


1 **Review**

2 Grading

3 Next assignment – Laurence tomorrow



90 / John **Beattie**

Fell down / ER / transfer / care home

**Notes:**

Assume that today's date is 4 July 2020.  
You are a hospital doctor on a geriatric ward and an elderly patient is now ready for discharge.

**PATIENT DETAILS**

**Name:** Mr John Beattie  
**DOB:** 23 March 1930 (90 y.o.)  
**Address:** 20 New Street, Newtown

**Social Background:** Labourer (retired)  
Widowed (wife died 2 yrs ago), now lives alone  
2 sons: Bob, 46 y.o. – lives 500 km away, w 2 children  
Sean, 42 y.o. – divorced, lives 10 km away, has M.S.  
(walks w cane – wheelchair used sometimes)  
Care-giver visits 3x/wk (help w ADLs)  
Cleaner visits 1x/wk  
Interests: watching sport on TV (partic. football)

**Allergies:** Peanuts

**Family History:** Nil

**Past medical history:** 1982: hypertension  
2008: osteoarthritis R hip  
2010: osteoarthritis both knees  
2015: coronary artery disease (CAD)

**Current medications:** Enalapril 1x/day (hypertension)  
Paracetamol 2x/day (osteoarthritis)  
ACE inhibitor (benazepril) 30 mg/day (CAD)

**Hospital treatment record:**

**1 July 2020**  
Admission to ED  
Subjective: pain (7/10) L side, (fall in kitchen, found on floor by care-giver)  
Objective: BP normal (120/80), pulse 78 bpm, BMP (basic metabolic panel) normal  
Height: 163cm, Weight: 75kg, BMI: 28 (healthy)  
Diagnosis: minor trauma (bruising) L hip & L arm, laceration above L eye  
Hip/arm fractures ruled out – plain X-rays  
No sutures required, current meds continued

**2 July 2020**  
Transfer to geriatric ward  
Recovering well  
Discussion w pt: wishes to live w either son (lost confidence living alone)

**3 July 2020**  
Discussion w sons:  
Father = ↑fall risk → ?care home  
Bob: cannot care for father (distance & children), suggests local care home for immediate care (long-term residential solution to be arranged later)  
Sean: wants to care – prevented by MS, eventually agrees to care home

**4 July 2020**

Pt agrees to care home

Immediate care plan:

Monitor medication compliance  
Wash laceration w soap & water only (to stop infection)  
Hospital physiotherapist to visit 2x/wk (provide exercises ↑ROM L hip & arm)  
**Note:** geriatric ward outpatient clinic appt. 15 July, transport to be arranged by care home staff

**Plan:**

Write to manager of care home

**Writing Task:**

Using the information in the case notes, write a transfer letter to Ms Keller, Care Home Manager, outlining Mr Beattie's relevant medical history, hospital treatment and ongoing care needs. Address the letter to Ms Barbara Keller, Manager, Green Acres Care Home, 200 Green Street, Newtown.

In your answer:

- Expand the relevant notes into complete sentences
- Do **not** use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

Introduction	<ul style="list-style-type: none"> <li>• <b>Purpose:</b> ongoing care</li> </ul>
<u>Timeline</u>	<ul style="list-style-type: none"> <li>• 1<sup>st</sup> July: serious fall</li> <li>• Diagnosis: bruising &amp; laceration</li> <li>• Agreement for care home 4<sup>th</sup> July</li> </ul> <p><u>SUMMARISE:</u> make short</p>
<u>Social background</u>	<ul style="list-style-type: none"> <li>• Lived alone / widow</li> <li>• Sons: where they live (wheel chair)</li> <li>• Hobbies / Interests</li> <li>• Past care schedule: x3 a week</li> </ul>
<u>Medical background</u>	<p>1982: hypertension 2008: osteoarthritis R hip 2010: osteoarthritis both knees 2015: coronary artery disease (CAD)</p> <ul style="list-style-type: none"> <li>• Medication connected to condition</li> </ul>
<u>Requests</u>	<ul style="list-style-type: none"> <li>• <b>Purpose:</b> ongoing care</li> </ul>

Content
Content is appropriate to intended reader and addresses what is needed to continue care (key information is included; no important details missing); content from case notes is accurately represented

What does 'relevant' mean in OET?

