

Medicine Writing Week

Rosemary McQueen

The task is:

Planning

10 - 15 minutes:

- Find the *purpose*
- Identify *case notes* you will use
- Organise the case notes into *logical paragraphs*

What is the situation after the above steps?

I can focus on writing = Perfect circumstances in which to write a letter

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Rosemary McQueen:

1. Who is the reader?	dietician
2. What is the reader's task?	management of gluten-free diet / repeat blood tests
3. Does the reader know the patient?	no
4. Does the writer have any tasks?	ferrous sulphate – already done / repeated titres
5. Why am I writing <u>today</u> ?	diagnosis confirmed – further management
6. Is it urgent?	no

<https://drive.google.com/file/d/1UB2jXfXBC8m2lvLLHk8ZHB2qEKozcLqs/view?usp=sharing>

Notes:

Assume that today's date is 8 June 2018.

You are a Paediatric doctor at Brightford Hospital. You have been responsible for the care of Rosemary McQueen who was recently admitted with abdominal pain.

PATIENT DETAILS:

Name: Rosemary McQueen

Marital status: Single

Residence: Briarwood Cottage, Lower Lane, Brightford

DOB: 15 Feb 2004 (15 years)

Next of kin: Mother (Alison) age 45, (piano teacher)

Social background:

Attends High School – good results

Leisure activities: basketball, swimming (stopped May 2018 – ‘too tired’), plays piano and flute

Good relationship with family (two younger sisters)

Past medical history:

Born premature (maternal diabetes)

Bronchiolitis at 1 year old

Intermittent asthma (Albuterol when needed)

No surgeries

No allergies

Family history: Mother: diabetes mellitus type 2, hypertension

Father: Crohn's disease

06 Jun 2018: Admission to A&E

Presenting problem:

Persistent diarrhoea, (“greasy” stools), abdominal pain, blistering rash over elbows, knees and buttocks

Weight loss reported (2.5kg in the past 2 weeks), easy bruising

Vital signs: BP: 108/70 mmHg, P: 74 beats/min, T: 37° C, RR: 16 breaths/min

Diagnosis: Celiac disease

Treatment & test results:

CBC: haematocrit 25% (anaemia), MCV 84 fL, WBCs 3,500/ μ L

06 Jun 2018: platelets 118,000/ μ L (low WBC and platelets)
PT & aPTT: both prolonged
Calcium 6.6mg/dL (low)
Stool culture, WBCs, Ova/Parasites: negative, no blood
Sudan black stain positive for steatorrhea
All antibody tests (antitissue transglutaminase, antiendomysial, antigliadin) positive
Transferred to paediatric unit

08 Jun 2018: Small bowel biopsy performed to exclude bowel wall
lymphoma - characteristic findings of flattened intestinal villi and lymphocyte infiltration
All gluten to be removed from diet

Medications: Ferrous Sulphate 200mg PO q12hr (comm. 07.06.18)
Albuterol 2 puffs inhaled PO q8h

Nursing management:

Gluten-free diet
Check medication compliance, vital signs

Medical progress:

Good
Diagnosis confirmed, differential diagnosis excluded

08 Jun 2018: Pt. ready for discharge

Discharge plan: Eliminate gluten from diet
Ferrous Sulphate for <6 months.
Gluten-free diet → gradual resolution of symptoms
Repeat antibody titres (6 weeks' time), CBC and calcium level
Refer to dietician

Writing Task:

Using the information given in the case notes, write a referral letter to Dr Jones, a dietician at Brightford General Hospital, for further management of Rosemary's gluten-free diet. Address the letter to Dr Barbara Jones, dietician, Brightford General Hospital, Brightford.

Write your Early Timeline paragraphs and send to paul@set-english.com

Introduction	<ul style="list-style-type: none"> • Patient name: • General Medical Context: • General Request:
Early timeline	<p>06 Jun 2018: Admission to A&E</p> <p>Presenting problem:</p> <p>Persistent diarrhoea, ("greasy" stools), abdominal pain, blistering rash over elbows, knees and buttocks ✓</p> <p>Weight loss reported (2.5kg in the past 2 weeks), easy bruising ✓</p> <p>Vital signs: BP: 108/70 mmHg, P: 74 beats/min, T: 37° C, RR: 16 breaths/min - summary</p> <p>Diagnosis: Celiac disease</p> <p>Treatment & test results:</p> <p>CBC: haematocrit 25% (anaemia), MCV 84 fL, WBCs 3,500/μL - summarise/exclude</p> <p>06 Jun 2018:</p> <p>platelets 118,000/μL (low WBC and platelets) ✓</p> <p>PT & aPTT: both prolonged ✓</p> <p>Calcium 6.6mg/dL (low) ✓</p> <p>Stool culture, WBCs, Ova/Parasites: negative, no blood diff. diag.</p> <p>✓ Sudan black stain positive for steatorrhea</p> <p>✓ All antibody tests (antitissue transglutaminase, antiendomysial, antigliadin) positive</p> <p>✓ Transferred to paediatric unit</p>
Timeline 2	<p>08 Jun 2018: Small bowel biopsy performed to exclude bowel wall lymphoma - characteristic findings of flattened intestinal villi and lymphocyte infiltration</p> <p>All gluten to be removed from diet diff. diag.</p> <p>Medications: Ferrous Sulphate 200mg PO q12hr (comm. 07.06.18) ✓</p> <p>Albuterol 2 puffs inhaled PO q8h</p> <p>Nursing management:</p> <p>Gluten-free diet ✓</p> <p>Check medication compliance, vital signs</p> <p>Medical progress:</p> <p>Good ✓</p> <p>Diagnosis confirmed, differential diagnosis excluded ✓</p> <p>08 Jun 2018: Pt. ready for discharge</p>
	<p>Discharge plan: Eliminate gluten from diet ✓</p> <p>Pls note → Ferrous Sulphate for <6 months. ✓</p> <p>Gluten-free diet → gradual resolution of symptoms</p> <p>Repeat antibody titres (6 weeks' time), CBC and calcium level - paediatrician</p> <p>Refer to dietician</p>

