

OET Nursing Writing Week

Yutaka Ito

The task is: *Write a letter to a healthcare professional requesting continuation of care for a patient.*

Spend 10-15 minutes preparing your letter.

Planning

10 - 15 minutes:

- Find the **purpose**
- Identify the **case notes** you will use
- Organise the case notes into **logical paragraphs**

General Paragraph Purposes

Introduction	<ul style="list-style-type: none"> • Name • General medical context • General request • (urgency)
Timeline 1	<ul style="list-style-type: none"> • Beginning of this medical context up to the present. (Sometimes includes the present)
Timeline 2	<ul style="list-style-type: none"> • Current condition / Today's presentation
Background – Medical	<ul style="list-style-type: none"> • Related medical information that is not part of this medical context/timeline
Background - Social	<ul style="list-style-type: none"> • lifestyle / smoking / family / work / exercise
Request	<ul style="list-style-type: none"> • Expands the purpose/request – tasks, updates

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Yutaka Ito case notes:

1. Who is the reader?	district nurse
2. What is the reader's task?	follow up care
3. Does the reader know the patient?	no
4. Does the writer have any tasks?	TWOC / Education
5. Why am I writing <u>today</u> ?	Patient is ready for discharge
6. Is it urgent?	No

Test 4

Writing (45 minutes)

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 18 September 2019.

You are a nurse in a hospital urology unit and an elderly patient is due for discharge.

PATIENT DETAILS:

Name: Yutaka Ito (Mr)
DOB: 1 June 1949 (70 y.o.)
Address: 22 High Street, Newtown

Social background: Retired fire officer
Widower since 2011, lives alone
Son overseas
Interests: golf, reading, walking (30 mins/day)

Past medical history: April 2016 hypertension diag. (Ramipril 5mg 1x/day)

Family doctor appt record: October 2018: nocturia (↑nocturnal urination), L groin pain
Diag. benign prostatic hyperplasia (BPH) w inguinal hernia (L) →silodosin 8 mg 1x/day
August 2019: BPH ↑size, nocturia controlled, pt. requests silodosin cessation – prefers “permanent” solution
Referral →hospital: elective robotic-assisted laparoscopic prostatectomy (RALP)
Pt. concerned about incontinence →pelvic floor exercises leaflet given

Hospital treatment record:

Presenting factors: Elective RALP

11 August 2019: Pre-op assessment:
FBC, LFTs (liver function tests), UEs (urea & electrolytes), MSU, chest X-ray, ECG – all normal
Pt. still worried about incontinence (compliant w exercises)

15 September 2019: Admission for RALP

Nursing treatment record

16 September 2019: BP: 128/80, PR: 70/min, temp: 36.7°C (normal)
Education re catheter (part of RALP)

17 September 2019:	RALP (successful) Anti-embolism stockings IV fluids, analgesia Post-op vitals normal
18 September 2019:	Sitting upright, gently mobilising Slight pain (inguinal hernia)
Medication:	Stool softener lactulose (10 mls 2x/day x 30 days) Ibuprofen (400 mgs 3x/day) or p.r.n. (not >3200 mg/24 hrs) Co-codamol 15 mgs/500mg p.r.n. (not >8 tabs/24 hrs) Dalteparin 5000I Us 1x/day sub-cutaneously x 30 days (anticoagulant) Omeprazole 20 mgs (2x/day)
Date of discharge:	18 September
Discharge plan:	Pt. educated: <ul style="list-style-type: none">• Foley catheter & meatal care• Self-administration w pre-filled syringe (dalteparin): Pt. confident – 30-day supply given• No driving 1 wk, gradually ↑walking• No vigorous activity 6 wks• Only showers till wound heals• Soft food until 1st bowel movement →normal diet as tolerated Refer to district nurse: Ensure pt. managing catheter Catheter leakage: perform wash-out - contact urology ward if unsuccessful (reinsertion required) &/or bladder spasms Reinforce continence advice Encourage doctor appt. if issues post-catheter removal
Note:	TWOC (trial without catheter) Outpatients Clinic – 28 September
Plan:	Write to district nurse

Writing Task:

Using the information in the case notes, write a letter of referral to Ms Andrews, the district nurse, summarising the patient's relevant medical history and outlining his care needs after discharge. Address your letter to Ms Maria Andrews, District Nursing Team, 4 Hadley Close, Newtown.

Letter Plan

Introduction	<p>Patient name: Yutaka Ito General Medical Context: recuperating from a RALP procedure General request: home visits follow up care</p>
Timeline	<p>Heavily summarised: admission – today</p> <p>Pt. educated:</p> <ul style="list-style-type: none"> • Foley catheter & meatal care • Self-adminstration w pre-filled syringe (dalteparin): <u>Pt. confident – 30-day supply given</u> • No driving 1 wk, gradually ↑walking • No vigorous activity 6 wks • Only showers till wound heals • Soft food until 1st bowel movement →normal diet as tolerated
Background	<ul style="list-style-type: none"> • lives alone • hypertension / ramipril • Continence – compliant with exercises – still worried
Request	<p>Refer to district nurse: Ensure pt. managing catheter Catheter leakage: perform wash-out - contact urology ward if unsuccessful (reinsertion required) &/or bladder spasms Reinforce continence advice Encourage doctor appt. if issues post-catheter removal</p> <p>TWOC (trial without catheter) Outpatients Clinic – 28 September</p>