**Needed:** essential, crucial, necessary, etc.

**DIRECT**

**Appropriate:** useful, helpful, extra

**INDIRECT**

Original	Corrections
<p>Mr Beattie was admitted to the hospital on 1st July 2020 after a fall. He had some bruised areas on his left hip and arm, along with a wound on his left eye. His sons were concerned about an elevated risk of further falls and were considering a care home. On 4th July 2020, Mr Beattie consented to this proposition.</p> <p>Mr Beattie is a retired widowed and has two sons, he has lived alone and his caregiver visited him three times a week and helped him with ADLs. Due to his hobbies, Mr Beattie likes watching particularly football on TV.</p> <p>Due to = cause</p> <p>REASON</p> <p>Following a fall in his kitchen on 1July, Mr Beattie, presented to ED with severe pain, multiple minor injuries on his left hip, left arm, and a laceration above the left eye. Subsequently, he was treated accordingly and transferred to the geriatric ward. On 4<sup>th</sup> July during a discussion with his son, Bob ,expressed concern about his father’s risk of falls and agreed to arrange home care support.</p> <p>Socially, Mr Beatties, has a sedentary lifestyle and had been living alone since his wife death 2 years ago. Additionally, he is away from his sons but is now willing to live with his son. He has been receiving assistance with ADLs 3 days a week and for and cleaning once a week.</p> <p>VERBS:  <b>Was admitted</b> = a person <i>allows them in</i>  <b>Present</b> = to show yourself or to exhibit (you need to able to walk into the hospital)</p>	<p>Mr Beattie was admitted to our hospital on 1st July 2020 after a fall. He <b>had sustained</b> some <b>bruising</b> on his left hip and arm, along with a wound on his left eye. His sons were concerned about an elevated risk of further falls and were considering a care home. On 4th July, Mr Beattie consented to this proposition.</p> <p>Mr Beattie is a widowed retiree  Mr Beattie is a retired widower and has two sons, he  adj. noun  lives alone and his caregiver <b>used to</b> visit him three times a week and help him with <b>his</b> ADLs. Being <u>interested</u> in sports, Mr Beattie likes watching football on TV.</p> <p>Sustained = is a very good natural verb to use in OET with injuries</p> <p>B level?</p> <p>Following a fall in his kitchen on 1<sup>st</sup> July, Mr Beattie was admit to our ED with severe pain <b>with</b> multiple minor injuries on his <u>left hip and arm, along with a laceration above the left eye. Subsequently, he was treated accordingly and transferred to our geriatric ward.</u> On 4<sup>th</sup> July, during a discussion with his sons, they expressed concern about their father’s risk of falls and <b>he</b> agreed to arrange home care support.</p> <p>In the expected way</p> <p>Socially, Mr Beattie has a sedentary lifestyle and <b>had been living</b> alone since his wife’s death 2 years ago. He <b>had been</b> receiving assistance with ADLs 3 days a week and for and cleaning once a week.</p> <p>Past Perfect works well here</p> <p>Meaning: past of past (do not know if true now)</p>

Brought = children

John was brought to my clinic with his mother

2. To confess to a crime / to tell someone you did something bad

On 1st July 2020, Mr. Beattie was admitted to the emergency department with bruising over the left hip and left arm with a small laceration above left eye following a fall. His Cardiovascular examination and blood tests were normal. There were no fractures in hips or arms.

Mr. Beattie is a widow, who resides alone. He has two sons, although they can not live with him as they are living in far away places. They want to keep their father in a care home, until a long term residential solution, to prevent further fall.. Mr. Beattie is supported by a caregiver, who visits three times per week and a cleaner, who visits once a week. Please note, he is interested in watching sport on television.

His / her / our = specific effect / 'this'

The = specific / 'this'

Capitals:

Names people, places, and organisations and departments

On 1st July 2020, Mr Beattie was admitted to our **Emergency Department** with bruising over **his** left hip and left arm with a small laceration above left eye following a fall. His examination and blood tests were normal. There were no fractures in hips or arms. **Where is going? Was a discussion? Did he agree to be transferred?**

Mr Beattie is a widower, who **resides** lives alone. He has two sons, although they can not live with him as they are living in far away places. They want to keep their father in a care home, until a long term residential solution, to prevent further falls. Mr. Beattie is supported by a caregiver, who visits three times per week and a cleaner, who visits once a week. Please note, he is interested in watching sport on television.

**Reduce down a bit?**

On 1st July, Mr Beattie presented with a severe pain and bruising on his left hip and arm, as well as a laceration on his forehead above left eye. His vital signs were normal, and in addition, a fracture was ruled out by X-rays. Having transferred to geriatric ward, a discussion with his sons regarding his concerns and care home support were conducted.

Socially, Mr Beattie is a retired labourer. Despite having 2 sons, he lives alone. Please note that he is allergic to peanuts.

On 1<sup>st</sup> July, Mr. Beattie was brought to the emergency department after being found lying on the floor in his kitchen by his caregiver. On examination, bruising on his left hip and left arm and a laceration above his left eye was found. Today, he agreed to be transferred to a care home.

