

## **TODAY:**

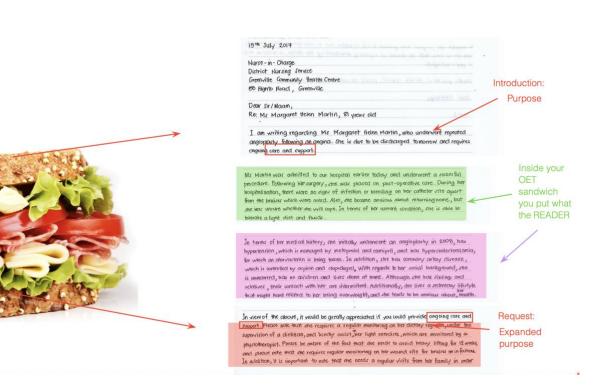
- 1. Review
- Choosing Case Notes in Groups
   Produce letter plan



# REVIEW

- 1. Criteria!
- 2. Paragraphing flexible
- 3. Layout







#### Plan:



Using the information given in the case notes, w therapist, for further management of Betty's con Therapist, Northwood Community Health Centre In your apswar:



### Choose case notes

Occupational	English Test	PPP MEDSAMPLE03	PPP MEDSAMF		
			Outpatient clinic: 10 Jun 2018		
WRITING SUB-TEST: MEDICINE TIME ALLOWED: READING TIME: 5 MINUT WRITING TIME: 40 MINU			Presenting problem: Numbness/tingling in thumb, index & middle finger of R hand (3 wks' duration), sleep disturbed by pain (relieved by moving fingers)		
Read the case notes and complete the writing task which follows.			Difficulty unscrewing jar tops and gripping glass/cup, objects slip from fingers Pt. denies trauma to R hand or pain in other joints		
Notes:			Physical examination: VS: BP: 132/84 mmHg, P: 78 beats/minute,		
Assume that today's date is 17 June 2018			T: 36°C. RR: 32 breaths/minute		
You are a doctor in the Outpatients Clinic of Northwood Hospital. You see a patient who is complaining of a painful			Body Mass Index (BMI): 32 kg/m2		
hand.			Cardiovascular: normal heart sounds, no murmurs		
	12		R hand: no swelling, √grip strength		
PATIENT DETAILS:			Phalen's manoeuvre & Tinel's sign: both positive		
Name:	Betty Weston	02	Diagnosis: Carpal tunnel syndrome		
Marital status:	Divorced		Medications: Metformin 1500mg/day PO divided q8hr with meal		
Residence:	59 Atlantic Avenue, Northwood		(diabetes mellitus)		
DOB:	12 Feb 1964 (55 years)	02	Enalapril 20mg PO qDay (diabetes mellitus) Levothyroxine 25mcg PO qDay (hypothyroidism)		
Next of kin:	Mother (80 years)	A	Paracetamol 500mg PO, pm		
Social backgrou	nd:	()			
Past medical his	Lives with mother (is caregiver nearby Diet: high-fat, high-calorie, irre Leisure: TV, reading - no spor tory: Type 2 diabetes mellitus (2012 Obesity Arthrosis Surgeries: 1999 - appendecto	vating factor), long hours, 'on feet all day' c) & 2 of 3 children (sons aged 23 & 25), daughter: married, lives agular meals (often binges) ts/physical activity c), hypothyroidism (2015)	17 Jun 2018         Review of symptoms:         Fatigue, cold intolerance, constipation         Discharge plan:       Conservative management: night-time wrist splinting (for >3 weeks)         Electromyography (EMG), nerve conduction study (NCS) → stabilise severity/exclude other neurologic diagnosis         J-BMI         Refer to physical therapy for aerobic fitness & weight-loss program (avoid exercises that caus wrist strain)         Continue baseline medication.         Thyroid Stimulating Hormone (TSH) blood levels: assess need to ↑Levothyroxine         Refer to occupational therapy for wrist splint (custom- made, in neutral position) & ergonomics assessment         Writing Task:         Using the information given in the case notes, write a referral letter to Ms Goody, a community occupational therapist, for further management of Betty's condition. Address the letter to Ms Alison Goody, Occupational therapist, Northwood Community Health Centre, Northwood.         In your answer:         • Expand the relevant notes into complete sentences         • Do not use note form         • Use letter format		
	anguage Assessment Pty Ltd 2020		The body of the letter should be approximately 180–200 words. ©Cambridge Boxhill Language Assessment Pty Ltd 2020		



# PLAN

Introduction	Purpose: management & assessment	
Timeline* Sequence must be clear	<ul> <li>10<sup>th</sup> June</li> <li>Numbness &amp; tingling in right hand</li> <li><i>Difficulty</i>: unscrewing, etc. [summarise]</li> <li>Exam: no swelling and reduced grip</li> <li>Phalen's &amp; Tinel's</li> <li>Diagnosis: CTS</li> <li>Paracetamol – 500 mg</li> </ul>	
Background	<ul> <li>Diabetes type 2</li> <li>Hypothyroid</li> <li>Arthrosis</li> <li>BMI 32 / diet</li> <li>Job: 'tiring'</li> <li>Sedentary lifestyle</li> <li>Carer for mother / lives with her</li> </ul>	
Requests	<ul> <li>Purpose: management &amp; ergonomic assessment</li> <li>Wrist splint – neutral position</li> <li>Please note: EMG &amp; NCS / physiotherapy {already done: referrals}</li> </ul>	

Homework: <u>alain@set-english.com</u>





Ch	oosing case notes	Flexible Useful Helpful Relax a	SET English Relax about this one		
d	Content	Conciseness & Clarity			
2	Content is appropriate to intended reader and addresses what is needed to continue care (key information is included; no important details missing); content from case notes is accurately represented	Length of document is appropriate to case and reader (no irrelevant information included); information is summarised effectively and presented clearly	Writi appro reado know langu polite appro and u	Not flexible Very clear Directly related to reader Must not be here	
			Per		
	Content is appropriate		Writi		

THEY CANNOT TEST TECHNICAL KNOWLEDGE