

Starter:

Think about these three questions and prepare to answer verbally:

1. If a colleague is **run off their feet** and finding the work environment **tough**, what advice would you give them?
2. In your opinion, what is the best way to deal with negative **taboos** which are **perpetuated** in some communities?
3. Do the benefits of working in healthcare in an English-speaking country **outweigh** the potential negatives? Why (not)?

Vocabulary this week:

I will show you each item of vocabulary and three definitions for each word or phrase.

Only one definition is correct – the other two are incorrect definitions.

I will show you the vocabulary and definitions for 30 seconds and then you will use the poll to vote which definition you think is correct.

If you have any questions, write them down and we can discuss them at the end of the activity.

1. Fleeting

- a) Describing symptoms or sensations that come and go quickly, lasting only for a short duration.
- b) Describing a type of heart arrhythmia characterized by rapid and irregular heartbeats.
- c) Describing a neurological condition characterized by sudden, involuntary muscle contractions or spasms.

2. Undoubtedly

- a) A term used in geology to describe a process where sedimentary layers become compacted and hardened over time to form rock formations.
- b) Without doubt or beyond question, used to emphasize the certainty of a statement or assertion.
- c) A medical term describing a condition where a patient experiences a temporary loss of consciousness.

3. To deter

- a) To dilute a medication to reduce its potency or concentration.
- b) To weaken nerve cells, often resulting in impaired motor function or sensory perception.
- c) To prevent or discourage someone from engaging in a particular behaviour or course of action.

4. Vulnerable

- a) Being susceptible to harm, injury, or illness, often due to underlying health conditions.
- b) Being easily annoyed or aggravated.
- c) Being more likely to criticise or reject others and their opinions.

5. To lessen

- a) To increase the dosage of a medication to achieve a more potent effect.
- b) To weaken muscles through a lack of use or nerve damage.
- c) To reduce the severity or frequency of symptoms associated with a particular condition.

6. To harness

- a) To secure a patient to the operating table using straps or restraints to prevent movement during a procedure.
- b) To use a natural or biological resource for therapeutic or diagnostic purposes, such as using the immune system to fight cancer.
- c) To contract muscles involuntarily, often causing jerky or repetitive movements.

7. Embedded

- a) Describing a condition or situation where an object or substance becomes firmly fixed or lodged within a particular tissue or structure.
- b) Describing a type of plant growth pattern where roots extend above the soil surface, creating an intricate network in the air.
- c) Describing a programming language specifically designed for beginners, often used in introductory courses for teaching coding principles.

8. Surge

- a) A term used in orthopaedic surgery to describe a type of instrument used to cut and shape bones during procedures such as joint replacements or fracture repairs.
- b) A neurological condition characterized by sudden, involuntary muscle contractions or movements, often causing jerking or twitching motions in the affected body part.
- c) A sudden increase in the number of patients seeking medical attention, typically due to a specific event or outbreak, such as a natural disaster or infectious disease outbreak.

9. Bizarrely

- a) In a manner that is extremely unusual, strange, or eccentric.
- b) Describing hair which grows in unusual patterns, often accompanied by discoloration of the skin.
- c) In a manner that is rapid and brief.

10. Gold standard

- a) The most accurate and reliable test, procedure, or treatment currently available for a particular condition, against which other methods are compared.
- b) A type of surgical procedure involving the insertion of tiny gold particles into the heart muscle to improve its electrical conductivity and prevent arrhythmias.
- c) A colloquial term among medical professionals referring to a prestigious institution or specialist known for providing high-quality healthcare services.

11. Burdensome

- a) A psychiatric term referring to a type of delusion where a person believes they are carrying a heavy burden or responsibility for events beyond their control, often leading to feelings of guilt or worthlessness.
- b) A condition or treatment that imposes significant physical, emotional, or financial strain on a patient or their caregivers.
- c) A term used in orthopaedics to describe a type of joint inflammation characterized by swelling, stiffness, and limited range of motion, typically affecting the knees or elbows.

12. Drowsy

- a) A neurological disorder characterized by sudden, uncontrollable episodes of falling asleep during the day, often triggered by strong emotions or excitement.
- b) A gastrointestinal condition where a person experiences frequent episodes of indigestion and discomfort after eating, often accompanied by a feeling of fatigue.
- c) A medical term used to describe a state of sleepiness or lethargy, often accompanied by a reduced level of alertness and difficulty staying awake.

13. Passer-by

- a) A person who is not directly involved in a situation but happens to be present at the scene of an accident or emergency and may offer assistance or witness the event.
- b) A type of transient amnesia where a person temporarily forgets their surroundings and experiences a sense of dissociation from reality.
- c) A medical condition characterized by intermittent episodes of passing out or losing consciousness, often caused by a sudden drop in blood pressure.

14. Double check

- a) A neurological condition where a person experiences temporary vision impairment, often seeing two images instead of one, typically caused by migraines or ocular migraines.
- b) The process of verifying information, such as medication doses, patient identification, or test results, by performing a second review to ensure accuracy and safety.
- c) A surgical procedure involving the reinforcement of weakened abdominal muscles using a double-layered mesh to prevent hernias from recurring.

15. Tingly

- a) Describing the involuntary movement of facial muscles.
- b) Describing skin which becomes excessively oily.
- c) Describing a sensation of pins and needles or slight prickling in a particular part of the body.