

Today:

1 Review Yesterday

2 Features of Common Paragraph Types

3 *Assignment*



Characteristics / specifications / what it looks like

OET Sandwich

Always

Change

Change

Always

15th July 2017

Nurse-in-Charge
District Nursing Service
Greenville Community Health Centre
80 Hight Road, Greenville

Dear Sir/Madam,
Re: Ms Margaret Helen Martin, 81 years old

I am writing regarding Ms Margaret Helen Martin, who underwent repeated angioplasty following an angina. She is due to be discharged tomorrow and requires ongoing care and support.

Ms Martin was admitted to our hospital earlier today and underwent a successful procedure. Following her surgery, she was placed on post-operative care. During her hospitalisation, there were no signs of infection or bleeding on her catheter site apart from the bruise which were noted. Also, she became anxious about returning home, but she was unsure whether she will cope. In terms of her current condition, she is able to tolerate a light diet and fluids.

In terms of her medical history, she initially underwent an angioplasty in 2008, has hypertension, which is managed by metoprolol and ramipril, and has hypercholesterolemia, for which an atorvastatin is being taken. In addition, she has coronary artery disease, which is controlled by aspirin and clopidogrel. With regards to her social background, she is unmarried, has no children and lives alone at home. Although she has siblings and relatives, their contact with her are intermittent. Additionally, she lives a sedentary lifestyle that might have related to her being overweight, and she tends to be anxious about her health.

In view of the above, it would be greatly appreciated if you could provide ongoing care and support. Please note that she requires a regular monitoring on her dietary regimen, under the

S1: WHO / WHERE / WHY

S2: LETTER TYPE / PURPOSE

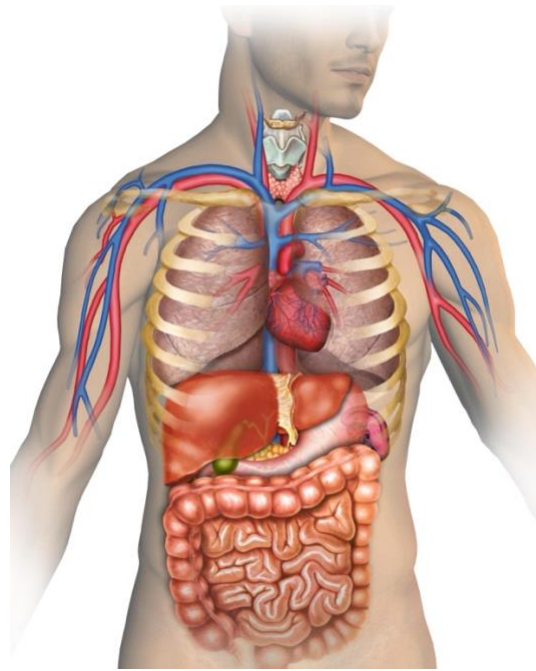
Task of the reader

YOU HAVE FREEDOM!

Requests Paragraph:

1. Repeat Purpose
2. Expand

OET say that you should try to give details



TODAY WE WILL DO AN ANATOMY OF OET PARAGRAPHS

You need to identify the type... Then the features...

REQUESTS PARAGRAPH:

Sentence Type 1:
Please + verb
imperative

Adverb: used in many paragraphs

Sentence type 2:
S + need / requires
He needs + infinitive
He requires + noun / noun phrase
He requires to eat more ✗
He needs to eat ✓

Sentence Type 3:
NOT A REQUEST
Sometimes we want tell someone about INFORMATION

Another possible type:
Could you please...
Can you please...

Please provide Mr Beattie with ongoing care. He requires monitoring of his medication compliance and needs to wash his laceration with water and soap regularly. Please note that the hospital physiotherapist will visit him twice a week. Additionally, his geriatric ward appointment has been scheduled on 5th July and your care home staff will arrange transport.

APPOINTMENT PARAGRAPH:

Regarding = about

Introduces the topic

1. Regarding her _____
2. In terms of her _____
3. With regards to _____

Prepositional phrase (like an adverb)

Adverb

Polite imperative

APPOINTMENTS

Regarding her appointments, please be aware that Ms Stevenson has physiotherapy sessions, three times a week, starting from tomorrow at our physiotherapy outpatient's unit. In addition, it is also important to note that she is due for the removal of her stitches on 20th May 2018, at the Orthopaedic Outpatients Unit. Finally, please ensure that she is accompanied either by her son or one of the home staff.

BACKGROUND PARAGRAPH:

Regarding his medical and social background

This is changing the topic

Adverbs / Prepositional Phrases

Do not use too much

Regarding Mr Smith's medical background, he is a smoker and has no known allergies. In addition, he will be undergoing surgery for a knee injury in December 2024. Socially, he was very active before his recent accident. He lives close to his family. As you may already be aware, Mr Smith planned on becoming a resident in your care home in October and so will be familiar with it.

Medicine and then move to Social

A. Socially,

B. In terms of his social background,

BACKGROUND PARAGRAPH

Mix of details...

Not a story

Sometimes when you are not sure if they KNOW already...

