

## OET Nursing Writing Week

### Robert England

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient.*

#### Planning

10 - 15 minutes:

- Find the *purpose*
- Identify the *case notes* you will use
- Organise the case notes into *logical paragraphs*

What is the situation after the above steps?

I can focus on writing = Perfect circumstances in which to write a letter

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#### Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Robert England case notes:

1. Who is the reader?	Community nursing service
2. What is the reader's task?	Follow up care at patient's home
3. Does the reader know the patient?	No
4. Does the writer have any tasks?	yes – advice has been given / review appointment has been arranged
5. Why am I writing <u>today</u> ?	patient ready for discharge
6. Is it urgent?	no

**Notes:**

**Assume that today's date is 27 May 2019.**

You are a charge nurse working in the surgical ward of Longford General Hospital. A male patient was admitted to your unit for open stent graft surgery.

**PATIENT DETAILS:**

**Name:** Robert England (Mr)  
**DOB:** 09 Nov 1957 (62 y.o.)  
**Address:** 76 Laburnum Close, Longford  
**Next of kin:** Wife, Anna (60 y.o.), no children

**Social background:**

Recently retired wine waiter - now works freelance as wine taster  
 Interests: gardening, cooking, reading, TV, travel  
 Sedentary lifestyle

**Past medical history:**

Current BMI 29.5 (overweight – borderline obese)  
 High-fat, high-salt diet & 'lots of red meat'  
 Ex heavy smoker (30 cigs/day) - quit 55 y.o.  
 Moderate alcohol intake (2 glasses wine/day w. meals)  
 Hypertension diag. 2017

**Family history:** Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm)  
 Mother dec. 83 y.o. - Alzheimer's

**Current medications:**

Verapamil (80mg 3x/day) - hypertension

**Hospital admission: 19 May 2019**

**Presenting problem:**

Lower back pain, pulsing sensation & generalised abdominal pain  
 Full blood count/ liver function test – unremarkable  
 Ultrasound  
 CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)

**Diagnosis:** AAA (Abdominal Aortic Aneurysm)  
 Need for urgent stent graft surgery

**Medical treatment:**

**20 May 2019** Stent graft surgery (open)  
 Pt transferred →ICU for 48 hrs post-op

**Nursing management:**

Indwelling Foley catheter in situ  
 Wound drain (Redivac) in situ  
 PCA (patient-controlled analgesia) device in situ  
 Mepore dressing on surgical site (dissolvable sutures)  
 Need to observe for DVT risk & check breathing – pt. in upright position  
 IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)

**Assessment:** Good progress: vital signs within normal range

**27 May 2019** Pt instructed in necessary lifestyle changes:

- ↓intake of alcohol, animal fats, fried foods, salt
- ↑dietary fibre
- Achieve & maintain optimal weight (?referral to dietician)
- No weight-bearing/strenuous exercise (→6 wks.)
- Gentle exercise, gradually ↑
- No driving →4 wks.

Pt discharged w. low-dosage aspirin  
 Community nurse home visits arranged (1x/day →1 wk.)

**Discharge plan:** Community nurse to monitor breathing, cleanse & dress wound, check vital signs  
 Check compliance w. lifestyle advice  
 NB Review 30 May 2019 in Outpatients Dept.

**Plan:** Write to Community Nursing Service

**Writing Task:**

Using the information given in the case notes, write a letter to Mrs Moore, Head of the Community Nursing Service. In your letter, briefly outline Mr England's condition, medication and recommended follow-up care. Address your letter to Mrs Fiona Moore, Head of the Community Nursing Service, 26 Park Road, Longford.

<https://drive.google.com/file/d/1MQ6Yh3wcUSQ5Svg71IL29zrEmDz73m5w/view?usp=sharing>