Introductions

- Too much information – belonging in other paragraphs
- Missing purpose
- Language: spelling, relative clause issues

Student	Teacher
<p>8th June 2018 Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>Reg: Rosemary McQueen DOB: 15th February 2004</p> <p>Dear Doctor Barbara Dr-Jones,</p> <p>I am writihng writing regarding Miss Rosemary McQueen, who was admitted in to our emergency department with signs and symptoms of Celiac disease, and now he is being referred for further management and of her gluten free diet.</p>	<p><i>she has celiac – focus on that</i></p>
<p>Thank you for seeing, Ms Rosemary McQueen, a 15-year-old high school student who was diagnosed of has been diagnosed with celiac disease, for further management of her gluten-free diet.</p>	
<p>8th June 2018</p> <p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>Dear Dr Jones,</p> <p>Re: Miss Rosemary McQueen, DOB :15/02/2004</p> <p>I am writing to refer Miss Rosemary McQueen, a 15- year -old girl who has recently <i>been</i> diagnosed with celiac disease. She <i>is</i> now ready</p>	

<p>to be discharged and requires your further management of her gluten- free diet.</p>	
<p>I am writing to refer Miss Rosemary McQueen, a 15 -year -old girl with a definitive diagnosis of celiac disease. She requires your further management of (-on)? her gluten-free diet .</p>	
<p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>08/06/2018</p> <p>Dear Dr Jones, Re: Rosemary McQueen DOB :15/02/2004</p> <p>I am writing regarding Rosemary McQueen, who has been diagnosed with celiac disease. She is due to be discharged into your care and requires further management of her gluten-free diet.</p>	<p>due to be – in the future it is scheduled</p>
<p>Dr.Barbara Jones , Dietician</p> <p>Brightford General Hospital</p> <p>Re: Rosemary McQueen, DOB: 15. Feb 2005</p> <p>Date: 8 June 2018</p> <p>Dear Dr. Jones,</p> <p>I am writing regarding Ms.Rosemary MCQueen who was admitted in our hospital on 6th June 2018 due to persistent diarrhoea, abdominal pain, blistering rash over elbows, knees, and buttocks and diagnosed with Celiac disease. She is discharged from the hospital today. I am requesting you to support her in further management of gluten-free diet and repeated antibody titres.</p>	<p>Introduction – a brief summary of the situation – don’t include symptom details or dates. Be general when describing the context & request</p>
<p>I am writing regarding Miss McQueen, who has been admitted to our hospital due to coeliac disease. She is due to be discharged today and requires your further management of a gluten-free diet.</p>	<p>Why focus on admission – focus on the current situation</p>

<p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>8th June 2018</p> <p>Dear Jones,</p> <p>Re: Rosemary McQueen, DOB: 15. Feb 2005</p> <p>I am writing regarding Mr Jones Rosemary McQueen, who has been diagnosed with celiac disease and now requires further management of her gluten-free diet.</p>	
<p>Dr. Barbara Jones Dietitian Brightford General Hospital Brightford</p> <p>8th June 2018</p> <p>Dear Dr. Jones,</p> <p>Re: Rosemary McQueen, DOB 15/02 /2004.</p> <p>I am writing to refer Rosemary McQueen, who has been diagnosed with celiac disease. She now requires your further management of a gluten-free diet.</p>	
<p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>8th June 2018</p> <p>Re: Rosemary McQueen DOB: 15th February 2004</p> <p>Dr Dr Jones,</p> <p>I am writing regarding Rosemary McQueen, who has been recently diagnosed with celiac disease. She requires your further management for of her gluten-free diet.</p>	

<p>I am writing regarding Rosemary McQueen, who is has been diagnosed with celiac disease and now requires management of her gluten-free diet.</p>	
<p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>8th June 2018</p> <p>Dear Dr Jones,</p> <p>Re: Rosemary McQueen, DOB:15th February 2004</p> <p>I am writing regarding Rosemary McQueen, who was has been diagnosed with celiac disease, and requires further management of a gluten-free diet.</p>	
<p>Dr Barbara Jones Dietician Brightford General Hospital Brightford</p> <p>8 June,2018</p> <p>Dear Dr Jones,</p> <p>Re: Ms Rosemary McQueen, DOB:15/02/2004</p> <p>I am writing to refer Ms Rosemary McQueen, who is now ready for discharge from our facility after being diagnosed with a celiac disease . She requires further management of her gluten - free diet.</p>	