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Notes:

Assume that today's date is 4 July 2020.
You are a hospital doctor on a geriatric ward and an elderly patient is now ready for discharge.

PATIENT DETAILS

Name: Mr John Beattie
DOB: 23 March 1930 (90 y.o.)
Address: 20 New Street, Newtown

Social Background: Labourer (retired)
Widowed (wife died 2 yrs ago), now lives alone
2 sons: Bob, 46 y.o. – lives 500 km away, w 2 children
Sean, 42 y.o. – divorced, lives 10 km away, has M.S.
(walks w cane – wheelchair used sometimes)
Care-giver visits 3x/wk (help w ADLs)
Cleaner visits 1x/wk
Interests: watching sport on TV (partic. football)

Allergies: Peanuts

Family History: Nil

Past medical history: 1982: hypertension
2008: osteoarthritis R hip
2010: osteoarthritis both knees
2015: coronary artery disease (CAD)

Current medications: Enalapril 1x/day (hypertension)
Paracetamol 2x/day (osteoarthritis)
ACE inhibitor (benazepril) 30 mg/day (CAD)

Hospital treatment record:

1 July 2020 Admission to ED
Subjective: pain (7/10) L side, (fall in kitchen, found on floor by care-giver)
Objective: BP normal (120/80), pulse 78 bpm, BMP (basic metabolic panel) normal
Height: 163cm, Weight: 75kg, BMI: 28 (healthy)
Diagnosis: minor trauma (bruising) L hip & L arm, laceration above L eye
Hip/arm fractures ruled out – plain X-rays
No sutures required, current meds continued

2 July 2020 Transfer to geriatric ward
Recovering well
Discussion w pt: wishes to live w either son (lost confidence living alone)

3 July 2020 Discussion w sons:
Father = ↑fall risk → ?care home
Bob: cannot care for father (distance & children), suggests local care home for immediate care (long-term residential solution to be arranged later)
Sean: wants to care – prevented by MS, eventually agrees to care home

4 July 2020

Pt agrees to care home

Immediate care plan:

Monitor medication compliance
Wash laceration w soap & water only (to stop infection)
Hospital physiotherapist to visit 2x/wk (provide exercises ↑ROM L hip & arm)
Note: geriatric ward outpatient clinic appt. 15 July, transport to be arranged by care home staff

Plan:

Write to manager of care home

Writing Task:

Using the information in the case notes, write a transfer letter to Ms Keller, Care Home Manager, outlining Mr Beattie's relevant medical history, hospital treatment and ongoing care needs. Address the letter to Ms Barbara Keller, Manager, Green Acres Care Home, 200 Green Street, Newtown.

In your answer:

- Expand the relevant notes into complete sentences
- Do **not** use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

Introduction	<ul style="list-style-type: none"> • Purpose: ongoing care
<u>Timeline</u>	<ul style="list-style-type: none"> • 1st July: serious fall • Diagnosis: bruising & laceration • Agreement for care home 4th July <p><u>SUMMARISE:</u> make short</p>
<u>Social background</u>	<ul style="list-style-type: none"> • Lived alone / widow • Sons: where they live (wheel chair) • Hobbies / Interests • Past care schedule: x3 a week
<u>Medical background</u>	<p>1982: hypertension 2008: osteoarthritis R hip 2010: osteoarthritis both knees 2015: coronary artery disease (CAD)</p> <ul style="list-style-type: none"> • Medication connected to condition
<u>Requests</u>	<ul style="list-style-type: none"> • Purpose: ongoing care

Original	Corrections
<p>Regarding medical history, Mr Beattie has been taking enalapril once a day for hypertention since 1982 and paracetamol twice a day for osteoarthritis since 2008. Additionally, he has been taking benazepril 30 mg per day for coronary artery disease since 2015.</p> <p>Currently, Mr. Beattie is on enalapril once daily, for hypertension and benazepril 30mg once daily, for coronary artery disease. He has also been diagnosed with osteoarthritis in his right hip joints and both of his knee joints, for which he is taking paracetamol twice a day.</p> <p>Mr Beattie has been experiencing hypertension since 1982. Additionally, he has osteoarthritis and coronary artery disease, for which he takes enalapril once daily for hypertension, paracetamol twice a day for osteoarthritis, and benazepril 30 mg once daily for coronary artery disease.</p>	<p>Regarding his medical history, Mr Beattie has been taking enalapril once a day for hypertension since 1982 and paracetamol twice a day for osteoarthritis since 2008. Additionally, he has been taking benazepril, 30 mg per day, for coronary artery disease since 2015.</p> <ul style="list-style-type: none"> • Great paragraph in terms of grammar, language and content! • Is it true that Mr Beattie has been taking enalapril since 1982? Or has he had hypertension since 1982? • Maybe focus on the length of the condition and then give the current medication? • Maybe we should mention the location of the osteoarthritis? • Should we include allergy in medical background? Mentioned before or after? <p>Currently, Mr. Beattie is on enalapril once daily for hypertension and benazepril, 30mg once daily, for coronary artery disease. Additionally, he has osteoarthritis in his right hip joints and both of his knee joints, for which he takes paracetamol twice a day.</p> <ul style="list-style-type: none"> • Great paragraph in terms of content! • Should we include allergy in medical background? Mentioned before or after? <p>Mr Beattie has had hypertension since 1982, for which he takes enalapril once daily. Additionally, he has osteoarthritis and coronary artery disease, for which he takes paracetamol twice a day and benazepril, 30 mg once daily.</p> <ul style="list-style-type: none"> • Great paragraph in terms of content!

