

1 Case notes: overview 2 Review your work

3 Discuss homework: 3 paras



PPP NURSAMPLE07

1. Overview

Occupational English Test PPP NURSAMPLE07

WRITING SUB-TEST: NURSING

TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

WKITING TIME. 40 MINOTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 27 May 2019.

You are a charge nurse working in the surgical ward of Longford General Hospital. A male patient was admitted to your unit for open stent graft surgery.

your unit for open sterit grant surgery

PATIENT DETAILS:

 Name:
 Robert England (Mr)

 DOB:
 09 Nov 1957 (62 y.o.)

 Address:
 76 Laburnum Close, Longford

 Next of kin:
 Wife, Anna (60 y.o.), no children

Social background:

Recently retired wine waiter - now works freelance as wine taster

Interests: gardening, cooking, reading, TV, travel

Sedentary lifestyle

Past medical history:

Current BMI 29.5 (overweight – borderline obese)
High-fat, high-salt diet & 'lots of red meat'
Ex heavy smoker (30 cigs/day) - quit 55 y.o.
Moderate alcohol intake (2 glasses wine/day w. meals)

Hypertension diag. 2017

Family history: Father dec. 57 y.o. - ruptured AAA (abdom. aortic aneurysm)

Mother dec. 83 y.o. - Alzheimer's

Current medications:

Verapamil (80mg 3x/day) - hypertension

Hospital admission: 19 May 2019

Presenting problem:

Lower back pain, pulsing sensation & generalised abdominal pain

Full blood count/ liver function test – unremarkable

Ultrasound

 $\mbox{CT abdomen with contrast} \rightarrow \mbox{large (7cm) AAA (Abdominal Aortic Aneurysm)}$

Diagnosis: AAA (Abdominal Aortic Aneurysm)

Need for urgent stent graft surgery

PARAGRAPHS:

1 Introduction

2 Timeline - homework

3 'Advice para'

4 Background

5 Requests

Medical treatment:

20 May 2019 Stent graft surgery (open)

Pt transferred →ICU for 48 hrs post-op

Nursing management:

Indwelling Foley catheter in situ Wound drain (Redivac) in situ

PCA (patient-controlled analgesia) device in situ Mepore dressing on surgical site (dissolvable sutures)

Need to observe for DVT risk & check breathing – pt. in upright position

IV antibiotics (Cefazolin 2g pre-op, 1g intra-op)

Assessment: Good progress: vital signs within normal range

27 May 2019 Pt instructed in necessary lifestyle changes:

↓intake of alcohol, animal fats, fried foods, salt

†dietary fibre

Achieve & maintain optimal weight (?referral to dietician)

No weight-bearing/strenuous exercise (→6 wks.)

Gentle exercise, gradually ↑

No driving →4 wks.

Pt discharged w. low-dosage aspirin

Community nurse home visits arranged (1x/day \rightarrow 1 wk.)

Discharge plan: Community nurse to monitor breathing, cleanse & dress wound, check vital signs

Check compliance w. lifestyle advice NB Review 30 May 2019 in Outpatients Dept.

Plan: Write to Community Nursing Service

Writing Task

Using the information given in the case notes, write a letter to Mrs Moore, Head of the Community Nursing Service. In your letter, briefly outline Mr England's condition, medication and recommended follow-up care. Address your letter to Mrs Fiona Moore, Head of the Community Nursing Service, 26 Park Road, Longford.

In your answer:

Expand the relevant notes into complete sentences

Do <u>not</u> use note form

Use letter format

The body of the letter should be approximately 180-200 words.



NB = take note

Questions?

<u>Introduction</u>	Purpose: monitor and follow up care
Th. 14	
<u>Timeline</u>	 Admission 19May2019: back pain, pulsing sensation& abdomen pain Diagnosed: AAA 20May, 2019 urgent stent graft surgery Mepore dressing Good progress
Advice/ instruction	 Life style modification (alcohol, fried food & salt) Maintain optimal weight Referral dietitian if needed No weight bearing for 6 weeks Gentle and gradual exercise No driving 4 wks Low dose aspirin
Background	 [Over weight (BMI 29.5)] [Sedentary life style] Hypertension on medication – very appropriate
Request	 Monitor breathing Clean&dress wound Check vital sign Check compliance w lifestyle advice Outpatient Dept appointment 30May,2019 for review

Good timeline paragraph?

