

OET Nursing Writing Week

Robert England

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient.*

Planning

10 - 15 minutes:

- Find the *purpose*
- Identify the *case notes* you will use
- Organise the case notes into *logical paragraphs*

What is the situation after the above steps?

I can **focus on writing** = Perfect circumstances in which to write a letter

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Robert England case notes:

1. Who is the reader?	Community nursing service
2. What is the reader's task?	Follow up care at patient's home
3. Does the reader know the patient?	No
4. Does the writer have any tasks?	yes – advice has been given / review appointment has been arranged
5. Why am I writing <u>today</u> ?	patient ready for discharge
6. Is it urgent?	no

Notes:

Assume that today's date is 27 May 2019.

You are a charge nurse working in the surgical ward of Longford General Hospital. A male patient was admitted to your unit for open stent graft surgery.

PATIENT DETAILS:

Name: Robert England (Mr)
DOB: 09 Nov 1957 (62 y.o.)
Address: 76 Laburnum Close, Longford
Next of kin: Wife, Anna (60 y.o.), no children

Social background:

Recently retired wine waiter - now works freelance as wine taster
 Interests: gardening, cooking, reading, TV, travel
 Sedentary lifestyle

Past medical history:

Current BMI 29.5 (overweight – borderline obese)
 High-fat, high-salt diet & 'lots of red meat'
 Ex heavy smoker (30 cigs/day) - quit 55 y.o.
 Moderate alcohol intake (2 glasses wine/day w. meals)
 Hypertension diag. 2017

Family history: Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm)
 Mother dec. 83 y.o. - Alzheimer's

Current medications:

Verapamil (80mg 3x/day) - hypertension

Hospital admission: 19 May 2019

Presenting problem:

Lower back pain, pulsing sensation & generalised abdominal pain
 Full blood count/ liver function test – unremarkable
 Ultrasound
 CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)

Diagnosis: AAA (Abdominal Aortic Aneurysm)
 Need for urgent stent graft surgery

Medical treatment:

20 May 2019 Stent graft surgery (open)
 Pt transferred →ICU for 48 hrs post-op

Nursing management:

Indwelling Foley catheter in situ
 Wound drain (Redivac) in situ
 PCA (patient-controlled analgesia) device in situ
 Mepore dressing on surgical site (dissolvable sutures)
 Need to observe for DVT risk & check breathing – pt. in upright position
 IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)

Assessment: Good progress: vital signs within normal range

27 May 2019 Pt instructed in necessary lifestyle changes:

- ↓intake of alcohol, animal fats, fried foods, salt
- ↑dietary fibre
- Achieve & maintain optimal weight (?referral to dietician)
- No weight-bearing/strenuous exercise (→6 wks.)
- Gentle exercise, gradually ↑
- No driving →4 wks.

Pt discharged w. low-dosage aspirin
 Community nurse home visits arranged (1x/day →1 wk.)

Discharge plan: Community nurse to monitor breathing, cleanse & dress wound, check vital signs
 Check compliance w. lifestyle advice
 NB Review 30 May 2019 in Outpatients Dept.

Plan: Write to Community Nursing Service

Writing Task:

Using the information given in the case notes, write a letter to Mrs Moore, Head of the Community Nursing Service. In your letter, briefly outline Mr England's condition, medication and recommended follow-up care. Address your letter to Mrs Fiona Moore, Head of the Community Nursing Service, 26 Park Road, Longford.

<https://drive.google.com/file/d/1MQ6Yh3wcUSQ5SvG71IL29zrEmDz73m5w/view?usp=sharing>

Paragraph Planning

Introduction	
Early timeline	<p>Hospital admission: 19 May 2019</p> <p>Presenting problem:</p> <p>Lower back pain, pulsing sensation & generalised abdominal pain Full blood count/ liver function test – unremarkable Ultrasound CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)</p> <p>Diagnosis: AAA (Abdominal Aortic Aneurysm) Need for urgent stent graft surgery</p> <p>Medical treatment:</p> <p>20 May 2019 Stent graft surgery (open) ✓ Pt transferred → ICU for 48 hrs post op</p> <p>Nursing management:</p> <p>Indwelling Foley catheter in situ Wound drain (Redivac) in situ PCA (patient-controlled analgesia) device in situ Mepore dressing on surgical site (dissolvable sutures) Need to observe for DVT risk & check breathing – pt. in upright position IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)</p> <p>Assessment: Good progress: vital signs within normal range ✓</p>
Current	<p>27 May 2019</p> <p>Pt instructed in necessary lifestyle changes:</p> <ul style="list-style-type: none"> • ↓intake of alcohol, animal fats, fried foods, salt ✓ • ↑dietary fibre ✓ • Achieve & maintain optimal weight (?referral to dietician) ✓ ✓ • No weight-bearing/strenuous exercise (→6 wks.) ✓ ✓ • Gentle exercise, gradually ↑ ✓ • No driving →4 wks. ✓ <p>Pt discharged w. low-dosage aspirin ✓ Community nurse home visits arranged (1x/day →1 wk)</p>

Background	<p>Next of kin: ✓ Wife, Anna (60 y.o.), no children</p> <p>Social background: Recently retired wine waiter - now works freelance as wine taster Interests: gardening, cooking, reading, TV, travel Sedentary lifestyle ✓</p> <p>Past medical history: Current BMI 29.5 (overweight - borderline obese) ✓ High-fat, high-salt diet & 'lots of red meat' ✓ SM ← Ex heavy smoker (30 cigs/day) - quit 55 y.o. ✓ Moderate alcohol intake (2 glasses wine/day w. meals) Hypertension diag. 2017</p> <p>Family history: Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm) Mother dec. 83 y.o. - Alzheimer's</p> <p>Current medications: ✓ Verapamil (60mg 3x/day) - hypertension</p>
Request	<p>Discharge plan: Community nurse to monitor breathing, cleanse & dress wound, check vital signs Check compliance w. lifestyle advice NB Review 30 May 2019 in Outpatients Dept.</p>