Regarding Mr. Beattie's social background, he is a widow. One of her sons lives 500 km away and the other son has MS and uses a wheelchair. Additionally, the caregiver visits him three times a week. Please note that he likes watching sports on TV.

On 1st July, Mr Beattie presented with a severe pain and bruising on his left hip and arm, as well as a laceration on his forehead above his left eye. His vital signs were normal, and, in addition, a fracture was ruled out by X-rays. Having transferred to geriatric ward, a discussion with his sons regarding his concerns and care home support were conducted. Too much detail??


Socially, Mr Beattie is a retired labourer. Despite having 2 sons, he lives alone. Please also note that he is allergic to peanuts.

On 1<sup>st</sup> July, Mr. Beattie was brought to the emergency department after being found lying on the floor in his kitchen by his caregiver. On examination, bruising on his left hip and left arm and a laceration above his left eye was found. Today, he agreed to be transferred to a care home.

Regarding Mr. Beattie's social background, he is a widow. One of her sons lives 500 km away and the other son has MS and uses a wheelchair. Additionally, the caregiver visits him three times a week. Please note that he likes watching sports on TV.

**Good**

PLAN

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Social background	<ul style="list-style-type: none"> <li>• Lived alone / widow</li> <li>• Sons: where they live (wheel chair)</li> <li>• Hobbies / Interests</li> <li>• Past care schedule: x3 a week</li> </ul>
Medical background	<p>1982: hypertension  2008: osteoarthritis R hip  2010: osteoarthritis both knees  2015: coronary artery disease (CAD)</p> <ul style="list-style-type: none"> <li>• Medications:</li> </ul> <p><b>Current medications:</b> Enalapril 1x/day (hypertension)  Paracetamol 2x/day (osteoarthritis)  ACE inhibitor (benazepril) 30 mg/day (CAD)</p> <p><i>You can do this yourself!</i></p> <p><a href="mailto:alain@set-english.com">alain@set-english.com</a></p> 
Requests	<ul style="list-style-type: none"> <li>• <b>Purpose:</b> ongoing care</li> </ul>





<p>Ms Barbara Keller Care Home Manager Green Acres Care Home 200 Green Street, Newtown</p> <p>4 July 2020</p> <p>Re Mr John Beattie ,DOB(23/3/1930) Dear Ms Keller</p> <p>I am writing regarding Mr John Beattie, a 90-year-old retired man,who was admitted to our hospital following a fall and is due to be transferred to your Care home for ongoing treatment and care.</p> <p>Ms.Barbara Keller Manager Green Acres Care home 200 Green Street Newtown</p> <p>4th July 2020 Dear Mr.Keller Re:Mr.John Beattie; DOB:23rd March 1930</p> <p>I am writing to refer,Mr Beattie,who is due to be discharged from our hospital,for ongoing care at your care home.</p>	<p>Ms Barbara Keller Care Home Manager Green Acres Care Home 200 Green Street, Newtown</p> <p>4 July 2020</p> <p>Re Mr John Beattie ,DOB(23/3/1930) Dear Ms Keller</p> <p>I am writing regarding Mr John Beattie, a 90-year-old retired man,who was admitted to our hospital following a fall and is due to be transferred to your Care home for ongoing treatment and care.</p> <p>Ms.Barbara Keller Manager Green Acres Care home 200 Green Street Newtown</p> <p>4th July 2020 Dear Mr.Keller Re:Mr.John Beattie; DOB:23rd March 1930</p> <p>I am writing to refer,Mr Beattie,who is due to be discharged from our hospital,for ongoing care at your care home.</p>
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Ms Barbara Keller  
Manager  
Green Acres Care Home  
200 Green Street  
Newtown

4th July 2020

RE: Mr. John Beattie, 90 years old

Dear Ms Keller,

I am writing regarding Mr. Beattie, who has been recovering from a minor trauma following a fall. He is being transferred to your facility and requires an ongoing care.

Ms Barbara Keller  
Care Home Manager  
Green Across Care Home  
200 Green Street  
Newtown

4th July 2020

Dear Ms Barbara Keller,

RE: Mr John Beattie, DOB: 23rd March 1930

I am writing regarding Mr John Beattie, who visited our clinic recently due to minor trauma

Ms Barbara Keller  
Manager  
Green Acres Care Home  
200 Green Street  
Newtown

4th July 2020

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4th July 2020

Dear Ms Barbara Keller,

RE: Mr John Beattie, DOB: 23rd March 1930

I am writing regarding Mr John Beattie, who visited our clinic recently due to minor trauma

following falling down. She is due to be transferred to you today and now requires ongoing care and support.

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