- Clear sequence
- Dates correct
- Summarising when appropriate
- Results: consequently, as a result, due to
- Sequence language: subsequently, following, after, etc.



Original

On 19th May, Mr England presented with a complaint of generalized abdominal pain accompained with pulsating sensation and lower back pain. Full abdominal CT scan performed and confirmed that he has had abdominal aortic aneurism. The following day Mr England underwent urgent stent graft surgery and mepore dressing was then applied. Postoperatively he made a good progress.

Improved

On 19th May, Mr England presented with a complaint of generalized abdominal pain **accompanied** by **a** pulsating sensation and lower back pain. A full abdominal CT scan was performed and confirmed that he has had an abdominal aortic aneurism. The following day, he urgently underwent urgent stent graft surgery and a Mepore dressing was then applied. Postoperatively, he has made a good progress.

Capitals are not used for conditions. Only names: people, places, organisations (inc. brand)

Language: not a big problem 'a'

Collocation:

He plays football

He made good progress He showed good progress



Mr England presented to our hospital on 19 May,2019 complaining of lower back and abdominal pain. Therefore, several tests were done which showed Abdominal Aortic Aneurysm. Consequently urgent stent graft surgery was ordered. His condition improved and showed good progress on the following days and wound dressing was done with Mepor.

Mr England presented to our hospital on 19 May, 2019 complaining of lower back and abdominal pain. Therefore, several tests were done, which showed abdominal aortic aneurysm. Consequently, urgent stent graft surgery was ordered. His condition improved and he showed good progress on the following days and yound dressing was done with Mepore.

You can capitalise when the condition includes a name...

Don't worry about repeating pronouns:

He / she / it / her / his / they / them / we

Present – to walk into the hospital themselves

Was admitted – more like was carried and it was done for him.

Academic language can be a problem:

Language of university/IELTS

moreover

I undergo surgery – present simple V1 I underwent surgery – past simple V2 I have undergone an apple – present perfect V3



Mr England was admitted on 19th of May 2019 complaining of lower back pain associated with pulsating sensation and generalized abdominal pain which prompted him to undergo the aforementioned procedure. Thereafter, his surgical site was dressed with mepore, and he was commenced on antibiotic. In addition, although he has made significant progress, his breathing pattern should be checked regularly.

Mr England was admitted on 19th May 2019 complaining of lower back pain associated with a pulsating sensation and generalized abdominal pain, which prompted him to undergo the aforementioned procedure. Thereafter, his surgical site was dressed with Mepore, and he was commenced on an antibiotic. In addition, although he has made significant progress, his breathing pattern should be checked regularly.

Nondefining relative clause: information can be removed and it still makes sense

Timeline = past story

Request = future action

Mr. England was instructed to decrease his alcohol consumption and follow proper dietary pattern. He has been advised to maintain his desirable weight, due to which a referral to dietician might be required. No weight -bearing for 6 weeks. Please encourage him to do moderate exercise, driving was restricted for 4 weeks and a low dose of aspirin was prescribed.

Mr. England was instructed to decrease his alcohol consumption and follow a proper dietary pattern.

He has been advised to maintain his desirable weight, due to which a referral to dietician might be required. He has also been instructed no weight - bearing for 6 weeks. Please encourage him to do moderate exercise, driving was restricted for 4 weeks and a low dose of aspirin was prescribed.

It's the wrong paragraph!

On 19th May, Mr England was diagnosed with an abdominal aortic aneurysm resulting in a necessity for urgent surgery on 20th May. During his hospitalisation, he has been making good progress, his vital signs were normal range, and, his wound has dissolvable sutures with mepore dressing.

On 19th May, Mr England was diagnosed with an abdominal aortic aneurysm resulting in a necessity for urgent surgery on 20th May. During his hospitalisation, he has been making good progress, his vital signs were are in normal range, and, his wound has dissolvable sutures with mepore dressing.

