

**22<sup>nd</sup> October 2024**  
**OET Writing – Listing & Addition**

**Starter**

What could the missing words be?

1. The patient was prescribed antibiotics, painkillers and anti-inflammatory drugs **along with/as well as/together with/in addition to** vitamins to boost recovery.
2. Ms Jenkins was advised to **have/do/commence/perform/attend** physical therapy and **take** regular medication along with **make** lifestyle changes.
3. The doctor recommended **eating** a balanced diet, **doing** regular exercise and **including** stress management together with **having** adequate sleep and hydration. / The patient was recommended **to eat** a balanced diet, **do** regular exercise and **attend** stress management together with **have** adequate sleep and hydration.

**What is missing from this sentence?**

Mr Germane is currently taking metformin, 500mg, daily.

**Look at this sentence.**

**Is the medication information clear?**

**Why (not)?**

Mr Germane is currently taking metformin, 500mg, daily; losartan, 150mg, at night; and paracetamol, two tablets, when necessary.

## Practice:

Have a look at this medication list for Mr Peter Dunbar:

### Current medication:

Metformin 500mg t.d.s (oral hypoglycaemic)  
Ramipril 5mg daily (anti-hypertensive, ACE inhibitor) – for hypertension  
Warfarin variable 3-5mg (anti-coagulant)  
Sotalol 40mg daily (beta blocker)

How could you create a clear list of this medication with the dosages and schedules?

Mr Dunbar's current medications are: metformin, 500mg, three times a day; ramipril, 5mg, daily; warfarin, variable 3-5mg; and sotalol, 40 mg, daily.

Mr Afridi was advised to follow a healthy diet.  
He was educated on the importance of exercise.

How could we link these two sentences?

## How can we use these phrases to link the two sentences?

- In addition
- In addition to that
- Additionally
- Not only... but also...

Mr Afridi was advised to follow a healthy diet, **and (he was)** educated on the importance of exercise.

Mr Afridi was advised to follow a healthy diet. **In addition (to this/that),** he was educated on the importance of exercise.

Mr Afridi was advised to follow a healthy diet. **As well as this/that,** he was educated on the importance of exercise.

Mr Afridi was advised **not only** to follow a healthy diet **but** he was **also** educated on the importance of exercise.

Mr Afridi was advised to follow a healthy diet. **Additionally,** he was educated on the importance of exercise.

### Extension:

Look at these notes about Mrs Katherine Walter:

25/07/15

**Subjective:** Reports feelings of not coping and of wanting to die. Feels tired, but sleeps badly. No energy to complete household tasks, e.g., cooking and cleaning, looking after children.  
Feels overwhelmed with responsibilities. Doesn't want to eat.

**Plan:** Refer to psychiatrist for urgent assessment and treatment for depression/ bipolar disorder and suicidal thoughts. Contact husband to discuss child care, household maintenance, etc.

Use listing and addition phrases to write about Mrs Walter's symptoms and her treatment plan

### Some examples...

On 25<sup>th</sup> July 2015, Mrs Walter presented **and** reported feeling that she could not cope and wanted to die. **In addition**, she was feeling tired **and** slept badly **along with** having no energy to complete household tasks.

Mr Walters **not only** had difficulty sleeping **but** she was **also** experiencing a lack of energy.

Please contact Mrs Walter's husband to discuss childcare **as well as** household maintenance.