

OET Medicine Writing Week

Andreas Smith

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient. (sometimes providing an update)*

Planning

10 - 15 minutes:

- Find the purpose
- Identify the case notes you will use
- Organise the case notes into logical paragraphs

What is the situation after the above steps?

I can **focus on writing** = Perfect circumstances in which to write a letter

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Andreas Smith case notes:

1. Who is the reader?	Psychiatrist
2. What is the reader's task?	Diagnosis & Management
3. Does the reader know the patient?	No
4. Does the writer have any tasks?	No
5. Why am I writing <u>today</u> ?	Symptoms build up to provisional diagnosis agoraphobia
6. Is it urgent?	No

Case Notes

Test 4 Writing (45 minutes)

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 10 November 2019.

You are a family doctor and have been caring for a young patient following his discharge from hospital.

PATIENT DETAILS:

Name: Andreas Smith (Mr)
DOB: 23 Oct 1991 (29 y.o.)
Address: Apartment 1 (ground floor), 194 Springhall Parade, Newtown

Social Background: Lawyer (graduated in Jan 2018)
 Girlfriend of 3 yrs, supportive, visits 2-3x/wk
 Parents, supportive, visit 1x/wk
 Non-smoker
 Alcohol intake approx. 12 units/wk (mainly beer)
 Interests: reading, music, TV

Allergies: Nil

Family History: Mother – osteoarthritis
 Father – gout
 Maternal grandmother – bipolar disorder, died 80 y.o. (stroke)
 Maternal grandfather – died 75 y.o. (heart attack)
 Paternal grandmother & grandfather – unknown

Past medical history: Childhood chickenpox & measles
 1993 hyperopia, glasses given
 2015 L Rotator cuff injury

Hospital treatment record:

16 March 2019: Arrival at ED
 MVA (motor vehicle accident): neurologic lesion of spinal cord at T12, resulting in paraplegia (wheelchair required)
 Neurogenic bladder – intermittent urinary catheter
 Colostomy for neurogenic bowel → Baclofen pump (change 4x/yr)
 Transfer to general ward for recovery

20 March 2019: Good progress
 Medications: corticosteroids, NSAIDs, anticonvulsants, mild opioids, antispasmodics, muscle relaxants
 Mild infection at incision site → antibiotics

13 April 2019: Ready for discharge
Discharge plan: continue opioids & NSAIDs 2 months (to be reviewed by family doctor)
OT & physio visits (↑mobility, weight bearing exercises) & wheelchair (unable to ambulate)
Community Nurse – help w ADLs

General practice appointment record:

12 June 2019: Medication review
Pain well managed
Continue opioids & NSAIDs prn
Baclofen pump changed
Pt coping well
Reviews w dr approx. 1x/month

8 July 2019: Community transport arranged for appt – pt. refused, parents brought pt & attended appt w him
Pain well managed
Note: pt ↑isolated (won't allow girlfriend/friends to visit)

4 August 2019: Pt missed appt, rescheduled Sept.

6 September 2019: Telephone consultation (pt request)
Fear & anxiety at thought of leaving home

8 October 2019: Missed appt, rescheduled Nov.

10 November 2019: Missed face-to-face appt – pt admits ↑anxiety at leaving home → panic attack in transit
Telephone consultation conducted instead
?diagnosis: agoraphobia (pt. requests referral to psychiatrist, 'I want some social life back')

Plan: Refer to psychiatrist

Writing Task:

Using the information in the case notes, write a letter of referral to Dr Besson, psychiatrist, outlining your concerns about the patient and requesting definitive diagnosis and further management. Address the letter to Dr Lucy Besson, Psychiatrist, Newtown Hospital, 111 High Street, Newtown.

Link: <https://www.dropbox.com/scl/fi/30kz1fr0nqdngetvu1153/Medicine-Andreas-Smith.pdf?rlkey=tw6q1k2r42o1arx33wxbd1hj6&dl=0>

Paragraph Plan

Make a paragraph plan using the planning and discussions in class, using any of the below paragraph functions:

Introduction	<ul style="list-style-type: none"> • Patient Name: • General Medical Context: • General Request:
Early Timeline / Accident & Treatment	<p>Hospital treatment record:</p> <p>7 <u>March 2019:</u> Arrival at ED</p> <p>✓ MVA (motor vehicle accident): neurologic lesion of spinal cord at T12, resulting in paraplegia (wheelchair required)</p> <p>✓ Neurogenic bladder – intermittent urinary catheter</p> <p>✓ Colostomy for neurogenic bowel → Baclofen pump (change 4x/yr)</p> <p>Transfer to general ward for recovery</p> <p>20 March 2019: Good progress</p> <p>Medications: corticosteroids, NSAIDs, anticonvulsants, mild opioids, antispasmodics, muscle relaxants</p> <p>Mild infection at incision site → antibiotics</p> <p>4 <u>April 2019:</u> Ready for discharge</p> <p>Discharge plan: continue opioids & NSAIDs 2 months (to be reviewed by family doctor)</p> <p>OT & physio visits (↑ mobility, weight bearing exercises) & wheelchair (unable to ambulate)</p> <p>Community Nurse – help w ADLs</p>
Late Timeline / Psychiatric	<p>General practice appointment record:</p> <p>12 June 2019: <u>Medication review</u></p> <p>Pain well managed</p> <p>Continue opioids & NSAIDs prn</p> <p>Baclofen pump changed</p> <p>Pt coping well</p> <p>Reviews w dr approx. 1x/month</p> <p>8 July 2019: Community transport arranged for appt – <u>pt. refused</u>, parents brought pt & attended appt w him</p> <p><u>Pain well managed</u></p> <p>Note: <u>pt ↑ isolated (won't allow girlfriend/friends to visit)</u></p> <p>4 August 2019: <u>Pt missed appt, rescheduled Sept.</u></p> <p>6 September 2019: <u>Telephone consultation (pt request)</u></p> <p><u>Fear & anxiety at thought of leaving home</u></p> <p>8 October 2019: <u>Missed appt, rescheduled Nov.</u></p> <p>10 November 2019: <u>Missed face-to-face appt – pt admits ↑ anxiety at leaving home → panic attack in transit</u></p> <p><u>Telephone consultation conducted instead</u></p>

Summary

<p>Background</p>	<p>Social Background: Lawyer (graduated in Jan 2018) ? ✓ Girlfriend of 3 yrs, supportive, visits 2-3x/wk ✓ Parents, supportive, visit 1x/wk Non-smoker ? Alcohol intake approx. 12 units/wk (mainly beer) Interests: reading, music, TV</p> <p>Allergies: Nil</p> <p>Family History: Mother – osteoarthritis Father – gout ? Maternal grandmother – bipolar disorder, died 80 y.o. (stroke) Maternal grandfather – died 75 y.o. (heart attack) Paternal grandmother & grandfather – unknown</p> <p>Past medical history: Childhood chickenpox & measles 1993 hyperopia, glasses given 2015 L Rotator cuff injury</p>
<p>Request</p>	<p>?diagnosis: agoraphobia (pt. requests referral to psychiatrist, 'I want some social life back')</p> <p>Plan: Refer to psychiatrist</p>

Homework: Send early timeline to paul@set-english.com

Introductions

- Incorrect content – dates / name spelling / incorrect paraphrase
- Missing content – no purpose / no medical context
- Unnecessary content – for other paragraphs
- Grammar / Language

Student	Teacher
<p>2/9/2024 10th November 2019</p> <p>Dr Lucy Besson Psychiatrist Newtown Hospital 111 High Street Newtown</p> <p>Dear Dr Besson,</p> <p>Re: Mr Andreas Smith, D.O.B:23/10/1991</p> <p>I am writing regarding Mr Andreas Smith, who has clinical features suggestive of agoraphobia. He is now being referred and requires definitive diagnosis and further management.</p>	<p>I am writing to refer Mr Andreas Smith, who has clinical features suggestive of agoraphobia. He requires definitive diagnosis and further management.</p>
<p>10th November 2019 Dr Lucy Besson Psychiatrist Newtown Hospital 111 High Street Newton</p> <p>Re: Mr Andreas Smith DOB: 23.10.1991</p> <p>Dear Dr Besson,</p>	

<p>I am writing to refer Mr Andreas Smith, who requests assessment, diagnosis and treatment by your specialty due to a provisional diagnosis of agoraphobia, which was triggered by a recent onset of paraplegia.</p>	
<p>Dr Lucy Besson Psychiatrist Newtown Hospital 111 High Street Newtown</p> <p>10 November, 2019</p> <p>Dear Dr Besson,</p> <p>Re: Mr Andreas Smith , D.O.B: 23/10/1991</p> <p>I am writing to refer Mr Smith, who has been diagnosed with possible agoraphobia and requires further investigation and management.</p>	
<p>Dr Lucy Besson, Psychiatrist, Newtown Hospital, 111 High Street, Newtown</p> <p>10th November 2019</p> <p>Dear Doctor Besson,</p> <p>Re: Mr Andreas Smith DOB: 23rd Oct 1991</p> <p>I am writing regarding Mr Smith, who has signs and symptoms suggestive of agoraphobia. He is now being referred to you for further evaluation and management.</p>	<p>I am writing to refer Mr Andreas Smith, who has clinical features suggestive of agoraphobia. He requires definitive diagnosis and further management.</p>

10th November 2019
 Dr Lucy Besson,
 Psychiatrist
 Newtown Hospital
 111 high street, Newtown

Dear ~~Doctor,~~ Dr Besson,

Re: Mr Andreas Smith DOB: 23rd October 1991

I am writing to refer Mr Smith, who was diagnosed with ~~possibly-possible~~ agoraphobia, now I am requesting him for definitive diagnosis and further management.