Medically, being hypertensive since 1982, Mr. Beattie has had coronary artery disease in the last five year, for the former of which, he takes enalapril and the later of which he takes benazepril, 30mg, once daily. Inaddittion, he has been having osteoarthritis of his right hip and both knees, for which he takes paracetamol twice daily. She is allergic to peanuts.

Regarding Mr. Beatty's medical history , he takes enalapril once a day for hypertension, paracetamol two times a day for osteoarthritis and ACE inhibitors,.30mg ,once a day for coronary artery disease.

Mr Beattie was diagnosed with hypertension in 1982 and has been taking enalapril once daily. He has had osteoarthritis since 2008, initially in his right knee, and

- The sentence structure could have been more concise
- Maybe we should mention the location of the osteoarthritis?
- Should we include allergy in medical background? Mentioned before or after?

Medically, **Mr Beattie has been** hypertensive since 1982 **and has** had coronary artery disease **for** the last five years, **for which** he takes enalapril and ~~the later of which he takes~~ benazepril, 30mg, once daily. In **addition**, he has **had** osteoarthritis **in** his right hip and both knees, for which he takes paracetamol, twice daily. **Please note he** is allergic to peanuts.

- Great paragraph in terms of content!
- The sentence structure was too complex and confusing – try to make the information clear

Regarding Mr. Beatty's medical history, he takes enalapril once a day for hypertension, paracetamol two times a day for osteoarthritis, and ACE inhibitors, 30mg once a day, for coronary artery disease.

- Great paragraph in terms of language, grammar and content!
- The sentence structure was mostly really clear – great work!
- Should we include allergy in medical background? Mentioned before or after?

Mr Beattie was diagnosed with hypertension in 1982 and **takes** enalapril, once daily. He has had osteoarthritis

both knees since 2010. For osteoarthritis, he takes paracetamol twice daily. In 2015, Mr. Beattie was diagnosed with coronary artery disease and has been prescribed benazepril at a dosage of 30mg per day. Please note that he has a peanut allergy .

Medically, Mr Beattie has been taking enalapril, once, daily for hypertension, paracetamol, twice, daily for osteoarthritis and benazepril, 30mg, daily for coronary artery disease. please note that he has allergic to peanuts.

With regards to past medical history, Mr Beattie has had hypertension since 1982, for which he has been taking enalapril once daily. In 2008, he was diagnosed with osteoarthritis of his right hip, and 2 years later, osteoarthritis of both knees were added. He takes paracetamol twice a day to control his pain. Having experienced coronary artery disease in 2015, Mr Beattie has been taking benazepril 30mg per day.

since 2008, initially in his right knee, and **then** both knees since 2010. For **this**, he takes paracetamol, twice daily. In 2015, Mr. Beattie was diagnosed with coronary artery disease and **takes** benazepril, **at a dosage of** 30mg per day. Please note that he has a peanut allergy.

- Great paragraph in terms of content!
- The sentence structure was mostly clear – just be careful with comma and tense use

Medically, Mr Beattie **takes** enalapril, once daily, for hypertension; paracetamol, twice daily, for osteoarthritis; and benazepril, 30mg daily, for coronary artery disease. Please note that he **is** allergic to peanuts.

- Great paragraph in terms of content!
- The sentence structure was mostly clear – just be careful with punctuation use
- Be careful with ‘allergy’ and ‘allergic’ – “He has an allergy to...” and “He is allergic to...”

Regarding his medical history, Mr **Beattie** has had hypertension since 1982, for which he **takes** enalapril, once daily. In 2008, he was diagnosed with osteoarthritis **in** his right hip, and 2 years later, osteoarthritis **in** both knees **were added**. He takes paracetamol twice a day to control his pain. Having **been diagnosed with** coronary artery disease in 2015, Mr **Beattie takes** benazepril, 30mg per day.

