

TODAY:

- 1 Review
- 2 Timeline
- 3 Assignment 3

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3 stages of planning:

1. Understand
2. Choose
3. Organise

3 Phases of Planning



Understand	Choose	Organise
<p>Ask yourself <i>critical</i> questions:</p> <p>1 Reader? Task? Update + may support</p> <p>2 Reader knows patient? Yes</p> <p>3 Writer? Task? Nurse</p> <p>4 Urgent? No</p> <p>5 Why am I writing today? A discharge is happening and we need to inform the doctor</p> <p>6 Where is everyone? As discussed</p>		

WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 21 June 2019.

You are a ward nurse working in the obstetrics unit of Oldtown Hospital. A patient, Mrs Marilyn Johnson, was admitted to your unit from A&E (Accident and Emergency) with abdominal pain and vaginal bleeding.

PATIENT DETAILS:

Name: Marilyn Johnson
DOB: 4 Jun 02 (27 y.o.)
Address: 66 Seaview Bungalows, Low street, Oldtown

Social background:

Married
 Husband, Peter (31 y.o.), high school maths teacher, v supportive
 Chief librarian (local university)
 Active social life, plays guitar in band, swims daily

Family history: Mother deceased (ovarian cancer, age 49)

Father (early-onset Parkinson's disease, age 53)
 Sister: mod. depression (diag 2016)

Past medical history:

No current medication
 Appendectomy (age 14)
 Herpes Zoster (age 21)
 Early miscarriage (age 23)
 Penicillin allergy

Admission date: 20 Jun 2019

Discharge date: 21 Jun 2019

PRESENTING PROBLEM:

Abdominal pain (hypogastric), vaginal bleeding/discharge, weakness, pallor, shoulder pain, peritoneal guarding
 BP: 90/60mmHg, PR: 100/min
 Pregnancy 8 wks (no scan performed yet)
 Serum β human Chorionic Gonadotropin (hCG) 1,800 IU/L

Diagnosis: Ruptured tubal ectopic pregnancy

Tests & treatment 20 Jun 2019

TV ultrasound \rightarrow empty uterine cavity
 Free fluid pouch of Douglas
 Diagnostic laparoscopy \rightarrow haemoperitoneum, leaking left tubal pregnancy, ampullary region
 Left salpingectomy, (contralateral tube healthy), peritoneal lavage

Nursing management:

Wound dressing & cleaning

Assessment 21 Jun 2019

Good progress overall
 Vital signs all within normal range

Medications: Painkillers prn (Diclofenac)

Discharge Plan: Pt v anxious to start new pregnancy (?counselling)

Pt advised:
 - no sexual intercourse for 2 months (use barrier contraception if takes place) & wait 3 months/2 menstrual cycles before pregnancy (arrange Dr urine test: hCG < 15 IU/L)
 - future pregnancies high risk (but possible): need to monitor hCG levels, early ultrasound scans \rightarrow verify location of embryo
 - folic acid supplements

Writing Task:

Using the information given in the case notes, write a discharge letter to Dr Hindley, Mrs Johnson's family doctor. Address the letter to Dr Sarah Hindley, Freshfields Surgery, 66 Honeybourne Lane, Oldtown.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

LETTER PLAN

<p>Introduction:</p>	<p>21 June 2019</p> <p>Dr Sarah Hindley Freshfields surgery 66 Honeybourne Lane Old Town</p> <p>Re: Mrs Marilyn Johnson, aged 27</p> <p>Dear Dr Hindley</p> <p>I am writing to update regarding Mrs Marilyn Johnson, who was admitted to our hospital due to abdominal pain and vaginal bleeding following a ruptured tubal ectopic pregnancy. She is scheduled to be discharged today and now may need your further support.</p>
<p>Timeline: <u>story</u></p> <p>SUMMARISE</p>	<ul style="list-style-type: none"> • 20.06.2019 admitted • ectopic pregnancy • surgery: ruptured tube removed + embryo (or procedure name) • Good progress / Vital signs normal
<p>Requests:</p>	<ul style="list-style-type: none"> • anxious <u>to start</u> new pregnancy • ?Counselling [might be] • Abstain for 2 months / or barrier contraception • 3 months or 2 menstrual cycles before pregnancy <p>Assignment: alain@set-english.com</p>
<p>Requests:</p>	<ul style="list-style-type: none"> • Folic acid supplement • Monitor: hCG levels • Early ultrasound • Pain killer: diclofenac

