

WARM UP

TODAY: Introductions

- 1 Discuss the case notes
- 2 Mark and correct your work
- 3 Discuss homework: paragraph 2

Notes:

You are a ward nurse in the cardiac unit of Greenville Public Hospital. Your patient, Ms Martin, is due to be discharged tomorrow.

Patient: Ms Margaret Helen Martin
Address: 23 Third Avenue, Greenville
Age: 81 years old (DOB: 25 July 1935)
Admission date: 15 July 2017

Social/family background:

Never married, no children
 Lives in own house in Greenville
 Financially independent
 Three siblings (all unwell) and five nieces/nephews living in greater Greenville area
 Contact with family intermittent
 No longer drives
 Has 'meals on wheels' (meal delivery service for elderly) – Mon-Fri (lunch and dinner), orders frozen meals for weekends

Diagnosis: Coronary artery disease (CAD), angina

Treatment: Angioplasty (repeat – first 2008)

Discharge date: 16 July 2017, pending cardiologist's report

Medical information:

Coeliac disease
 Angioplasty 2008
 Anxious about health – tends to focus on health problems
 Coronary artery disease → aspirin, clopidogrel (Plavix)
 Hypertension → metoprolol (Betaloc), ramipril (Tritace)

Hypercholesterolemia (8.3) → atorvastatin (Lipitor)
 Overweight (BMI 29.5)
 Sedentary (orders groceries over phone to be delivered, neighbour walks dog)
 Family history of coronary heart disease (mother, 2 of 3 brothers)
 Hearing loss – wears hearing aid

Nursing management and progress during hospital stay:

Routine post-operative recovery
 Tolerating light diet and fluids
 Bruising at catheter insertion site, no signs of infection/bleeding noted post-procedure
 Pt anxious about return home, not sure whether she will cope

Discharge plan:

Dietary
 Low-calorie, high-protein, low-cholesterol, gluten-free diet (supervised by dietician, referred by Dr)
 Frequent small meals or snacks
 Drink plenty of fluids

Physiotherapy
 Daily light exercise (e.g., 15-minute walk, exercise plan monitored by physiotherapist)
 No heavy lifting for 12 weeks

Other
 Monitor wound site for bruising or infection
 Monitor adherence to medication regime
 Arrange regular family visits to monitor progress

Anticipated needs of Pt:

Need home visits from community health/district nurse – monitor adherence to post-operative medication, exercise, dietary regime
 Regular monitoring by Dr, dietician, physiotherapist
 ? Danger of social isolation (infrequent family support)

Writing Task:

Using the information in the case notes, write a letter to the Nurse-in-Charge of the District Nursing Service outlining Ms Martin's situation and anticipated needs following her return home tomorrow. Address the letter to Nurse-in-Charge, District Nursing Service, Greenville Community Health Care Centre, 66 Highton Road, Greenville.

PLAN:

Introduction	<ul style="list-style-type: none"> • Monitoring
Timeline	<p>Summarise:</p> <ul style="list-style-type: none"> • 15th July angioplasty (2nd one) • Good progress post op • Anxiety • Bruising at catheter
Background	<p>Detail:</p> <ul style="list-style-type: none"> • Lives on her own • Intermittent contact with family • ‘meals on wheels’: Mon-Fri / Ready meals: weekend • Hearing loss • High cholesterol, etc. • Medication: only names • Or: ‘She is taking medication for _____, _____, _____’ • BMI • Sedentary lifestyle • Coeliac disease
Requests	<ul style="list-style-type: none"> • Monitor wound • Monitor medication (post op) • Arrange regular fam visits • <i>Monitor</i> diet / ‘there is a dietician’ • Monitor exercise / ‘there is a physiotherapist’

What makes a good Introduction in OET?

- Purpose of letter is clear: ‘monitoring’, ‘assessment’, etc.
- Short and ‘to the point’/ direct
- Nice grammar: not a lot errors
- Name, letter type (advised), situation in general, etc.

