

OET Nursing Writing Week

Robert England

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient.*

Planning

10 - 15 minutes:

- Find the *purpose*
- Identify the *case notes* you will use
- Organise the case notes into *logical paragraphs*

What is the situation after the above steps?

I can **focus on writing** = Perfect circumstances in which to write a letter

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Robert England case notes:

1. Who is the reader?	Community nursing service
2. What is the reader's task?	Follow up care at patient's home
3. Does the reader know the patient?	No
4. Does the writer have any tasks?	yes – advice has been given / review appointment has been arranged
5. Why am I writing <u>today</u> ?	patient ready for discharge
6. Is it urgent?	no

Notes:

Assume that today's date is 27 May 2019.

You are a charge nurse working in the surgical ward of Longford General Hospital. A male patient was admitted to your unit for open stent graft surgery.

PATIENT DETAILS:

Name: Robert England (Mr)
DOB: 09 Nov 1957 (62 y.o.)
Address: 76 Laburnum Close, Longford
Next of kin: Wife, Anna (60 y.o.), no children

Social background:

Recently retired wine waiter - now works freelance as wine taster
 Interests: gardening, cooking, reading, TV, travel
 Sedentary lifestyle

Past medical history:

Current BMI 29.5 (overweight – borderline obese)
 High-fat, high-salt diet & 'lots of red meat'
 Ex heavy smoker (30 cigs/day) - quit 55 y.o.
 Moderate alcohol intake (2 glasses wine/day w. meals)
 Hypertension diag. 2017

Family history: Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm)
 Mother dec. 83 y.o. - Alzheimer's

Current medications:

Verapamil (80mg 3x/day) - hypertension

Hospital admission: 19 May 2019

Presenting problem:

Lower back pain, pulsing sensation & generalised abdominal pain
 Full blood count/ liver function test – unremarkable
 Ultrasound
 CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)

Diagnosis: AAA (Abdominal Aortic Aneurysm)
 Need for urgent stent graft surgery

Medical treatment:

20 May 2019 Stent graft surgery (open)
 Pt transferred →ICU for 48 hrs post-op

Nursing management:

Indwelling Foley catheter in situ
 Wound drain (Redivac) in situ
 PCA (patient-controlled analgesia) device in situ
 Mepore dressing on surgical site (dissolvable sutures)
 Need to observe for DVT risk & check breathing – pt. in upright position
 IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)

Assessment: Good progress: vital signs within normal range

27 May 2019 Pt instructed in necessary lifestyle changes:

- ↓intake of alcohol, animal fats, fried foods, salt
- ↑dietary fibre
- Achieve & maintain optimal weight (?referral to dietician)
- No weight-bearing/strenuous exercise (→6 wks.)
- Gentle exercise, gradually ↑
- No driving →4 wks.

Pt discharged w. low-dosage aspirin
 Community nurse home visits arranged (1x/day →1 wk.)

Discharge plan: Community nurse to monitor breathing, cleanse & dress wound, check vital signs
Check compliance w. lifestyle advice
 NB Review 30 May 2019 in Outpatients Dept.

Plan: Write to Community Nursing Service

Writing Task:

Using the information given in the case notes, write a letter to Mrs Moore, Head of the Community Nursing Service. In your letter, briefly outline Mr England's condition, medication and recommended follow-up care. Address your letter to Mrs Fiona Moore, Head of the Community Nursing Service, 26 Park Road, Longford.

<https://drive.google.com/file/d/1MQ6Yh3wcUSQ5Svg71IL29zrEmDz73m5w/view?usp=sharing>

Paragraph Planning

Introduction	
Early timeline	<p>Hospital admission: <u>19 May 2019</u></p> <p>Presenting problem:</p> <p><i>Sum</i> { Lower back pain, pulsing sensation & generalised abdominal pain Full blood count/ liver function test – unremarkable Ultrasound CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)</p> <p>Diagnosis: AAA (Abdominal Aortic Aneurysm) Need for urgent stent graft surgery</p> <p>Medical treatment:</p> <p><u>20 May 2019</u> <u>Stent graft surgery (open)</u> ✓ Pt transferred → ICU for 48 hrs post op</p> <p>Nursing management:</p> <p><i>Sum</i> { Indwelling Foley catheter in situ Wound drain (Redivac) in situ PCA (patient-controlled analgesia) device in situ Mepore dressing on surgical site (dissolvable sutures) Need to observe for DVT risk & check breathing – pt. in upright position IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)</p> <p>Assessment: Good progress: vital signs within normal range ✓</p>
Current	<p>27 May 2019</p> <p>Pt instructed in necessary lifestyle changes:</p> <ul style="list-style-type: none"> • ↓intake of alcohol, animal fats, fried foods, salt ✓ • ↑dietary fibre ✓ • Achieve & maintain optimal weight (referral to dietician) ✓ ✓ • No weight-bearing/strenuous exercise (→6 wks.) ✓ ✓ • Gentle exercise, gradually ↑ ✓ • No driving →4 wks. ✓ <p>Pt discharged w. low-dosage aspirin ✓ Community nurse home visits arranged (1x/day →1 wk)</p>

