

## Vocabulary: Origins of Heart Disease

Vocabulary	Definition	Word Formations
1. <b>insufficiency</b>	noun - inadequate amount of....., a lack of ....	<ul style="list-style-type: none"> <li>suffice</li> <li>sufficient</li> <li>insufficient</li> <li>sufficiency</li> <li>insufficiency</li> </ul> <p>1 hour is <b>sufficient</b> to roast a chicken.            10 minutes is <b>insufficient</b> to roast a chicken.            1 hour will <b>suffice</b> to roast a chicken.</p>
2. <b>adaptations</b>	noun - changes, modifications, adjustments, to make something work better	<p>Frogs have undergone many <b>adaptations</b> over time.</p> <ul style="list-style-type: none"> <li>adapt</li> <li>adapted</li> <li>adaptive</li> <li>adaptation</li> </ul>
3. <b>viable</b>	adj - practicable, can be done, feasible	<p>Paul suggested some <b>viable</b> plans for the development of the school.</p> <ul style="list-style-type: none"> <li>viability</li> <li>viable</li> </ul>
4. <b>trade off</b>	deal where you accept something you don't really want in order to get the thing you really want	<p>The government accepted that they had to make <b>a trade off</b> in order to make a coalition government and keep control.</p>
5. <b>adverse</b>	adj - bad, unfavourable	<p>People often have an <b>adverse</b> reaction to change.</p> <ul style="list-style-type: none"> <li>adverse</li> <li>adversely</li> <li>adversity</li> </ul>
6. <b>susceptible</b>	adj prone to , vulnerable to	<p>My daughter is <b>susceptible</b> to sinus infections.</p> <ul style="list-style-type: none"> <li>susceptible</li> <li>susceptibility</li> </ul>
7. <b>vigorous</b>	adj - strongly energetic	<p>I do <b>vigorous</b> exercise before work.</p> <ul style="list-style-type: none"> <li>vigorous</li> <li>vigorously</li> <li>vigour</li> </ul>
8. <b>determinant</b>	noun - a factor which definitely causes a reaction/result	<p>Fitness was the key <b>determinant</b> for Everton's victory today.</p> <p><b>a factor which causes a result:</b></p> <ul style="list-style-type: none"> <li>to determine - find out / state clearly what happened</li> <li>determinant</li> </ul> <p><b>not giving up:</b></p>

		<ul style="list-style-type: none"> <li>determined</li> <li>determination</li> </ul>
9. <b>striking</b>	adj - very noticeable - usually for positive reasons but not always	The rich and poor areas of London have <b>striking</b> differences.
10. <b>pronounced</b>	verb: said a word  adj - severe/very strong/emphasised	I walk with a <b>pronounced</b> limp.
11. <b>ancestry</b>	noun - previous generations of family	I have doing a lot of research on my <b>ancestry</b> recently. <ul style="list-style-type: none"> <li>ancestor - a person in your family's history</li> <li>ancestry - concept of previous generations</li> <li>ancestral</li> </ul>
12. <b>millennia</b>	noun - thousands of years a millennium - 1000 years	People have inhabited the island of Britain for <b>millennia</b> .
13. <b>confer</b>	verb - to discuss with somebody  - confer on - give to	I conferred with my wife and made a decision. <ul style="list-style-type: none"> <li>confer</li> <li>conference</li> </ul> <p>The queen <b>conferred</b> the title of 'Duke of Manchester' <b>on</b> Paul.</p>
14. <b>halt</b>	verb - stop	Construction on the new hospital <b>was halted</b> last week.

## Using vocabulary to paraphrase

**Can we use any of the vocabulary above to rewrite some of the sentences below? In some cases, it might be a synonym. In others it might be a grammatical change.**

1. She coughed a lot last night and as a result, she damaged blood vessels in her eyes
2. My son changed our TV in a few ways and now it is much better!
3. There are a number of harmful side effects related to chemotherapy.
4. Smoking does not necessarily cause lung cancer.
5. Humans have been using medicine of one type or other since before the Egyptians!
6. Mrs Smith is not taking in enough oxygen.
7. Some ethnicities have a vulnerability to dairy intolerance.
8. The difference between the two sets of results was unexpectedly significant.
9. You can keep your beach body or you can eat 1kg of ice cream every night.  
Unfortunately, you can't have both.
10. In her current state, we cannot allow a natural childbirth. A caesarean is necessary.