

11th June 2024 Information Gathering – Focussed Practice

Look at the roleplay card below:

What questions could you ask for the first bullet point?

Setting: Clinic

Nurse/Doctor: Your patient is a university student. They come to you with anxiety due to exam stress. They are also experiencing headaches and not sleeping.

• Find out about the patient's symptoms and the effect on their life.

Focus: moving naturally from open to closed questioning (depending on patient type)

How would the questioning change depending on different types of patient - shy or talkative?

Some ideas:

Open	Quantitative	Closed
How can I help you?	How long? How much?	Do you? Are you?
Could you tell me a bit more about that?	How many? How often? When did it start?	Is it? Have you? Can you?
How are you feeling?	On a scale of one to ten	
What do you think is causing these symptoms?		



Further Practice

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Your patient suffers from otosclerosis and is due to have surgery on his/her middle ear. He/she is anxious about post-operative side-effects.

• Greet the patient and find out how he/she feels about the surgery.

Doctor: You're seeing a patient who has frequent migraine attacks with accompanying symptoms. S/he's concerned that this might indicate brain cancer and would like further investigation. Medication has ceased to be effective.

Task:

 Greet the patient. Ask him/her to describe his/her symptoms. Ask about the pain (intensity, duration, localisation, irradiation, etc.)

DOCTOR

Your 60-year-old patient recently presented with pain and tingling in the right-hand fingers and thumb. A nerve-conduction study has confirmed carpal tunnel syndrome. You're seeing the patient to discuss the test results.

TASK - Greet the patient and find out how he/she has been since your last consultation.



Nurses:

NURSE

A patient' is waiting in the preparation room for cataract surgery on his/her right eye. As s/he is quite nervous, the doctor's asked you to talk through any concerns that (s)he may have.

TASK

• Greet the patient and ask how s/he is feeling. Find out what s/he knows about the procedure.

Nurse: You are visiting Clara, a 6-week old child, to perform preliminary health checks to assess the child's development. Their hearing, vision, height and weight are normal. Now you want to provide the child with its first vaccinations.

Task:

• Find out if there are any questions/concerns before you administer vaccinations.

Nurse: You are a Practice Nurse and have been asked you to advise a patient who has had an abnormal blood test result.

Task:

- Explain the purpose of today's discussion (increase dietary iron).
- Find out what the patient knows about how to increase iron in their diet.