

- 1 Review
- 2 Look at your writing
- 3 Example paragraph 2

Mr Smith

Condition: agoraphobia?

Accident: paralysed 6 months ago spinal cord injury

Lost mobility

Reading: psychiatrist

## Test 4 Writing (45 minutes)

TIME ALLOWED: READING TIME: 5 MINUTES  
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

### Notes:

Assume that today's date is 10 November 2019.

You are a family doctor and have been caring for a young patient following his discharge from hospital.

### PATIENT DETAILS:

**Name:** Andreas Smith (Mr)  
**DOB:** 23 Oct 1991 (29 y.o.)  
**Address:** Apartment 1 (ground floor), 194 Springhall Parade, Newtown

### Social Background:

Lawyer (graduated in Jan 2018)  
Girlfriend of 3 yrs, supportive, visits 2-3x/wk  
Parents, supportive, visit 1x/wk  
Non-smoker  
Alcohol intake approx. 12 units/wk (mainly beer)  
Interests: reading, music, TV

### Allergies:

Nil

### Family History:

Mother – osteoarthritis  
Father – gout  
Maternal grandmother – bipolar disorder, died 80 y.o. (stroke)  
Maternal grandfather – died 75 y.o. (heart attack)  
Paternal grandmother & grandfather – unknown

### Past medical history:

Childhood chickenpox & measles  
1993 hyperopia, glasses given  
2015 L Rotator cuff injury

### Hospital treatment record:

**16 March 2019:** Arrival at ED  
MVA (motor vehicle accident): neurologic lesion of spinal cord at T12, resulting in paraplegia (wheelchair required)  
Neurogenic bladder – intermittent urinary catheter  
Colostomy for neurogenic bowel → Baclofen pump (change 4x/yr)  
Transfer to general ward for recovery

**20 March 2019:** Good progress  
Medications: corticosteroids, NSAIDs, anticonvulsants, mild opioids, antispasmodics, muscle relaxants  
Mild infection at incision site → antibiotics

**13 April 2019:**

Ready for discharge  
Discharge plan: continue opioids & NSAIDs 2 months (to be reviewed by family doctor)  
OT & physio visits (↑mobility, weight bearing exercises) & wheelchair (unable to ambulate)  
Community Nurse – help w ADLs

### General practice appointment record:

**12 June 2019:**

Medication review  
Pain well managed  
Continue opioids & NSAIDs prn  
Baclofen pump changed  
Pt coping well  
Reviews w dr approx. 1x/month

**8 July 2019:**

Community transport arranged for appt – pt. refused, parents brought pt & attended appt w him  
Pain well managed  
Note: pt ↑isolated (won't allow girlfriend/friends to visit)

**4 August 2019:**

Pt missed appt, rescheduled Sept.

**6 September 2019:**

Telephone consultation (pt request)  
Fear & anxiety at thought of leaving home

**8 October 2019:**

Missed appt, rescheduled Nov.

**10 November 2019:**




Missed face-to-face appt – pt admits ↑anxiety at leaving home → panic attack in transit  
Telephone consultation conducted instead  
?diagnosis: agoraphobia (pt. requests referral to psychiatrist, 'I want some social life back')  
**Plan:** Refer to psychiatrist

### Writing Task:

Using the information in the case notes, write a letter of referral to Dr Besson, psychiatrist, outlining your concerns about the patient and requesting definitive diagnosis and further management. Address the letter to Dr Lucy Besson, Psychiatrist, Newtown Hospital, 111 High Street, Newtown.

Write an Introduction:  
[alain@set-english.com](mailto:alain@set-english.com)



<b>Introduction</b>	<ul style="list-style-type: none"> <li>• Provide definitive diagnosis / further treatment</li> </ul>
<b>Timeline</b> (short):  	<ul style="list-style-type: none"> <li>• Admission to discharge</li> <li>• Heavily <u>summarised</u></li> </ul> <p style="text-align: center;">           Make shorter: Focusing <b>main ideas</b>          Only important info       </p>
<b>More recent Timeline</b>  	<p>8 July 2019: Community transport arranged for appt – pt. refused, parents brought pt &amp; attended appt w him          Pain well managed          Note: pt <u>isolated</u> (won't allow girlfriend/friends to visit)</p> <p>4 August 2019: Pt missed appt, rescheduled Sept.</p> <p>6 September 2019: Telephone consultation (pt request)  <u>Fear &amp; anxiety</u> at thought of leaving home</p> <p>8 October 2019: Missed appt, rescheduled Nov.</p> <p>10 November 2019: Missed face-to-face appt – pt admits ↑ anxiety at leaving home → panic attack in transit          Telephone consultation conducted instead          ?diagnosis: agoraphobia (pt. requests referral to psychiatrist, 'I want some social life back')</p> <p>Plan: Refer to psychiatrist</p>
<b>Background:</b>  mix	<ul style="list-style-type: none"> <li>• Lawyer</li> <li>• Girlfriend <u>supportive</u> – 3 year relationship</li> <li>• Parents – <u>supportive</u></li> <li>• Alcohol</li> <li>• Bipolar – grandmother</li> <li>• Interests</li> </ul>
<b>Request</b>	<ul style="list-style-type: none"> <li>• Provide definitive diagnosis / further treatment + <u>more details</u></li> <li>• Such as</li> </ul>

Dr Lucy Besson

Psychiatrist

Newtown Hospital

111 High Street

Newtown

10<sup>th</sup> November 2019

Re: Mr Andreas Smith, DOB: 23<sup>rd</sup> October 1991

Dr Lucy Besson

Psychiatrist

Newtown Hospital

111 High Street

Newtown

10<sup>th</sup> November 2019

**Dear Dr Besson**

Re: Mr Andreas Smith, DOB: 23<sup>rd</sup> October 1991

I am writing regarding Mr Andreas Smith, who is suspected of having agoraphobia and now requires a definitive diagnosis and further management.