Background	<p>Next of kin: ✓ Wife, Anna (60 y.o.), no children</p> <p>Social background: Recently retired wine waiter - now works freelance as wine taster Interests: gardening, cooking, reading, TV, travel Sedentary lifestyle ✓</p> <p>Past medical history: Current BMI 29.5 (overweight - borderline obese) ✓ High-fat, high-salt diet & 'lots of red meat' ✓ SM ← Ex heavy smoker (30 cigs/day) - quit 55 y.o. ✓ Moderate alcohol intake (2 glasses wine/day w. meals) Hypertension diag. 2017</p> <p>Family history: Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm) Mother dec. 83 y.o. - Alzheimer's</p> <p>Current medications: ✓ Verapamil (60mg 3x/day) - hypertension</p>
Request	<p>Discharge plan: Community nurse to monitor breathing, cleanse & dress wound, check vital signs Check compliance w. lifestyle advice NB Review 30 May 2019 in Outpatients Dept.</p>

Write background and request and send to paul@set-english.com

Student	Teacher
<p>27th May 2019 Mrs Fiona Moore Head of the Community Nursing Centre 26 Park Road Longford</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr Robert England, who was admitted to our hospital due to Abdominal Aortic Aneurysm. He is scheduled to be has been discharged today and now requires your further follow-up care.</p>	<p>It's better to focus on the current situation in the introduction instead of what happened in the past.</p> <p>What is the current situation?</p>

<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>27th May 2019</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mr Moore,</p> <p>I am writing regarding Mrs England, who was admitted to our unit for needed for urgent stent graft surgery. She is planned to scheduled to be discharged, He has been discharged and requires your further follow-up care.</p>	
<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore,</p> <p>Re: Mr Robert England, DOB: 09 November 1957</p> <p>I am writing regarding Robert England, who underwent an open stent graft surgery due to abdominal aortic aneurysm. He was discharged today and requires follow-up care at home.</p>	
<p>Mrs Fiona Moore Head of the Community Nurse Service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore</p> <p>Re: Mr Robert England (62-year-old)</p> <p>I am writing regarding Mr England, who was admitted to our hospital recently due to abdominal aortic aneurysm. He is scheduled be</p>	<p>What is the current situation?</p>

<p>discharged today and now requires your follow up care and support.</p>	
<p>Mrs Fiona Moore Head Of Community Nursing Service 26 Park Road Langford Longford</p> <p>27 May 2019</p> <p>Dear Mrs Moore,</p> <p>RE: Mr Robert England, DOB 62 year old</p> <p>I am writing regarding Mr Robert England, a 62 year old retiree who was admitted on 19 may 2019 for open stent graft surgery. He is scheduled to be has been discharged and will require continuous continued monitoring and follow up care.</p>	<ul style="list-style-type: none"> • continued – more of the same • continuing – more of the same • continuous – always / 24 hours per day <p>A language error has caused a content error!</p>
<p>Mrs Fiona Moore Head of the community nursing service 26 Park Road Longford</p> <p>27 May 2019</p> <p>Re: Mrs Robert England 62 aged</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr. Robert England, Who who was admitted our clinic for abdominal aortic aneurysm was operated by stent graft surgery. After successful surgery he is-being has been discharged and requires your follow up care at home.</p>	<p>I am writing regarding Mr. Robert England, who was admitted to our hospital due to abdominal aortic aneurysm and underwent stent graft surgery, which was successful.</p> <p>5 ideas - we have to have a 'license' to introduce ideas. Improve your use of linkers / text tool sand you'll be fine!</p>
<p>Mrs Fiona Moore Head of the Community Nursing service 26 park road. Longford</p> <p>Dear Sir / Madam</p> <p>Re: Mr Robert England , 62 years old.</p>	

