

# **OET Medicine Writing Week**

# **Kevin Brown**

**The task is:** Write a letter to a healthcare professional requesting <u>continuation of care</u> for a patient.

### **Planning**

### 10 - 15 minutes:

- Find the *purpose*
- Identify the *case notes* you will use
- Organise the case notes into *logical paragraphs*

What is the situation after the above steps?

\_\_\_\_\_\_

### Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Kevin Brown case notes:

1. Who is the reader?	Patient's GP / family doctor
2. What is the reader's task?	further investigation and management
3. Does the reader know the patient?	yes
4. Does the writer have any tasks?	no
5. Why am I writing today?	There has been no improvement despite suggestions
6. Is it urgent?	no



TIME ALLOWED: READING TIME: 5 MINUTES

WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

### Notes:

#### Assume that today's date is 22 October 2020.

You are a school nurse at Arbury school where a young boy has recently been admitted as a pupil.

### PATIENT DETAILS:

Name: Kevin Brown (Mr)

DOB: 2 July 2012 (8 y.o.)

Address: 29 Humphreys Road, Arbury

Social background: Father - fire officer (37 y.o), mother - physiotherapist (39 y.o.)

Siblings: sister (14 y.o.)

Previous school: Covetown Primary (family moved from Covetown Aug 2020)

Interests: painting, playing the piano, coin collecting

Medical history: 2017: Chickenpox

2018: Influenza 2019: Gastroenteritis

Immunisations: 2012 6-in-1 vaccine, rotavirus, MenB (all doses)

2013: MMR (measles, mumps, rubella) - 1st dose

2015: MMR 2<sup>nd</sup> dose Allergies: shellfish & peanuts

#### School nurse treatment record

15 September 2020: School clinic

Fall in playground after bullying episode – 1st aid for minor cuts (R knee) & grazes (R elbow) Pt: 'the bully noticed the wee on my trousers, so pushed me over', admits occasional daytime

enuresis (approx. 1x/fortnight) & bedwetting at night (approx. 3x/wk)

Pt. worried, embarrassed

Height/weight: 116 cms, 23 kgs (normal)

20 September 2020: School clinic

Bullying continues

Home visit organised (pt. consent given)

22 September 2020: Home visit

Parents supportive – waterproof covers used on bed Bed-wetting frequency confirmed by parents (approx. 3x/wk) Onset of bed-wetting = June 2019 (following grandfather's death)

No constipation, no other symptoms Pt. reported to be 'heavy sleeper' Sister 'grew out of' bed-wetting' at 9 y.o.

Advice to parents:

Diet: avoid food/drink 1 hr before bedtime - no daytime restriction

Toileting: encourage regular daytime toileting, bladder emptying before bedtime

Urine sample collected - no UTI (urinary tract infection) present

Parents reassured: enuresis relatively common in boys <13 y.o., information leaflet given

22 October 2020: School visit by parents

Discussion: No improvement in symptoms - Pt. worried: 'If the problem doesn't stop, I'll keep

on getting bullied'
All recommendations tried

Advised to continue w dietary & toileting suggestions

Consent given for referral to family doctor (for investigation & treatment)

(?referral to enuresis clinic)

Plan Write to family doctor



## Writing Task:

Using the information in the case notes, write a letter of referral to the patient's family doctor, Dr Hatton, explaining your concerns about the patient and requesting further investigation and appropriate management. Address the letter to Dr Alicia Hatton, Flintwood Medical Practice, 17 Flintwood Street, Arbury.

### In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180-200 words.

## Paragraph Planning

Introduction	Patient Name	
	General Medical Context	
	General Request	
Early Timeline	15 September 2020: School clinic Fall in playground after bullying episode – 1st aid for minor cuts (R knee) & grazes (R elbow) Pt: 'the bully noticed the wee on my trousers, so pushed me over', admits occasional daytime enuresis (approx. 1x/fortnight) & bedwetting at night (approx. 3x/wk) Pt. worried, embarrassed Height/weight: 116 cms, 23 kgs (normal)	
	20 September 2020: School clinic  Bullying continues  Home visit organised (pt. consent given).	
Home Visit	22 September 2020:  Home visit Parents supportive – waterproof covers used on bed Bed-wetting frequency confirmed by parents (approx. 3x/wk) Onset of bed-wetting = June 2019 (following grandfather's death) No constipation, no other symptoms Pt. reported to be 'heavy sleeper' Sister 'grew out of' bed-wetting' at 9 y.o.  Advice to parents: Diet: avoid food/drink 1 hr before bedtime – no daytime restriction Toileting: encourage regular daytime toileting, bladder emptying before bedtime Urine sample collected – no UTI (urinary tract infection) present Parents reassured: enuresis relatively common in boys <13 y.o., information leaflet given	
Today	22 October 2020:  School visit by parents  Discussion: No improvement in symptoms – Pt. worried: 'If the problem doesn't stop, I'll keep on getting bullied'  All recommendations tried  Advised to continue w dietary & toileting suggestions  Consent given for referral to family doctor (for investigation & treatment)  (?referral to enuresis clinic)	
Request	Request further investigation and management	



Write home visit and send to <a href="mailto:paul@set-english.com">paul@set-english.com</a>

Send before 8 am!