Paragraph Planning

Introduction	<ul style="list-style-type: none"> <li>• Patient name:</li> <li>• General Medical Context:</li> <li>• General Request:</li> </ul>
Early timeline	<p><b>Hospital admission: 19 May 2019</b></p> <p><b>Presenting problem:</b></p> <p><i>SUM</i> { Lower back pain, pulsing sensation &amp; generalised abdominal pain  <del>Full blood count/ liver function test – unremarkable</del>  <del>Ultrasound</del>      CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)</p> <p><b>Diagnosis:</b> <del>AAA (Abdominal Aortic Aneurysm)</del>  <del>Need for urgent stent graft surgery</del></p> <p><b>Medical treatment:</b></p> <p><u>20 May 2019</u> <u>Stent graft surgery (open)</u> ✓  <del>Pt transferred to ICU for 48 hrs post op</del></p> <p><b>Nursing management:</b></p> <p><i>SUM</i> { Indwelling Foley catheter in situ      Wound drain (Redivac) in situ      PCA (patient-controlled analgesia) device in situ      Mepore dressing on surgical site (dissolvable sutures)      Need to observe for DVT risk &amp; check breathing – pt. in upright position      IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)</p> <p><b>Assessment:</b> Good progress: vital signs within normal range ✓</p>

Current	<p><b>27 May 2019</b></p> <p>Pt instructed in necessary lifestyle changes:</p> <ul style="list-style-type: none"> <li>• ↓intake of alcohol, animal fats, fried foods, salt ✓</li> <li>• ↑dietary fibre ✓</li> <li>• Achieve &amp; maintain optimal weight (referral to dietician) ✓</li> <li>• No weight-bearing/strenuous exercise (→6 wks.) ✓</li> <li>• Gentle exercise, gradually ↑ ✓</li> <li>• No driving →4 wks. ✓</li> </ul> <p>Pt discharged w. low-dosage aspirin ✓</p> <p><del>Community nurse home visits arranged (1x/day →1 wk.)</del></p>
Background	<p><b>Next of kin:</b> ✓ Wife, Anna (60 y.o.), no children</p> <p><b>Social background:</b></p> <p><del>Recently retired wine waiter - now works freelance as wine taster</del></p> <p><del>Interests: gardening, cooking, reading, TV, travel</del></p> <p>Sedentary lifestyle ✓</p> <p><b>Past medical history:</b></p> <p>Current BMI 29.5 (<del>overweight - borderline obese</del>)</p> <p>✓ High-fat, high-salt diet &amp; 'lots of red meat'</p> <p><del>SMM</del> ← Ex heavy smoker (30 cigs/day) - quit 55 y.o.</p> <p>✓ Moderate alcohol intake (2 glasses wine/day w. meals)</p> <p><del>Hypertension diag. 2017</del></p> <p><b>Family history:</b> <del>Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm)</del></p> <p><del>Mother dec. 83 y.o. - Alzheimer's</del></p> <p><b>Current medications:</b></p> <p>✓ Verapamil (60mg 3x/day) - hypertension</p>
Request	<p><b>Discharge plan:</b> Community nurse to monitor breathing, cleanse &amp; dress wound, check vital signs</p> <p>Check compliance w. lifestyle advice</p> <p>NB Review 30 May 2019 in Outpatients Dept.</p>

Write Background and Request paragraphs and send to [laurence@set-english.com](mailto:laurence@set-english.com)

## Introduction & Early Timeline

Introduction	<ul style="list-style-type: none"> <li>• Patient name:</li> <li>• General Medical Context:</li> <li>• General Request:  </li> </ul>
Early timeline	<p><b>Hospital admission: 19 May 2019</b></p> <p><b>Presenting problem:</b></p> <p><i>SUM</i> { Lower back pain, pulsing sensation &amp; generalised abdominal pain  <del>Full blood count/ liver function test – unremarkable</del>  <del>Ultrasound</del>          CT abdomen with contrast → large (7cm) AAA (Abdominal Aortic Aneurysm)</p> <p><b>Diagnosis:</b> <del>AAA (Abdominal Aortic Aneurysm)</del>  <del>Need for urgent stent graft surgery.</del></p> <p><b>Medical treatment:</b></p> <p><b>20 May 2019</b> <del>Stent graft surgery (open) ✓</del>  <del>Pt transferred to ICU for 48 hrs post-op</del></p> <p><b>Nursing management:</b></p> <p><i>SUM</i> { Indwelling Foley catheter in situ          Wound drain (Redivac) in situ          PCA (patient-controlled analgesia) device in situ          Mepore dressing on surgical site (dissolvable sutures)          Need to observe for DVT risk &amp; check breathing – pt. in upright position          IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)</p> <p><b>Assessment:</b> Good progress: vital signs within normal range ✓</p>

