

OET Medicine Writing Week

Kevin Brown

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient.*

Ask yourself – What is the perfect situation to be in after 10-15 minutes?

Planning

10 - 15 minutes:

- Find the *purpose*
- Identify the *case notes* you will use
- Organise the case notes into *logical paragraphs*

introductions: patient name / general medical context / general request

timeline: tell the story of the general medical context

background: other medical information which could be useful / social information

request: what we need the reader to do

What is the situation after the above steps?

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Kevin Brown case notes:

1. Who is the reader?	Patient's GP / family doctor
2. What is the reader's task?	further investigation and management
3. Does the reader know the patient?	yes
4. Does the writer have any tasks?	no
5. Why am I writing <u>today</u> ?	There has been no improvement despite suggestions
6. Is it urgent?	no

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 22 October 2020.

You are a school nurse at Arbury school where a young boy has recently been admitted as a pupil.

PATIENT DETAILS:

Name: Kevin Brown (Mr)
DOB: 2 July 2012 (8 y.o.)
Address: 29 Humphreys Road, Arbury

Social background: Father – fire officer (37 y.o), mother – physiotherapist (39 y.o.)
 Siblings: sister (14 y.o.)
 Previous school: Covetown Primary (family moved from Covetown Aug 2020)
 Interests: painting, playing the piano, coin collecting

Medical history: 2017: Chickenpox
 2018: Influenza
 2019: Gastroenteritis

Immunisations: 2012 6-in-1 vaccine, rotavirus, MenB (all doses)
 2013: MMR (measles, mumps, rubella) – 1st dose
 2015: MMR 2nd dose
 Allergies: shellfish & peanuts

School nurse treatment record

- 15 September 2020:** School clinic
 Fall in playground after bullying episode – 1st aid for minor cuts (R knee) & grazes (R elbow)
 Pt: 'the bully noticed the wee on my trousers, so pushed me over', admits occasional daytime enuresis (approx. 1x/fortnight) & bedwetting at night (approx. 3x/wk)
 Pt. worried, embarrassed
 Height/weight: 116 cms, 23 kgs (normal)
- 20 September 2020:** School clinic
 Bullying continues
 Home visit organised (pt. consent given)
- 22 September 2020:** Home visit
 Parents supportive – waterproof covers used on bed
 Bed-wetting frequency confirmed by parents (approx. 3x/wk)
 Onset of bed-wetting = June 2019 (following grandfather's death)
 No constipation, no other symptoms
 Pt. reported to be 'heavy sleeper'
 Sister 'grew out of' bed-wetting' at 9 y.o.
 Advice to parents:
 Diet: avoid food/drink 1 hr before bedtime – no daytime restriction
 Toileting: encourage regular daytime toileting, bladder emptying before bedtime
 Urine sample collected – no UTI (urinary tract infection) present
 Parents reassured: enuresis relatively common in boys <13 y.o., information leaflet given
- 22 October 2020:** School visit by parents
 Discussion: No improvement in symptoms – Pt. worried: 'If the problem doesn't stop, I'll keep on getting bullied'
 All recommendations tried
 Advised to continue w dietary & toileting suggestions
 Consent given for referral to family doctor (for investigation & treatment)
 (?referral to enuresis clinic)
- Plan** Write to family doctor

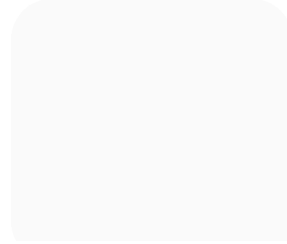
Writing Task:

Using the information in the case notes, write a letter of referral to the patient's family doctor, Dr Hatton, explaining your concerns about the patient and requesting further investigation and appropriate management. Address the letter to Dr Alicia Hatton, Flintwood Medical Practice, 17 Flintwood Street, Arbury.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.



Paragraph Planning

Introduction	<p>Patient Name General Medical Context General Request</p>
Early Timeline	<p>15 September 2020: School clinic Fall in playground after bullying episode – 1st aid for minor cuts (R knee) & grazes (R elbow) Pt. the bully noticed the wee on my trousers, so pushed me over, admits occasional daytime enuresis (approx. 1x/fortnight) & bedwetting at night (approx. 3x/wk) Pt. worried, embarrassed Height/weight: 116 cms, 23 kgs (normal)</p> <p>20 September 2020: School clinic Bullying continues Home visit organised (pt consent given).</p>
Home Visit	<p>22 September 2020: Home visit Parents supportive – waterproof covers used on bed Bed-wetting frequency confirmed by parents (approx. 3x/wk) Onset of bed-wetting = June 2019 (following grandfather's death) No constipation, no other symptoms Pt. reported to be 'heavy sleeper' Sister 'grew out of' bed-wetting' at 9 y.o.</p> <p>Advice to parents: Diet: avoid food/drink 1 hr before bedtime – no daytime restriction Toileting: encourage regular daytime toileting, bladder emptying before bedtime Urine sample collected – no UTI (urinary tract infection) present Parents reassured: enuresis relatively common in boys <13 y.o., information leaflet given</p>
Today	<p>22 October 2020: School visit by parents Discussion: No improvement in symptoms – Pt. worried: 'If the problem doesn't stop, I'll keep on getting bullied' All recommendations tried Advised to continue w dietary & toileting suggestions Consent given for referral to family doctor (for investigation & treatment) (?referral to enuresis clinic)</p>
Request	<p>Request further investigation and management</p>

Write early timeline and send to paul@set-english.com

[Send before 8 am !](#)

