

Today: Introduction Paragraphs

1 Review

- 2 Grading and commenting on your writing
- 3 Next assignment...



Notes:

You are a ward nurse in the cardiac unit of Greenville Public Hospital. Your patient, Ms Martin, is due to be discharged tomorrow.

Patient: Ms Margaret Helen Martin
Address: 23 Third Avenue, Greenville
Age: 81 years old (DOB: 25 July 1935)

Admission date: 15 July 2017

Social/family background:

Never married, no children Lives in own house in Greenville Financially independent

Three siblings (all unwell) and five nieces/nephews living in greater Greenville area

Contact with family intermittent

No longer drives

Has 'meals on wheels' (meal delivery service for elderly) - Mon-Fri (lunch and dinner), orders frozen

meals for weekends

Diagnosis: Coronary artery disease (CAD), angina

Treatment: Angioplasty (repeat – first 2008)

Discharge date: 16 July 2017, pending cardiologist's report

Medical information:

Coeliac disease Angioplasty 2008

Anxious about health – tends to focus on health problems
Coronary artery disease → aspirin, clopidogrel (Plavix)
Hypertension → metoprolol (Betaloc), ramipril (Tritace)
Hypercholesterolemia (8.3) → atorvastatin (Lipitor)

Overweight (BMI 29.5)

Sedentary (orders groceries over phone to be delivered, neighbour walks dog)

Family history of coronary heart disease (mother, 2 of 3 brothers)

Hearing loss - wears hearing aid

Nursing management and progress during hospital stay:

Routine post-operative recovery Tolerating light diet and fluids

Bruising at catheter insertion site, no signs of infection/bleeding noted post-procedure

Pt anxious about return home, not sure whether she will cope

Discharge plan:

Dietary

Low-calorie, high-protein, low-cholesterol, gluten-free diet (supervised by dietitian, referred by Dr)

Frequent small meals or snacks

Drink plenty of fluids

Physiotherapy

Daily light exercise (e.g., 15-minute walk, exercise plan monitored by physiotherapist)

No heavy lifting for 12 weeks

Other

Monitor wound site for bruising or infection Monitor adherence to medication regime Arrange regular family visits to monitor progress

Anticipated needs of Pt:

Need home visits from community health/district nurse – monitor adherence to post-operative

medication, exercise, dietary regime

Regular monitoring by Dr, dietitian, physiotherapist

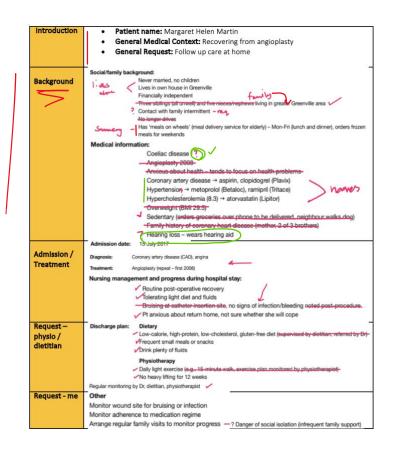
2 Danger of social isolation (infrequent family support)

Writing Task:

Using the information in the case notes, write a letter to the Nurse-in-Charge of the District Nursing Service outlining Ms Martin's situation and anticipated needs following her return home tomorrow. Address the letter to Nurse-in-Charge, District Nursing Service, Greenville Community Health Care Centre, 88 Highton Road, Greenville.



Monday: You started the plan...





| Original | Corrections |
|--|---|
| 15th July 2024 | 15th July 2024 <u>Title</u> |
| Nurse in-charge, District Nursing Services, Greenville Health Care Centres 88 Highton Roads Greenville. | Nurse in-Charge District Nursing Services Greenville Health Care Centre 88 Highton Road Greenville |
| Dear Nurse, | Dear Nurse, |
| RE: Ms. Margaret Helen Martin, BOB: 25 July 1935 | RE: Ms. Margaret Helen Martin, DOB: 25 July 1935 |
| I am writing regarding Ms. Margaret Helen Martin, who was admitted to our hospital for a angioplasty following an ongoing cause of coronary artery disease. She is schedule to be discharged tomorrow and now requires care and support. | I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital for an angioplasty following an ongoing cause of coronary artery disease. She is scheduled to be discharged tomorrow and now requires care and support. C+ level? Absolutely |
| | |



16th July 2017

15th July 2017

Nurse In Charge District Nursing Service Greenville Community Health Care Centre 88 Highton Road Grenville Nurse-In-Charge District Nursing Service Greenville Community Health Care Centre 88 Highton Road Greenville

Re: Ms Margaret Helen Martin, aged 81

Re: Ms Margaret Helen Martin, aged 81

Dear Nurse,
I am writing regarding Ms Martin, who

underwent an angioplasty. She is scheduled to be discharged tomorrow, and now requires your follow up care and monitoring.

Dear Nurse,

I am writing regarding Ms Martin, who underwent an angioplasty. She is scheduled to be discharged tomorrow, and now requires your follow-up care and monitoring.

Support = help

Monitoring = checking (which is help)

Grade: B

Nurse-in-Charge

District Nursing Service

Greenville Community Health Care Centre

88 Highton Road

Greenville

Nurse-in-Charge

District Nursing Service

Greenville Community Health Care Centre

88 Highton Road

Greenville

15 July 2017

15 July 2017

Dear Nurse,

RE: Margaret Helen Martin DOB: 25.07.1935

Dear Nurse,

RE: Margaret Helen Martin, DOB:

25.07.1935



I am writing regarding Ms Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow, **pending** a cardiologist's report, and now requires your monitoring and ongoing post-operative care.

I am writing regarding Ms Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow, pending a cardiologist's report, and now requires your monitoring and ongoing post-operative care.

OET do not say what should be in the Intro except for...

Waiting.... awaiting.... depending on

PURPOSE

16th July 2017 Nurse-in-Charge District Nursing Service Greenville Community Health Care Centre 88 Highton Road Greenville

Re: Ms Margaret Helen Martin

DOB: aged 81

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital due to an angioplasty. She is scheduled to be discharged depending on cardiologist's report and will require your further care.

For = planned things like (surgery, discharge, check-up, etc.)

Due to / as result of = accident, injury, symptoms, condition, etc.

16th July 2017

Nurse-in-Charge District Nursing Service Greenville Community Health Care Centre 88 Highton Road Greenville

Re: Ms Margaret Helen Martin, aged 81

Dear Sir or Madam

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital **for** an angioplasty. She is scheduled to be discharged depending on **the** cardiologist's report and will require your further care.

now requires 🗸

Care = help, monitor, support

Ver general word



