

- 1. Review case notes
- 2. Grade* & discuss letters as a class

I am writing to introduce Mr _____, who is <u>experiencing hair loss along with depression</u>. He is moving to your university and now requires your further monitoring and further special exam a rangements. From Aneel Javed Samuel to Everyone 10:37 AM

I am writing regarding Mr Peterson, who has been <u>presented visiting to our school clinic</u> due to hair loss with <u>the possible depression</u>. He is due to be transferred to your university and now requires further monitoring and special exam arrangements.

From Denisa Toma to Everyone 10:55 AM

As discussed in class.

Mr Peterson initially presented in our clinic school experiencing the aforementioned symptoms in March 2014, when [is when the right term here? At the same time?] a referral to a trichology was made. Subsequently, he was prescribed a steroid cream and the exact cause of his problem could not be determined. After this, he experienced personality changes, aggressive behaviour along with sleeplessness due to which he discontinued his medication.

From Aneel Javed Samuel to Everyone 10:56 AM

In March 2014, Mr Peterson presented with the aforementioned problems. As a result, he was referred to a trichologist, for which he was prescribed steroid cream, due to which he experienced sleep loss, aggression, and personality changes, resulting in discontinued medications. Between 2014 and 2018, no further hair loss was reported.

From Tatiana to Everyone 10:58 AM

Initially, Mr Peterson presented to our school clinic in March 2014, being anxious after a school bulling incident due to the aforementioned condition. He was referred to a trichologist for further treatment. Although an aetiology was not established, he was commenced on steroid cream for 3 months, which was ceased later due to some side effects such as aggression and lack of sleep. From 2014 to 2018, his hair loss ceased, and an intermittent regrowth was noted.

From krystal to Everyone 11:00 AM

In On March 2014 Mr. Peterson, visited our clinic due to the aforementioned condition resulting to from anxiety following a possible bullying at school [This sentence doesn't sound natural]. Thus, he was referred to a trichologist for further treatment. He was prescribed with steroids for 3months. However, due to the adverse reactions noted, it has been discontinued.

From Tatiana to Everyone 11:13 AM

In December 2018, he returned to the clinic with worsened symptoms and a pronounced hair loss as well as with a weight loss. Consequently, a consultation to the doctor and also a referral to a school counsellor was recommended for him. He latter on increased his alcohol consumption. Additionally, all treatments which he tried were unsuccessful and his condition was not improved. The reader wants more detail! This over-summarising. More dates required to show time moving.



Given the above information, it would be appreciated if you could take into consideration Mr Peterson current situation, and <u>provide a separate exam room for him</u> and kindly monitor and encourage him as he is extremely anxious. **'Special exam arrangements' would be better here**From **Krystal**

In view of the above it would be appreciated if you could provide Mr. Peterson a separate exam room to decrease his anxiety level and kindly monitor him.

Please note that he may require special exam arrangements

Grade: unsure – too many versions

Monica Kullan, Senior Nurse Practitioner, University of Marchbank Health Cente, Hillsdunne Rd, Marchbank

31 May 2022

RE: Mr. Jake Peterson, 18 years old

Dear Ms Kullan, best tense for multiple visits

I am writing regarding Mr Peterson, who has been visiting our school clinic due to hair loss. He is been transferred to your university and now requires further management and special exam arrangements.

Having presented with alopecia and possible anxiety on DATE?, he was referred to a trichologist and he was commenced on steroid cream. However, the medication was stopped due to him complaining of sleep loss, personality changes and increased of aggression. After this until 2018, his condition was stabilized and he had intermittent hair growth.

In December 2018, Mr Peterson returned with the same symptoms and the investigations revealed the loss of 6kg over the past 2 months and, as a result, he was referred to see a doctor. Despite him being advised regarding the ineffectiveness of homeopathy, he was still keen [informal] to try it on. In addition, he experienced problems with maintaining peer relationships, which affected his sports participation. Consequently, on DATE? he was referred to a school counsellor [spelling] but he refused to attend. His alcohol consumption was increased by 28 units per week due to extreme anxiety and increased of hair loss.

Given of the above, it would be appreciated if you could arrange a special exam room for Mr Peterson and monitor him regarding his ongoing alopecia. Please be aware of the fact that he is also concerned about his transition to university along with independent living.



Just be general if you don't understand:

'Special exam arrangements'

If you have any queries please do not hesitate to contact me.

Yours sincerely, Nurse

Grade: C+

Mrs Monica Kullan Senior Nurse Practitioner University of Marchbank Health Centre Hillsdunne Rd Marchbank

30th August 2019

Re: Jake Peterson, DOB: 17th March 2001

Dear Mrs Kullan,

I am writing regarding Jake Peterson, a student at our boarding school, who has hair loss and possible depression. He is moving to your university and requires your monitoring and special exam arrangements.