Student	Teacher
<p>27th May 2019</p> <p>Mrs Fiona Moore            Head of the Community Nursing Service            26 Park Road            Longford</p> <p>Re: Robert England, 62 years old</p> <p>Dear Ms Moore,</p> <p>I am writing regarding Mr England, who is being discharged after recuperating from an urgent stent graft surgery. He now requires your follow-up care and home visit every day for one week.</p> <p>On 19th May 2019, Mr England presented with lower back and abdominal pain, <del>as well as pulsing sensation</del>. An ultrasound and a CT abdomen were performed and it confirmed Abdominal Aortic Aneurysm. Subsequently, <del>an</del> urgent stent graft surgery was performed on 20th May <del>and he was monitored in ICU for two days after the operation.</del></p>	<p>I am writing regarding Mr England, who is recuperating from urgent stent graft surgery. He now requires your follow-up care at home.</p> <p>Investigations confirmed</p>

<p><del>His condition has been progressed and his vital signs were within normal range.</del> The surgical wound with dissolvable sutures was dressed with mepore dressing. <del>Additionally, he was</del> observed for signs of DVT and abnormal breathing. His vital signs were within normal range.</p>	<p>Stay in the past tense when we have time stamps</p>
<p>Mrs. Fiona Moore, Head of the Comunity Nurse, Community Nursing Service, Logford,</p> <p>Re: Mr. Robert England DOB: 09 november 1957</p> <p>Dear Moore,</p> <p>I am writing regarding Mr. Robert England, who is recovering follow stent graft surgery. He is ready to be discharged, and now requires your follow up care and monitoring.</p> <p>Mr. England was admitted 19th of May <del>with the complaints of with</del> generalised abdominal pain. <del>and pulse sensitiation, and lower back pain.</del> Revealed AAA according to Ct abdomen with contrast. 20th of May presented who was diagnosed following day stent graft surgery. Mr. England had been inserted a foley catheter and a wound drain, and his controlled PCA with device. His surgical site has dressed with a mepore. Additionally, he has needed to observe for DVT risks and check breathing. Also, he was given IV antibiotics. His vital sign of range is normal.</p>	<p>These small errors – they make a bad impression. Don't make spelling errors for words in the notes</p> <p>compliant: adjective complaint: noun</p> <p>Do some work on sentence structure – grammar</p> <p>subject + verb:</p> <ul style="list-style-type: none"> <li>• A CT scan revealed</li> <li>• On 20<sup>th</sup> May stent graft surgery was done</li> </ul>

<p>27 May 2019</p> <p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>Dear Mrs Moore,</p> <p>Re: Mr Robert England, DOB: 09 Nov 1957</p> <p>I am writing regarding Mr Robert England, who is recuperating from recent stent graft surgery. He is scheduled to be discharged today, and now requires your follow-up care and 1 week of home visits.</p> <p>On 19th May 2019, having <del>had</del> lower back pain and abdominal pain, a CT scan was performed <del>to</del> for Mr England, which revealed abdominal aortic aneurysm. Consequently, he underwent open graft surgery <del>in</del> the following day. Upon admission he was treated accordingly, has made good progress and his vitals signs remain unremarkable.</p>	<p>I am not a fan of participle clauses – we can understand what happened but it is not very natural</p> <p>Time line is a little confusing – remember, we have finished on 20<sup>th</sup> May, so no need for present perfect. Also don't go backwards in timeline</p>
<p>I am writing regarding Mr England, who is recovering from <del>a</del> stent graft surgery following a diagnosis of abdominal aortic aneurysm. He requires home visits for follow-up care upon discharge today.</p> <p>On 19 May, Mr England presented with lower back and generalised abdominal pain along with <del>a</del> pulsing sensation. His CT-scan confirmed his diagnosis. Consequently, <del>an</del> urgent open stent graft surgery was <del>initiated</del>. He was treated accordingly, his wound was dressed and IV antibiotic was commenced. In addition, he was placed <del>on in an</del> upright position and observed for breathing difficulties as he was at risk for DVT. <del>Currently, he has made good progress as evident by his normal vital signs.</del></p>	<p>Consequently, Mr England underwent urgent open stent graft surgery.</p> <p>Remember – we are in the past, so no present perfect – his vitals were good on the 20<sup>th</sup> May</p>

