

## WRITING SUB-TEST – TEST BOOKLET

### INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

## Occupational English Test

**WRITING SUB-TEST: NURSING**

**TIME ALLOWED: READING TIME: 5 MINUTES**

**WRITING TIME: 40 MINUTES**

Read the case notes and complete the writing task which follows.

### **Notes:**

You are a nurse at a boarding school. Jake Peterson is a male student at your school and has come to you complaining of hair loss and associated depression.

#### **PATIENT DETAILS:**

**Name:** Jake Peterson  
**DOB:** 17.03.2001 (18 y.o.)  
**Address:** School: Holly House School, Brenkridge

#### **Social background:**

Student at boarding school for past 8 yrs  
Parents work & live abroad  
Father (male-pattern baldness – onset in 50s)  
Mother (depression – onset in 40s)  
Non-smoker; 20 units alcohol/wk  
Karate black belt; champion swimmer

#### **Presenting complaint:**

Alopecia – hair loss from 13 y.o.; intermittent cycles (loss and regrowth); aetiology not confirmed – various possibilities  
?Depression

#### **TREATMENT SUMMARY:**

**Mar 2014** School clinic – presented with hair loss in patches; anxiety  
?onset – school bullying incident, Pt said 'not a major thing'  
Referral to trichology specialist

**May 2014** Trichologist: no aetiology established; possibly exacerbated by stress  
Prescribed steroid cream (betamethasone dipropionate 0.05% cream 1-2x/day for 3mths)  
Personality changes, aggression + sleep loss  
Medication discontinued

**2014 - 2018** No further hair loss; intermittent hair regrowth

- Dec 2018** Return of anxiety and pronounced hair loss  
General health check – ↓6kg over last 2mths  
Recommended to see Dr re hair loss, anxiety, weight loss. Student reluctant, asked about natural remedies, e.g. homeopathy. Discussion re efficacy, student still keen to try
- Feb 2019** No results + cost implications of homeopathic treatment (kalium carbonicum and silicea)→ student ↑distress and low mood  
Problems forming/maintaining peer relationships  
Affecting sports participation
- Mar 2019** Referred to school counsellor – did not attend
- May 2019** Check-up: ↑ alcohol consumption, min 28 units/wk
- June - July 2019**  
Exam time – extreme anxiety (necessary to arrange separate exam room) – ↑hair loss
- 30 Aug 2019** Student concerned about transition to university shortly and independent living  
Letter to university medical practice:
- monitor
  - organise special exam arrangements

## **Writing Task:**

Using the information given in the case notes, write a letter to Mrs Kullan, a university practice nurse. In your letter, briefly outline Jake Peterson's history and your concerns. Address your letter to Monica Kullan, Senior Nurse Practitioner, University of Marchbank Health Centre, Hillsdunne Rd, Marchbank.

**In your answer:**

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

**The body of the letter should be approximately 180–200 words.**

Any answers recorded here will not be marked.

BLANK

**Occupational English Test****WRITING SUB-TEST: NURSING  
SAMPLE RESPONSE: LETTER**

Monica Kullan  
Senior Nurse Practitioner  
University of Marchbank Health Centre  
Hillsdunne Rd  
Marchbank

30.08.19

Dear Mrs Kullan

Re: Jake Peterson  
DOB: 17.03.2001

I am writing to introduce Mr Jake Peterson, an 18-year-old student at this school who is about to start studying at Marchbank University. Jake presents with hair loss and associated depression and anxiety.

Jake first presented with hair loss when he was 13. He was referred to a trichology specialist who was unable to determine a specific aetiology. He was prescribed steroid cream but after experiencing personality changes, aggression and sleep loss, he was taken off the medication. His condition then stabilised for approximately 4 years, with no further hair loss and some regrowth. In the last year, hair loss has returned, and over two months, Jake's weight has reduced by 6kg. He started taking homeopathic remedies (kalium carbonicum and silicea), but became upset when there was no improvement. He was referred to a counsellor but failed to attend the appointment.

Over the recent school exam period, Jake suffered extreme anxiety, and a worsening of his hair loss. His alcohol consumption has increased to 28 units per week.

Jake is anxious about his transition to university and about living independently. I would greatly appreciate it if you could monitor his condition and ensure special exam arrangements are made.

Yours sincerely

Nurse