No name: Yours Faithfully,

Name: Yours Sincerely,

My mum, who lives in Spain, is a nice person.

My mum lives in Spain, which is nice and is a very inexpensive place.

I am writing to refer Mr Smith, who was diagnosed with possible agoraphobia. Now I am requesting definitive diagnosis and further management.

I am writing to refer Mr Smith, who has been diagnosed with possible agoraphobia and requires definitive diagnosis and further management.

10th November 2019

Dr Lucy Besson
 Psychiatrist
 Newtown Hospital
 111 High Street
 Newtown

Re: Mr Andreas Smith, DOB: 23rd Oct 1991

Dear Dr Besson,

I am writing to refer Mr Smith, who has signs and symptoms suggestive of agoraphobia, for a definitive diagnosis and further management.

I am writing regarding Mr. Smith, who has been experiencing symptoms suggestive of agoraphobia, and request further management.

I am writing regarding Mr. Smith, who has been experiencing symptoms suggestive of agoraphobia and requires further management.

A bit more attention required for language.

Dr Lucy Besson
Psychiatrist
Newtown Hospital
111 High Street
Newtown

10/11/2019

Dear Dr Besson,

Re: Mr Andreas Smith
DOB: 23/10/1991

I am writing to refer Mr Smith, who has symptoms suggestive of agoraphobia. He requires diagnosis and further management.

<p>Dr Lucy Besson Psychiatrist Newtown Hospital 111Street Newtown</p> <p>10th November 2019</p> <p>Re: Mr Andreas Smith</p> <p>Dear Dr Doctor Besson,</p> <p>I am writing regarding my patient , Mr Smith, who is paraplegic due to a spinal cord lesion following a motor vehicle accident. He is in my general practice and experiencing fear and anxiety to leave home, and now requests your definitive diagnosis and further management.</p>	<p>The choice to put lots of detail in this introduction probably means I have to spend time paraphrasing later in the letter – keep the intros simple.</p>
<p>2/9/2024 10th November 2019</p> <p>Dr Lucy Besson Psychiatrist Newtown Hospital 111 High Street Newtown</p> <p>Dear Dr Besson</p> <p>Re :Mr Andreas Smith, D.O.B:23/10/1991</p> <p>I am writing regarding Mr Andreas Smith, who has clinical features suggestive of agoraphobia. He is now being referred and requires definitive diagnosis and further management.</p>	
<p>I am writing regarding Mr Smith ,whose signs and symptoms are suggestive of agoraphobia. and He now requires definitive diagnosis and further management</p>	
<p>10th November 2019</p> <p>Dr Lucy Besson</p>	

Psychiatrist
Newtown Hospital
Newton

Re: Andreas Smith
DOB:23.10.1991

Dear Dr Besson ,

I am writing to refer Mr Andreas Smith, who has a possible diagnosis of agoraphobia. He now requires further management and definitive diagnosis.

I am writing to refer Mr Smith, who has signs and symptoms of agoraphobia, and requires your further management and a definitive diagnosis.

10/11/2019

Dr Lucy Besson
Psychiatrist
Newtown Hospital
111 High street
Newtown

Dear Dr Besson,

Re: Mr Andreas Smith
DOB: 23/10/1991

I am writing to refer Mr Smith, a 29-year-old lawyer, who has been experiencing signs and symptoms of a possible agoraphobia. He requires your definitive diagnosis and management.

Dr Lucy Besson
Psychiatrist
Newtown Hospital
111 High Street
Newtown

10th November 2019

Dear Dr Lucy,

Re: Mr Andreas Smith, DOB: 23rd October 1991

I am writing regarding Mr Smith, who is suspected of having agoraphobia, and requires a definitive diagnosis and further management.

10 November 2019

Dr Lucy Besson
Psychiatrist
Newtown Hospital
111 High Street
Newtown

Dear Dr ~~Besson~~ Besson,
Re : Andreas Smith, D.O.B. 23/09/2019??

I am writing to refer Mr Andreas Smith, a 29-year-old man who **is** displaying signs and symptoms suggesting agoraphobia . He requires your further assessment and management.

Some strange content inaccuracy?