

**WARM UP: form**

Provide – verb  
Provision – noun

Ensure – verb

She is due to be discharged

**PP**



She is due for discharge

noun



**TODAY:**

1. Review
2. Grade
3. Homework



**Notes:**

You are a ward nurse in the cardiac unit of Greenville Public Hospital. Your patient, Ms Martin, is due to be discharged tomorrow.

**Patient:** Ms Margaret Helen Martin  
**Address:** 23 Third Avenue, Greenville  
**Age:** 81 years old (DOB: 25 July 1935)  
**Admission date:** 15 July 2017

**Social/family background:**

Never married, no children  
 Lives in own house in Greenville  
 Financially independent  
 Three siblings (all unwell) and five nieces/nephews living in greater Greenville area  
 Contact with family intermittent  
 No longer drives  
 Has 'meals on wheels' (meal delivery service for elderly) – Mon-Fri (lunch and dinner), orders frozen meals for weekends

**Diagnosis:** Coronary artery disease (CAD), angina

**Treatment:** Angioplasty (repeat – first 2008)

**Discharge date:** 16 July 2017, pending cardiologist's report

**Medical information:**

Coeliac disease  
 Angioplasty 2008  
 Anxious about health – tends to focus on health problems  
 Coronary artery disease → aspirin, clopidogrel (Plavix)  
 Hypertension → metoprolol (Betaloc), ramipril (Tritace)

Hypercholesterolemia (8.3) → atorvastatin (Lipitor)  
 Overweight (BMI 29.5)  
 Sedentary (orders groceries over phone to be delivered, neighbour walks dog)  
 Family history of coronary heart disease (mother, 2 of 3 brothers)  
 Hearing loss – wears hearing aid

**Nursing management and progress during hospital stay:**

Routine post-operative recovery  
 Tolerating light diet and fluids  
 Bruising at catheter insertion site, no signs of infection/bleeding noted post-procedure  
 Pt anxious about return home, not sure whether she will cope

**Discharge plan:**

**Dietary**  
 Low-calorie, high-protein, low-cholesterol, gluten-free diet (supervised by dietitian, referred by Dr)  
 Frequent small meals or snacks  
 Drink plenty of fluids

**Physiotherapy**  
 Daily light exercise (e.g., 15-minute walk, exercise plan monitored by physiotherapist)  
 No heavy lifting for 12 weeks

**Other**  
 Monitor wound site for bruising or infection  
 Monitor adherence to medication regime  
 Arrange regular family visits to monitor progress

**Anticipated needs of Pt:**

Need home visits from community health/district nurse – monitor adherence to post-operative medication, exercise, dietary regime  
 Regular monitoring by Dr, dietitian, physiotherapist  
 ? Danger of social isolation (infrequent family support)

**Writing Task:**

Using the information in the case notes, write a letter to the Nurse-in-Charge of the District Nursing Service outlining Ms Martin's situation and anticipated needs following her return home tomorrow. Address the letter to Nurse-in-Charge, District Nursing Service, Greenville Community Health Care Centre, 86 Highton Road, Greenville.

Title: Nurse-in-Charge

Drowning in paper!



Original	New
<p>On 15th July, Ms Martin was admitted to our hospital due to the aforementioned procedure. post-operatively, She had made a good recovery and she can tolerate light diet and fluids. Although there is a bruising at her catheter insertion site, there are no signs of infection or bleeding. Please note that she is anxious about returning home and unsure whether she will cope.</p> <p>OET say:</p> <ul style="list-style-type: none"> <li>• <u>Necessary to continue care</u> – must be there</li> <li>• Appropriate for the reader – yes/no</li> </ul> <p>Ms Martin, was admitted to the Greenville Hospital on 15<sup>th</sup> July 2017, with a CAD following angina, resulting in an angioplasty surgery, which she has been making a good recovery, along with no signs of infection or bleeding. However, he has a bruise in the incision site of her catheter. Please be aware of that she is anxious about returning to her home due to not being sure whether she will cope well with it.</p>	<p style="text-align: right;">for ↓</p> <p>On 15th July, Ms Martin was admitted to our hospital <u>due to the aforementioned procedure</u>. Post-operatively, she <del>has</del> made a good recovery and she can tolerate a light diet and fluids. Although there is a bruising at her catheter insertion site, there are no signs of infection or bleeding. Please note that she is anxious about returning home and unsure whether she will cope.</p> <p style="background-color: yellow;">What do you guys think?</p> <p><i>On 15th July, Ms Martin was admitted to our hospital <u>due to the aforementioned procedure</u>. Post-operatively, she <del>has</del> made a good recovery and there is bruising at her catheter insertion site. Please note that she is anxious about returning home.</i></p> <p><b>Egregious error</b> ↓</p> <p>Ms Martin, was admitted to our hospital on 15<sup>th</sup> July 2017, with a CAD following angina, resulting in an angioplasty surgery, <u>after which she has made a good recovery, along with no signs of infection or bleeding at affected area.</u> However, <u>she has a bruise at/around the incision site of her catheter.</u> Please be aware <del>of</del> that she is anxious about returning to her home <i>due to not being sure whether she will cope well.</i></p> <p>Repetition</p> <p>‘choose your battles’</p>

Today, after being diagnosed with coronary artery disease, Ms Martin was admitted to our hospital for her second angioplasty. She made a good progress but has bruising at catheter insertion site. She will be discharged tomorrow after the cardiologist's report. However she is anxious about return home.