<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford</p> <p>27.05.2024</p> <p>Re: Mr Robert England    DOB 09 November 1957 (62 y.o.)</p> <p>Dear Mrs Moore,</p> <p>I am writing regarding Mr Robert England, who <del>is</del> underwent open stent graft surgery after <b>being</b> diagnosed with Abdominal Aortic Aneurysm. He is ready for discharged and now requires your follow up care. <del>and support.</del></p> <p>Mr England presented to our hospital with lower back pain, pulsing sensation, and generalised abdominal pain. An Abdominal CT scan indicated <del>the</del> Abdominal Aortic Aneurysm. On 20 May open stent graft surgery was performed.</p>	<p>In OET, 'undergo' will always be in the active voice</p> <p>This is a strange submission – the intro and timeline are very similar and lots of information is not included in the timeline.</p>
<p>I am writing to request 7 days <b>of home visits for</b> <del>to</del> Mr Robert England, who was admitted to the hospital on 19<sup>th</sup> of May suffering from abdominal aortic aneurysm. He had an open stent graft surgery on 20<sup>th</sup> of May.</p> <p>During his stay in hospital, he was treated with intravenous antibiotics and was observed for the risk of deep vein thrombosis by checking his breathing. In order to reduce the risk, upright position was maintained. <b>On assessment, his vital signs are normal and he has recovered well following the routine of post operative process.</b></p>	<p>Introductions do not need dates – this feels very much like a timeline para – too much content. Separate intro and timeline.</p> <p>Could be more summarised.</p> <p>Remember – we are in the past, so no present perfect – his vitals were good on the 20<sup>th</sup> May</p>
<p>Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road, Longford</p> <p>27th May 2019</p>	



Re: Mr Robert England, DOB: 09 November 1957

Dear Mrs Fiona Moore,

I am writing regarding Mr England, who was admitted to our hospital due to Abdominal Aortic Aneurysm. He is scheduled to be discharged today and now requires ongoing care and monitoring.

Having back and abdominal pain, and pulsing sensation in his abdomen, Mr England was admitted to our hospital on 19th May, resulting in his being diagnosed with the aforementioned condition ~~which was revealed with abdominal CT scan with contrast~~. On 20th May, open graft stent surgery was performed successfully. He has had a good recovery after his operation. In addition to his vital signs have remained within the normal range.

Remember – we are in the past, so no present perfect – his vitals were good on the 20<sup>th</sup> May

27th May 2019  
Mrs Fiona Moore  
Head of the Community Nursing Service  
26 Park Road  
Longford

Dear Mrs Moore

Re: Mr Robert England, DOB: 09th November 1957

I am writing regarding Mr England who was admitted to our surgical ward for open stent graft surgery. He is scheduled to be discharged and require your follow-up care at his home.

Head of the Community Nursing Service  
26 Park Road  
Longford

Dear Nurse,

Re: Robert England, age ~~4 is~~ 62

<p>I am writing regarding Mr England, who was admitted to our hospital for <del>an</del> open stent graft surgery. He is now being discharged and requires your follow up care.</p> <p>On <del>Mr England's</del> admission, presented with lower back pain, <u>pulsing sensation and generalised abdominal pain</u>. CT abdomen showed Abdominal Aortic Aneurysm, <u>which was 7 mm</u>. He underwent a stent graft surgery on 20th May 2019.</p> <p>Regarding Mr England's nursing management, an <u>Indwelling Foley catheter was inserted</u>. His wound was drained, along with Mepore dressing on the surgical site. <u>Patient-controlled analgesia was commenced</u>, as well as IV antibiotics. Additionally, he needed to be observed for DVT risk and breathing. Upon assessment, his vital signs were normal.</p>	<p>In both of the paragraphs here I feel there is <u>too much information</u>.</p> <p>This is very well written but a lot of the detail isn't necessary for the reader to understand the situation and do their job properly. Much more detail is required in following paragraph. If you write in this much detail throughout your letter, it will go to 300 words.</p>
<p>27 May 2019</p> <p>Mrs Fiona Moore Head of The Community Nursing Service 26 Park Road Langford</p> <p>Dear Mrs Moore,</p> <p>Re: Mr Robert England, DOB: 9 November 1957</p> <p>I am writing regarding Mr England, who has been recovering from stent graft surgery. He is scheduled to be discharged today and requires follow-up care and home visits.</p> <p>Having pain <del>on</del> in his lower back and abdomen, Mr England was admitted to our facility on 19 May. His test results indicated that he had a 7cm-long Aortic Abdominal Aneurism, for which he underwent open graft surgery. Postoperatively, his vital signs were within normal limits and he has made <del>a</del> good progress.</p>	<p>Remember that the progress was 20<sup>th</sup> May – but it is ok.</p> <p>Nothing about any of the treatment? Possibly over summarised – but possibly not! That's your choice. Very well written</p>
<p>27.05.2019</p> <p>Mrs Fiona Moore Head of the community Nursing Service</p>	