Link: <a href="https://drive.google.com/file/d/1ftX3YWZ3dTuEAmtlxeEnyP1F-RjRVmRi/view?usp=sharing">https://drive.google.com/file/d/1ftX3YWZ3dTuEAmtlxeEnyP1F-RjRVmRi/view?usp=sharing</a>

### Introductions

Student	Teacher
22 October 2020	
Dr Alicia Hatton	
Flintwood Medical Practice	
17 Flintwood Street	
Arbury	
Dear Dr Hatton,	
Re: Kelvin Brown, DOB: 2 July 2012	
I am writing regarding Kelvin, who has been suffering bullying at school. He is being referred to your facility, and now requires	experiencing – neutral
your further investigation and management.	Important content missing: enuresis?
	Accurate use of English!
Dr Alicia Hatton	
Flintwood Medical Practice	
17 Flintwood Street	
Arbury	
22nd October 2020	
Dear Dr Hatton,	
Re: Kevin Brown, Aged 8	
I am writing regarding Kevin Brown, who has a condition of persistent enuresis and now requires further investigation and appropriate management.	



Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury	
22nd October 2020	
Re: Kevin Brown, DOB: 2 July 2012	
Dear Dr Hatton,	
I am writing regarding Kevin Brown, who experienced has been experiencing bullying related to enuresis and was subsequently admitted to our school. He is being referred to you for further investigation and appropriate management.	we've got our timeline mixed up
22nd October 2020	
Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury	
Re: Kevin Brown, aged 8	
Dear Dr Hatton,	
I am writing regarding Kevin Brown, our recently admitted pupil, who has been experiencing enuresis. He is being referred to you for / He requires further investigation and appropriate management.	
Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street	



Arbury	
22 October 2020	
RE: Mr Kevin Brown	
DOB: 2 July 2012(aged 8)	
Dear Dr Alicia Hatton,  I am writing regarding Mr Kevin Brown, who has recently been admitted to our school as a pupil and he is worried about being bullied because of his bed-wetting problem. He is being referred to you and now requires your further investigation and appropriate management.	When you extend a relative clause with 'and' we don't re-state the pronoun  My mum, who is a painter and lives in Scotland, is 67.  introductions are a brief summary / overview of the situation — this could be more concise butit's very well written
22 October 2020	
Dr Alicia Hatton Flintwood Medical Practice 17 Flintwood Street Arbury	
Re: Mr Kevin Brown Aged 8	
Dear Dr Hatton	
I am writing regarding your patient, Mr Kelvin Brown, who is was recently admitted to our school. He has been experiencing bullying at school due to enuresis, and requires your further investigation and management.	
22 October 2020	
Dr Alicia Hatton	



Flintwood Medical practice	
17 Flintwood Street	
Arubury	
RE: Mr Kevin Brown, DOB: 2 July 2012,	
,,	
Dear Dr Hatton,	
Dear Di Hatton,	I am writing to refer Mr Kevin Brown into
Lam writing to refer Mr Kovin Prown into	<del>your care,</del> who has been experiencing
I am writing to refer Mr Kevin Brown, into	
your care .who has frequent episode of	enuresis, and now requires further
enuresis, and now requires further	investigation and management.
investigation and management.	
22nd October 2020	
Dr. Alicia Hatton	
Flintwood Medical Practice	
17 Flintwood Street	
Arbury	
Dear Dr Hatton,	
Dear Britatterij	
RE: Mr. Kevin Brown, DOB: 2nd July 2012	
RE. IVII. REVIII BIOWII, DOB. ZIIU JUly 2012	
Languagiting regarding Mr. Kavin Draver	
I am writing regarding Mr. Kevin Brown,	
who is suffering from experiencing enuresis	
and bed wetting at night. He now requires	
further investigation and management.	
Dr Alicia Hatton	
Flintwood Medical Practice	
17 Flintwood Street	
Arbury	