**Today**, after being diagnosed with coronary artery disease, Ms Martin was admitted to our hospital for her second angioplasty. She **made** a good **recovery** but has bruising at catheter insertion site. ~~She will be discharged tomorrow after the cardiologist's report.~~ However, she is anxious about **returning** home.

**Alternative:** ...anxious about her return.

**Collocation:** natural combinations (usually verb & objects)

She does football

We make recoveries

Having been hospitalised on 15th July for the aforementioned surgery, Ms Martin has made good progress postoperatively as a result of being treated accordingly. Despite showing no signs of infection, she has bruising around her catheter insertion. Additionally, please note that she is anxious about returning home.

Having been hospitalised on 15th July for the **aforementioned** surgery, Ms Martin has made good progress postoperatively as a result of being treated **accordingly**. *Despite* showing no signs of infection, she has bruising around her **catheter** insertion. Additionally, please note that she is **anxious** about returning home.

Summary words:

I went to aforementioned movie

I ate accordingly (in the way you expect)

He was managed accordingly...

On 15th July, Ms Martin underwent her second angioplasty (previous in 2008). During the hospitalisation, she has been making good progress, and no signs of infection or bleeding in the catheter insertion, only bruising. Please be aware that she feels anxious about returning home.

On 15th July, Ms Martin underwent her second angioplasty (**her previous one was in** 2008). During the **hospitalisation**, she has been making good progress, **and there are no** signs of infection or bleeding in the **catheter insertion**, only bruising. Please be aware that she feels anxious about returning home.

On 15<sup>th</sup> July, she was admitted to our hospital and underwent a successful angioplasty procedure. Following her surgery, she has made a good recovery,

On 15<sup>th</sup> July, **Ms Martin** was admitted to our hospital and underwent a successful angioplasty procedure. Following her surgery, she has made a good recovery, apart from

apart from bruising on her catheter site. During hospitalisation, she was commenced on a cardiac exercise program by the physiotherapist and the dietitian advised her on a diet plan. Currently, she is able to tolerate a light diet and fluids, but she is unsure how will cope at home.

Ms Martin recovered uneventfully following a repeat angioplasty on 15th July 2017. Even though bruises were noted around catheter site, there were not any signs of infection. She was capable to tolerate light diet and fluids during this period. However, she is anxious about her returning home.

Having had angina, Ms Martin underwent second angioplasty on 17<sup>th</sup> July 2017 in our hospital. Postoperatively, she has made a good recovery despite bruising in her catheter site. Please note, she is anxious about returning back to her home and whether she could cope with her condition.

Having been diagnosed with coronary artery disease and consequently developing angina, Ms Martin underwent her 2nd aforementioned procedure today. Despite having a routine post-operative recovery, she has some bruising at her catheter insertion site and is anxious about her return home due to uncertainty about her condition's management.

**bruising** [Spelling] on her **catheter** [Spelling] site. During hospitalisation, she was commenced on a cardiac exercise program by the physiotherapist and the **dietician** [Spelling] advised her on a diet plan. Currently, she is able to tolerate a light diet and fluids, but she is unsure how will cope at home.

Too much detail here. Save your energy.

Ms Martin recovered uneventfully following a repeat angioplasty on 15th July 2017. Even though bruises were noted around **her** catheter site, there were not any signs of infection. She was capable to tolerate a light diet and fluids during this period. However, she is anxious about her returning home.

Good

Having had angina, Ms Martin underwent **her** second angioplasty on 17<sup>th</sup> July 2017 in our hospital. Postoperatively, she has made a good recovery despite bruising in her catheter site. Please note, she is anxious about returning back to her home and whether she could cope with her condition.

Shouldn't it be 15<sup>th</sup> July?

Discharge date: 16 July 2017, pending cardiologist's report

Having been diagnosed with coronary artery disease and consequently developing angina, Ms Martin underwent her 2nd **angioplasty** today [2<sup>nd</sup> aforementioned sound strange]. Despite having a routine post-operative recovery, she has some bruising at her catheter insertion site and is anxious about her return home due to uncertainty about her condition's management.

