

21st November – Reading Part C

Title:

Text 2: The need for a different approach to mental health

What do you think the text might be about?

Instructions for the lesson...

In this lesson, we will answer the questions using the strategy: QUESTION, TEXT, OPTIONS

QUESTION:

1. Look at three questions and analyse them

TEXT:

2. Use the questions to find the information or ideas we need in the paragraph
3. Read and understand the information or ideas in the paragraph – 3 minutes for each question
4. Go to breakout rooms and discuss the questions and the information or ideas in the paragraph we think answer the question – 3 minutes for each question

OPTIONS:

5. Look at the answer options A-D and use elimination to narrow the options down to the correct answer
6. Use the poll to choose the correct answer

Question Analysis –

Example...

Why does the writer use statistical inf

In the fifth paragraph, the writer uses **statistical information** to

verb ?

15 In the first paragraph, the writer is **puzzled** by

Puzzled = confused

What is the writer confused by?

I'm not sure about... / I have no idea about... / Uncertain / confusing / unsure / unclear

16 When introducing **three of his patients**, the writer **makes the point** that **depression**

Make the point = underline / emphasis / highlight / make an argument

What argument does the writer make about depression?

17 The writer **concluded** that Kate's problem ultimately **stemmed from**

Stem from = has a root in / is caused by

Conclusion – at the end of the paragraph?

According to the writer, what was Kate's problem caused by?

According to the writer, what did Kate's problem originate from?

15 In the first paragraph, the writer is puzzled by

It sometimes seems that not a week goes by without a news story featuring a public figure disclosing an ongoing battle with depression. Perhaps the frequency of these revelations should not be a surprise given the apparent ubiquity of feelings of sadness. So, why is it the case that depression is often depicted as such a mystery?

16 When introducing three of his patients, the writer makes the point that depression

One way to unravel this matter is by telling the stories of some of the patients that I have treated in my psychiatric practice. Kate sought my help when she was unable to complete her PhD thesis. Her distress was compounded by family members telling her to simply 'get on with it'. Jennie, a widow in her 70s, had lost so much weight that her medical specialist suspected cancer, yet tests revealed no physical condition whatsoever. Finally, Simon, a middle-aged professional recently returned from overseas, could not overcome jetlag and lethargy, made worse by bronchitis. He felt utterly defeated. In all these cases, it was clear that their mood had plummeted. Put simply, they, like so many others, all suffered from 'depression', but differed fundamentally in terms of the treatment they required.

17 The writer concluded that Kate's problem ultimately stemmed from

Let's return to Kate and her problem in completing her PhD. Having gained an appreciation of her plight, I recommended we explore what might be impeding her. It soon emerged that she couldn't recall ever having received affection from her father, for whom the only thing that mattered in life was material success. He was raised in an impoverished home and, by sheer determination, became a wealthy businessman. Rightly or wrongly, Kate soon came to believe that her ambitious academic pursuit was not only ill-conceived but also not in accord with what her 'authentic' self truly valued – a loving family in which her hoped-for children would flourish.

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15 In the first paragraph, the writer is puzzled by

- (A) a widespread perception of depression.
- (B) certain negative attitudes towards depression.
- (C) the media attention given to cases of depression.
- (D) some people's need to publicise their depression.

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16 When introducing three of his patients, the writer makes the point that depression

- (A) may be exacerbated by personal pressure from others.
- (B) often has certain common root causes in different people.
- (C) is best managed on an individual rather than a generalised basis.
- (D) is frequently associated with other medical conditions.

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17 The writer concluded that Kate's problem ultimately stemmed from

- (A) her father's conviction that she lacked the necessary academic skills.
- (B) a desire for a future based on different principles from those of her father.
- (C) a subconscious lack of belief in her own academic abilities.
- (D) the need to gain the approval of her father in terms of career choice.

Answers:

15. A

16. C

17. B