Write Full Timeline: send to paul@set-english.com

Student	Teacher
<p>I am writing this letter regarding Mr Yutaka Ito, who was admitted to our hospital urology ward and underwent an elective RALP. He is due to be discharged and requires your ongoing management.</p>	<p>This isn't concise or direct – think about what will happen at the beginning of the timeline paragraph. There will probably be some repetition in timeline.</p>
<p>18 September 2019 Ms Maria Andrews District Nursing Team 4 Hardley Close Newtown</p> <p>Dear Ms Andrews,</p> <p>Re:Mr Yutaka Ito,aged 70</p> <p>I am writing regarding Mr Ito, who was admitted to our hospital for an elective robotic-assisted laparoscopic prostatectomy. He is due to be discharged and he requires further care and support.</p>	
<p>I am writing regarding Mr Yutaka Ito, who is recuperating from RALP. He is due to be discharged today, and now requires further care and monitoring.</p>	<p>Very direct and concise!</p>
<p>Date:</p> <p>Ms Maria Andrews</p> <p>District nursing team</p> <p>4 Hadley Close</p> <p>New town</p> <p>Re: Mr Yutaka Into, 70 years old</p> <p>Dear Ms Andrews,</p> <p>I am writing regarding Mr Ito, who is being discharged today after a successful elective robotic-assisted laparoscopic prostatectomy (RALP) and is now requires e your follow up care.</p>	

18th September 2019

Ms Maria Andrews
District Nursing Team
4 Hadley Close
Newtown

Dear Andrews,

Re: Mr Yutaka Ito Age: 70 Years old

I am writing regarding Mr Yutaka Ito, who is recovering after RALP surgery. He requires further monitoring and follow up care, following his discharge today.

18 September 2019

Ms Maria Andrews
District Nursing Team
4 Hadley Close, Newtown

RE: Mr Yutaka Ito, age 70

Dear Ms Andrews,

I am writing regarding Mr Yutaka Ito, who is recuperating from a robotic-assisted laparoscopic prostatectomy. He is scheduled to be discharged today and requires follow-up care and monitoring.

18th September 2019

Ms Maria Andrews
District Nursing Team
4 Hadley Close
Newtown

Dear Ms Andrews,

Re: Mr Yutaka Ito DOB: 1st June 1949

<p>I am writing regarding Mr Ito, who is recuperating from RALP surgery. He is ready to be discharged and requires continued care and management.</p>	
<p>Ms Maria Andrews District Nursing Team 4 Headley Close Newtown</p> <p>18.09.2019</p> <p>Re: Mr Yutaka Ito, Aged: 70</p> <p>Dear Ms Andrews,</p> <p>I am writing regarding Mr Yutaka Ito, who underwent RALP for incontinence. He will be discharged from our hospital today and now requires your care and support.</p>	<p>He underwent RALP due to having an enlarged prostate / benign prostatic hyperplasia</p>
<p>Ms Maria Andrews District Nursing Team 4 Hadley Close Newtown</p> <p>18th September 2019</p> <p>Dear Ms Andrews,</p> <p>Re: Yutaka Ito, DOB: 1 June 1949 (70 years old)</p> <p>I am writing regarding Mr Yutaka Ito, who was admitted to hospital for elective robotic-assisted laparoscopic prostatectomy. He is scheduled to be discharged today and requires your ongoing care.</p>	
<p>Ms Maria Andrews District Nursing Team 4 Hadley Close Newtown</p> <p>18 September 2019</p> <p>Re: Mr Yutaka Ito, DOB: 1 June 1949</p> <p>Dear Ms Andrews,</p>	

<p>I am writing regarding Mr Yutaka Ito, who has been recuperating following elective robotic-assisted laparoscopic prostatectomy. He is due to be discharged today and requires your further care.</p>	
<p>Ms Maria Andrews The District Nurse District Nursing Team 4 Hadley Close Newtown</p> <p>18th September 2019</p> <p>Dear Ms Andrews,</p> <p>Re: Mr Yutaka Ito, D.O.B: 1st June 1949</p> <p>I am writing to refer Mr Ito, who underwent a successful RALP. He is being discharged today and requires continued post procedure care.</p>	<p>Very concise and direct – well done!</p>
<p>18 September 2019</p> <p>Ms Maria Andrews District Nursing Team 4 Hadley Close, Newtown</p> <p>Re: Mr Yutaka Ito, DOB: 1st June 1949</p> <p>Dear Ms Andrews,</p> <p>I am writing regarding Mr Yutaka, who underwent to a laparoscopic prostatectomy. He is ready to be discharged and now you follow up care is required.</p>	
<p>Ms Maria Andrews,</p> <p>The District Nursing Team,</p> <p>4 Hadley Close.</p> <p>Newtown.</p> <p>18th September 2019</p> <p>Dear Ms Andrews,</p>	

<p>Re: Mr Yutaka Ito; Aged 70</p> <p>I am writing regarding Mr Yutaka Ito, who was admitted to our hospital recently for benign prostatic hyperplasia with an inguinal left hernia and underwent a successful RALP. He is scheduled to be discharged today and now requires your follow up care and support.</p>	<p>There's a lot of information for the introduction then put in the timeline</p>
<p>I' m writing regarding Mr Ito, who was admitted to our hospital recently / 15th September 2019 for elective robotic-assisted laparoscopic prostatectomy (RALP), following urinary problems...../ for permanent solution with urinary..... He is scheduled to be discharged today / 19th September 2019 and now requires your further care and support / continued care and assistance.</p>	<p>your further care and support /</p> <p>your continued care and support – we are not asking the nurse to continue her work – shge hasn't met the patient before</p>