

## Vocabulary Review & Skills Practice

## Exercise

When you hear the audio in the class recording, you will hear 'blank' twice for each person when they speak.

For each 'blank' you need to choose a word from the box below to fill the 'blank'. Then answer the gist question:

		put a name to	an adjunct to heart racing bring home
put off		get through	usher in as and when butterflies choking out of the blue
		flourish	illogical predominantly entrenched
		shelf-life	revulsion repulsive reputable profusely
1			• Was the result close or did Bill win easily?
2			
3			What is Sarah's attitude?
4			a) uncertain b) confused c) happy
5			Sum up John's opinion:
6			<ul><li>a) Holistic therapy is overrated</li><li>b) It's ridiculous to rely on mainstream medication</li><li>c) A combination of treatment types is ok</li></ul>
7			a) What is Joanne worried about?
8			



## Answers

1	profusely	• Was the result close or did Bill win easily? It was close!				
2	heart racing					
swea him. possi	ting <b>profusely.</b> I was u Towards the end of the	t was 26 miles, which was very long. It was also a very hot day, so I was p against my friend, who I run with every week. I really wanted to beat e race <u>we were close to each other</u> and we started running as quickly as en I got over the finish line, I <u>collapsed</u> . <u>My <b>heart</b> was <b>racing</b></u> and it took				
3	shelf-life	What is Sarah's attitude?				
4	get through	<ul> <li>a) uncertain</li> <li>b) confused</li> <li>c) happy</li> </ul>				
beca <mark>Elike</mark>	My mum brought lots of tofu home last week. She bought it from a supermarket at a cheap price because it had exceeded its <b>shelf-life.</b> She says it needs to be eaten quickly, within four days <mark>. Now,</mark> I like tofu but I'm not sure I'll be able to <b>get through</b> that much in such a short time. To be honest, the idea doesn't seem very appealing. But I'll see what I can do.					
5	illogical / entrenched flourishing	<ul> <li>Sum up John's opinion:</li> <li>a) Holistic therapy is overrated</li> <li>b) It's ridiculous to rely on mainstream medication</li> <li>c) A combination of treatment types is ok</li> </ul>				
In some countries there are <b>entrenched</b> ideas about what medical treatment is the best. It is understandable that mainstream medical options are considered reliable but at my practice, my patients <b>are flourishing</b> thanks to an inclusive approach to treatment. We don't simply use medication. Instead we focus on all areas of a patient's life, including diet, exercise, sleep and work and we make improvements in all areas. I'm not against medicine, but we don't rely just on that.						
7 8	out of the blue butterflies	b) What is Joanne worried about? <b>anaesthesia</b>				
worr anae me tl one v	ied about that, so I hac sthetic. Anyway, I was he waiting list was 6 me	y right knee for years. I suspected I would need surgery and I was I been delaying speaking to her. I hate the idea of going under correct and she said a knee replacement was the best option. She told onths, so I had time to get used to the idea. However, <b>out of the blue</b> , cted about a possible operation. It's happening today. I have got				