22nd October 2020  Re: Mr Kevin Brown, aged 8-year  Dear Dr Hatton,  I am writing regarding Mr Kevin Brown, who has been monitored in our school for 1 month due to incontinence and bullying. Now, he is being referred aled to you owing to no improvement, and requires your further investigation and appropriate management.	too much detail – consider how much you need to paraphrase in the rest of the letter as a result!
I am writing to introduce Kevin Brown, an 8-year-old boy who has been admitted to our school recently. He has been suffering from bed-wetting since June 2019 and needs your further assessment.	
Dear Madam,  I am writing regarding Mr Brown, who has been admitted to our school as a pupil. He has a problem with enuresis during the day and bedwetting at night. Despite all my recommendations about diet and toileting regulations, there are no improvements in his symptoms. Therefore, now he requires your further assessment and evaluation.	too much detail – consider how much you need to paraphrase in the rest of the letter as a result!
Dra. Alicia Hatton, Flintwood Medical Practice, 17 Flintwood Street Arbury	



22nd October 2022	
Dear Dra Hatton, RE: Mr Kevin Brown, 8 years old,	
I am writing regarding Mr Brown, who has been assessed by the school clinic due to episodes of enuresis without improvement to his symptoms. He is being referred to you today for investigation and treatment.	
I am writing regarding Mr Kevin Brown, who has enuresis without improvement, which requires your further investigation and management.	
Dr Alicia Hatton Family Doctor Flintwood Medical Practice 17 Flintwood Street, Arbury	
22 October 2020	
Dear Doctor,	
Re: Kevin Brown, aged 8 <del>years old</del>	
I am writing regarding Mr Kevin Brown, who visited the school nurse's office due to persistent nocturnal and daytime urinary incontinence. He is being referred to your facility for further evaluation and management.	It isn't quite right is it – he didn't present with these problems. He presented because of the bullying.



# **Early Timeline**

15 September 2020: School clinic

Fall in playground after bullying episode - 1st aid for minor cuts (R knee) & grazes (R elbow)

Pt: 'the bully noticed the wee on my trousers, so pushed me ever', admits occasional daytime

enuresis (approx. 1x/fortnight) & bedwetting at night (approx. 3x/wk)

Pt. worried, embarrassed

Height/weight: 116 cms, 23 kgs (normal)

20 September 2020: School clinic

Bullying continues V

Home visit organised (pt. consent given).

Student	Teacher
On 15th of September, Mr. Brown had a fall after an episode of bullying due to day time enuresis. He was worried, embarrassed, and admitted that he has had been experiencing occasional daytime enuresis once per week and bedwetting three times per week.  Additionally, bulling has continued till 20th.	Teacher  A very good attempt at conciseness / summary  Just a few errors with tense  1) content - accurate 2) conciseness - good 3) language – tense problems / sentence structure - good
	Pres part cont  procesimple  procesimple
On 15th September, Kevin fell following a bullying episode due to enuresis and he was worried and admitted that he-has had experienced occasional daytime enuresis and frequent episodes at nights.	I understand you've left the frequency details out – I hope you did that because you are going to put them in the home visit paragraph.



On 15th September, Kevin, presented in the school clinic for minor cuts on his right knee and grazes on his right shoulder, following a bullying episode. First aid was provided.  Upon assessment, he reported that he has had been experiencing the aforementioned condition enuresis once every fortnight as well as bedwetting approximately three times a week. Additionally, on his subsequent visit he presented with the same complaint and bullying episode.	We need to be more concise – ask yourself 'Does the reader need to know this?'
On 15 September 2020, Kevin visited our clinic following a fall after bullying, and he had slightly hurt his right elbow and knee. He stated that he had had occasional daytime enuresis approximately once a fortnight and bedwetting at night around 3 times a week. Additionally, he was worried about his condition. Five days later, the bullying continued, and we organised a home visit for him.	had had daytime enuresis and bedwetting, approximately once a fortnight and 3 times a week, respectively.
On 15th September, Mr Brown came to our School Clinic with some minor injuries due to an episode of bullying. During the examination, he admitted occasional incontinence day and night.  On 20th September, Mr Brown was assessed regarding aforementioned situation, and I found there were no changes. no changes were noted.	There is no link between the bullying and the enuresis  Incontinence is not specific enough – why risk the paraphrase  The bedwetting is not accurate  The first person is not used in OET
On 20 September 2020, Mr Brown presented with occasional daytime enuresis once a fortnight accompanied by bedwetting at night three times a week. Subsequently, he is worried and the bullying continues.	15 <sup>th</sup> September  If you mentioned bullying in the introduction then maybe this is logical – but I think you should mention that it started on 15 <sup>th</sup> September
On 15th September, Kevin visited the school clinic after a fall in the playground due to being bullied. He also admitted experiencing occasional daytime enuresis and bedwetting at night that led him to feel worried and embarrassed. During the follow-up	Excellent!