Link: <https://drive.google.com/file/d/1ftX3YWZ3dTUEAmlxeEnyP1F-RjRVmRi/view?usp=sharing>

Introductions

Student	Teacher
<p>22 October 2020 Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>Dear Dr Hatton,</p> <p>Re: Kelvin Brown, DOB: 2 July 2012</p> <p>I am writing regarding Kelvin, who has been suffering bullying at school. He is being referred to your facility, and now requires your further investigation and management.</p>	<p>experiencing – neutral</p> <p>Important content missing: enuresis? Accurate use of English!</p>
<p>Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>22nd October 2020</p> <p>Dear Dr Hatton,</p> <p>Re: Kevin Brown, Aged 8</p> <p>I am writing regarding Kevin Brown, who has a condition of persistent enuresis and now requires further investigation and appropriate management.</p>	

Dr Alicia Hatton
Flintwood Medical Practice
17 Flintwood Street
Arbury

22nd October 2020

Re: Kevin Brown, DOB: 2 July 2012

Dear Dr Hatton,

I am writing regarding Kevin Brown, ~~who~~
~~experienced~~ ~~has been experiencing~~
bullying related to enuresis and was
subsequently admitted to our school. He is
being referred to you for further
investigation and ~~appropriate~~
management.

we've got our timeline mixed up

22nd October 2020

Dr Alicia Hatton
Flintwood Medical Practice
17 Flintwood Street
Arbury

Re: Kevin Brown, aged 8

Dear Dr Hatton,

I am writing regarding Kevin Brown, our
recently admitted pupil, who has been
experiencing enuresis. He is ~~being~~
referred to you for / He ~~requires~~ further
investigation and appropriate
management.

<p>Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>22 October 2020</p> <p>RE: Mr Kevin Brown</p> <p>DOB: 2 July 2012(aged 8)</p> <p>Dear Dr Alicia Hatton,</p> <p>I am writing regarding Mr Kevin Brown, who has recently been admitted to our school as a pupil and he is worried about being bullied because of his bed-wetting problem. He is being referred to you and now requires your further investigation and appropriate management.</p>	<p>When you extend a relative clause with 'and' we don't re-state the pronoun</p> <p>My mum, who is a painter and lives in Scotland, is 67.</p> <p>introductions are a brief summary / overview of the situation – this could be more concise but....it's very well written</p>
<p>22 October 2020</p> <p>Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>Re: Mr Kevin Brown Aged 8</p> <p>Dear Dr Hatton</p> <p>I am writing regarding your patient, Mr Kevin Brown, <u>who is was recently admitted to our school.</u> He has been experiencing bullying at school due to enuresis, and requires your further investigation and management.</p>	

<p>22 October 2020</p> <p>Dr Alicia Hatton Flintwood Medical practice 17 Flintwood Street Arubury</p> <p>RE: Mr Kevin Brown, DOB: 2 July 2012,</p> <p>Dear Dr Hatton,</p> <p>I am writing to refer Mr Kevin Brown, into your care .who has frequent episode of enuresis, and now requires further investigation and management.</p>	<p>I am writing to refer Mr Kevin Brown into your care, who has been experiencing enuresis, and now requires further investigation and management.</p>
<p>22nd October 2020</p> <p>Dr. Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>Dear Dr Hatton,</p> <p>RE: Mr. Kevin Brownn, DOB: 2nd July 2012</p> <p>I am writing regarding Mr. Kevin Brownn, who is suffering from experiencing enuresis and bed wetting at night. He now requires further investigation and management.</p>	

<p>Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury</p> <p>22nd October 2020</p> <p>Re: Mr Kevin Brown, aged 8-year</p> <p>Dear Dr Hatton,</p> <p>I am writing regarding Mr Kevin Brown, who has been monitored in our school for 1 month due to incontinence and bullying. Now, he is being referred aled to you owing to no improvement, and requires your further investigation and appropriate management.</p>	<p>too much detail – consider how much you need to paraphrase in the rest of the letter as a result!</p>
<p>I am writing to introduce Kevin Brown, an 8-year-old boy who has been admitted to our school recently. He has been suffering from bed-wetting since June 2019 and needs your further assessment.</p>	
<p>Dear Madam,</p> <p>I am writing regarding Mr Brown, who has been admitted to our school as a pupil. He has a problem with enuresis during the day and bedwetting at night. Despite all my recommendations about diet and toileting regulations, there are no improvements in his symptoms. Therefore, now he requires your further assessment and evaluation.</p>	<p>too much detail – consider how much you need to paraphrase in the rest of the letter as a result!</p>
<p></p>	

Dr. Alicia Hatton,
Flintwood Medical Practice,
17 Flintwood Street
Arbury

22nd October 2022

Dear Dr. Hatton,
RE: Mr Kevin Brown, 8 years old,

I am writing regarding Mr Brown, who has been assessed by the school clinic due to episodes of enuresis without improvement to his symptoms. He is **being** referred to you today for investigation and treatment.

I am writing regarding Mr Kevin Brown, who has enuresis without improvement, which requires your further investigation and management.

Dr Alicia Hatton
Family Doctor
Flintwood Medical Practice
17 Flintwood Street,
Arbury

22 October 2020

Dear Doctor,

Re: Kevin Brown, aged 8 ~~years old~~

I am writing regarding Mr **Kevin** Brown, who visited the school nurse's office due to persistent nocturnal and daytime urinary incontinence. He is being referred to your facility for further evaluation **and management.**

It isn't quite right is it – he didn't present with these problems. He presented because of the bullying.