

Put the words below into the correct column – symptoms, conditions or treatments:

foot hygiene / diabetes / blood sugar monitoring / weight gain / reduced mobility / cream / swelling

SYMPTOMS	CONDITIONS	TREATMENTS
Weight gain Reduced mobility Swelling	Diabetes	Foot hygiene Blood sugar monitoring Cream

Extract 2: Questions 13–24

You hear a podiatrist talking to a patient called Derek Hardy. For **questions 13–24**, complete the notes with a word or short phrase that you hear.

You now have thirty seconds to look at the notes.

Patient: Derek Hardy

Background to condition

- diagnosis of **diabetes (six years ago)**
 - compliant with monitoring
 - reports that blood sugar levels are **(13)** _____
- **(14)** _____ confirmed **(nine months ago)**
- **recent weight gain** attributed to:
 - **reduced mobility** linked to weakness in **right foot**
 - **(15)** _____ **(age related)**

Recent foot problems

- small **(16)** _____ on **left foot** – now resolved
- **swelling to right foot**
 - linked to **(17)** _____ sustained when out walking
 - on-going infection on **(18)** _____ of the foot

Foot hygiene

- washes daily – reports some difficulty with **(19)** _____
- applies **(20)** _____ after washing
- sees **(21)** _____ regularly
- usually wears **(22)** _____ – **less effective later** in the day

Current concerns

- asks for advice about use of **(23)** _____
- requests more frequent check-ups
- worried about developing **(24)** _____ in future

Answer Categories:

13. number / adjective / noun
14. condition
15. condition / symptom
16. symptom
17. symptom / condition
18. body part
19. action
20. medication
21. medical professional
22. equipment (shoes?)
23. medication
24. condition

Signposting: