

OET Writing Week

Eleanor Bennet

Case notes: https://prod-wp-content.occupationalenglishtest.org/resources/uploads/2021/10/05160931/Website-Sample-2021_WMED_combined.pdf?_ga=2.263386444.1195615247.1645439835-2090844317.1641981840

Notes:

Assume that today's date is 15 May 2021. You have been Ms Bennet's GP for two years and have been treating her recently following her hospitalisation for cardiac problems.

PATIENT DETAILS:

Name: Eleanor Bennet
DOB: 06 Dec 1975 (45 y.o.)
Address: 32 Station Road, Oakville

Social background:

Commercial lawyer – frequent international travel
Divorced – 2 daughters (18 & 16 y.o.)
Children live mainly with children's father (custody currently contested) – Pt reports extreme stress re worries about quality of father's childcare
Since 2019 ↑alcohol intake from 10 → 40 units/wk; smokes 20 cigs/day
BMI 29 (overweight) – little exercise (gym x1/mth)

Family history: Father died 53 y.o. – heart disease
Older brother – mental health problems (2 suicide attempts in last 12 mths)

Medical history:

08 Feb 2021, 0800 hrs
Heart attack at airport after long-haul flight (pain in jaw, nausea, SOB)
Defibrillator applied by first-aider

08 Feb 2021, 0915 hrs
Emergency hospital admission (Oakville General Hospital)
Balloon-expandable stent applied via groin (arm tried initially, artery too small)

15 Feb 2021
Discharged, 4 weeks off work → gradual return to work
Mother moved in to give care. Pt reports ↑stress (poor relationship)

Medications/treatment on discharge:

Captopril 50mg 2x/day
 Atorvastatin 80mg daily
 Referral for cardiac rehabilitation sessions – non-attendance
 Counselling given re lifestyle changes

Presenting complaint:

15 May 2021 Side effects of captopril – dizziness and light-headedness, headaches, episodes of diarrhoea
 Pt reports ↑stress from side effects
 Pt requests captopril discontinuation (side effects) – reluctant to start new meds

Plan: Referral to cardiologist re review of meds and ways to encourage lifestyle changes

Writing Task:

Using the information given in the case notes, write a letter of referral to Dr Banerjee, consultant cardiologist. In your letter, briefly outline Ms Bennet's history and treatment so far, requesting advice and a review of her medication. Address your letter to Dr James Banerjee, Consultant Cardiologist, Sanditon City Hospital, Sanditon.

Planning

Who are we writing to?	cardiologist
What do they already know?	heart problems - technical language, medication, procedures / don't know the patient
What do they need to learn in order to continue care?	details of medication, treatment, cardio history / smoking / drinking / family situation
Why am I writing today?	she presented today with meds problems
Is it urgent?	no

Paragraph Structure

Introduction	<ul style="list-style-type: none"> • Patient name • General medical context • General request
Timeline	Feb Medical history: 08 Feb 2021, 0800 hrs Heart attack at airport after long-haul flight (pain in jaw, nausea, SOB) Defibrillator applied by first-aider 08 Feb 2021, 0915 hrs Emergency hospital admission (Oakville General Hospital) Balloon-expandable stent applied via groin (arm tried initially, artery too small) 15 Feb 2021 Discharged, 4 weeks off work → gradual return to work Mother moved in to give care. Pt reports ↑stress (poor relationship) Medications/treatment on discharge: Captopril 50mg 2x/day Atorvastatin 80mg daily Referral for cardiac rehabilitation sessions – non-attendance Counselling given re lifestyle changes
Timeline 2	Today

	<p>Presenting complaint:</p> <p>15 May 2021 Side effects of captopril – dizziness and light-headedness, headaches, episodes of diarrhoea Pt reports ↑stress from side effects Pt requests captopril discontinuation (side effects) – reluctant to start new meds</p>
Background	<p>Social background:</p> <p>Commercial lawyer – frequent international travel Divorced – 2 daughters (18 & 16 y.o.) Children live mainly with children’s father (custody currently contested) – Pt reports extreme stress re worries about quality of father’s childcare Since 2019 ↑alcohol intake from 10 → 40 units/wk; smokes 20 cigs/day BMI 29 (overweight) – little exercise (gym x1/mth)</p> <p>Family history: Father died 53 y.o. – heart disease Older brother – mental health problems (2 suicide attempts in last 12 mths)</p>
Request	<p>Plan: Referral to cardiologist re review of meds and ways to encourage lifestyle changes</p>