Good

PLAN:

Introduction	<ul style="list-style-type: none"> <li>• Monitoring</li> </ul>
Timeline	<p><b>Summarise:</b></p> <ul style="list-style-type: none"> <li>• 15<sup>th</sup> July angioplasty (2<sup>nd</sup> one)</li> <li>• Good progress post op</li> <li>• Anxiety about return</li> <li>• Bruising at catheter</li> </ul>
Background	<p><b>Detail:</b></p> <ul style="list-style-type: none"> <li>• Lives on her own</li> <li>• Intermittent contact with family</li> <li>• <i>'meals on wheels'</i>: Mon-Fri / Ready meals: weekend</li> <li>• Hearing loss</li> <li>• High cholesterol, etc.</li> <li>• Medication: <u>only names</u></li> <li>• Or: 'She is taking medication for _____, _____, _____'</li> <li>• BMI</li> <li>• Sedentary lifestyle</li> <li>• Coeliac disease</li> </ul>
Requests	<ul style="list-style-type: none"> <li>• Monitor wound</li> <li>• Monitor medication (post op)</li> <li>• Arrange regular fam visits</li> <li>• <i>Monitor</i> diet / 'there is a dietician'</li> <li>• Monitor exercise / 'there is a physiotherapist'</li> </ul>



Original	New
<p>15/07/2017</p> <p>Nurse-in-Charge District Nursing Services Greenville Community Health Care Centre 88, Highton Road Greenville</p> <p>Dear Nurse-in-Charge</p> <p>Re: Ms Margaret Helen Martin, 81 years old</p> <p>I am writing to introduce Ms Martin, who was admitted to our hospital due to a coronary artery disease. However, it depends on her cardiologist's report she will be discharged tomorrow and requires monitoring and ongoing care from your facility.</p> <p>However, it depends on her cardiologist's report. Additionally, she will be discharged tomorrow and requires monito</p> <p>I am writing to introduce Ms Martin, who has undergone an angioplasty procedure. She is scheduled to be discharged tomorrow, pending the cardiologist's report, and now requires home visits and ongoing monitoring.</p>	<p>15/07/2017</p> <p>This will always be today's date in the exam</p> <p>OET prefer this style of date:</p> <p>15<sup>th</sup> July 2017</p> <p>Nurse-in-Charge District Nursing Services Greenville Community Health Care Centre 88, Highton Road Greenville</p> <p>Dear Nurse-in-Charge</p> <p>Re: Ms Margaret Helen Martin, 81 years old</p> <p>I am writing to introduce Ms Martin, who was admitted to our hospital due to a <u>coronary artery disease</u>. She will be discharged tomorrow <b>pending the cardiologists report</b> and requires <b>monitoring and ongoing care</b> from your facility.</p> <p>Clear purpose</p> <p>Is it okay to say 'care'</p> <p><u>neutral</u></p> <p>I am writing to introduce <u>Ms</u> Martin, who has <u>undergone</u> an angioplasty procedure. She is scheduled to be discharged tomorrow, pending the cardiologist's report, and now requires home visits and ongoing monitoring.</p> <p>Great!</p> <p>Verb 1 eat / undergo Verb 2 ate / underwent Verb 3 eaten / <u>undergone</u></p>

I am writing regarding Ms Martin, who has been recovering from an angioplasty due to angina. She will be discharged tomorrow after the cardiologist's report and will require home visits for ongoing care and support.

I am writing to introduce Ms Martin, who requires ongoing care and monitoring. She is set to be discharged tomorrow following a pending report of the cardiologist.

I am writing regarding Mrs Martin, who was admitted to our facility due to having an angina and underwent an angioplasty yesterday. She is scheduled to be discharged to your community health area after reviewing cardiologist's report, and requires further monitoring, care and support

I am writing regarding Ms Martin, who has been recovering from an angioplasty due to angina. She will be discharged tomorrow after the cardiologist's report and will require home visits for ongoing care and support.

Monitoring?

New way

I am writing to introduce Ms Martin, who requires ongoing care and monitoring. She is set to be discharged tomorrow following a pending report from the cardiologist.

More natural: 'following the cardiologists report, which is pending'

This person must make clear the condition later in the letter. It must be there somewhere.

Living in the correct area of the reader

I am writing regarding Ms Martin, who was admitted to our facility due to having an angina and underwent an angioplasty yesterday. She is scheduled to be discharged to your community health area after the cardiologist's report, and requires further monitoring, care and support

Usually conditions are uncountable:

Rule: no 'a' or 'an' with an uncountable noun

Diabetes

**Exception:** when talking of types. ANY uncountable can be countable.

RE: Ms Martin, aged 81

I am writing with regard to Ms Martin, a 81 year old woman who lives on her own and was admitted to the hospital on the 15 July 2017. She needs a home visit form the District Nursing Service in order to monitor her post operative medication, exercise as well as dietary regimen.