26 Park Road  
Longford

Dear Mrs Moore,

Re : Mr Robert England  
DOB : 09.11.1957

I am writing regarding Mr England, who was admitted to our surgical ward and underwent successful open stent graft surgery. He is ready to be discharged today and requires your follow up care.

On 19th May 2019, Mr England ~~was~~ presented with lower back pain, generalized abdominal pain and pulsing sensation. CT abdomen with contrast was performed and identified a 7 Cm Abdominal Aortic Aneurysm. On 20th May 2019, Open Stent graft surgery was performed. Relevant nursing management has been performed and ~~he was making~~ postoperatively ~~he made~~ good progress with all vital signs.

Mrs Fiona Moore Head of Community Nursing Service  
26 Park Road Longford

27 May 2019

Dear Mrs Moore,  
Re: Robert England, aged 62

Mr Robert England was admitted on 19 May 2019 having AAA which needed urgent surgery. Mr England is going to be discharged on 30 May 2019 into your care after having an open stent graft surgery.

On admission, ~~he~~ Mr England suffered lower back pain and generalised abdomen pain. He was also experiencing a pulsing sensation.

After a week in hospital, he has stabilised and his chief complaints are now resolved. His nursing management in hospital included wound drain care, observing him for DVT risk, PCA and IV antibiotics. He has also 29.5 BMI level due to unhealthy diet and sedentary

This introduction is too detailed and blurs the lines between introduction/ timeline. See above.

I can understand why you have written this paragraph but actually this content is on the 20<sup>th</sup> May

Don't combine background with timeline.

<p>lifestyle and has 2-year hypertension history as well.</p>	<p>Maybe review the OET sandwich on the website for paragraph guidance?</p>
<p>Mrs. Fiona Moore, Community Nurse Community Nursing Service 26 Park Road, Longford.</p> <p>27 May 2019</p> <p>Re:Mr. Robert England DOB:09 Nov 1957</p> <p>Dear Mrs <del>Fiona</del> Moore,</p> <p>I am writing regarding Mr. Robert England, who was admitted to our surgical unit due to open stent graft surgery. He is ready to be discharged today and requires your follow up.</p> <p>Mr. Robert today presented lower back pain, pulsing sensation and generalised abdominal pain. On examination his CT abdomen with contrast confirmed a large (7cm) abdominal aortic aneurysm. Consequently, he <del>has been</del> underwent stent graft surgery. Additionally he has been prescribed IV antibiotic sefazolin 2 gr pre-op, 1 gr intra-op. He have indwelling foley catheter in situ, wound drain in situ and PCA device in situ.</p> <p>Currently Mr. Robert's status remains stable although his need to observe for DVT risk, check breathing -pt in upright position.</p>	<p>He presented on the 19<sup>th</sup> May. A lack of timestamps in this paragraph.</p> <p>Is this information necessary?</p>
<p>27<sup>th</sup> May 2019</p> <p>Mrs Fiona Moore Community Nursing Service 26 Park Road Longford</p> <p>RE: Mr. Robert England, DOB: 9<sup>th</sup> November 1957</p> <p>Dear Mrs. Moore</p> <p>I am writing regarding Mr. Robert England, 62 Years old, who is recovering from <del>an</del> open stent</p>	

graft surgery. He is ready to be discharged today and requires your follow-up care.

On 19<sup>th</sup> May, Mr. England presented with lower back pain, pulsing sensation, and generalised abdominal pain. CT Scan was performed resulting in a large (7 cm) Abdominal Aortic Aneurysm for which, he underwent stent graft surgery the following day. Additionally, a mepore dressing was applied to his surgical site. During his hospitalisation, he has made good progress, and his vital signs are in normal range.

Just note that the information about progress and vital signs is on 20<sup>th</sup> May – not up to today.

