

### Assignment 3:

#### A. Using the case notes write a Background paragraph:

<p><b>Social background:</b> Attends High School – good results Leisure activities: basketball, swimming (stopped May 2018 – ‘too tired’), plays piano and flute Good relationship with family (two younger sisters)</p> <p><b>Past medical history:</b> Born premature (maternal diabetes) Bronchiolitis at 1 year old Intermittent asthma (Albuterol when needed)</p>	<p>In terms of his medical history,....</p>
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**Note:** include all the above information and you can use any name you want.

Use the example paragraph above:

Regarding Mr. Smith's medical background, he is a smoker and has no known allergies. In addition, he will be undergoing surgery for a knee injury in December 2024. Socially, he was very active before his recent accident. He lives close to his family. As you may already be aware, Mr. Smith planned on becoming a resident in your care home in October and so will be familiar with it.

#### B. Using the case notes write a Medications paragraph:

<p>Phenytoin 100 mg 3 x daily (anti-seizure) Panadol Rapid (paracetamol 500 mg) 6h Pulmozyme (dornase alfa), 2.5 mg b.i.d (breaks down sputum) Creon (Lipase-Protease-Amylase), 4 x caps with food (pancreatic enzymes)</p>	<p>In terms of medication,</p>
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**Note:** include all the above information and again use any name you wish.

Again, use the example paragraph above and try to include the features.

#### C. Using the case notes write a Requests paragraph:

<p><b>Discharge plan:</b> Conservative management: night-time wrist splinting (for &gt;3 weeks) Electromyography (EMG), nerve conduction study (NCS) → stabilise severity/exclude other neurologic diagnosis ↓BMI Refer to physical therapy for aerobic fitness &amp; weight-loss program (avoid exercises that cause wrist strain) Continue baseline medication Thyroid Stimulating Hormone (TSH) blood levels: assess need to ↑Levothyroxine Refer to occupational therapy for wrist splint (custom-made, in neutral position) &amp; ergonomics assessment</p> <p><b>Writing Task:</b> Using the information given in the case notes, write a referral letter to Ms Goody, a community occupational therapist, for further management of Betty's condition. Address the letter to Ms Alison Goody, Occupational Therapist, Northwood Community Health Centre, Northwood.</p>	<p>Please provide...</p>
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**Note:** include only the information in yellow and again use any name you want.

Again, use the example paragraph above and try to include the features.

D. Using the case notes write an **Appointments** paragraph:

<p>Encouragement to carry out ADLs independently. Patient discharge education: - Physiotherapy outpatients x 3 week (from 15.05.2018). - No lifting. - 9 days post-op stitches removal (20.05.2018) at Orthopaedic Outpatients (son or Home staff to accompany pt.).</p>	<p>Regarding her appointments,</p>
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**Note:** include only the information in yellow and again use any name you wish.

Again, use the example paragraph above and try to include the features.