

**14<sup>th</sup> October 2024**  
**OET Writing – Listing**

**Starter**

Find the mistakes and correct them:

1. Mrs Jones was experiencing a headache, back pain and nausea.
2. His pain was described as burning, hot, and continuous.
3. Every day, Mr Iqbal does gentle exercise and walks to the shops as well as drinking plenty of water.
4. He was advised to eat more fruit, go to the gym and consume more fluids.
5. We recommended increasing his dosage and taking his medicine regularly along with raising his intake of dietary iron.

Type of List	Example
NOUN	“Mrs Jones was experiencing a headache, back pain, and nausea.”
ADJECTIVE	“His pain was described as burning, hot, and continuous.”
VERB	<p>“Mr Iqbal does gentle exercise, walks to the shops, and drinks plenty of water.”</p> <p>“He was advised to eat more fruit, go to the gym, and consume more fluids.”</p> <p>“We recommended increasing his dosage, taking his medicine regularly and raising his intake of dietary iron.”</p>

In a list, we use commas to separate information and also use linking words like "and" or "as well as"

### and + noun / adjective / clause

- "Mrs Jones was experiencing a headache, back pain, **and nausea.**"
- "His pain was described as burning, hot, **and continuous.**"
- "Mr Iqbal does gentle exercise, walks to the shops, and **(he) drinks** plenty of water."

### as well as / along with / in addition to / together with + noun / ing verb

- "Mrs Jones was experiencing a headache and back pain **along with nausea.**"
- "Every day, Mr Iqbal does gentle exercise and walks to the shops **as well as drinking** plenty of water."

### Be careful with verb forms!

"He was advised to eat more fruit and go to the gym **as well as consume** more fluids."

**We can use a combination of 'and' and 'as well as' / 'along with' / 'in addition to' / 'together with' to make our lists more interesting and complex:**

a headache, back pain **and** nausea

a headache **and** back pain **in addition to** nausea

## Practice:

Have a look at this discharge plan for Mrs Margaret Helen Martin:

**Discharge plan:**

- Dietary**
  - Low-calorie, high-protein, low-cholesterol, gluten-free diet (supervised by dietitian, referred by Dr)
  - Frequent small meals or snacks
  - Drink plenty of fluids
- Physiotherapy**
  - Daily light exercise (e.g., 15-minute walk, exercise plan monitored by physiotherapist)
  - No heavy lifting for 12 weeks
- Other**
  - Monitor wound site for bruising or infection
  - Monitor adherence to medication regime
  - Arrange regular family visits to monitor progress

Try to create three different lists (noun, adjective and verb) using the information from this discharge plan

### Some examples...

“Mrs Martin should do light exercise and a 15-minute walk daily as well as no heavy lifting for 12 weeks.”

“Mrs Martin has been advised to follow a low-calorie, high-protein, low-cholesterol and gluten-free diet.”

“It would be appreciated if you could monitor Mrs Martin’s wound site for bruising and infection and check her adherence to her medication regime in addition to arrange regular family visits.”