
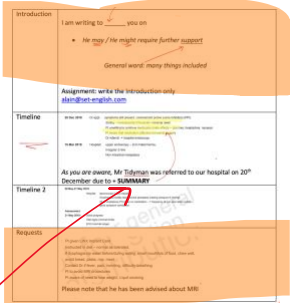


- 1 Review
- 2 Grading of Your Work
- 3 Next Assignment: Paragraph 2



Patient: Edward Tidyman
Age: 54
Condition: GERD

What are the stages of planning?

STEP 1: Understand	STEP 2: Choose Case Notes	STEP 3: Organise
<p>You should ask some important questions:</p> <ol style="list-style-type: none"> 1. Reader? Task? 2. Reader knows patient? (If patient is known, then no <u>background</u>) 3. Writer? Task? 4. Is it urgent? 5. Why am I writing today? 	<p>How do I <u>choose</u> case notes?</p> <p><u>What is relevant.</u></p> <p style="text-align: center;">↓</p> <p>RELEVANT = 2 THINGS:</p> <ol style="list-style-type: none"> 1. Appropriate: helpful, useful, the reader MIGHT like to know SOME 2. Needed: necessary, essential, crucial, vital, etc. ALL 	<p>Paragraphing...</p> <p>No <u>templates</u> because the situation can change!</p>  <p>Inside your sandwich it is your choice:</p> <ul style="list-style-type: none"> ● Timeline of events ● Background ● Medication ● Current Condition ● Appointment ● Etc.

WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 21 May 2019.

You are a ward nurse working in the internal medicine unit of Leigh General Hospital. A patient, Mr Edward Tidyman, was admitted to your unit for planned application of a LINX device for gastro-oesophageal reflux disease (GERD).

PATIENT DETAILS:

Name: Edward Tidyman
DOB: 30 April 1965 (54 y.o.)
Residence: 57, Valley Road, Leigh.

Marital status: Married

Next of kin: Wife, Mary, 48 y.o., 4 children from 7-16 y.o.

Social Background:

Restaurant owner, works long hours, stressful job
 Symptoms prevent pt 'fully enjoying life'
 Few hobbies or interests outside work & family.
 Overweight (BMI 29.6) - often eats in the restaurant: high calorie intake
 Smoker (15 x day)
 V little exercise (sometimes cycles 1km to work)
 Aware of unhealthy lifestyle – motivated to correct bad habits

Admission date: 20 May 2019

Discharge date: 21 May 2019

Diagnosis: Chronic GERD

Treatment:

20 May 2019: Laparoscopic application of LINX device

Past medical history:

14 Oct 2018 Dr appt. (chronic chest pain 2 yrs), difficulty swallowing, sour taste in mouth, laryngitis, heartburn, chronic cough (?GERD).
 Pt self-treating with antacids (Tums).
 Ranitidine (Zantac) prescribed

20 Dec 2018 Dr appt: symptoms still present, commenced proton pump inhibitors (PPI)
 2x/day – lansoprazole (Prevacid)→minimal relief.
 Pt unwilling to continue medication (side effects – diarrhea, headaches, nausea)
 Pt aware that medication effective but wants surgery
 Dr referral → hospital endoscopy

15 Mar 2019 Hospital: upper endoscopy – 2cm hiatal hernia,
 Irregular Z-line
 Non intestinal metaplasia

20 May-21 May 2019

Hospital: laparoscopic LINX implant
 Esophageal motility test– normal peristalsis (resting pressure 5 mmHg)
 24-hr impedance PH study on medication – ↑ frequency of non-acid reflux events – good symptom correlation.

Assessment

21 May 2019: Good progress
 Vital signs (normal limits)
 ECG (normal range)

Discharge plan:

Pt given LINX Implant Card
 Instructed in diet – normal as tolerated,
 If dysphagia: sip water before/during eating, small mouthfuls of food, chew well,
 avoid bread, pasta, rice, meat
 Contact Dr if fever, pain, vomiting, difficulty breathing
 Pt to avoid MRI procedures
 Pt aware of need to lose weight, ↓/quit smoking

Writing Task:

Using the information given in the case notes, write a discharge letter to the patient's doctor, Dr. Berkeley, 65 Lime Square, Leigh.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