Original	New
<p>15/07/2017</p> <p>Nurse-in-Charge District Nursing Services Greenville Community Health Care Centre 88, Highton Road Greenville</p> <p>Dear Nurse-in-Charge</p> <p>Re: Ms Margaret Helen Martin, 81 years old</p> <p>I am writing to introduce Ms Martin, who was admitted to our hospital due to a coronary artery disease. However, it depends on her cardiologist's report she will be discharged tomorrow and requires monitoring and ongoing care from your facility.</p> <p>However, it depends on her cardiologist's report. Additionally, she will be discharged tomorrow and requires monito</p> <p>I am writing to introduce Ms Martin, who has undergone an angioplasty procedure. She is scheduled to be discharged tomorrow, pending the cardiologist's report, and now requires home visits and ongoing monitoring.</p>	<p>15/07/2017</p> <p>This will always be today's date in the exam</p> <p>OET prefer this style of date:</p> <p>15th July 2017</p> <p>Nurse-in-Charge District Nursing Services Greenville Community Health Care Centre 88, Highton Road Greenville</p> <p>Dear Nurse-in-Charge</p> <p>Re: Ms Margaret Helen Martin, 81 years old</p> <p>I am writing to introduce Ms Martin, who was admitted to our hospital due to a <u>coronary artery disease</u>. She will be discharged tomorrow <u>pending the cardiologists report</u> and requires <u>monitoring and ongoing care</u> from your facility.</p> <p>Clear purpose</p> <p>Is it okay to say 'care'</p> <p><u>neutral</u></p> <p>I am writing to introduce <u>Ms</u> Martin, who has <u>undergone</u> an angioplasty procedure. She is scheduled to be discharged tomorrow, pending the cardiologist's report, and now requires home visits and ongoing monitoring.</p> <p>Great!</p> <p>Verb 1 eat / undergo Verb 2 ate / underwent Verb 3 eaten / <u>undergone</u></p>

I am writing regarding Ms Martin, who has been recovering from an angioplasty due to angina. She will be discharged tomorrow after the cardiologist's report and will require home visits for ongoing care and support.

I am writing to introduce Ms Martin, who requires ongoing care and monitoring. She is set to be discharged tomorrow following a pending report of the cardiologist.

I am writing regarding Mrs Martin, who was admitted to our facility due to having an angina and underwent an angioplasty yesterday. She is scheduled to be discharged to your community health area after reviewing cardiologist's report, and requires further monitoring, care and support

I am writing regarding Ms Martin, who has been recovering from an angioplasty due to angina. She will be discharged tomorrow after the cardiologist's report and will require home visits for ongoing care and support.

Monitoring?

New way

I am writing to introduce Ms Martin, who requires ongoing care and monitoring. She is set to be discharged tomorrow following a pending report from the cardiologist.

More natural: 'following the cardiologists report, which is pending'

This person must make clear the condition later in the letter. It must be there somewhere.

Living in the correct area of the reader

I am writing regarding Ms Martin, who was admitted to our facility due to having an angina and underwent an angioplasty yesterday. She is scheduled to be discharged to your community health area after the cardiologist's report, and requires further monitoring, care and support

Usually conditions are uncountable:

Rule: no 'a' or 'an' with an uncountable noun

Diabetes

Exception: when talking of types. ANY uncountable can be countable.

I am writing with regard to Ms Martin, a 81 year old woman who lives on her own and was admitted to the hospital on the 15 July 2017. She needs a home visit form the District Nursing Service in order to monitor her post operative medication, exercise as well as dietary regimen.

I didn't check it! I did re read it!

Typo

"I am writing this letter regarding Mr Margaret, who was admitted to our hospital today for angioplasty. He is scheduled to be discharged tomorrow, pending cardiologist's report and now requires your monitoring."

I am writing regarding Ms Martin, who has undergone angioplasty following coronary artery disease in our hospital on date 15 July 2017. She is scheduled for discharged tomorrow and now requires your ongoing care and management.

RE: Ms Martin, aged 81


I am writing with regard to Ms Martin, an 81 year old woman who lives on her own and was admitted to our hospital on the 15 July 2017. She needs a home visit **from** the District Nursing Service (*isn't that the reader?*) in order to monitor her post operative medication, exercise as well as dietary regimen.

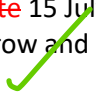
Problem:

Why so many details?

I do understand this person. There are not many errors. But my advice to be more concise.