Original	Corrections
<p>On 20th June, Mrs Johnson was admitted to our hospital due to ectopic pregnancy. After being diagnosed with the aforementioned condition, she underwent surgery to remove the tube and the ruptured embryo. Currently she is stable and her vital signs are within the normal range.</p> <p>This sounds strange! Suggests a long time</p> <p>On 20th June, Mrs Johnson was admitted in our accident and emergency unit with the history of abdominal pain and vaginal bleeding. After being diagnosed with the aforementioned condition. Subject? Required investigations like transvaginal ultrasound and laparoscopy were conducted. Ampullary region left salpingectomy was performed, also had other treatments accordingly. Mrs Johnson has clinically improved and verb? ready to be discharged as soon as possible today.</p> <p>The complaint of = judgmental</p> <p>As you are aware, Ms Marilyn Johnson was admitted to our hospital on June 20th with abdominal pain and vaginal bleeding. After being diagnosed with the aforementioned condition, a surgical procedure was performed to remove the ruptured tube and embryo. She is currently</p>	<p>I am writing to update regarding Mrs Marilyn Johnson, who was admitted to our hospital due to abdominal pain and vaginal bleeding. She is scheduled to be discharged today and now may need your further support.</p> <p>On 20th June, Mrs Johnson was admitted to our hospital due to an ectopic pregnancy. After a diagnostic laparoscopy for the aforementioned condition, she underwent surgery to remove the embryo and the ruptured tube. <u>Currently</u>, she is stable and her vital signs are within the normal range.</p> <p>Adverb / Adverb phrase: Currently, Recently, Additionally, Preposition phrase: Due to this, As well as that, Regarding,</p> <p>On 20th June, Mrs Johnson was admitted to our accident and emergency unit abdominal pain and vaginal bleeding. After being diagnosed with the aforementioned condition, she required investigations like transvaginal ultrasound and a laparoscopy were conducted. An ampullary region left salpingectomy was performed, also she was treated accordingly had other treatments accordingly. Mrs Johnson has clinically improved and is ready to be discharged as soon as possible today.</p> <p>2 problems:</p> <ol style="list-style-type: none"> 1. Too much <u>appropriate</u> detail 2. This person does not understand S + v in sentences <p>alain@set-english.com</p> <p>We are not sure</p> <p>As you may be aware, Ms Marilyn Johnson was admitted to our hospital on June 20th with abdominal pain and</p>

recuperating well, and her vital signs are within the normal range.

As you may be aware = not sure

As you are aware

As you are aware, Ms Marilyn Johnson was admitted to our hospital on June 20th with abdominal pain and vaginal bleeding. After being diagnosed with the aforementioned condition, a surgical procedure was performed to remove the ruptured tube and embryo. She is currently recuperating well, and her vital signs are within the normal range.

vaginal bleeding. After being diagnosed with the aforementioned condition, a surgical procedure was performed to remove the ruptured tube and embryo. Currently, she is **recuperating** well, and her vital signs are within normal range.

Recovering



She underwent laparoscopy and *a ruptured tube was removed*,

Can we write like that she underwent surgery for diagnostic laparoscopy.

As you are aware, Ms Marilyn Johnson was admitted to our hospital on June 20th with abdominal pain and vaginal bleeding. After being diagnosed with the aforementioned condition, a surgical procedure was performed to remove the ruptured tube and embryo. She is currently recuperating well, and her vital signs are within the normal range.

Looks good!