<p>I am writing regarding Mr. Robert England, who was admitted to our hospital for his open stent graft surgery. He is being has been discharged and he requires monitoring and follow up care.</p>	<p>Did he visit the hospital for surgery or was it because he had symptoms?</p>
<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park road Longford</p> <p>27th May 2019</p> <p>Dear Mrs. Moore,</p> <p>RE: Mr. Robert England, 62years</p> <p>I am writing regarding Mr. Robert England, who is recovering from open stent graft surgery after diagnosed of due to a large abdominal aortic aneurysm. He is due to be has been discharged today and now requires follow up care and support.</p>	
<p>Mrs Fiona Moore Head Of The Community Nursing Service 26 Park Road Longford</p> <p>27th May 2019</p> <p>Re: Mr Robert England, aged 62</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr Robert England, who visited our hospital for a stent graft surgery. He is scheduled to be has been discharged and now requires your follow up care and support.</p>	<p>Did he visit the hospital for surgery or was it because he had symptoms?</p>
<p>Mrs.Fiona Moore Head of the community Nursing Service 26 Park Road Longford</p> <p>Dear Mrs.Moore Re: Mr Robert England DOB: 09 November 1967</p>	

<p>I am writing to request home visits for Mr. Robert, who requires continued care and Assistant assistance from your service owing to his recovery after opened stent graft surgery.</p>	<p>I like how this is written – you have good purpose. There are a few grammar errors – pick those up.</p>
<p>I am writing regarding Mr Robert England, who was admitted at the surgical ward General Hospital, due to an abdominal aortic aneurysm. He has been scheduled for a discharged and now requires follow-up care.</p>	<p>admitted to surgical ward or is recovering from surgery?</p>
<p>I am writing regarding Mr England, who underwent open stent surgery following an abdominal aortic aneurysm. He is due to be has been discharged home today and now requires your further care and support.</p>	
<p>Mrs Fiona Moore Head of the community Nursing services 26, Park Road Longford</p> <p>Re: Mr Robert England, DOB: 09 Nov. 1957</p> <p>I am writing to you to refer regarding Mr England, age 62-year-old, who underwent an urgent stent graft surgery with a diagnosis of Abdominal Aortic Aneurism. He is being has been discharged for your follow-up care.</p>	<p>Has he been discharged for follow up care or discharged and requires follow up care?</p>
<p>I am writing to update the current health status of Mr. Robert England, who requires follow-up care and management. He is recovering from Stent Graft Surgery. He is due for discharge and has been discharged today.</p>	

Early Timeline

Hospital admission: 19 May 2019	
Presenting problem:	
<u>Sum</u>	Lower back pain, pulsing sensation & generalised abdominal pain
	Full blood count/ liver function test – unremarkable
	Ultrasound
	CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)
Diagnosis:	
AAA (Abdominal Aortic Aneurysm)	
Need for urgent stent graft surgery.	
Medical treatment:	
20 May 2019	
Stent graft surgery (open) ✓	
Pt transferred to ICU for 48 hrs post-op	
Nursing management:	
<u>Sum</u>	Indwelling Foley catheter in situ
	Wound drain (Redivac) in situ
	PCA (patient-controlled analgesia) device in situ
	? Mepore dressing on surgical site (dissolvable sutures)
	? Need to observe for DVT risk & check breathing – pt. in upright position
IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)	
Assessment:	
Good progress: vital signs within normal range ✓	

Student	Teacher
<p>On the 19th of May Mr England presented to the emergency room with lower back pain, pulsing sensation and generalised abdominal pain. The A CT scan showed that he had a seven centimeter abdominal aortic aneurysm, which required emergency surgery the next day.</p> <p>The surgery was successful. Mr England has shown good progress and his vital signs are all within normal range.</p>	
<p>On 19th May, Mr. England was admitted to hospital with complaints of lower back pain, pulsation and general abdominal pain. He was diagnosed with an abdominal aortic aneurysm and underwent emergency open stent graft surgery the following day. He had a wound drain (Redivac) and a PCA device for pain control and was given antibiotics. He also needed regular monitoring of his breathing. Subsequently, he has made good progress and his vital signs have returned to normal.</p>	<p>This information is no longer useful for the reader – ask yourself if it is necessary to include?</p> <p>Regular monitoring of breathing and DVT risk were done.</p>