Why the detail about sutures?



On the 19th of May, Mr England was admitted to the hospital with a complaint of lower back pain, pulsing sensation and generalised abdominal pain. Contrast CT report revealed an abdominal aortic aneurysm, and he underwent urgent stent surgery on the following day. He has been under ICU care for 48 hours, and he has made good progress postoperatively. Please note that Morpore dressing was applied to the surgical site.

On the 19th of May, Mr England was admitted to the hospital with a complaint of lower back pain, a pulsing sensation and generalised abdominal pain. His contrast CT report revealed an abdominal aortic aneurysm, and he underwent urgent stent surgery on the following day. He has been under ICU care for 48 hours, and he has made good progress postoperatively. Please note that a Morpore dressing was applied to the surgical site.

On 19th May 2019, Mr England was admitted to our hospital with lower back pain and pulsing sensation, as well as abdominal pain. Subsequently, CT scan confirmed abdominal aortic aneurysm and he was operated on urgent stent graft surgery. Consequently, a mepore dressing was carried out, as a result of him making a good recovery.

On 19th May 2019, Mr England was admitted to our hospital with lower back pain and a pulsing sensation, as well as abdominal pain. Subsequently, a CT scan confirmed an abdominal aortic aneurysm and he was operated on given urgent stent graft surgery. Consequently, a Mepore dressing was carried out, as a result of him making a good recovery.

As a result?? This is not a result.

Having been experiencing symptoms suggestive of AAA, Mr England was admitted on 19th April to our hospital, where investigations were carried out and confirmed the aforementioned diagnosis, for which urgent stent graft surgery was performed. Postoperatively, as a result of his wound being treated accordingly, his breathing and DVT risk being monitored, as well as medication being provided, he has recuperated well.

Having been experiencing symptoms suggestive of AAA, Mr England was admitted on 19th April to our hospital, where investigations were carried out and that confirmed the aforementioned diagnosis, for which urgent stent graft surgery was performed. Postoperatively, as a result of his wound being treated accordingly, his breathing and DVT risk being monitored, as well as medication being provided, he has recuperated well.

Nice para but the last sentence is a bit convoluted – too many subordinate clauses. Grammar is correct though.



Having experienced pain in his abdomen and lower back, Mr England was admitted to our hospital on 19th May, resulting in him being diagnosed with an abdominal aortic aneurysm, for which successful open stent graft surgery was subsequently performed. Postoperatively, due to him being treated accordingly, he has progressed well and his vital signs remain within the normal range, despite having hypertension, which is controlled by verapamil.

Having experienced pain in his abdomen and lower back, Mr England was admitted to our hospital on 19th May, resulting in him being diagnosed with an abdominal aortic aneurysm, for which successful open stent graft surgery was subsequently performed. Postoperatively, due to him being treated accordingly, he has progressed well and his vital signs remain within the normal range, despite having hypertension, which is controlled by verapamil.



Homework

Introduction	Purpose: monitor and follow up care
Timeline	 Admission 19May2019: back pain, pulsing sensation& abdomen pain Diagnosed: AAA 20May, 2019 urgent stent graft surgery Mepore dressing Good progress
Advice/ instruction	 Life style modification (alcohol, fitied food & salt) Maintain optimal weight Referral dictitian if needed No weight bearing for 6 weeks Gentle and gradual exercise No driving 4 wks Low dose aspirin Additionally, he has been advised to reduce his alcohol intake, etc. Please not that he has been instructed not to drive for 4 weeks. Please be aware that he may / might require
Background	[Over weight (BMI 29.5)] [Sedentary life style] Hypertension on medication – very appropriate How should we write this one?
Request	 Monitor breathing Clean&dress wound Check vital sign Check compliance w lifestyle advice Outpatient Dept appointment 30May,2019 for review In view of the above, it would be appreciated if you could provide further monitoring and care. Please + verb 1



Please note thatcondition / medication

Email: alain@set-english.com

and monitoring.