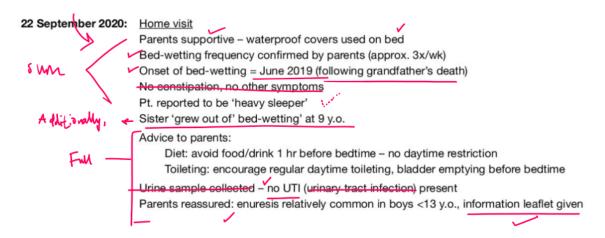
appointment on 20th September, he stated that the bullying persisted.	
On the 15th of September, 2020, Mr Brown fell in the playground after a bullying episode by his colleague at school and sustained minor cuts. Mr Brown admitted occasional daytime enuresis sometimes once a day and wets-wetting the bed at night approximately three times a week. Mr Brown is worried due to his current situation. In addition, home visit was organised five days after with the consent of Mr Brown due to continual bullying episodes.	Daytime enuresis is once a fortnight  This could be more concise – just have a look at the examples above.
In-On 15th September 2020, Kevin was pushed by his friends at school in a result of wetting his pants, and experienced minor cuts on his knee along with grazes on his elbow. Additionally, he has been	Probably a bit too much detail at the beginning
experiencing enuresis about twice a month and bedwetting at night by three times a week, resulting in being embarrassment.  Subsequently, a home visit organised 5 days later with his consent due to continuing bullying.	Interesting paraphrase – but don't take the risk!
On 15th September 2020, Mr Kevin Brown had minor cuts and grazes on his right knee and elbow respectively, following a bullying episode. Additionally, he experienced occasional enuresis which started three weeks ago. He is was also worried and embarrassed about his condition.	I think we should say he reported/admitted enuresis – and bedwetting?
On 15 September 2020, Kevin had a fall after an episode of bullying because of his aforementioned symptoms enuresis and he reported he felt worried and embarrassed.	let's just say enuresis instead of 'aforementioned condition'
On 20 September, daytime enuresis 1 or 2 in two weeks, as well as bed wetting 3 in a week and the bullying continued. In light of that, a home visit was organised with patient content.	The symptoms were reported on 15 <sup>th</sup> Additionally, this sentence is missing a verb at the beginning.
On 15th September 2020, Mr Brown was given first aid for minor cuts after a fall because of bullying episode. After that he admitteds enuresis about one time once a fortnight and bedwetting at night about	



three times a week. He looked was worried and embarrassed because of this situation. When the bullying continued, a home visit was organised with his approval.	
Mr Brown first presented to me at the school clinic 15 September 2020, and reported experiencing bullying due to enuresis. He has had been experiencing enuresis for about two weeks along with bedwetting at night about three times in a week.  After five days, Mr Brown visited me again and reported that, he is was still being bullied.	



### Home Visit



Student	Teacher
At the In/During the home visit on 22	We use the full name 'Kevin Brown' in the
September, Kevin's parents were supportive	intro – but we say Mr Brown / Kevin in the
and confirmed he Brown began wetting his	other paragraphs.
bed approximately three times a week in	
June 2019 following the death of his	
grandfather. His parents were supportive.	
They were advised on diet and toilet habits	
to manage bedwetting and were reassured	
that it was common in boys. Additionally, a	
urine test revealed no infection.	
On 22nd September a home visit took place	During the home visit on 22 <sup>nd</sup> September,
and Mr Brown's condition was confirmed by	Kevin's condition was confirmed by his
his parents. They reported that the bed-	parents. They reported the bedwetting
wetting began after the death of Mr	began after his grandfather's death in 2019,
Brown's grandfather, and now they are	and they use waterproof bed covers.
trying to cope with this by using waterproof	
covers on his bed. The parents were advised	Try and avoid describing if you have details :
about their son's diet avoiding food and	
fluids 1 hour before bedtime and how to	His parents were advised to avoid food and
help with regular toileting during the day	fluids one hour before bedtime and to
and emptying his bladder before bed.	encourage him to empty his bladder before
They were reassured about the frequency of	bedtime.
this condition in boys of this age and given	
an information leaflet. UTI was excluded	



During the home visit on 22 September 2020, Kevin's parents were supportive and admitted that he was a heavy sleeper, and he had been experiencing—confirmed frequent bedwetting (approximately 3 times a week) following his grandfather's death in June 2019. His parents also applied reported using waterproof covers on his bed. to support him.