"I am writing ~~this letter~~ regarding Mr Margaret, who was admitted to our hospital today for angioplasty. He is scheduled to be discharged tomorrow, pending the cardiologist's report and now requires monitoring."

Name 

I am writing regarding Ms Martin, who underwent ~~has undergone~~ **an** angioplasty following coronary artery disease in our hospital on ~~date~~ 15 July 2017. She is scheduled for discharged tomorrow and now requires your ongoing care and management. 

Okay but maybe a little more concise? Also you cant use present perfect (has undergone) with a date like this 'on 17th July'. It is not permitted: on, in, at, etc. You can ONLY use 'for' and 'since'

I am writing to request daily home visits for Ms Margaret Helen Martin, who has been undergone repeat angioplasty due to angina . She requires monitoring and follow-up care , and is being discharged tomorrow after receiving cardiologist's report.

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow and requires your ongoing monitoring and care.

I am writing regarding Ms Martin,who was admitted to our clinic due to Coronary artery disease.She is scheduled be discharged tomorrow and now requires your further care and monitoring.

Nurse-in-Charge
District Nursing Service
Greenville Community Health Care Centre
88 Highton Road
Greenville

28th February 2022

Dear Nurse,

Re: Ms Margaret Martin, DOB: 25th July 1935

I am writing to request daily home visits for Ms Margaret Helen Martin, who has ~~been~~ undergone ~~a~~ repeat angioplasty due to angina . She requires monitoring and follow-up care , and is being discharged tomorrow after receiving ~~the~~ cardiologist's report.

Watch grammar here.

I am writing regarding Ms Margaret Helen Martin, who was admitted to our hospital due to coronary artery disease. She is scheduled to be discharged tomorrow and requires your ongoing monitoring and care.

Good - why not say 'for an angioplasty'?

I am writing regarding Ms Martin, who was admitted to our clinic due to ~~coronary~~ artery disease. She is ~~is~~ scheduled ~~to~~ be discharged tomorrow and now requires your further care and monitoring.

Good – watch grammar though

Nurse-in-Charge
District Nursing Service
Greenville Community Health Care Centre
88 Highton Road
Greenville

28th February 2022

Dear Nurse,

Re: Ms Margaret Martin, DOB: 25th July 1935

<p>I am writing regarding Ms Martin, who was admitted to our hospital for an angioplasty. Depending on the cardiologist's report, she is scheduled to be discharged tomorrow and will require ongoing care and monitoring.</p>	<p>I am writing regarding Ms Martin, who was admitted to our hospital for an angioplasty. Depending on the cardiologist's report, she is scheduled to be discharged tomorrow and will require ongoing care and monitoring.</p> <p>Why not say 'pending' as discussed in class: ✓</p> <p>“She is due for discharge pending the report...”</p>
<p>I am writing regarding Ms Margaret Martin, who is scheduled to be discharged from our facility after an successful angioplasty procedure. She now requires your monitoring.</p>	<p>I am writing regarding Ms Margaret Martin, who is scheduled to be discharged from our facility after a successful angioplasty procedure. She now requires your monitoring.</p>

PLAN:

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Requests	<ul style="list-style-type: none"> • Monitor wound • Monitor medication (post op) • Arrange regular fam visits • <i>Monitor diet</i> / ‘there is a dietician’

- | | |
|--|---|
| | <ul style="list-style-type: none">• Monitor exercise / 'there is a physiotherapist' |
|--|---|

Example of the homework:

On the 15th July, Ms Martin underwent her 2nd angioplasty. During her hospital stay, there was a slight bruising on the catheter site, otherwise no signs of infection or bleeding **were** noted. Also, she had been tolerating her light diet and fluids. Currently, she is stable but she is anxious about returning home due to her being not able to cope. Please note that she has been wearing a hearing aid due to her hearing loss.

On the 15th July, Ms Martin underwent her 2nd angioplasty. She has made good progress, however, she has some bruising around her catheter site. Please note that she is anxious about her return home.

SUMMARY / DETAIL

So... tell me about your date last night?

Well, we went to the restaurant, and I had a fantastic salad. There was green and red lettuce and some red onions. There were very tasty tomatoes and an incredible dressing. The crotons were lovely as well and the chef had seasoned the salad perfectly. We had a nice time and I left.

Why is that strange?