Mrs Fiona Moore  
Head of Community Nursing Services  
26 Park Road  
Longford

27<sup>th</sup> May 2019

Re: Mr Robert England, DOB: 09 November 1957

Dear Mrs Moore,  
I am writing regarding Mr England, who was admitted recently to our hospital for urgent stent graft surgery. He is scheduled to be discharged today and now requires your follow-up care.

On 19<sup>th</sup> May 2019, Mr England presented with lower back pain, a pulsing sensation and generalised abdominal pain. During hospitalisation a CT of the abdomen ~~done~~ indicated Abdominal Aortic Aneurysm, which required urgent stent graft surgery. He was given IV antibiotics and also placed in upright position after the surgery.

Mrs Moore  
Community Nursing Service  
26 Park Road  
Longford

27 May 2019

Dear Mrs Moore

Re: Robert England (62 years old)

I am writing regarding Mr England, who underwent open~~ed~~ stent graft surgery recently in our hospital ~~on 20 May 2019~~. He is ready to be discharged today and requires your further follow up care.

On admission, Mr Moore was experiencing lower back pain accompanied by a pulsing sensation ~~of pulse~~ and spreading ? abdominal pain. As a result of performing CT of abdomen with contrast, abdominal aortic aneurysm (7 cm) was observed and underwent the surgery. In his recovery progress his vital signs are in normal range, however, he needs to be observed for DVT risk and checked breathing and he is kept in upright position.

Don't put dates in introduction – put them in timeline

Be more concise: A CT Scan revealed .....

Current Situation

Current	<p><b>27 May 2019</b></p> <p>Pt instructed in necessary lifestyle changes:</p> <ul style="list-style-type: none"> <li>• ↓intake of alcohol, animal fats, fried foods, salt ✓</li> <li>• ↑dietary fibre ✓</li> <li>• Achieve &amp; maintain optimal weight (<del>referral to dietician</del>) ✓</li> <li>• No weight-bearing/strenuous exercise (<del>→6 wks.</del>) ✓</li> <li>• Gentle exercise, gradually ↑ ✓</li> <li>• No driving →4 wks. ✓</li> </ul> <p>Pt discharged w. low-dosage aspirin ✓</p> <p><del>Community nurse home visits arranged (1x/day →1 wk.)</del></p>
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Student	Teacher
<p>Due to he is going to be discharged today, Mr England has been instructed regarding necessary lifestyle changes. He has been informed about reducing his alcohol intake, animal fats, fried foods and salt. To achieve and maintain his optimal weight, he has been advised to consume more fibre contain products and gentle exercise which can be increased gradually. He has been recommended no weight-bearing and strenuous exercises as well as no driving for 4 weeks. He has been commenced low dosage aspirin and he is ready for discharge.</p>	<p><del>Due to Mr England</del> is going to be discharged today <b>and he</b> has been instructed regarding necessary lifestyle changes, <b>such as</b> <del>He has been informed about</del> reducing his <b>intake of</b> alcohol, animal fats, fried foods and salt. To achieve and maintain his optimal weight, he has been advised to consume more <b>high-fibre contain</b> products and <b>do</b> gentle exercise which can be increased gradually. He has been <b>informed that he should avoid</b> weight-bearing and strenuous exercises <b>for six weeks</b> as well as <del>no</del> driving for 4 weeks. <b>Additionally, he</b> has been commenced <b>on</b> low dosage aspirin. <del>and he is ready for discharge.</del></p> <ul style="list-style-type: none"> <li>• Great level of content – well done!</li> <li>• Some repetition and some sentences could be made more concise – this may effect the concise and clarity criteria</li> <li>• Be careful with your use of linking words</li> <li>• Overall, good language use – well done!</li> </ul>
<p>Today, Mr England is being given discharge advice on the necessary lifestyle changes. He has been instructed to achieve an optimal weight by reducing his intake of alcohol, fatty food and salty food and increasing intake of dietary fibre. Additionally, he was encouraged to gradually increase gentle exercise but to avoid non-weight bearing for 6 weeks and driving for 4 weeks. He will be continued taking low-dose of aspirin after discharged.</p>	<p>Today, Mr England <b>has been</b> given discharge advice on <del>the</del> necessary lifestyle changes. He has been instructed to achieve an optimal weight by reducing his intake of alcohol, fatty <del>food</del> and salty food and increasing <b>his</b> intake of dietary fibre. Additionally, he <b>has been</b> encouraged to gradually increase gentle exercise. <b>He has been advised</b> to avoid <del>non-</del> <b>weight-bearing and strenuous exercise</b> for 6 weeks and driving for 4 weeks. He will be <del>continued</del> taking <b>low-dosage of</b> aspirin after discharge.</p>

