

Starter:

Read the questions below and consider your answer.

You may be asked to answer verbally:

1. If you have a new colleague who is quite **naïve**, how can you help them to get used to their new work environment?
2. In your opinion, what developments in treatment would improve care **markedly** in the future?
3. What advice would you give to a patient who is experiencing **rigours** as a side effect of vaccination?

Spelling test:

1. exceed
2. gait
3. last resort
4. accelerated
5. empirical
6. entrapment
7. favourably
8. coarse
9. abrasion
10. ruptured
11. crater
12. obstruct
13. impaired
14. confined
15. prominence

1. **Noun phrase: A final course of action taken when all other options have been exhausted or deemed ineffective**
Surgery is considered the **last resort** for treating severe cases of spinal stenosis.
2. **Noun: The state of being noticeable, distinguished, or standing out from the surrounding context**
The patient's enlarged thyroid gland was a **prominence** easily observed during the physical examination.
3. **Adjective/Verb: Restricted or limited to a particular space or area.**
The patient was **confined** to bed rest following the surgery to prevent further complications.
4. **Adjective: Weakened, damaged, or diminished in function**
The patient's **impaired** vision made it difficult for them to read small print.
5. **Verb: To block or hinder the passage, progress, or flow of something**
A blood clot in the pulmonary artery can **obstruct** blood flow to the lungs, leading to pulmonary embolism.
6. **Noun: A bowl-shaped depression or cavity, often used to describe a hollow area left after tissue damage or removal**
The dermatologist noted a **crater**-like ulcer on the patient's leg, likely resulting from chronic venous insufficiency.
7. **Adjective: Torn or broken apart suddenly and violently, often referring to a rupture of a membrane, tissue, or blood vessel**
The patient was rushed to the emergency room with a **ruptured** appendix, requiring immediate surgical intervention.
8. **Noun: A superficial injury to the skin characterised by scraping or rubbing away of the outer layer**
The hiker suffered an **abrasion** on his knee after falling on rough terrain.
9. **Adjective: Rough or uneven in texture or quality**
The doctor advised against using **coarse** fabrics on the burn wound to prevent further irritation.
10. **Adverb: In a manner that indicates approval, preference, or positive outcome**
The patient responded **favourably** to the new medication, with a significant reduction in symptoms.
11. **Noun: The condition of being caught or confined in a restricted space or by surrounding structures**
Nerve **entrapment** in the wrist can lead to symptoms such as numbness and tingling in the hand, known as carpal tunnel syndrome.
12. **Adjective: Based on practical experience, observation, or experimentation rather than theory or speculation**
The doctor relied on **empirical** evidence from previous cases to guide the treatment of the rare condition.
13. **Adjective: Increased in speed, rate, or intensity; experiencing a faster-than-normal progression**
The patient's **accelerated** heartbeat indicated a potential cardiac arrhythmia requiring further evaluation.
14. **Noun: Manner or style of walking, often used to describe abnormalities in movement**
The physical therapist assessed the patient's **gait** to identify any asymmetries or difficulties in mobility.
15. **Verb: To surpass or go beyond a specified limit, amount, or expectation**
The patient's blood pressure readings consistently **exceed** the recommended levels, warranting closer monitoring and intervention.