<p>Following his visit which was on the 19th of May, Mr England was hospitalized due to lower back pain, pulsing sensation, and generalized abdominal pain. He had received abdominal aortic aneurysm diagnosis and immediately underwent stent graft surgery. After staying in ICU for 48 hours, Mr England has made good progress and his vital signs are stable within normal range. and Verapamil controls his hypertension.</p>	<p>He was hospitalised due to his diagnosis, not due to his symptoms.</p> <p>Surgery happened the next day, not immediately.</p> <p>Verapamil - background</p>
<p>In 19th May 2019, Mr England was admitted to our hospital for lower back pain, pulsing sensation along with abdominal pain, which was ordered some blood tests, USG and CT resulting in diagnosed with Abdiminal Aortic Aneurysm. In a result, in 20 May 2019, he underwent a stent graft surgery, who was kept during two days in ICU.</p>	<p>On 19th May 2019, Mr England was admitted to our hospital for lower back pain, and pulsing sensation, along with abdominal pain. Tests confirmed an AAA and as a result, he underwent stent graft surgery the following day.</p> <p>If we are not sure about adding ideas to sentences, put a full stop and start again. Some work required on linkers and relative clauses.</p>
<p>Being diagnosed with a large abdominal aortic aneurysm on 19th May 2019, Mr. England underwent an emergency open stent graft surgery on 20th. He has been progressing well and his vital signs were are in normal range.</p>	<p>We should include: presentation / CT scan at the beginning</p> <p>Having been diagnosed - perfect participle clause</p>
<p>On 19 May 2019, he was admitted with lower back pain, pulsing sensation and abdominal pain. When abdominal aortic aneurysm was recognized at CT abdomen, he underwent open stent surgery on 20 May 2019. Nursing management after the surgery , surgical area, his breathing, wound drain and pain was monitored. Antibiotics were commenced and he was observed for DVT risk. He had made good progress ,and his vital signs were normal.</p>	<p>I understand and appreciate you are using your own voice – but there are some language/vocabulary issues – check above</p> <p>As nursing management after the surgery , the surgical area, his breathing, wound drain and pain were monitored.</p> <p>Nursing management included monitoring of the surgical area, his breathing, wound drain and pain.</p>

<p>On 19 May 2019, Mr England was admitted to our hospital reporting lower back pain, pulsing sensation as well as and generalised abdominal pain, and a CT abdominal scan revealed a large AAA.</p> <p>On 20 May, he underwent stent graft surgery, which was successful. Mr England's wound was treated accordingly including IV antibiotics and analgesics, and his breathing and DVT risk were under observation. He made good progress.</p>	<p>Just don't use 'as well as' – use 'and'. It is much easier!</p>
<p>Mr England was admitted to our hospital on 19 May 2019 with a complaint of general abdominal pain, pulsating sensation and lower back pain. A CT scan was confirmed that he has had Abdominal Aortic Aneurysm and as a result, he underwent open stent graft surgery the following day. During progress, he was given antibiotics, his pain controlled by PCA device and surgical side dressed properly. Postoperatively he made good progress and his vital signs were return normal. Additionally, he needed regular monitoring of breathing.</p>	<p>Sometimes, linking single clause sentences can improve the flow.</p> <p>Is this bit really necessary? And if it is, why put it after the 'vital signs were normal'?</p>
<p>On 19th May 2019, Mr England was admitted to our hospital due to abdominal aortic aneurysm. He presented with lower back pain and generalised abdominal pain. Abdominal CT scan revealed 7cm abdominal aortic aneurysm. He underwent an opened stent surgery and is now recuperating very well.</p>	<p>The organisation seems a bit strange here. We would usually state the symptoms before the diagnosis!</p> <p>Nice summarising!</p>
<p>Mr England was admitted to hospital on 19 May 2019 with complaints of back pain , generalized abdominal pain and pulsing sensation. An ultrasound and CT abdomen were performed, which revealed a 7cm AAA. On the next The following day he underwent stent graft surgery. Post operatively, he made a good progress and his condition is stable now.</p>	<p>, for which he underwent – might flow better?</p>

<p>On 19 May, Mr England presented to our hospital with a lower back pain, pulsing sensation and generalised abdominal pain. An abdominal CT scan revealed a large Abdominal Aortic Aneurysm and he was scheduled for underwent an open stent graft surgery. Post operative care management was carried out successfully. Mr England's condition has improved and his vital signs are within normal range.</p>	<p>Good!</p>
<p>Mr England was admitted to our hospital on 19 May 2019 and reported experiencing lower back pain, pulsing sensation and generalized abdominal pain. Following an abdominal CT with contrast, he was diagnosed with abdominal aortic aneurysm, for which he underwent an urgent surgery the following day. Post operatively, he has been well managed with a combination of treatments including antibiotics and he has made good progress with all his vital signs within normal range.</p>	<p>Wow – very well written!</p>

Current / Management

- 27 May 2019 Pt instructed in necessary lifestyle changes:
- ↓intake of alcohol, animal fats, fried foods, salt ✓
 - ↑dietary fibre ✓
 - Achieve & maintain optimal weight (~~referral to dietician~~) ✓
 - No weight-bearing/strenuous exercise (→6 wks.) ✓
 - Gentle exercise, gradually ↑ ✓
 - No driving →4 wks. ✓
- Pt discharged w. low-dosage aspirin ✓
~~Community nurse home visits arranged (1x/day →1 wk.)~~

