

## WRITING SUB-TEST – TEST BOOKLET

### INSTRUCTIONS TO CANDIDATES

You must write your answer for the Writing sub-test in the **Writing Answer Booklet**.

You must **NOT** remove OET material from the test room.

**WRITING SUB-TEST: NURSING**  
**TIME ALLOWED: READING TIME: 5 MINUTES**  
**WRITING TIME: 40 MINUTES**

Read the case notes and complete the writing task which follows.

**Notes:**

**Assume that today's date is 18 August 2019**

You are a ward nurse working in the vascular unit of Ellesmere General Hospital. A patient, Mrs Rachel Brown, has been admitted with an infected venous leg ulcer.

**PATIENT DETAILS:**

**Name:** Rachel Brown  
**DOB:** 12 Dec 1943  
**Marital status:** Widow  
**Next of kin:** Daughter, Jane (48 y.o.)

**Social background:**

Occupation: retired florist  
Has lived in self-contained unit in retirement village for 7 years  
Not supported by any care workers  
Daughter lives nearby with husband and 3 children. Very supportive - visits regularly  
Active - does Pilates  
Interests: theatre, reading, watching football

**Past medical history:**

Hypercholesterolemia (8.9) → Atorvastatin (Lipitor)  
Hypertension (Verapamil 80mg 3 x daily)

**Admission date:** 16 Aug 2019

**Presenting factors:**

Swollen L leg, bleeding from venous ulcer, fever, pain, warmth; brown staining around wound, foul smell.  
Pt. confused  
Pt. noticed ulcer (01 Aug 19) - reluctant to have treatment at that time

**Assessment:** BP (140/90), height 158cm, weight 83kg.  
Urinalysis (5.1) - normal  
Doppler ultrasound to establish ABI (ankle brachial index): (1.2) - normal  
No necrotic tissue, presence of epidermis reconstruction.

**Diagnosis:** Infected venous leg ulcer, L leg

**Medical treatment:**

Leg washed (normal saline, body temperature)  
 Cadomexer iodine dressings  
 Monitor vital signs  
 Monitor cadomexer iodine dressing  
 4-layer compression bandaging  
 Leg elevation  
 Antibiotic therapy (Oxacilin)  
 Paracetamol

**Assessment:**

**18 Aug 2019** Good progress - vital signs within normal range  
 Pt alert & aware

**Discharge plan:** Discharge to self-contained unit with compression stockings  
 Weight loss advised, review of diet (dietitian?) – reduce ulcer reoccurrence  
 Pt. to take paracetamol p.r.n.(no more than 8/day, discontinue after 1 week), continue Oxacillin IM, 300 mg, every 4-6 hrs.  
 Pt. informed of importance of compression stockings, and bed rest, with leg elevation.  
 Dressings (daily): cadomexer iodine, triamcinolone ointment (topical steroid) – reduce irritation, bandaging.  
 Community nurse to change dressings daily, monitor for infection/healing rate, help with ADLs (activities of daily living) & refer to OT if needed. Also monitor medication compliance.  
 Progress review: 25.08.2019 at Community Clinic

**Writing Task:**

Using the information given in the case notes, write a referral letter to Ms Fiona McKie, Community Health Nurse, 101 Collins St, Elmesmere, outlining wound management for the patient.

**In your answer:**

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

**The body of the letter should be approximately 180–200 words.**

Any answers recorded here will not be marked.

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