Original	Improved
Mrs Fiona Moore Head of the community nursing service 26 park road Langford 27 May 2019 Dear Mrs Moore, Re:Mr Robert England DOB:09 November 1957 I am writing to request home visits for Mr Robert England, who is recovering after stent graft surgery.He requires further monitoring and care ,and is being discharged today.	Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Langford 27 May 2019 Dear Mrs Moore, Re: Mr Robert England, DOB: 09 November 1957 I am writing to request home visits for Mr Robert England, who is recovering after stent graft surgery. He requires further monitoring and care, following her discharge.
Introduction I am writing to introduce Mr English, who underwent a stent graft surgery due to abnormal aortic aneurysm. He is set to be discharged today and needs follow-up care and monitoring.	Introduction I am writing to introduce Mr English, who underwent a stent graft surgery due to abnormal aortic aneurysm. He is set to be discharged today and needs follow-up care and monitoring.

Informal? Due to

inaccurate



Contraction = informal

Introduction: I'm writing regarding Mr Robert England a 62 year old male, who is being discharged today after stent graft surgery. He requires continue monitoring and follow up care.

Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford

27th May 2019

Dear Mrs Moore,

Re: Mr Robert England, DOB: 9th November 1957

I am writing regarding Mr England, who was admitted to our hospital for an urgent stent graft surgery. He is scheduled to be discharged today, and now requires further monitoring, continued care and support.

Introduction:

Re: Robert England, **DOB**

I am writing regarding Mr Robert England, <u>a 62</u> <u>year old male</u>, who is being discharged today after stent graft surgery. He requires continued monitoring and follow up care.

Mrs Fiona Moore Head of the Community Nursing Service 26 Park Road Longford

27th May 2019

Dear Mrs Moore,

Re: Mr Robert England, DOB: 9th November 1957

I am writing regarding Mr England, who was admitted to our hospital for at urgent stent graft surgery. He is scheduled to be discharged today, and now requires further monitoring, continued care and support.

Support = very general

Introduction: I am writing regarding Mr England, who recently underwent



Introduction: I am writing regarding Mr England, who recently underwent stent graft surgery in ours hospital and ready to be discharged. He now requires your monitoring and follow -up care.

stent graft surgery in ours-hospital and <u>is</u> ready to be discharged. He now requires your monitoring and follow - up care.

I am writing regarding Robert England, who was undergone an open stent graft operation due to abdominal aortic aneurysm. He is scheduled to be discharged today, and now requires your care and monitoring.

I am writing regarding Robert England, who washas undergone an open stent graft operation due to an abdominal aortic aneurysm. He is scheduled to be discharged today, and now requires your care and monitoring.

I am writing regarding Mr England who underwent an open graft surgery due to abdominal aort aneurysm. He is due to be discharged today and now requires your further care.

I am writing regarding Mr England who underwent an open graft surgery due to abdominal aortic aneurysm. He is due to be discharged today and now requires your further care.

Hello, Alain,

Intro:

I am writing regarding Mr Robert England, who underwent urgent stent graft surgery at our hospital. He is due for discharge now and requires your monitoring, follow-up care and home visits for one week.

follow-up care and home visits for one week.

I am writing regarding Mr Robert England, who

underwent urgent stent graft surgery at our hospital. He

is due for discharge now and requires your monitoring,

Hello, Alain, Intro:

I am writing regarding Mr England, who has undergone an open stent graft surgery in our hospital due to an abdominal aortic aneurysm. He schedules to be discharged on the 27th of May and requires your further monitoring, care and support.

Yes 1 wk – very good point here!

I am writing regarding Mr England, who has undergone an open stent graft surgery **recently** due to an abdominal aortic aneurysm. He is seneduled to be discharged on the 27th of May and requires your further monitoring, care and support.



Head of Community

Nursing Service 26 Park

road Longford.

Dear Fiona Moore,

Re: Robert England, D.O.B: 09th November 1957

I am writing regarding Mr England, who was admitted to our surgical unit for open stent graft surgery. He is scheduled to be discharged today and now requires monitoring and care. **Head of Community**

Nursing Service 26 Park

road Longford.