Student	Teacher
<p>During hospitalisation, Mr England has been instructed on necessary lifestyle changes, including reducing alcohol intake, animal fat, fried foods, and salt. He has been encouraged to increase dietary fibre, maintain an optimal weight, and engage to gradually increase regular exercise. He has also been advised not to drive for four weeks and has been prescribed low-dose aspirin upon discharge.</p>	<p>Good use of listing, verb patterns, present perfect and addition – excellent!</p>
<p>Today Mr England has been advised to reduce his alcohol consumption, animal fats, fried foods, salt and to increase his dietary fiber intake. He has been recommended to achieve and maintain optimal weight, avoid any weight-bearing or strenuous exercise for six weeks along with gentle exercise which he can increase gradually. Additionally, he has been advised to not drive for four weeks and to take low dose of aspirin.</p>	<p>He has been recommended to achieve and maintain optimal weight, and avoid any weight-bearing or strenuous exercise for six weeks along with increase exercise gradually.</p>
<p>Today, Mr. England has been advised to increase gentle exercises gradually, increase fibre intake, and reduce alcohol, animal fats, fried foods and salt. Additionally, he has been informed advised to avoid driving for one week, weight bearing or strenuous exercises for 6 weeks as well as maintain optimal weight. He has been arranged your visit daily for one week and he is on low dosage of aspirin, which he aware.</p>	<p>he has been informed that + verb phrase activities + have been recommended / suggested the daily visits should be in the request paragraph – we don't inform, we request</p>

<p>Mr England has been advised to reduce his alcohol intake, animal fats, fried foods and salt, along with increase his fibre intake. He also needs to achieve and maintain optimum weight. We have explained that he should not bear weight or do strenuous exercise. He can gradually build up to gentle exercise. Please note that he has been instructed not to drive for 4 weeks. With these recommendations, we have arranged for him to be discharged today with a low dose of aspirin.</p>	<p>Avoid '1st person' voice:</p> <p>It has been explained that ...</p> <p>He should avoid....</p>
<p>In hospitalisation process, Mr England was given verapamil , which is controlled his hypertension and prescribed low dose aspirin. He has been advised to reduce his alcohol ,salt and fat intake also to increase his fibre consumption. Please note that he needs instruct to refrain from driving for 4 weeks and doing heavy exercise for 6 weeks. However, he needs encouraging has been encouraged to start gentle exercise.</p>	<p>Verapamil – background paragraph Seems illogical to start the paragraph with discharge medication – better at the end?</p> <p><u>He has been advised to</u> reduce his alcohol ,salt and fat intake and to increase his fibre consumption.</p> <p>Please note, In addition to that,</p> <p>Please note that – no comma He has been informed that – no comma</p>
<p>On 27 May 2019 Mr. England had has been instructed in necessary lifestyle changes. These changes included a decrease in alcohol consumption, and animal fat, fried food and salt intake. However an increased in his dietary fibre had has been recommended . In addition Mr England had has also been advised not to engage in any strenuous exercise or weight bearing activities for at least six weeks. He had has also been referred to a dietician in other to achieve and maintain optimal weight. Furthermore he had has been advised not to drive for the next four weeks. However he had has told to work on increasing exercises gradually. Mr England had been discharge with a low-dose aspirin and he has a community nurse home visit arranged one day every week.</p>	<p>The referral to a dietician is a suggestion, it hasn't already been done</p> <p>There is obviously a little confusion with past/present perfect. Additionally, the use of linkers is a bit repetitive and I think better use of listing would make it more concise.</p>
<p>The patient Mr England has been advised regarding diet, exercise and weight maintenance. He has been especially instructed to focus on less strenuous exercise</p>	<p>Never refer to 'the patient'</p>

<p>.Furthermore, he is on low dose aspirin. Now, he needs to be regular monitoring of breathing, wounds and vital signs.</p>	<p>I'm not 100% sure about this paragraph function – is it a current para or a request? It is a bit confusing.</p>
<p>Mr England has been instructed on the necessary lifestyle changes. He needs to lower his intake of alcohol, animal fats, fried foods and salt, and increase his dietary fiber. He also needs to achieve and maintain an optimal weight. Mr England is not allowed to do any strenuous exercise for six weeks. He has to build it up slowly. He is also not allowed to drive for four weeks and he is discharged with low-dosage aspirin.</p>	<p>'Not allowed' is a bit strong! 'He has been advised to avoid.....' Well summarised.</p>