

TODAY:

1 Review

2 How to write an Introduction?


3 Grade your work

Assignment: Paragraph 2

3 Phases of Planning



| Understand | Choose | Organise |
|------------|--------|----------|
| | | |



WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 21 June 2019.

You are a ward nurse working in the obstetrics unit of Oldtown Hospital. A patient, Mrs Marilyn Johnson, was admitted to your unit from A&E (Accident and Emergency) with abdominal pain and vaginal bleeding.

PATIENT DETAILS:

Name: Marilyn Johnson
DOB: 4 Jun 02 (27 y.o.)
Address: 66 Seaview Bungalows, Low street, Oldtown

Social background:

Married
 Husband, Peter (31 y.o.), high school maths teacher, v supportive
 Chief librarian (local university)
 Active social life, plays guitar in band, swims daily

Family history: Mother deceased (ovarian cancer, age 49)

Father (early-onset Parkinson's disease, age 53)
 Sister: mod. depression (diag 2016)

Past medical history:

No current medication
 Appendectomy (age 14)
 Herpes Zoster (age 21)
 Early miscarriage (age 23)
 Penicillin allergy

Admission date: 20 Jun 2019

Discharge date: 21 Jun 2019

PRESENTING PROBLEM:

Abdominal pain (hypogastric), vaginal bleeding/discharge, weakness, pallor, shoulder pain, peritoneal guarding
 BP: 90/60mmHg, PR: 100/min
 Pregnancy 8 wks (no scan performed yet)
 Serum β human Chorionic Gonadotropin (hCG) 1,800 IU/L

Diagnosis: Ruptured tubal ectopic pregnancy

Tests & treatment 20 Jun 2019

TV ultrasound \rightarrow empty uterine cavity
 Free fluid pouch of Douglas
 Diagnostic laparoscopy \rightarrow haemoperitoneum, leaking left tubal pregnancy, ampullary region
 Left salpingectomy, (contralateral tube healthy), peritoneal lavage

Nursing management:

Wound dressing & cleaning

Assessment 21 Jun 2019

Good progress overall
 Vital signs all within normal range

Medications: Painkillers prn (Diclofenac)

Discharge Plan: Pt v anxious to start new pregnancy (?counselling)

Pt advised:
 - no sexual intercourse for 2 months (use barrier contraception if takes place) & wait 3 months/2 menstrual cycles before pregnancy (arrange Dr urine test: hCG < 15 IU/L)
 - future pregnancies high risk (but possible): need to monitor hCG levels, early ultrasound scans \rightarrow verify location of embryo
 - folic acid supplements

Writing Task:


Using the information given in the case notes, write a discharge letter to Dr Hindley, Mrs Johnson's family doctor. Address the letter to Dr Sarah Hindley, Freshfields Surgery, 66 Honeybourne Lane, Oldtown.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

LETTER PLAN

| | |
|---|---|
| <p>Introduction:</p> | <ul style="list-style-type: none"> • Update / <i>may</i> need further <u>support</u> <p>Diagnosis: ectopic pregnancy</p> |
| <p>Timeline: <u>story</u></p> <p>SUMMARISE</p>  | <ul style="list-style-type: none"> • 20.06.2019 admitted • ectopic pregnancy • surgery: ruptured tube removed + embryo (or procedure name) • Good progress / Vital signs normal <p>Assignment: alain@set-english.com</p> |
| <p>Requests:</p> | <ul style="list-style-type: none"> • anxious <u>to start</u> new pregnancy • ?Counselling [might be] • Abstain for 2 months / or barrier contraception • 3 months or 2 menstrual cycles before pregnancy |
| <p>Requests:</p> | <ul style="list-style-type: none"> • Folic acid supplement • Monitor: hCG levels • Early ultrasound • Pain killer: diclofenac |

| Original | Corrections |
|--|---|
| <p>21/06/2019</p> <p>Dr Sarah Hindly Freshfields Surgery 66 Honeybounne Lane Oldtown</p> <p>Re: Marilyn Johnson, D.O.B 04/06/2002</p> <p>Dear Dr Hindley,</p> <p>I am writing to update you on the progress of Mrs Johnson, who was admitted to our hospital due to ectopic pregnancy. She is being discharged today and might require your further support.</p> | <p>21st June 2019</p> <p>Dr Sarah Hindley Freshfields Surgery 66 Honeybourne Lane Oldtown</p> <p>Re: Marilyn Johnson, D.O.B 04/06/2002</p> <p>Dear Dr Hindley,</p> <p>I am writing to update you on the progress of Mrs Johnson, who was admitted to our hospital due to an ectopic pregnancy. She is being discharged today and might require your further support.</p> |
| <p>21st June 2019</p> <p>Dr Sarah Hindley Freshfields Surgery 66 Honeybourne Lane Oldtown</p> <p>Dear Dr Hindley,</p> <p>Re: Mrs Marilyn Johnson, aged 27</p> <p>I am writing to update you regarding Mrs Johnson who was admitted to our hospital with abdominal pain and vaginal bleeding. She is now being discharged and may requires your further support and monitoring.</p> | <p>21st June 2019</p> <p>Dr Sarah Hindley Freshfields Surgery 66 Honeybourne Lane Oldtown</p> <p>Dear Dr Hindley,</p> <p>Re: Mrs Marilyn Johnson, aged 27</p> <p>I am writing to update you regarding Mrs Johnson, who was admitted to our hospital with abdominal pain and vaginal bleeding. She is now being discharged and may requires your further support and monitoring.</p> <p>She requires She may requires</p> |

Dr Hindley
Freshfields Surgery, 66 Honeybourne Lane
Old Town

Re: Marilyn Johnson, aged 27

Dear Dr Hindley,

I am writing regarding Mrs Johnson, who was admitted to our A&E unit department due to abdominal pain and vaginal bleeding. She is scheduled to be discharged today and now may need further care and support.

21st Jun 2019

Dr Sarah Hindley
Family Doctor
Freshfields Surgery
66 Honeybourne Lane
Oldtown

Re: Mrs Marilyn Johnson

Dear Ms Hindley

I am writing to update you regarding Mrs Johnson, who was admitted to our hospital due to abdominal pain and vaginal bleeding. She is scheduled to be discharged today and now might need further support and monitoring.

21st June 2019

Dr Hindley
Freshfields Surgery
66 Honeybourne Lane
Oldtown

Re: Marilyn Johnson, aged 27

Dear Dr Hindley,

I am writing regarding Mrs Johnson, who was admitted to our A&E department due to abdominal pain and vaginal bleeding. She is scheduled to be discharged today and now may need further care and support.

This is just the way we do it... it's a format / template

21st June 2019

Dr Sarah Hindley
Family Doctor
Freshfields Surgery
66 Honeybourne Lane
Oldtown

Re: Mrs Marilyn Johnson, **DOB? Age?**

Dear Ms Hindley

I am writing to update you regarding Mrs Johnson, who was admitted to our hospital due to abdominal pain and vaginal bleeding. She is scheduled to be discharged today and now may need further support and monitoring.

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| | <p>Ms = professional neutral (like when being is irrelevant)</p> <p>1970s</p> |
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