Increase score for Reader Awareness

MEDICATION PARAGRAPH:

Changing topic

Way number 1:

Drug + dosage + time etc.
Separate everything with commas

In terms of medication, Mrs Jones has been commenced on IV fluids, cefuroxime, 750mg, two times a day, and 500 mg of metronidazole, three times a day, as well as diclofenac (75 mg, twice a day, IM).

Way number 2:

Dosage + of + drug

Separate all the rest with commas

Way number 3:

brackets and commas

NEXT CLASS:

This one is the most difficult to write:

TIMELINE PARAGRAPH:

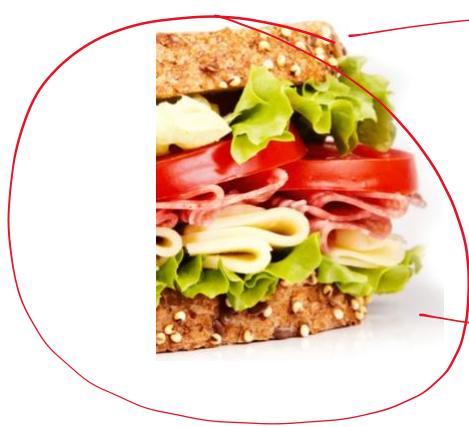
On 2nd February 2019, John Smith was admitted to our hospital due to severe dyspnoea and coughing. Subsequently, an erythematous oropharynx was noted, and bibasilar crackles were heard in his chest, and as a result antibiotics were prescribed. On 3rd February, Mr Smith was stable, his chest x-ray revealed a pleural effusion and pneumonia. Today, he has reported feel very well and wants to go home.

Tenses are important!

ALSO CURRENT CONDITION & BACKGROUND:

Today, Mr White stated that his condition has worsened, and he started to experience new symptoms including diarrhoea, pale stools, abdominal pain on eating and fatigue. Additionally, he was mainly concern about his back pain. On examination, his eyes and skin were yellow and the abdomen was tender and swollen.

Remember the choice of paragraph is your decision



15th July 2017
Nurse-in-Charge
District Nursing Service
GreenVale Community Health Centre
89 High Road, Greenville

Dear Sir/Madam,
Re: Mr. Margaret Helen Martin, 81 years old

I am writing regarding Mr. Margaret Helen Martin, who underwent repaired...
angioplasty following an angina. She is due to be discharged tomorrow and requires ongoing care and support.

?

?

~~In view of the patient, it would be greatly appreciated if you could provide ongoing care and support. Please note that she requires a regular monitoring on her chronic condition, under the supervision of a dietitian, and weekly visits, the light exercises, which are usually by a physiotherapist. Please be aware of the fact that she needs to avoid heavy lifting for 4 weeks and please note that she requires regular monitoring on her wound site for 4 weeks or so. In addition, it is important to note that she needs a regular visits from her family in order~~

Make the OET Sandwich that the reader wants to eat!

Assignment 3:

A. Using the case notes write a Background paragraph:

<p>Social background: Attends High School – good results Leisure activities: basketball, swimming (stopped May 2018 – ‘too tired’), plays piano and flute Good relationship with family (two younger sisters)</p> <p>Past medical history: Born premature (maternal diabetes) Bronchiolitis at 1 year old Intermittent asthma (Albuterol when needed)</p>	<p>In terms of his medical history,....</p>
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Note: include all the above information and you can use any name you want.

Use the example paragraph above:

B. Using the case notes write a Medications paragraph:

<p>Phenytoin 100 mg 3 x daily (anti-seizure) Panadol Rapid (paracetamol 500 mg)/ 6h Pulmozyme (dornase alfa), 2.5 mg b.i.d (breaks down sputum) Creon (Lipase-Protease-Amylase), 4 x caps with food (pancreatic enzymes)</p>	<p>In terms of medication,</p>
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Note: include all the above information and again use any name you wish.

Again, use the example paragraph above and try to include the features.

C. Using the case notes write a Requests paragraph:

<p>Discharge plan: <u>Conservative management: night-time wrist splinting (for >3 weeks)</u> Electromyography (EMG), nerve conduction study (NCS) → stabilise severity/exclude other neurologic diagnosis ↓BMI <u>Refer to physical therapy for aerobic fitness & weight-loss program (avoid exercises that cause wrist strain)</u> Continue baseline medication Thyroid Stimulating Hormone (TSH) blood levels: assess need to ↑Levothyroxine <u>Refer to occupational therapy for wrist splint (custom-made, in neutral position) & ergonomics assessment</u></p> <p>Writing Task: Using the information given in the case notes, write a referral letter to Ms Goody, a community occupational therapist, for further management of Betty's condition. Address the letter to Ms Alison Goody, Occupational Therapist, Northwood Community Health Centre, Northwood.</p>	<p>Please provide...</p>
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Note: include only the information in yellow and again use any name you want.

Again, use the example paragraph above and try to include the features.

D. Using the case notes write an **Appointments** paragraph:

<p>Encouragement to carry out ADLs independently. Patient discharge education: - Physiotherapy outpatients x 3 week (from 15.05.2018). - No lifting. - 9 days post-op stitches removal (20.05.2018) at Orthopaedic Outpatients (son or Home staff to accompany pt.).</p>	<p>Regarding her appointments,</p>
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Note: include only the information in yellow and again use any name you wish.

Again, use the example paragraph above and try to include the features.