Write early timeline and send to paul@set-english.com

Student	Teacher
<p>27th May 2019 Mrs Fiona Moore Head of the Community Nursing Centre 26 Park Road Longford</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr Robert England, who was admitted to our hospital due to Abdominal Aortic Aneurysm. He is scheduled to be has been discharged today and now requires your further follow-up care.</p>	<p>It's better to focus on the current situation in the introduction instead of what happened in the past.</p> <p>What is the current situation?</p>

<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>27th May 2019</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mr Moore,</p> <p>I am writing regarding Mrs England, who was admitted to our unit for needed for urgent stent graft surgery. She is planned to scheduled to be discharged, He has been discharged and requires your further follow-up care.</p>	
<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore,</p> <p>Re: Mr Robert England, DOB: 09 November 1957</p> <p>I am writing regarding Robert England, who underwent an open stent graft surgery due to abdominal aortic aneurysm. He was discharged today and requires follow-up care at home.</p>	
<p>Mrs Fiona Moore Head of the Community Nurse Service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore</p> <p>Re: Mr Robert England (62-year-old)</p> <p>I am writing regarding Mr England, who was admitted to our hospital recently due to abdominal aortic aneurysm. He is scheduled be</p>	<p>What is the current situation?</p>

<p>discharged today and now requires your follow up care and support.</p>	
<p>Mrs Fiona Moore Head Of Community Nursing Service 26 Park Road Langford Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore,</p> <p>RE: Mr Robert England, DOB 62 year old</p> <p>I am writing regarding Mr Robert England, a 62 year old retiree who was admitted on 19 may 2019 for open stent graft surgery. He is scheduled to be has been discharged and will require continuous continued monitoring and follow up care.</p>	<ul style="list-style-type: none"> • continued – more of the same • continuing – more of the same • continuous – always / 24 hours per day <p>A language error has caused a content error!</p>
<p>Mrs Fiona Moore Head of the community nursing service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Re: Mrs Robert England 62 aged</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr. Robert England, W who was admitted our clinic for abdominal aortic aneurysm was operated by stent graft surgery. After successful surgery he is-being has been discharged and requires your follow up care at home.</p>	<p>I am writing regarding Mr. Robert England, who was admitted to our hospital due to abdominal aortic aneurysm and underwent stent graft surgery, which was successful.</p> <p>5 ideas - we have to have a 'license' to introduce ideas. Improve your use of linkers / text tool sand you'll be fine!</p>
<p>Mrs Fiona Moore Head of the Community Nursing service 26 park road. Longford</p> <p>Dear Sir / Madam</p> <p>Re: Mr Robert England , 62 years old.</p>	

<p>I am writing regarding Mr. Robert England, who was admitted to our hospital for his open stent graft surgery. He is being has been discharged and he requires monitoring and follow up care.</p>	<p>Did he visit the hospital for surgery or was it because he had symptoms?</p>
<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park road Longford</p> <p>27th May 2019</p> <p>Dear Mrs. Moore,</p> <p>RE: Mr. Robert England, 62years</p> <p>I am writing regarding Mr. Robert England, who is recovering from open stent graft surgery after diagnosed of due to a large abdominal aortic aneurysm. He is due to be has been discharged today and now requires follow up care and support.</p>	
<p>Mrs Fiona Moore Head Of The Community Nursing Service 26 Park Road Longford</p> <p>27th May 2019</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr Robert England, who visited our hospital for a stent graft surgery. He is scheduled to be has been discharged and now requires your follow up care and support.</p>	<p>Did he visit the hospital for surgery or was it because he had symptoms?</p>
<p>Mrs.Fiona Moore Head of the community Nursing Service 26 Park Road Longford</p> <p>Dear Mrs.Moore Re: Mr Robert England DOB: 09 November 1967</p>	

<p>I am writing to request home visits for Mr. Robert, who requires continued care and Assistant assistance from your service owing to his recovery after opened stent graft surgery.</p>	<p>I like how this is written – you have good purpose. There are a few grammar errors – pick those up.</p>
<p>I am writing regarding Mr Robert England, who was admitted at the surgical ward General Hospital, due to an abdominal aortic aneurysm. He has been scheduled for a discharged and now requires follow-up care.</p>	<p>admitted to surgical ward or is recovering from surgery?</p>
<p>I am writing regarding Mr England, who underwent open stent surgery following an abdominal aortic aneurysm. He is due to be has been discharged home today and now requires your further care and support.</p>	
<p>Mrs Fiona Moore Head of the community Nursing services 26, Park Road Longford</p> <p>Re: Mr Robert England, DOB: 09 Nov. 1957</p> <p>I am writing to you to refer regarding Mr England, age 62-year-old, who underwent an urgent stent graft surgery with a diagnosis of Abdominal Aortic Aneurism. He is being has been discharged for your follow-up care.</p>	<p>Has he been discharged for follow up care or discharged and requires follow up care?</p>
<p>I am writing to update the current health status of Mr. Robert England, who requires follow-up care and management. He is recovering from Stent Graft Surgery. He is due for discharge and has been discharged today.</p>	