Introduction Paragraphs

- I am writing regarding Ms Eleanor Bennet, who had a heart attack recently and **now is experiencing medication issues**. She requires your advice and review of her medication.
- I am writing regarding Ms Bennet, a 45-year-old woman with cardiac problems **and medication issues**. She is being referred to you for review of her medications and advice on lifestyle changes.
- I am writing regarding Ms Bennet, who had a heart attack recently and presented today with side effects of captopril. She is being referred to you for advice regarding lifestyle changes and a review of her medications.
- I'm writing regarding Mrs Bennet, who **experienced a** heart attack recently and presented today due to side effects of her medication. She requires your further advice **on** medication and lifestyle modification.
- Thank you for seeing this 45-year-old, who has recently experienced side effects of captopril, and now wants to discontinue it . **Request?**
- **information is too detailed, and we don't have the request!**
- I am writing regarding Ms Bennet, who **was admitted our hospital** due to heart attack. Now she requires advice on her medication and lifestyle.

be careful! Don't misrepresent the situation!

Timeline

Common errors:

- tense issues
- passive
- sentence structures
- unnecessary information included
- necessary information omitted

Student	Teacher
<p>On 8th February, Ms Eleanor Bennet had a heart attack. After applying defibrillation, she was taken to the emergency department and was treated with baloon-expandable stent insertion, immediatly. One week later, she was discharged with captopril, 50 mg, twice daily and atorvastatin, 80 mg, once daily. In addition, cardiac rehabilitation programme and life-sbye changes were advised. However, on todays visit, she complained of side effects of captopril including, headache, dizziness and diarrhoea which have a negative effect for her stress level. As a result, she wants to stop using captopril.</p>	<p>On 8th February, Ms Eleanor Bennet had a heart attack. After applying defibrillation, she was taken to the emergency department and was treated with balloon-expandable stent insertion, immediatly. One week later, she was discharged with captopril, 50 mg, twice daily and atorvastatin, 80 mg, once daily. In addition, a cardiac rehabilitation programme and life-sbye changes were advised. However, during today's visit, she complained of side effects of captopril including, headache, dizziness and diarrhoea, which have increased her stress levels. As a result, she wants to stop using captopril.</p> <p>On assessment, On presentation,</p> <p>- the action that immediatly follows</p>
<p><i>On 8th February, Ms.Eleanor Bennet experienced <u>jaw pain, associated with nausea and SOB</u> followed by a heart attack at <u>the Airport</u>. Consequently, the defibrillator was applied by the first aider. On the same day, she was admitted to the hospital and a Balloon- expandable stent was inserted through her groin to her heart. Following that, she was discharged on 15 February along with medications, such as captopril, 50mg, and atorvastatin, 80mg. Additionally, a referral was given for her cardiac rehabilitation session, which was not attended.</i></p> <p><i>Currently, she presented with dizziness, lightheadedness, headaches, and episodes of diarrhea suggestive of captopril adverse effects. In addition to that, her stress level is increased and now she requests to discontinue the medication.</i></p>	<p>Be careful what information you include - is it essential to the task? Does the recipient really need to know ?</p> <p><i>On 8th February, Ms.Eleanor Bennet experienced <u>jaw pain, associated with nausea and SOB</u> followed by a heart attack at <u>the Airport</u>. Consequently, a defibrillator was applied by a first aider. On the same day, she was admitted to the hospital and a balloon- expandable stent was inserted through her groin to her heart. Following that, she was discharged on 15 February with captopril, 50mg, and atorvastatin, 80mg. Additionally, a referral was given for her cardiac rehabilitation session, which was not attended.</i></p> <p><i>Today, she presented with dizziness, lightheadedness, headaches, and episodes of diarrhea suggestive of <u>adverse effects connected</u></i></p>