Dr Lucy Besson  
Psychiatrist  
Newtown Hospital  
111 High Street  
Newtown

10.11.2019

Dear Dr Besson

Re: Mrs Andreas Smith DOB: 23/10/1990

I am writing to refer Mr Smith **a 29-year-old lawyer**, who is presenting with signs and symptoms suggestive of agoraphobia and he now requires your definitive diagnosis and further management.

I am writing regarding Mr Smith, who is suspected of having agoraphobia and now requires a definitive diagnosis and further management.

Usually the exam date will be the same as the writing date

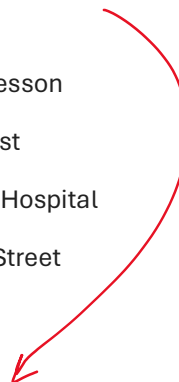
Dr Lucy Besson  
Psychiatrist  
Newtown Hospital  
111 High Street  
Newtown

**10.11.2019**

Dear Dr Besson

Re: Mr Andreas Smith, DOB: 23/10/1991

I am writing to refer Mr Smith, who is presenting with signs and symptoms suggestive of agoraphobia, and he now requires your definitive diagnosis and further management.



10<sup>th</sup> November 2019

Dr Lucy Besson  
Psychiatrist  
Newtown Hospital  
111 High street Newtown

RE: Mr Andreas Smith, DOB (23/Oct/1991)

Dear Dr Besson

I am writing to refer Mr. Smith, who has signs and symptoms suggestive of agoraphobia, and now he requires your professional assessment for definitive diagnosis and further management.

I am writing regarding Mr Andrea Smith, whose signs and symptoms are suggestive of agoraphobia. He is being referred to you for definitive diagnosis and further management.

Re: Mr Andreas Smith, DOB 23 October 1991.

I am writing to refer Mr Smith, who has a possible diagnosis of agoraphobia and requires your further management and a definitive diagnosis.

Already B level

10<sup>th</sup> November 2019

Dr Lucy Besson  
Psychiatrist  
Newtown Hospital  
111 High Street  
Newtown

RE: Mr Andreas Smith, DOB 23/Oct/1991

Dear Dr Besson

I am writing to refer Mr. Smith, who has signs and symptoms suggestive of agoraphobia, and now he requires your professional assessment for a definitive diagnosis and further management.

I am writing regarding Mr Smith, whose signs and symptoms are suggestive of agoraphobia. He is being referred to you for a definitive diagnosis and further management.

...whose symptoms are suggestive of ...

Re: Mr Andreas Smith, DOB 23 October 1991

I am writing to refer Mr Smith, who has a possible **case** of agoraphobia and requires your further management and a definitive **diagnosis**.

<p>Dr Lucy Besson Pshychiatrist Newtown hospital 111High Street Newtown</p> <p>Date:10.11.2019</p> <p>Re:Mr Andreas Smith,DOB:23.10.1991</p> <p>Dear Dr Besson,</p> <p>I am writing regarding Mr Smith,who has symptoms suggestive of agoraphobia.He has been referred to you for definitive diagnosis and further management.</p>	<p>In general, its regarded as poor style to repeat the same big word in the same paragraph. (This apply to ‘a’, ‘the’, ‘is’, ‘have’)</p> <p>Dr Lucy Besson Psychiatrist Newtown Hospital 111 High Street Newtown</p> <p>10.11.2019</p> <p>Re: Mr Andreas Smith, DOB:23.10.1991</p> <p>Dear Dr Besson,</p> <p>I am writing regarding Mr Smith, who has symptoms suggestive of agoraphobia. He has been referred to you for <b>a</b> definitive diagnosis and further management.</p>
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Write this paragraph. Send to [alain@set-english.com](mailto:alain@set-english.com)

<p><b>Hospital treatment record:</b></p> <p><b>16 March 2019:</b> Arrival at ED  MVA (motor vehicle accident): neurologic lesion of spinal cord at T12, resulting in paraplegia (wheelchair required)  Neurogenic bladder – intermittent urinary catheter  Colostomy for neurogenic bowel → Backlofen pump (change 4x/yr)  Transfer to general ward for recovery</p> <p><b>20 March 2019:</b> Good progress  Medications: corticosteroids, NSAIDs, anticonvulsants, mild opioids, antispasmodics, muscle relaxants  Mild infection at incision site → antibiotics</p> <p><b>13 April 2019:</b> Ready for discharge  Discharge plan: continue opioids &amp; NSAIDs 2 months (to be reviewed by family doctor)  OT &amp; physio visits (mobility, weight bearing exercises) &amp; wheelchair (unable to ambulate)  Community Nurse – help w ADLs</p>	<p><b>Timeline 1:</b></p> <p>CONTEXT: full picture</p> <p>On 16<sup>th</sup> March 2019, Mr Smith was admitted to our hospital due to... He was treated and then discharged.</p> <p><b>Extra</b></p>
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In general, how do we choose case notes:

**Important for the reader**

**More specific:**

d	Content	C
	Content is appropriate to intended reader and addresses what is needed to continue care (key information is included; no important details missing); content from case notes is accurately represented	L a n i i s a

**Needed for TASK:** necessary / essential / crucial / must have **ALL**

**WATER / COFFEE**

**Appropriate (less strong):** helpful, useful, might help, could help **SOME**

**MILK / HOT / SUGAR / HONEY / CREAM**



**Mustard**

**Chilli sauce**

+447577151245 ...