

Reading Part C

Vocabulary	Definition
1) intervention	getting involved in a situation to perform an action
2) alteration	a slight change
3) reoriented	changing someone's direction changing how somebody sees their situation
4) ultimate	final / most
5) numerous	used to emphasise 'more than a few'

Part C Technique

16 questions

2 x long texts - 8 questions / 8 questions

MCQ4 – A, B, C, D

All of the reading: 42 points available

Steps:

- 1) Review the question stem – find the 'essence'
- 2) Skim the text – read for gist and pick up ideas from the text
- 3) Review the answer options

This requires us to:

- get the gist of the option
 - differentiate from the other options
 - understand how it matches the text
 - recognise if it answers the question
- 4) Use positive and negative evidence to rule out / match the answer options
 - 5) Choose an answer

Text 1: Can 'lifestyle medicine' help treat chronic pain?

Like 2.2 million Australians, Anu Kulkarni has osteoarthritis. Her knee and foot joints are painfully inflamed. Having spent almost three decades dealing with chronic pain, Anu says, 'medication is what keeps me going. If I wasn't to take the painkillers, I might be struggling to walk.' She also experiences depression and anxiety, and for a two-year period, was unable to leave home. Now, she and husband Narendra have signed up for an eight-week experiment to make some lifestyle changes with the help of Dr Preeya Alexander.

7 What is the writer doing in the first paragraph?

- (A) detailing the typical progress of osteoarthritis in a patient
- (B) illustrating the value of pain medication to patients with osteoarthritis
- (C) exemplifying the personal impact of osteoarthritis on health and wellbeing
- (D) explaining the background to a new treatment for patients with osteoarthritis

Analysis:

Question stem: The question is asking 'What is the purpose / main idea of the paragraph'

Review options:

- (A) detailing the typical progress of osteoarthritis in a patient - it is describing the impact on one person – Anu - , not a typical progression.
- (B) illustrating the value of pain medication to patients with osteoarthritis - it does illustrate the value of pain medication but only to Anu
- (C) exemplifying the personal impact of osteoarthritis on health and wellbeing - Every section of this option matches the text and also answers the question
- (D) explaining the background to a new treatment for patients with osteoarthritis - Again, it was new to Anu, not to 'patients with osteoarthritis'