	<p><i>to captopril. In addition to that, her stress level is increased and now she has requested discontinuation of the medication.</i></p>
<p>In 8th February 2021 Ms Bennet had a hard attack due to which admitted to hospital. Following this applied ballon-expendable stent via groin. In 15th February 2021 she was discharged and prescribed coptopril 50mg, atorvastatin 80mg. Despite being referred.</p>	<p>On 8th February 2021 Ms Bennet had a heart attack due to which she was admitted to hospital. Following this, a balloon-expendable stent was inserted via her groin. On 15th February 2021 she was discharged and prescribed captopril 50mg, and atorvastatin 80mg.</p> <p>language issues - passive & sentence structure</p>
<p>On 08 Feb 2021, Ms. Bennet was admitted to Oakville General Hospital because of a heart attack, and a balloon –expandable stent was applied for her. One week later, she was discharged with the prescriptions of captopril 50mg twice a day and atorvastatin 80mg daily, was referred to the cardiac rehabilitation program although she did not attend the sessions, and was advised to change her lifestyle.</p> <p>On today’s appointment, Ms. Bennet presented to me with the complaint of dizziness, lightheadedness, headaches, and episodes of diarrhea due to the side effects of captopril. In addition, she has been increasingly worried about the medication issues. Therefore, she requested to discontinue captopril, and has been reluctant to commence new medications.</p>	<p>In today’s appointment, Ms. Bennet presented to me with the complaints of dizziness, lightheadedness, headaches, and episodes of diarrhea due to the side effects of captopril. In addition, she has been increasingly worried about the medication issues. Therefore, she requested to discontinue captopril, and has been reluctant to commence new medications.</p>
<p>On 08th February 2021, Eleanor Bennet had experienced pain in jaw and nausea, as well as SOB after a long-haul flight because of a heart attack, for which he was defibrillated by a first aider. Following 75 minutes, she was admitted to A&E, and subsequently, he was inserted a balloon-expandable stent through his groin due to his arm artery being small. After a week hospitalisation, he was discharged with 50mg of captopril, twice a day, 80 mg of atorvastatin, per a day. Additionally, he was referred to a cardiac rehabilitation program, which he did not join it, and advised regarding lifestyle changes.</p> <p>Today, Ms Bennet visited my clinic with side effects of captopril, including symptoms are headaches and diarrhoea, along with dizziness</p>	<p>On 8th February 2021, Eleanor Bennet had experienced pain in jaw and nausea, as well as SOB after a long-haul flight because of a heart attack, for which she was defibrillated by a first aider. Following 75 minutes, she was admitted to A&E, and subsequently, a balloon-expandable stent was inserted through her groin due to her arm artery being small. After a week of hospitalisation, her discharge medications were captopril 50mg, twice a day, and atorvastatin 80mg, per a day. Additionally, she was referred to a cardiac rehabilitation program, which she did not join, and advised regarding lifestyle changes.</p> <p>Today, Ms Bennet visited my clinic with side effects of captopril, including headaches and diarrhoea, along with dizziness and light-</p>

<p>and light-headedness. As a result, she is having anxiety in addition to being reluctant to commence a new medication.</p>	<p>headedness. As a result, she is experiencing anxiety, in addition to being reluctant to commence a new medication.</p> <p>Don't fall into the trap of including everything of medical/technical value! Only include the things which help the recipient do the task you've requested.</p> <p>Language issues - re the passive and sentence structure issues.</p>
<p>On 8th February 2021, Ms Bennet was admitted to the hospital due to a heart attack after a long flight. Subsequently, a balloon-expandable stent was applied via the groin artery. On 15th February 2021, she was discharged, referred for cardiac rehabilitation sessions, and counselled regarding lifestyle changes. Additionally, she was prescribed captopril, 50mg, twice, daily, and atorvastatin, 80mg, daily .</p> <p>Today, Ms Bennet presented to our clinic with side effects of captopril including dizziness, headaches, and diarrhoea. She reported increased stress, asked for discontinuation of captopril, and refused to start any new medication.</p>	
<p>On 8th February, Ms Bennet was admitted to hospital due to a heart attack, resulting in being applied a balloon-expendable stent. After a week, she was discharged with a 4-week off work plan. Additionally, she has been prescribed captopril,50mg, two times a day, and atorvastatin,80mg, daily. Please be aware that counseling regarding lifestyle changes was given to her, and despite being referred for cardiac rehabilitation sessions, she has not attended them.</p> <p>Today, Ms Bennet presented with side effects of captopril, which were dizziness, light-headedness, and headaches, along with episodes of diarrhoea. She reported an increase in her stress level from medication side effects and requested the discontinuation of captopril. In addition to that, she was reluctant to start new medications.</p>	<p>On 8th February, Ms Bennet was admitted to hospital due to a heart attack, resulting in a balloon-expandable stent being applied. After a week, she was discharged and prescribed captopril,50mg, two times a day, and atorvastatin,80mg, daily. Please be aware that counselling regarding lifestyle changes was given to her, and despite being referred for cardiac rehabilitation sessions, she has not attended them.</p> <p>Today, Ms Bennet presented with side effects of captopril, including dizziness, light-headedness, and headaches, along with episodes of diarrhoea. She reported an increase in her stress level from medication side effects and requested the discontinuation of captopril. In addition to that, she was reluctant to start new medications.</p>