In March 2014, Mr Peterson presented to our school clinic with anxiety and hair loss possibly after a school bullying incident. Following that, he was referred to a trichologist, but no aetiology was established. At that time, steroids cream was prescribed for 3 months [Is this true?]. Due to his personality changes, aggression and sleep loss, his medication was discontinued. Between 2014 and 2018, he had no further hair loss and intermittent hair regrowth.

In December 2018, Mr Peterson returned to our clinic with the same symptoms in addition to weight loss and he was recommended to see a doctor. However, he was reluctant and asked about homeopathy treatment. Despite the homeopathic treatment being ineffective, he was experiencing an increase of distress and low mood, which was affecting affected his relationships and sports participation.

In March, Mr Peterson was referred to the school counsellor but he did not attend, after this he reported an increase alcohol intake (28 units per week) on the his last check up in May. During exams time from June to July, he presented with an extreme anxiety resulting in him having an increased hair loss.



In terms of his social background, Mr Peterson's parents work and live abroad. His father was experiencing male <u>Patten baldness</u> [Capital letter?] in his 50s and his mother was experiencing depression in his 40s. This is appropriate but not actually needed if you don't want

Given above information, it would be appreciated if you could provide ongoing monitoring and special exam arrangements for Mr Peterson. Please arrange a separate exam room for his exam time ['special exam arrangements is better'].

If you have any questions, please do not hesitate to contact me.

Yours sincerely, Nurse.

Grade: B



Monica Kullan Senior Nurse Practitioner University of Manchester Health Centre Hillsdunne Road Marchbank

30th August 2019

Dear Mr. Kullan,

Re: Mr. Jake Peterson; DOB: 17th March 2001

I am writing regarding Mr. Jake Peterson, <u>who has been experiencing</u> hair loss associated with possible depression. He is due to be transferred to your university and requires further monitoring and special exam arrangements.

In March 2014, Mr. Peterson presented with hair loss in patches along with anxiety. He was referred to a trichologist and was prescribed a steroid cream; however, his medication was discontinued.

| | Until | December | Interpretation | Interp

In December 2018, Mr. Peterson returned with increased hair loss and anxiety as well as weight loss of over 6kg over the last two months. He was recommended to see a doctor although he asked for natural remedies. On the next visit, he presented with increased distress and a low mood due to the ineffectiveness of the natural remedies. He was referred to a school counsellor but failed to attend the appointment. In addition, during his exam time, he experienced extreme anxiety and hair loss.

Regarding Mr. Peterson's social background, his father has male pattern baldness and his mother is suffering from depression. Currently, his alcohol consumption has increased to 28 units per week. [Is alcohol consumption part of the background? I think its part of his main problem – put in the timeline]

In the light of the above, it would be appreciated if you could monitor Mr. Peterson's condition and kindly organise special exam arrangements.

If you require any further information regarding Mr. Peterson, please do not hesitate to contact me.

<2 spaces> Yours sincerely,

School Nurse

Grade: C+



Senior Nurse Practitioner Monica Kullan University of Marchbank Health Centre Hillsdunne Rd Marchbank

31st May 2022

Re: Jake Peterson DOB: 17.03. 2001

Dear Mrs Monica Kullan,

I am writing regarding Jake Peterson, a student at our school, who complains [This verb is wrong in the present tense: it just doesn't work here! It sounds like he a guy who complains all the time. Instead say "who has been attending our clinic" | about hair loss and associated depression [spelling]. He is due to be transferred to your university medical practice for further monitor and exam arrangements.

In March 2014, Jack Peterson experienced a hair loss following anxiety and depression, which the specialist referred to. In addition, in May 2014, he followed the prescription of steroid cream from the trichologist for 3 months, which has was discontinued medication due to the worst behaviour being aggressive increased aggression and following sleep loss. In the past 4 years, he was stabilised with intermittent hair regrowth.

Where are your commas?,

Subsequently, on December 2018 his anxiety and hair loss had a big impact followed by weight loss and a Doctor was prescribed homoeopathic treatment with natural remedies that he agreed to follow. In view of the above, in 2019 he was referred to school counsellor, but he did not attend and his symptoms became worse due to alcohol consumption which affected his personality and low mood.

In June and July 2019 Jake Peterson was extremely anxious due to the exam time which resulted with in hair loss [is this extra hair loss?] and a special room was provided.

Please be aware that Mr Peterson is concerned about his transaction transition toyou're your university and about starting to live <u>living</u> independently. It will would be appreciated if you could provide tutor monitoring and orginised special examrangements exam arrangements.

Your sincerely

Nurse

Grade: C+ (weak C+ due to the language errors above)