Dear Fiona Moore,

Re: Robert England, D.O.B: 09th November 1957

I am writing regarding Mr England, who was admitted to our surgical unit for open stent graft surgery. He is scheduled to be discharged today and now requires monitoring and care.





REVIEW

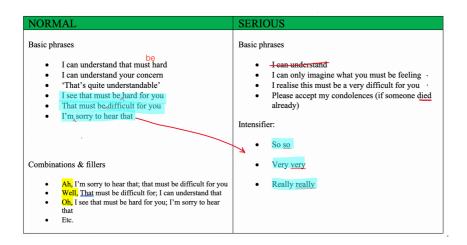
Relationship Building

A1 A2 A3 A4

1 Repetition

2 Timing: must give empathy whenever they complain

3 Appropriate: NORMAL / SERIOUS





Relationship Building	IPP	Structure	Info Give	Info Gather
Empathy	Ask for their feelings/opinion	Let Pt know when changing topics	Checking understanding	Open / Closed
Appropriate				_

	PPP SAMPLE 14
ROLEPL	AYER CARD NO. 1 NURSING
SETTING	Patient's home
PATIENT	You're 60 years old and you live alone. You've been visited regularly by the community nurse since you had a stroke six months ago. You're getting more mobile now, but three days ago you fell in the kitchen, cutting your leg and hurting your wrist badly.
TASK	When asked, tell the nurse how you're feeling (that you were coping well until the fall three days ago)
	 Tell the nurse that you got up during the night to get a glass of water, tripped over and hurt your wrist and cut your leg. You tried to dress the leg yourself, but you're afraid you may need stitches.
	 Tell the nurse that your wrist hurts a lot and seems swollen. It is clearly bruised and you can't move it properly. Apologise to the nurse for falling over. You feel embarrassed.
	Ask where you can get an X-ray (transport?).
	Ask how to avoid falls in the future.
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		PPP SAMPLE 14
CANDID	ΑT	E CARD NO. 1 NURSING
SETTING	Р	atient's home
NURSE	p	ou're a community nurse who regularly visits a patient who had a stroke six months ago. The atient's making good progress but three days ago he/she had a fall and cut his/her leg. You think is/her wrist may also be broken and should be X-rayed.
TASK		Greet the patient and ask how he/she is.
	•	Ask about about the fall. Find out the extent of the injuries.
	•	Reassure the patient that the cut isn't serious (stitches unnecessary) and you'll dress it. Ask about the wrist (pain, movement, etc.).
	•	Sympathise with the patient. Explain that the wrist needs to be X-rayed for a possible fracture (bruised, swollen, movement restricted).
	•	Explain that someone from the local health centre will accompany him/her for an X-ray. Stress the importance of getting assistance promptly in the event of an accident.
	•	Explain the need to avoid trip hazards in the home – suggest a referral to the occupational therapist.

DOCTORS

	OET PPP MEI	D Speaking 12
ROLEPLAYE	R CARD NO. 1	MEDICINE
SETTING	Suburban Clinic	
PATIENT	right ear and you're soon going to ha	h otosclerosis (abnormal bone growth) in your ave corrective surgery. You feel anxious about because after a previous operation you ery sore throat:
TASK	previous negative experiences. Insist that you prefer a local rather the throat. Ask why you need a breathing tube (in throat problems.	oost-operative side-effects and describe your an a general anaesthetic in order to avoid a painful intubation) during the procedure, as it can cause hetic. Ask how you soon afterwards you'll be able ing, washing hair).
© Cambridge Boxhill La	inguage Assessment 2020	PPP MED Speaking 12

CANDIDATE	CARD NO. 1	MEDICINE
SETTING	Suburban Clinic	
DOCTOR	Your patient suffers from otoscleros her middle ear. He/she is anxious at	is and is due to have surgery on his/ bout post-operative side-effects.
TASK • Greet the patient and find out how he/she feels about the surgery. • Express sympathy and reassure him/her that anti-emetics will be given to avoid post-nausea. Explain why some patients experience a sore throat (the endotracheal tube to surgery). • Explain why general anaesthesia is required (the intricacy of the middle ear, to prevent movement). Reassure him/her that any post-operative sore throat lasts only 24-48 however the stream of the stream o		that anti-emetics will be given to avoid post-operative erience a sore throat (the endotracheal tube used during red (the intricacy of the middle ear, to prevent patient post-operative sore throat lasts only 24-48 hours. unconscious patients to breathe properly).