Additionally, his sister also had been experiencing (had) experienced bedwetting at until 9 years old. An information leaflet, which advised to avoid food and drink before bedtime, encourage regular daytime toileting, and empty bladder before bedtime, was given to his parents. His parents stated that Kelvin had no UTI, and they had reassured him that enuresis was relatively common in boys under 13 years old.

On 22nd September during a home visit, Kevin's parents were supportive and they reported that bedwetting which approximately three times a week had started following Kevin's grandfather's death. as well as kevin's His sister grew out of with the same condition until at 9 years old.

Additionally, avoiding food and drink, bladder emptying before bedtime and regular daytime toileting were advised. They Kevin's parents were informed that enuresis is common in children under thirteen years old and a leaflet was given. There was no other symptoms and No UTI was noted.

Did the leaflet contain that information or did we explain it personally? It's not accurate but a great use of non-defining relative clause!

who reassured who? nurse – parents not parents – son

Content misinterpretations!

grow out of - verb: finished

Adding ideas to sentences requires 'licenses': linkers, relative pronouns, participles etc

Understand them thoroughly before using in your exam.

If you're not 100% sure about how to add a sentence – end the sentence. Start again.

Listing: x, y and z

Addition practice will help!



In June 2019, Mr Brown commenced bed wetting, following his grandfather's death. He has episodes of bedwetting three times a week, according to his parents. In addition, Mr Brown's parents are supportive and a waterproof cover is used on the bed.

A urine sample was collected, which A test revealed no excluded a urinary infection. In addition, Kevin's parents were reassured that enuresis is common in boys <13 years old and a leaflet was given.

On 22nd of September, 2020, a home visit

was conducted and parents were helpful supportive. They have been using waterproof covers on Mr Brown's bed. According to his parents, Mr Brown wets his bed about three times a week. He started wetting his bed since June, 2019, and he is a heavy sleeper. Additionally, his sister grew out of bed wetting at the age of 9. His parents were advised not to give food and drinks to Mr Brown one hour before bed time and encouraged to ensure regular daytime toileting along with bladder emptying before bed time. Currently, there is no sign of UTI. The parents had have been

reassured that enuresis is common in boys below 13 years and an information leaflet

has been given. On 22nd September, during a home visit, Kevin's supportive parents confirmed the frequency of his bedwetting, which began after his grandfather's death in June 2019. They also mentioned using waterproof covers on his bed. The parents noted that Kevin's sister had experienced the same condition but had outgrown it by the age of nine. No evidence of a urinary tract infection (UTI) was found. They were given an information leaflet and reassured that enuresis is relatively common in boys under thirteen. In addition to restricting food and

No mention of home visit or parents reporting?

Seems a bit disorganised: intra-paragraph organisation

During the home visit on 22<sup>nd</sup> September, Mr Brown's parents were supportive and confirmed frequent bedwetting began in June 2019, after Kevin's grandfather's death. They use a waterproof bed cover.

No advice? We've prioritised reassurance over advice details.

supportive – for their son helpful – for the nurse

Is this necessary, after mentioning Kevin's information during his first visit?

Lots of good writing in here – well done!

This is very well written and there is vital/accurate content.

Maybe we don't need the reassurance?

Also to be more concise we could have done this:

On 22nd September, during a home visit, Kevin's supportive parents confirmed the frequency of his bedwetting, which began after his grandfather's death in June 2019, and the use of waterproof bed covers.



drink an hour before bed, the Browns were advised to encourage their son to have regular daytime toilet visits and empty his bladder before bedtime.	The parents noted that Kevin's sister had experienced the same condition until nine years old.
During home visit on 22nd September, Mr. Brown's very supportive parents confirmed the above frequent cy of bedwetting and reported that all it started after the death of his grandfather in June 2019. Also, they reported that he is a heavy sleeper and there is a family history of bedwetting.	No information about the advice you gave/ UTI etc?

On 22nd September, during a home visit, Kevin's supportive parents confirmed the frequency of his bedwetting, which began after his grandfather's death in June 2019. They also mentioned using waterproof covers on his bed. The parents noted that Kevin's sister had experienced the same condition but had outgrown it by the age of nine. No evidence of a urinary tract infection (UTI) was found. They were given an information leaflet and reassured that enuresis is relatively common in boys under thirteen. In addition to restricting food and drink an hour before bed, the Browns were advised to encourage their son to have regular daytime toilet visits and empty his bladder before bedtime.