

## Week 9 Vocabulary

### Exercise 1

Match the vocabulary to the definitions and choose the word type:

Vocabulary	Word type	Match	Definition
1. glean	verb	h	a) positive, optimistic
2. ailment	noun	k	b) not working properly
3. upbeat	adjective	a	c) less than the best result
4. flare up	verb/noun	p	d) extremely powerfully
5. splitting	adjective	q	e) to cough because something is in your throat, or you feel sick
6. go down that route	phrase	l	f) to get to know something well
7. with a vengeance	phrase	d	g) a thing that is given when it is demanded
8. twinge	noun	r	h) find out, usually from asking questions or reading/listening
9. gag	verb	e	i) a slight cold-like symptom
10. faulty	adjective	b	j) to appoint or give a name/title to
11. discern	verb	n	k) an illness
12. sniffle	verb/noun	i	l) choose a particular course of action
13. familiarize with	verb	f	m) a new scheme or program
14. receptive to	adjective	o	n) distinguish from other things with your senses
15. suboptimal	adjective	c	o) openminded about an idea/action
16. concession	noun	g	p) suddenly get worse, for a short time
17. designate	verb	j	q) extremely painful, usually associated with headaches
18. initiative	noun	m	r) a short, sharp feeling of pain

## Exercise 2

Complete the sentences with the vocabulary above:

- 1) I thought I had resolved my gout problem but it came back .....
- 2) As I got up I felt a ..... in my thigh and I had to stop playing.
- 3) From what I can ..... I think my daughter's symptoms are related to her immune system in some way.
- 4) I think this blood pressure monitor is..... . It says your blood pressure is zero!
- 5) Some people are more ..... homeopathy than others
- 6) It's just a .....! You are not staying off school!
- 7) I like to think I'm an ..... type of person but this prognosis has depressed me.
- 8) All night I was awake, with a ..... pain in my temples.
- 9) There is a government ..... which is aimed at motivating young people to give blood.
- 10) I'm always careful when I try new washing powder. I often experience ..... if there are certain chemicals present.
- 11) My recent blood test results were ....., so they are sending me to a specialist.
- 12) Well, metformin hasn't worked, so the doctor is considering insulin injections. I'm not sure I want to .....

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## Answers

Vocabulary	Word type	Match	Definition
1. glean	verb	h	a) positive, optimistic
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## Exercise 2

Complete the sentences with the vocabulary above:

- 1) I thought I had resolved my gout problem but it **came back with a vengeance**.
- 2) As I got up I felt a **twinge** in my thigh and I had to stop playing.
- 3) From what I can  **glean** I think my daughter's symptoms are related to her immune system in some way.
- 4) I think this blood pressure monitor is  **faulty** it says your blood pressure is zero!
- 5) Some people are more **receptive to** homeopathy than others
- 6) It's just a **sniffle!** You are not staying off school!
- 7) I like to think I'm an  **upbeat** type of person but this prognosis has depressed me.
- 8) All night I was awake, with a **splitting** pain in my temples.
- 9) There is a government **initiative** which is aimed at motivating young people to give blood.
- 10) I'm always careful when I try new washing powder. I often experience **flare ups** if there are certain chemicals present.
- 11) My recent blood test results were **suboptimal**, so they are sending me to a specialist.
- 12) Well, metformin hasn't worked, so the doctor is considering insulin injections. I'm not sure I want to **go down that route**.