

**25<sup>th</sup> November 2024**  
**OET Reading – Vocabulary**

**Starter:**

Read the questions below and consider your answer.

You may be asked to answer verbally:

1. Do you agree that physical and mental health are **inextricably** linked? Why (not)?
2. In your opinion, what is the most effective way to **keep abreast of pivotal** developments in the field of medicine?
3. If a medical professional is **stumped** by a patient's symptoms, why might they be **tentative** when giving information?

**Spelling test:**

1. localised
2. stabbing
3. prolonged
4. erratic
5. cluster
6. trap
7. particulate
8. demonstrable
9. tingly
10. pigmentation
11. mere
12. inferior
13. restraint
14. take into account
15. disseminated

1. **Verb: To accidentally or intentionally restrict the movement or freedom of something, often by getting it caught or stuck in something**  
Be cautious when adjusting equipment so that you don't accidentally **trap** your arm and cause injury.
2. **Noun: A group or collection of symptoms, occurrences, or abnormalities that appear closely grouped together in time or space**  
The sudden **cluster** of symptoms—fever, fatigue, and joint pain—suggested a possible viral infection.
3. **Adjective: Lower in rank, quality, or status compared to something else**  
The **inferior** quality of the generic medication led to adverse side effects in some patients.
4. **Noun: The natural colouration of the skin, resulting from the presence of pigments like melanin**  
The dermatologist assessed the patient's skin **pigmentation** changes, noting increased melanin production.
5. **Adjective: Continuing for an extended period beyond what is usual or expected**  
The **prolonged** exposure to the sun resulted in severe sunburn and skin damage.
6. **Noun/Adjective: Particles or matter that exist in separate, distinct units rather than a continuous form**  
The air quality report highlighted high levels of **particulate** matter, raising concerns for respiratory health.
7. **Noun: A physical or mental limitation or control that restricts someone or something from acting freely or excessively**  
In emergency situations, a medical **restraint** may be necessary to ensure patient safety during treatment.
8. **Verb: Referring to the spread or distribution of something, such as a disease, throughout the body**  
The cancer had **disseminated** to various organs, requiring an aggressive treatment approach.
9. **Adjective: Referring to a sensation of slight prickling, often associated with pins and needles or a mild tingling feeling**  
After the injection, she felt a **tingly** sensation in her arm, followed by numbness.
10. **Adjective: Capable of being proven or shown clearly, usually through evidence or observable facts**  
Through the X-ray results, the fracture was clearly **demonstrable**, confirming the need for a cast.
11. **Phrase: To consider or include something as a factor in decision-making or analysis**  
When prescribing medication, it's crucial to **take into account** the patient's medical history and allergies.
12. **Adjective: A sudden, sharp, and acute sensation of discomfort or agony**  
The patient described a **stabbing** pain in their lower abdomen, which intensified with movement.
13. **Adjective/Verb: Referring to a condition or situation that is confined or restricted to a specific area or part of the body**  
The rash appeared to be **localised** to the right side of her face, indicating a possible allergic reaction.
14. **Adjective: Used to emphasize that something is small, insignificant, or of minimal importance**  
The patient's complaint of a **mere** headache turned out to be indicative of a more serious underlying condition.
15. **Adjective: Inconsistent, unpredictable, or irregular in behaviour, pattern, or movement**  
The patient's **erratic** heartbeat warranted further investigation into potential cardiac irregularities.