- Great paragraph in terms of content and language!
- The sentence structure was mostly clear – but could this be written more concisely?

Original	Corrections
<p>Mr Beattie was admitted to the hospital on 1st July 2020 after a fall. He had some bruised areas on his left hip and arm, along with a wound on his left eye. His sons were concerned about an elevated risk of further falls and were considering a care home. On 4th July 2020, Mr Beattie consented to this proposition.</p> <p>Mr Beattie is a retired widowed and has two sons, he has lived alone and his caregiver visited him three times a week and helped him with ADLs. Due to his hobbies, Mr Beattie likes watching particularly football on TV.</p> <p>Due to = cause</p> <p>REASON</p> <p>Following a fall in his kitchen on 1July, Mr Beattie, presented to ED with severe pain, multiple minor injuries on his left hip, left arm, and a laceration above the left eye. Subsequently, he was treated accordingly and transferred to the geriatric ward. On 4th July during a discussion with his son, Bob ,expressed concern about his father’s risk of falls and agreed to arrange home care support.</p> <p>Socially, Mr Beatties, has a sedentary lifestyle and had been living alone since his wife death 2 years ago. Additionally, he is away from his sons but is now willing to live with his son. He has been receiving assistance with ADLs 3 days a week and for and cleaning once a week.</p> <p>VERBS: Was admitted = a person <i>allows them in</i> Present = to show yourself or to exhibit (you need to be able to walk into the hospital)</p>	<p>Mr Beattie was admitted to our hospital on 1st July 2020 after a fall. He had sustained some bruising on his left hip and arm, along with a wound on his left eye. His sons were concerned about an elevated risk of further falls and were considering a care home. On 4th July, Mr Beattie consented to this proposition.</p> <p>Mr Beattie is a widowed retiree Mr Beattie is a retired widower and has two sons, he adj. noun lives alone and his caregiver used to visit him three times a week and help him with his ADLs. Being <u>interested</u> in sports, Mr Beattie likes watching football on TV.</p> <p>Sustained = is a very good natural verb to use in OET with injuries</p> <p>B level?</p> <p>Following a fall in his kitchen on 1st July, Mr Beattie was admit to our ED with severe pain with multiple minor injuries on his <u>left hip and arm, along with a laceration above the left eye.</u> <u>Subsequently, he was treated accordingly and transferred to our geriatric ward.</u> On 4th July, during a discussion with his sons, they expressed concern about their father’s risk of falls and he agreed to arrange home care support.</p> <p>In the expected way</p> <p>Socially, Mr Beattie has a sedentary lifestyle and had been living alone since his wife’s death 2 years ago. He had been receiving assistance with ADLs 3 days a week and for and cleaning once a week.</p> <p>Past Perfect works well here</p> <p>Meaning: past of past (do not know if true now)</p>

Brought = children

John was brought to my clinic with his mother

2. To confess to a crime / to tell someone you did something bad

On 1st July 2020, Mr. Beattie was admitted to the emergency department with bruising over the left hip and left arm with a small laceration above left eye following a fall. His Cardiovascular examination and blood tests were normal. There were no fractures in hips or arms.

Mr. Beattie is a widow, who resides alone. He has two sons, although they can not live with him as they are living in far away places. They want to keep their father in a care home, until a long term residential solution, to prevent further fall. Mr. Beattie is supported by a caregiver, who visits three times per week and a cleaner, who visits once a week. Please note, he is interested in watching sport on television.

His / her / our = specific effect / 'this'

The = specific / 'this'

Capitals:

Names people, places, and organisations and departments

On 1st July 2020, Mr Beattie was admitted to our **Emergency Department** with bruising over **his** left hip and left arm with a small laceration above left eye following a fall. His examination and blood tests were normal. There were no fractures in hips or arms. **Where is going? Was a discussion? Did he agree to be transferred?**

Mr Beattie is a widower, who **resides** lives alone. He has two sons, although they can not live with him as they are living in far away places. They want to keep their father in a care home, until a long term residential solution, to prevent further falls. Mr. Beattie is supported by a caregiver, who visits three times per week and a cleaner, who visits once a week. Please note, he is interested in watching sport on television.

Reduce down a bit?

On 1st July, Mr Beattie presented with a severe pain and bruising on his left hip and arm, as well as laceration on his above left eye. His vital signs were normal, and in addition, a fracture was ruled out by X-rays. Having transferred to geriatric ward, a discussion with his sons regarding his concerns and care home support were conducted.

Socially, Mr Beattie is a retired labourer. Despite having 2 sons, he lives alone. Please note that he is allergic to peanuts.