<p>On 8th February 2021, she had a heart attack and got defibrillated by first aider. After 1 hour and 15 minutes, she was admitted to a hospital and a balloon-expandable stent was applied via her groin. On 15th February 2021, she was discharged with captopril, 50mg, b.d, and atorvastatin, 80mg, daily. She was advised to return to work gradually, make lifestyle changes and attend to cardiac rehabilitation sessions which she did not attend. Please note that her mother started to give care her but they have a poor relationship and she reported stress elevation.</p> <p>Today, she presented with captopril's side effects including dizziness, light-headedness, headaches and diarrhoea episodes. She reported more stress due to side effects. Additionally, she asked to discontinue captopril and she is now reluctant to being commenced on new drugs.</p>	<p>too much information!</p> <p>On 15th February 2021, she was discharged with captopril, 50mg, b.d, and atorvastatin, 80mg, daily. She was advised to return to work gradually, make lifestyle changes and attend to cardiac rehabilitation sessions which she did not attend. Please note that her mother moved in to provide care but they have a poor relationship and she reported an increase in stress.</p> <p>Today, she presented with side effects of captopril, including dizziness, light-headedness, headaches and diarrhoea episodes. She reported more stress due to the side effects. Additionally, she asked to discontinue captopril and she is now reluctant to be commenced on new drugs.</p>
<p>On 8th of February, Ms Bennet had a heart attack, which was treated surgically with a stent application. She has gradually backed to work despite her non-attendance of cardiac rehabilitation sessions. Her current medication includes Captopril 50mg taken twice a day and Atorvastatin 80mg once a day.</p> <p>Today, Ms Bonnet complained of dizziness, headaches and diarrhoea, which all she associated with taking Captopril. Due to these side effects, Ms Bonnet is eager to cease taking Captopril and does not consider the substitution of these tablets by new ones.</p>	<p>On 8th of February, Ms Bennet had a heart attack, which was treated surgically with a stent application. She has gradually returned to work despite her non-attendance of cardiac rehabilitation sessions. Her current medication includes captopril 50mg taken twice a day and atorvastatin 80mg once a day.</p> <p>I think this might be slightly over-summarised - doesn't state that the medications were started as a result of the previous hospitalisation</p> <p>Today, Ms Bennet complained of dizziness, headaches and diarrhoea, which she associates with taking captopril. Due to these side effects, Ms Bennet is eager to cease taking captopril and is reluctant to start new medication.</p> <p>Watch out for caps with medications!</p>
<p>On February 8th at 8 am ,Ms. Bennet experienced heart attack during long-haul flight, which defibrillator was applied by first-aider, following that at 9:15am she was admitted in emergency department of Oakville hospital, subsequently she underwent balloon _expandable stent ,which was applied via her groin following unsuccessful attempt through her arm vessel(arm artery was too small)</p>	<p>too much information in places</p> <p>Ask yourself - does the cardiologist need to know what time she was admitted on the 8th February?</p> <p>We have a range of small language and style issues with the way the information is presented here. For example, I'll rewrite one section:</p>

<p>On 15th February she was discharged ,and was recommended to be 4 weeks off work ,and gradually returns to work. Subsequently Her mother has moved to take care of her but patient reported that due to poor relationship with her mother she had been experiencing more stress. On discharge medications had been ,captopril 50mg twice daily, atorvastatin 80 mg daily, and she had been advised to attend cardiac rehabilitation sessions, which the patient refused to attend , and counselling was given to her to modify her lifestyle.</p> <p>Today the patient presented to my clinic with side effects of captopril, due to which she discontinued it, following that new medication was prescribed ,but she refused that.</p>	<p>On 15th February she was discharged and she has gradually returned to work, after being signed off for 4 weeks.</p>
<p>On the 8th February, she was admitted to hospital due to heart attack, and as a result ballon-expandable stent was administered. She was discharged after a 1-week hospitalization, and commenced on captopril 50 mg twice a day and atorvastatin 80 mg daily.</p> <p>On today review,Ms Bennet presented with side effects of captopril which are dizziness, light-headaches and diarrhoea. She said that the medication made her in stress, subsequently she does not intend to continue with it.</p>	<p>On the 8th February, she was admitted to hospital due to a heart attack, and as a result a balloon-expandable stent was administered. She was discharged after a 1-week hospitalization, and commenced on captopril 50 mg twice a day and atorvastatin 80 mg daily.</p> <p>In today's review, Ms Bennet presented with side effects of captopril, including dizziness, light-headedness and diarrhoea. She said that the medication increased her stress, and consequently, she does not intend to continue with it or a substitute.</p>

Homework: Write background and request, and send to paul@set-english.com