

OET Writing Week

Eleanor Bennet

Case notes: https://prod-wp-content.occupationalenglishtest.org/resources/uploads/2021/10/05160931/Website-Sample-2021_WMED_combined.pdf?_ga=2.263386444.1195615247.1645439835-2090844317.1641981840

Notes:

Assume that today's date is 15 May 2021. You have been Ms Bennet's GP for two years and have been treating her recently following her hospitalisation for cardiac problems.

PATIENT DETAILS:

Name: Eleanor Bennet
DOB: 06 Dec 1975 (45 y.o.)
Address: 32 Station Road, Oakville

Social background:

Commercial lawyer – frequent international travel
Divorced – 2 daughters (18 & 16 y.o.)
Children live mainly with children's father (custody currently contested) – Pt reports extreme stress re worries about quality of father's childcare
Since 2019 ↑alcohol intake from 10 → 40 units/wk; smokes 20 cigs/day
BMI 29 (overweight) – little exercise (gym x1/mth)

Family history: Father died 53 y.o. – heart disease
Older brother – mental health problems (2 suicide attempts in last 12 mths)

Medical history:

08 Feb 2021, 0800 hrs

Heart attack at airport after long-haul flight (pain in jaw, nausea, SOB)
Defibrillator applied by first-aider

08 Feb 2021, 0915 hrs

Emergency hospital admission (Oakville General Hospital)
Balloon-expandable stent applied via groin (arm tried initially, artery too small)

15 Feb 2021

Discharged, 4 weeks off work → gradual return to work
Mother moved in to give care. Pt reports ↑stress (poor relationship)

Medications/treatment on discharge:

Captopril 50mg 2x/day
 Atorvastatin 80mg daily
 Referral for cardiac rehabilitation sessions – non-attendance
 Counselling given re lifestyle changes

Presenting complaint:

15 May 2021 Side effects of captopril – dizziness and light-headedness, headaches, episodes of diarrhoea
 Pt reports ↑stress from side effects
 Pt requests captopril discontinuation (side effects) – reluctant to start new meds

Plan: Referral to cardiologist re review of meds and ways to encourage lifestyle changes

Writing Task:

Using the information given in the case notes, write a letter of referral to Dr Banerjee, consultant cardiologist. In your letter, briefly outline Ms Bennet's history and treatment so far, requesting advice and a review of her medication. Address your letter to Dr James Banerjee, Consultant Cardiologist, Sanditon City Hospital, Sanditon.

Planning

Who are we writing to?	cardiologist
What do they already know?	heart problems - technical language, medication, procedures / don't know the patient
What do they need to learn in order to continue care?	details of medication, treatment, cardio history / smoking / drinking / family situation
Why am I writing today?	she presented today with meds problems
Is it urgent?	no

Paragraph Structure

Introduction	<ul style="list-style-type: none"> • Patient name • General medical context • General request
Timeline	Feb Medical history: 08 Feb 2021, 0800 hrs Heart attack at airport after long-haul flight (pain in jaw, nausea, SOB) Defibrillator applied by first-aider 08 Feb 2021, 0915 hrs Emergency hospital admission (Oakville General Hospital) Balloon-expandable stent applied via groin (arm tried initially, artery too small) 15 Feb 2021 Discharged, 4 weeks off work → gradual return to work Mother moved in to give care. Pt reports ↑stress (poor relationship) Medications/treatment on discharge: Captopril 50mg 2x/day Atorvastatin 80mg daily Referral for cardiac rehabilitation sessions – non-attendance Counselling given re lifestyle changes
Timeline 2	Today

	<p>Presenting complaint:</p> <p>15 May 2021 Side effects of captopril – dizziness and light-headedness, headaches, episodes of diarrhoea Pt reports ↑stress from side effects Pt requests captopril discontinuation (side effects) – reluctant to start new meds</p>
Background	<p>Social background:</p> <p>Commercial lawyer – frequent international travel Divorced – 2 daughters (18 & 16 y.o.) Children live mainly with children’s father (custody currently contested) – Pt reports extreme stress re worries about quality of father’s childcare Since 2019 ↑alcohol intake from 10 → 40 units/wk; smokes 20 cigs/day BMI 29 (overweight) – little exercise (gym x1/mth)</p> <p>Family history: Father died 53 y.o. – heart disease Older brother – mental health problems (2 suicide attempts in last 12 mths)</p>
Request	<p>Plan: Referral to cardiologist re review of meds and ways to encourage lifestyle changes</p>

Homework: Write timeline paras and send to paul@set-english.com

Introduction Paragraphs

- I am writing regarding Ms Eleanor Bennet, who had a heart attack recently and **now is experiencing medication issues**. She requires your advice and review of her medication.
- I am writing regarding Ms Bennet, a 45-year-old woman with cardiac problems **and medication issues**. She is being referred to you for review of her medications and advice on lifestyle changes.
- I am writing regarding Ms Bennet, who had a heart attack recently and presented today with side effects of captopril. She is being referred to you for advice regarding lifestyle changes and a review of her medications.
- I'm writing regarding Mrs Bennet, who **experienced a** heart attack recently and presented today due to side effects of her medication. She requires your further advice **on** medication and lifestyle modification.
- Thank you for seeing this 45-year-old, who has recently experienced side effects of captopril, and now wants to discontinue it . **Request?**
- **information is too detailed, and we don't have the request!**
- I am writing regarding Ms Bennet, who **was admitted our hospital** due to heart attack. Now she requires advice on her medication and lifestyle.

be careful! Don't misrepresent the situation!