I didn't check it! I did re read it!

Typo

"I am writing this letter regarding Mr Margaret, who was admitted to our hospital today for angioplasty. He is scheduled to be discharged tomorrow, pending cardiologist's report and now requires your monitoring."

I am writing regarding Ms Martin, who has undergone angioplasty following coronary artery disease in our hospital on date 15 July 2017. She is scheduled for discharged tomorrow and now requires your ongoing care and management.

I am writing to request daily home visits for Ms Margaret Helen Martin, who has been undergone repeat angioplasty due

I am writing with regard to Ms Martin, an 81 year old woman who lives on her own and was admitted to our hospital on the 15 July 2017. She needs a home visit **from** the District Nursing Service (*isn't that the reader?*) in order to monitor her post operative medication, exercise as well as dietary regimen.

Problem:

Why so many details?

I do understand this person. There are not many errors. But my advice to be more concise.

"I am writing ~~this letter~~ regarding Mr Margaret, who was admitted to our hospital today for angioplasty. He is scheduled to be discharged tomorrow, pending the cardiologist's report and now requires monitoring."

Name

I am writing regarding Ms Martin, who underwent ~~has undergone~~ **an** angioplasty following coronary artery disease in our hospital on ~~date~~ 15 July 2017. She is scheduled for discharged tomorrow and now requires your ongoing care and management.

Okay but maybe a little more concise? Also you cant use present perfect (has undergone) with a date like this 'on 17<sup>th</sup> July'. It is not permitted: on, in, at, etc. You can ONLY use 'for' and 'since'

I am writing to request daily home visits for Ms Margaret Helen Martin, who has ~~been~~ undergone **a** repeat angioplasty due to

to angina . She requires monitoring and follow-up care , and is being discharged tomorrow after receiving cardiologist's report.

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow and requires your ongoing monitoring and care.

I am writing regarding Ms Martin,who was admitted to our clinic due to Coronary artery disease.She is scheduled be discharged tomorrow and now requires your further care and monitoring.

Nurse-in-Charge  
District Nursing Service  
Greenville Community Health Care Centre  
88 Highton Road  
Greenville

28th February 2022

Dear Nurse,

Re: Ms Margaret Martin, DOB: 25th July 1935

I am writing regarding Ms Martin, who was admitted to our hospital for an angioplasty. Depending on the

angina . She requires monitoring and follow-up care , and is being discharged tomorrow after receiving **the** cardiologist's report.

Watch grammar here.

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow and requires your ongoing monitoring and care.

Good - why not say 'for an angioplasty'?

I am writing regarding Ms Martin, who was admitted to our clinic due to **c**oronary artery disease. She is scheduled **to** be discharged tomorrow and now requires your further care and monitoring.

Good – watch grammar though

Nurse-in-Charge  
District Nursing Service  
Greenville Community Health Care Centre  
88 Highton Road  
Greenville

28th February 2022

Dear Nurse,

Re: Ms Margaret Martin, DOB: 25th July 1935

I am writing regarding Ms Martin, who was admitted to our hospital for an angioplasty. **Depending** on the

cardiologist's report, she is scheduled to be discharged tomorrow and will require ongoing care and monitoring.

I am writing regarding Ms Margaret Martin, who is scheduled to be discharged from our facility after an successful angioplasty procedure. She now requires your monitoring.

cardiologist's report, she is scheduled to be discharged tomorrow and will require ongoing care and monitoring. ✓

Why not say 'pending' as discussed in class:

“She is due for discharge pending the report...”

I am writing regarding Ms Margaret Martin, who is scheduled to be discharged from our facility after a successful angioplasty procedure. She now requires your monitoring.

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Example of the homework:

On the 15<sup>th</sup> July, Ms Martin underwent her 2<sup>nd</sup> angioplasty. During her hospital stay, there was a slight bruising on the catheter site, otherwise no signs of infection or bleeding **were** noted. Also, she had been tolerating her light diet and fluids. Currently, she is stable but she is anxious about returning home due to her being not able to cope. Please note that she has been wearing a hearing aid due to her hearing loss.

*On the 15<sup>th</sup> July, Ms Martin underwent her 2<sup>nd</sup> angioplasty. She has made good progress, however, she has some bruising around her catheter site. Please note that she is anxious about her return home.*

SUMMARY / DETAIL

**So... tell me about your date last night?**

Well, we went to the restaurant, and I had a fantastic salad. There was green and red lettuce and some red onions. There were very tasty tomatoes and an incredible dressing. The crotons were lovely as well and the chef had seasoned the salad perfectly. **We had a nice time and I left.**

Why is that strange?