To give information -

UPDATE LETTER: the reader is being **updated** only

Introduction	<p>I am writing to update you regarding your patient, Mr <u>Edward Tidyman</u>, who was admitted to our hospital due to chronic gastroenteritis. He is ready to be discharged today and may require further support and monitoring.</p>
Timeline	<p>20 Dec 2018 Dr appt: symptoms still present, commenced proton pump inhibitors (PPI) 2x/day – lansoprazole (Prevacid) → minimal relief. Pt unwilling to continue medication (side effects – diarrhea, headaches, nausea) Pt aware that medication effective but wants surgery Dr referral → hospital endoscopy</p> <p>15 Mar 2019 Hospital: upper endoscopy – 2cm hiatal hernia, Irregular Z-line Non intestinal metaplasia</p> <p>Assignment: write this paragraph / <u>think for yourself</u> / check the case notes</p> <p>Send to alain@set-english.com</p>
<u>Timeline 2</u>	<p>20 May-21 May 2019</p> <p>Hospital: laporoscopic LINX implant Esophageal motility test – normal peristalsis (resting pressure 5 mmHg) 24-hr impedance PH study on medication – ↑ frequency of non-acid reflux events – good symptom correlation.</p> <p>Assessment 21 May 2019: Good progress Vital signs (normal limits) ECG (normal range)</p>
Requests	<p>: Pt given LINX Implant Card Instructed in diet – normal as tolerated, If dysphagia: sip water before/during eating, small mouthfuls of food, chew well, avoid bread, pasta, rice, meat Contact Dr if fever, pain, vomiting, difficulty breathing Pt to avoid MRI procedures Pt aware of need to lose weight, ↓quit smoking</p> <p>Please note that he has been advised about MRI</p>

Original	New
<p>21st May 2019</p> <p>Dr Berkeley 65 Lime Square Leigh</p> <p>Re: Edward Tidyman, 54 years old</p> <p>Dear Dr Berkeley,</p> <p>I am writing to update you on Mr Edward Tidyman, who is being discharged from our hospital following a planned laporosxopic LINX implant. He is <u>now</u> requires your follow-up care.</p> <p>Dr Berkeley 65 Lime Square Leigh</p> <p>21stMay 2019</p> <p>RE: Mr Edward Tidyman, age 54</p> <p>Dear Dr Berkeley,</p> <p>I am writing to update you regarding your patient Mr Edward Tidyman, who was admitted to our hospital for a laparoscopic application of a LINX device. He is ready to be discharge today and may require further support and monitoring.</p>	<p>21st May 2019</p> <p>Dr Berkeley 65 Lime Square Leigh</p> <p>Re: Edward Tidyman, 54 years old</p> <p>Dear Dr Berkeley,</p> <p>I am writing to update you on Mr Edward Tidyman, who is being discharged from our hospital following a planned laparoscopic LINX implant. He might require your follow-up care.</p> <p>OET / NMC say 'patient' should be avoided because it is cold an unfeeling – instead use the name</p> <p>Dr Berkeley 65 Lime Square Leigh</p> <p>21st May 2019</p> <p>RE: Mr Edward Tidyman, 54 years old</p> <p>Dear Dr Berkeley,</p> <p>I am writing to update you regarding your patient, Mr <u>Edward Tidyman</u>, who was admitted to our hospital for a laparoscopic application of a LINX device. He is ready to be dischargedd today and may require further support and monitoring.</p> <p>After any modal verb (should, may, might, can, etc/) there is no 3rd person singular</p> <p>He might like</p>

Should I say 'patient'

Too many mistakes:

I am writing regarding to upgrade Mr Edward , who was admitted to our unit yesterday for LINX device application. After successful surgery, he is ready to discharged today back his home.

We have videos on the website! Go and watch them.


I hope this message finds you well. As you are aware Mr Tidyman was referred to our hospital on 20th December 2018 due to application of a LINX device for gastro-oesophageal reflux disease, am hereby writing this letter to update you about his current health status and further support he might need.

I am writing regarding Mr Edward Tidyman, who was admitted to our hospital for insertion of a Linx Implant Card for GERD. He is being discharged today and requires your further management.

Mr Laurence = bad because it sounds like a child

I am writing to update you regarding Mr Tidyman, who was admitted to our unit yesterday for a LINX device application. After successful surgery, he is ready to **be** discharged today back **to** his home.

Sounds a little bit inappropriate for this situation

 I hope this message finds you well. As you are aware, Mr Tidyman was referred to our hospital on 20th December 2018 **for the** application of a LINX device for gastro-oesophageal reflux disease. I am hereby writing this letter to update you about his current health status and further support he might need [unusual but I don't think wrong].

Due to = unplanned
For = planned

I am writing regarding Mr Edward Tidyman, who was admitted to our hospital for insertion of a Linx Implant Card for GERD. He is being discharged today and ~~requires~~ **may require** your further support ~~management~~.

I am writing to update you regarding your patient Mr Edward Tidyman, who is recovering from a laparoscopic LINX implant for his chronic GERD. He requires follow-up care upon discharge today.

I am writing to update you regarding your patient, Mr. Edward Tidyman, who underwent laparoscopic LINX implantation on 20th May 2019. He is due to be discharged today and may require your further support.

I am writing regarding Mr Tidyman, who was admitted to our hospital due to chronic GERD. He is scheduled to be discharged today and now requires further monitoring from you.

I am writing to update you regarding your patient, Mr Edward Tidyman, who is recovering from a laparoscopic LINX implant for his chronic GERD. He **may** require follow-up care upon discharge today.

Why not support? We said that on Monday

I am writing to update you regarding your patient, Mr. Edward Tidyman, who underwent laparoscopic LINX implantation on 20th May 2019. He is due to be discharged today and may require your further support.

Very nice! Do we need the date though?

I am writing regarding Mr Tidyman, who was admitted to our hospital due to chronic GERD. He is scheduled to be discharged today and now requires further monitoring from you.