

OET Nursing Writing Week

Gerald Baker

The task is: *Write a letter to a healthcare professional requesting **continuation of care** for a patient.*

180 – 200 Guideline word count

Planning

10 - 15 minutes:

- Find the **purpose**
- Identify the **case notes** you will use
- Organise the case notes into **logical paragraphs**.

What is the situation after the above steps?

I can **focus on writing** = Perfect circumstances in which to write a letter

General Paragraph Purposes

Introduction	<ul style="list-style-type: none"> • Patient Name • General Medical Context • General purpose / request
Timeline 1	<ul style="list-style-type: none"> • From the beginning of <u>this context</u> up to the present
Timeline 2 / Current	<ul style="list-style-type: none"> • Today
Background – Medical	<ul style="list-style-type: none"> • Medical issues / conditions that are not directly related to the context but are useful to know about
Background - Social	<ul style="list-style-type: none"> • Lifestyle / hobbies/ relationships that are not directly related but are useful to know about
Request	<ul style="list-style-type: none"> • Expand the purpose / request

Identifying Purpose & Choosing Case Notes:

Ask yourself these questions about Gerald Baker case notes:

1. Who is the reader?	Nurse at Greywalls Nursing Home
2. What is the reader's task?	Provide continued care
3. Does the reader know the patient?	Yes
4. Does the writer have any tasks?	Inform reader about the medical context Provide equipment
5. Why am I writing <u>today</u> ?	Patient will be discharged today
6. Is it urgent?	No

<https://www.dropbox.com/s/k2729p71puxn9yh/Gerald%20Baker.pdf?dl=0>

Mr Gerald Baker is a 79-year-old patient on the ward of a hospital in which you are Charge Nurse.

Patient Details:

Marital Status: Widower (8 years)
Admission Date: 3 September 2010 (City Hospital)
Discharge Date: 7 September 2010

Diagnosis: Left Total Hip Replacement (THR)
Ongoing high blood pressure

Social Background: Lives at Greywalls Nursing Home (GNH) (4 years)
No children
Employed as a radio engineer until retirement aged 65
Now aged-pensioner
Hobbies: chess, ham radio operator
Sister, Dawn Mason (66), visits regularly; v supportive
– plays chess with Mr Baker on her visits
No signs of dementia observed

Medical Background: 2008 – Osteoarthritis requiring total hip replacement surgery
1989 – Hypertension (ongoing management)
1985 – Colles fracture, ORIF

Medications: Aspirin 100mg mane (recommended post-operatively)
Ramipril 5mg mane
Panadeine Forte (co-codamol) 2 qid prn

Nursing Management and Progress:

daily dressings surgery incision site
Range of motion, stretching and strengthening exercises
Occupational therapy
Staples to be removed in two wks (21/9)
Also, follow-up FBE and UEC tests at City Hospital Clinic

Assessment:

Good mobility post-operation
Weight-bearing with use of wheelie-walker; walks length of ward without difficulty
Post-operative disorientation re time and place during recovery, possibly relating to anaesthetic – continued observation recommended
Dropped Hb post-operatively (to 72) requiring transfusion of 3 units packed red blood cells; Hb stable (112) on discharge – ongoing monitoring required for anaemia

Discharge Plan:

Monitor medications (Panadeine Forte)
Preserve skin integrity
Continue exercise program
Equipment required: wheelie-walker, wedge pillow, toilet raiser. Hospital to provide walker and pillow. Hospital social worker organised 2-wk hire of raiser from local medical supplier.

Writing task:

Using the information in the case notes, write a letter to Ms Samantha Bruin, Senior Nurse at Greywalls Nursing Home, 27 Station Road, Greywalls, who will be responsible for Mr Baker's continued care at the Nursing Home.

Letter Plan

Introduction	<ul style="list-style-type: none"> • Gerald Baker • Recovery – hip op • Continued care required
Timeline	<p>Combination of management & assessment sections:</p> <p>Admission date</p> <p>daily dressings surgery incision site ✓</p> <p>Range of motion, stretching and strengthening exercises ✓</p> <p>Occupational therapy ✓</p> <p>Good mobility post-operation ✓</p> <p>Weight-bearing with use of wheelie-walker; walks length of ward without difficulty ✓</p> <p>Post-operative disorientation re time and place during recovery, possibly relating to anaesthetic – continued observation recommended ✓</p> <p>Dropped Hb post-operatively (to 72) requiring transfusion of 3 units packed red blood cells; Hb stable (112) on discharge – ongoing monitoring required for anaemia ✓ summary</p>
Medication	Panadeine Forte (Optional)
Request	<p>- ongoing monitoring required for anaemia ✓</p> <p>Monitor medications (Panadeine Forte) ✓</p> <p>Preserve skin integrity ✓</p> <p>Continue exercise program ✓</p> <p>Equipment required: wheelie-walker, wedge pillow, toilet raiser. Hospital to provide walker and pillow. Hospital social worker organised 2-wk hire of raiser from local medical supplier. - not the reader's job ✓</p> <p>Staples to be removed in two wks (21/9)</p> <p>Also, follow-up FBE and UEC tests at City Hospital Clinic</p>

Homework: Write introduction paragraph: send to paul@set-english.com