NURSE

- 10 mg	OET Sample role-play		CONTRACTOR OF CONTRACTOR
ROLEPLAYE	R CARD NO. 1 NURSING	CANDIDATE	OET Sample role-play CARD NO. 1 NURSING
SETTING	Hospital	SETTING	NOROMO
PATIENT	You are 55 years old. You have End-stage Renal Disease (ESRD) and your health is steadily deteriorating. You are an inpatient in a Renal Ward and feeling lonely and depressed. You are reluctant to talk about your situation as you are scared. You require dialysis three times a week and are on a kidney transplant waiting list.	NURSE	Hospital Your patient is 55 years old. He/she has End-stage Renal Disease (ESRD). You see his/her health is steadily deteriorating. The patient is an inpatient on your Renal Ward and you notice he/she appears lonely and depressed. He/she requires dialysis three times per week and is a candidate for a renal transplant.
TASK	 With reluctance, slowly explain your fears about your condition. Tell the nurse you hate having dialysis and feel that a donor will never be found in time. Demand to be nominated as Not for Resuscitation (NFR) if you have a cardiac arrest. Reluctantly agree to see a counsellor. Tell the nurse that you want to be able to die with dignity with your family present. 	TASK	Ask the patient to tell you how he/she is feeling. Encourage the patient to talk about his/her fears about the condition. Inform the patient that without dialysis he/she would suffer more. Reassure the patient that there is always hope a donor will be found in time. Suggest that a counsellor be consulted to support the patient's decision to be listed as Not for Resuscitation (NFR). Provide reassurance that, if he/she wants to put his/her request in writing, it is hospital policy for staff to respect that, and having the family present is important.
© OET CENTRE	Sample role-play		
		© OET CENTRE	Sample role-play



NORMAL	SERIOUS
Basic phrases I can understand that must hard I can understand your concern 'That's quite understandable' I see that must be hard for you That must be difficult for you I'm sorry to hear that	Basic phrases I can understand I can only imagine what you must be feeling I realise this must be a very difficult for you Please accept my condolences (if someone died already) Intensifier: So so
Combinations & fillers Ah, I'm sorry to hear that; that must be difficult for you Well, That must be difficult for; I can understand that Oh, I see that must be hard for you; I'm sorry to hear that Etc.	Very veryReally really

The patient must COMPLAIN a lot

/		PP MED Speaking 12
ROLEPLAYE	R CARD NO. 1	MEDICINE
ETTING	Suburban Clinic	
PATIEN	right ear and you're soon goi	ised with otosclerosis (abnormal bone growth) in yon go have corrective surgery. You feel amxious aboreficets because after a previous operation you and a very sore throat:
ASK	previous negative experience	about post-operative side-effects and describe your s. ather than a general anaesthetic in order to avoid a paint
	throat problems.	g tube (intubation) during the procedure, as it can cause
	 Heluctantly agree to a general to resume normal activities (e 	Il anaesthetic. Ask how you soon afterwards you'll be ab .g. bathing, washing hair).

OET MED Speaking 12		
CANDIDATE	CARD NO. 1	MEDICINE
SETTING	Suburban Clinic	
DOCTOR	Your patient suffers from otosclerosis and is due to have surgery on his/ her middle ear. He/she is anxious about post-operative side-effects.	
TASK	nausea. Explain why some patients surgery). Explain why general anaesthesia is revovement). Reassure hardner that e Describe why intubation is necessary. Stress that the ear canal must stay d	her that anti-emetics will be given to avoid post-operative experience a sore throat (the endotracheal tube used during squired (the intricacy of the middle ear, to prevent patient any post-operative sore throat lasts only 24-48 hours. (for unconscious patients to breathe properly, by for 10 days post-surgery. Explain that bithing and hair as (with a cotton plug in the outer ear). Stress that some
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