On 1st July, Mr. Beattie was brought to the emergency department after being found lying on the floor in his kitchen by his caregiver. On examination, bruising on his left hip and left arm and a laceration above his left eye was found. Today, he agreed to be transferred to a care home.


Regarding Mr. Beattie's social background, he is a widow. One of her sons lives 500 km away and the other son has MS and uses a wheelchair. Additionally, the caregiver visits him three times a week. Please note that he likes watching sports on TV.

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Socially, Mr Beattie is a retired labourer. Despite having 2 sons, he lives alone. Please note that he is allergic to peanuts.

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Regarding Mr. Beattie's social background, he is a widow. One of her sons lives 500 km away and the other son has MS and uses a wheelchair. Additionally, the caregiver visits him three times a week. Please note that he likes watching sports on TV.

Introduction	<ul style="list-style-type: none"> • Purpose: ongoing care
<u>Timeline</u>	<ul style="list-style-type: none"> • 1st July: serious fall • Diagnosis: bruising & laceration • Agreement for care home 4th July <p><u>SUMMARISE:</u> in general</p>
Social background	<ul style="list-style-type: none"> • Lived alone / widow • Sons: where they live (wheel chair) • Hobbies / Interests • Past care schedule: x3 a week
Medical background	<p>1982: hypertension 2008: osteoarthritis R hip 2010: osteoarthritis both knees 2015: coronary artery disease (CAD)</p> <ul style="list-style-type: none"> • Medications: <p>Current medications: Enalapril 1x/day (hypertension) Paracetamol 2x/day (osteoarthritis) ACE inhibitor (benazepril) 30 mg/day (CAD)</p> <p><i>You can do this yourself!</i></p> <p>alain@set-english.com</p> 
Requests	<ul style="list-style-type: none"> • Purpose: ongoing care

<p>Ms Barbara Keller Care Home Manager Green Acres Care Home 200 Green Street, Newtown</p> <p>4 July 2020</p> <p>Re Mr John Beattie ,DOB(23/3/1930) Dear Ms Keller</p> <p>I am writing regarding Mr John Beattie, a 90-year-old retired man,who was admitted to our hospital following a fall and is due to be transferred to your Care home for ongoing treatment and care.</p> <p>Ms.Barbara Keller Manager Green Acres Care home 200 Green Street Newtown</p> <p>4th July 2020 Dear Mr.Keller Re:Mr.John Beattie; DOB:23rd March 1930</p> <p>I am writing to refer,Mr Beattie,who is due to be discharged from our hospital,for ongoing care at your care home.</p>	<p>Ms Barbara Keller Care Home Manager Green Acres Care Home 200 Green Street, Newtown</p> <p>4 July 2020</p> <p>Re Mr John Beattie ,DOB(23/3/1930) Dear Ms Keller</p> <p>I am writing regarding Mr John Beattie, a 90-year-old retired man,who was admitted to our hospital following a fall and is due to be transferred to your Care home for ongoing treatment and care.</p> <p>Ms.Barbara Keller Manager Green Acres Care home 200 Green Street Newtown</p> <p>4th July 2020 Dear Mr.Keller Re:Mr.John Beattie; DOB:23rd March 1930</p> <p>I am writing to refer,Mr Beattie,who is due to be discharged from our hospital,for ongoing care at your care home.</p>
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Ms Barbara Keller
Manager
Green Acres Care Home
200 Green Street
Newtown

4th July 2020

RE: Mr. John Beattie, 90 years old

Dear Ms Keller,

I am writing regarding Mr. Beattie, who has been recovering from a minor trauma following a fall. He is being transferred to your facility and requires an ongoing care.

Ms Barbara Keller
Care Home Manager
Green Across Care Home
200 Green Street
Newtown

4th July 2020

Dear Ms Barbara Keller,

RE: Mr John Beattie, DOB: 23rd March 1930

I am writing regarding Mr John Beattie, who visited our clinic recently due to minor trauma

Ms Barbara Keller
Manager
Green Acres Care Home
200 Green Street
Newtown

4th July 2020

RE: Mr. John Beattie, 90 years old

Dear Ms Keller,

I am writing regarding Mr. Beattie, who has been recovering from a minor trauma following a fall. He is being transferred to your facility and requires an ongoing care.

Ms Barbara Keller
Care Home Manager
Green Across Care Home
200 Green Street
Newtown

4th July 2020

Dear Ms Barbara Keller,

RE: Mr John Beattie, DOB: 23rd March 1930

I am writing regarding Mr John Beattie, who visited our clinic recently due to minor trauma

following falling down. She is due to be transferred to you today and now requires ongoing care and support.

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