

Dr Robert Edwards
Neurologist
Rushford Hospital
765 Long Gully Road
Littletown

24th February 2018

Re: Ms Sarah Day, DOB: 29th July 1997

Dear Dr Edwards,

I am writing regarding Ms Sarah Day, who visited our clinic today with paraesthesia in the 4th and 5th fingers of her left hand associated with a possible whiplash injury. She is being referred to you for investigations and management.

On 6th December 2017, Ms Day presented with her mother and reported that she had been experiencing unilateral occipito-temporal headaches extending to the vertex, which were rapid in onset and associated with an aura. Additionally, she experienced dizziness along with nausea and anxiety, as well as visual disturbances. All her neurological examinations were unremarkable, and there were no identifiable triggers. She was commenced on paracetamol and metoclopramide, along with being educated about preventive measures. On 4th January 2018, Ms Day returned with a worsening of her symptoms along with neck pain, dizziness during attacks, and an episode of vomiting. Consequently, she was started on eletriptan and ibuprofen. On 31st January, she visited our clinic and reported no improvement in her symptoms as well as a worsening of her anxiety, for which she was prescribed amitriptyline. She also informed me that she was experiencing drowsiness and diarrhoea from the eletriptan.

Today, Ms Day presented alone with complaints of numbness and tingling in the 4th and 5th finger of her left hand along with no improvement in her earlier symptoms. She revealed that she had had a car accident in June 2017 and has sustained a possible 'whiplash injury', for which no treatment was sought.

Ms Day smokes and drinks moderately, and also has irregular sleep patterns. She has been taking oral contraceptive pills since April 2013, and she also has no family history of migraines.

It would be appreciated if you could provide Ms Day with further investigations and management. Please note that she may not want to reveal the accident to her mother.

Please inform me should you require any further information.

Yours sincerely,

Doctor