	<ul style="list-style-type: none"> <li>• Content is good – well done!</li> <li>• Be careful with the tense – present perfect simple makes sense here because the instructions were given recently and they have an impact on the present</li> </ul>
<p>Mr England has been advised to avoid driving for 4 weeks and weight bearing exercises for 6 weeks. However, gentle exercise to increase gradually. Additionally, he has been instructed with necessary lifestyle changes, such as, decreasing alcohol consumption, fatty and salty foods but increasing foods rich-in-fiber. He has also been given education on achieving and maintaining optimal weight. Please note that he will be discharged with a low-dosage aspirin.</p>	<p>Mr England has been advised to avoid driving for 4 weeks and <b>weight-bearing and strenuous exercise</b> for 6 weeks. However, <b>he should increase</b> gentle exercise gradually. Additionally, he has been instructed <b>on</b> necessary lifestyle changes, such as decreasing <b>his consumption of alcohol and</b> fatty and salty foods but increasing <b>fibre-rich</b> foods. He has also been given education on achieving and maintaining <b>his</b> optimal weight. Please note that he will be discharged with <b>a</b> low-dosage aspirin.</p> <ul style="list-style-type: none"> <li>• Content is mostly good – well done!</li> <li>• Mostly clear language, but remember that sentences need a subject to make sense</li> </ul>
<p>Mr England has been advised to decrease his alcohol intake and to avoid consuming animal fats, fried foods, as well as salt. He has also been instructed on the importance of adding more fibre in his diet and maintaining his optimal weight which is wanted to achieve. Additionally, he has been recommended about doing exercise gently also refrained from doing weight bearing exercise. As well as that, he has been recommended for refraining from driving. He has been prescribed low-dosage aspirin.</p>	<p>Mr England has been advised to decrease his alcohol intake and to avoid consuming animal fats, fried foods, <b>and</b> salt. He has also been instructed on the importance of adding more fibre <b>to</b> his diet and <b>maintaining</b> his optimal weight <b>which is wanted to achieve</b>. Additionally, he has been <b>advised to</b> exercise gently <b>and to refrain</b> from doing <b>weight-bearing and strenuous</b> exercise <b>for six weeks</b>. As well as that, he has been <b>informed that he should not drive for four weeks</b>. He <b>will be</b> prescribed low-dosage aspirin <b>on discharge</b>.</p> <ul style="list-style-type: none"> <li>• Content is mostly good but there were some details missing regarding the time scale</li> <li>• Mostly clear language, but there was some repetition of verbs which could be developed</li> </ul>
<p>Due to Mr England's BMI is 29.5, he was advised essential lifestyle changes to achieve and maintain his optimal weight. At first, his diet has been regulated with reducing alcohol intake, salt, animal fats and fried foods and increasing fibrous foods. It is important not to gain weight and he is recommended to do strenuous exercises for 6 weeks and then</p>	<p><b>As</b> Mr England's BMI is 29.5, he <b>has been</b> advised <b>to make some</b> essential lifestyle changes to achieve and maintain his optimal weight. <b>Firstly</b>, his diet <b>should be</b> regulated <b>by</b> reducing <b>his intake of</b> alcohol, salt, animal fats and fried foods and increasing <b>high-fibre</b> foods. <del>It is important not to gain weight and</del> <b>Secondly</b>, he <b>has been instructed to avoid weight-bearing</b></p>



<p>turning gentle exercises. Also, Mr England has not been allowed to drive for 4 weeks. In addition, he was prescribed a low dosage aspirin while discharging from the hospital.</p>	<p>and strenuous <b>exercise</b> for 6 weeks <b>but to gradually increase</b> gentle <b>exercise</b>. Additionally, Mr England has been <b>advised not to drive</b> for 4 weeks. In addition, he <b>will be</b> prescribed a <b>low-dosage</b> aspirin <b>on discharge</b>.</p> <ul style="list-style-type: none"> <li>• Content is mostly good but there was some repetition</li> <li>• Mostly clear language, but some issues with tense use - present perfect simple makes sense because the instructions were given recently and have an impact on the present</li> </ul>
<p>Today, Mr. England has been stipulated for necessary life changes such as reducing drinking alcohol, animal fats, and salt. He also needs to increase the amount of fiber in his diet to achieve and maintain an optimal weight. In addition, Mr. England has been instructed non-weight-bearing exercise for 6 weeks and no driving for the next 4 weeks; however, he needs to start accumulating gradually gentle exercise. Please note that he will continue with low-dose aspirin.</p>	<p>Today, Mr. England has been <b>advised on</b> necessary <b>lifestyle</b> changes, such as reducing <b>his intake of</b> alcohol, animal fats, and salt. He also needs to increase the amount of fiber in his diet to achieve and maintain an optimal weight. In addition, Mr. England has been instructed <b>to avoid <del>non</del></b> weight-bearing <b>and strenuous</b> exercise for 6 weeks and <b>no</b> driving for the next 4 weeks. However, he <b>should be encouraged</b> to <b>increase his level of</b> gentle exercise <b>gradually</b>. Please note that he will <b>be discharged</b> with low-dose aspirin.</p> <ul style="list-style-type: none"> <li>• Content is mostly good although there were some details missing regarding the exercise</li> <li>• Mostly clear language, but some issues with verb use and sentence structure</li> </ul>
<p>Today, Mr England has been advised to cut down on alcohol intake and unhealthy food, and to increase his fibre consumption. Additionally, he has been instructed on achieving and maintaining an optimal weight, and recommended to exercise gently. In addition, he needs to refrain from strenuous exercise for 6 weeks and driving for 4 weeks. Please note that he is being discharged with a low dose of aspirin.</p>	<p>Today, Mr England has been advised to cut down on <b>his intake of</b> alcohol and unhealthy food, and to increase his fibre consumption. Additionally, he has been instructed on <b>the importance of</b> achieving and maintaining <b>his</b> optimal weight, and recommended to <b>increase his</b> exercise gently. In addition, he needs to refrain from <b>weight-bearing and</b> strenuous exercise for 6 weeks and driving for 4 weeks. Please note that he is being discharged with a low dose of aspirin.</p> <ul style="list-style-type: none"> <li>• Content is mostly great although there were some details missing regarding the exercise</li> <li>• Mostly clear language, but some issues with sentence structure</li> </ul>
<p>On 27th May 2019, Mr England has been instructed in necessary lifestyle changes,</p>	<p><b>Today</b>, Mr England has been instructed <b>on</b> necessary lifestyle changes, including reducing</p>

<p>including reducing intake of alcohol, animal fats, fried foods along with salt. Additionally, he has been advised on increase of fibre in his diet. He has been maintained his optimal weight. No weight-bearing exercise for 6 weeks and driving for one week has been recommended. In addition, he has been informed about gradually gentle exercise. He has been discharged with low dosage aspirin.</p>	<p>his intake of alcohol, animal fats, fried foods and salt. Additionally, he has been advised to increase the fibre in his diet and to maintain his optimal weight. No weight-bearing and strenuous exercise for 6 weeks and driving for four weeks has been recommended. In addition, he has been encouraged to increase gentle exercise gradually. He will be discharged with low-dosage aspirin.</p> <ul style="list-style-type: none"> <li>• Content is mostly great although there were some details missing regarding the exercise</li> <li>• Mostly clear language, but some issues with sentence structure</li> </ul>
<p>Today, Mr England has been educated on necessary life-style changes including reducing his alcohol intake, animal fats and fried foods, as well as salt diet but increase on a dietary fibre. As a result, he has been encouraged to achieve and maintain an optimal weight. Additionally, he has to avoid strenuous exercise for 6 weeks along with driving for 4 weeks but perform gentle exercise. Kindly that note he has been discharged on low dose aspirin.</p>	<p>Today, Mr England has been educated on necessary life-style changes, including reducing his intake of alcohol, animal fats, fried foods, and salt diet but increase his dietary fibre. In addition, he has been encouraged to achieve and maintain his optimal weight. Additionally, he should avoid weight-bearing and strenuous exercise for 6 weeks along with driving for 4 weeks but perform gentle exercise gradually. Kindly note that he will be discharged on low dose aspirin.</p> <ul style="list-style-type: none"> <li>• Content is mostly great although there were some details missing regarding the exercise</li> <li>• Mostly clear language, but some issues with sentence structure</li> </ul>