

GAME:

She is scheduled for discharge / ~~discharged~~

She is due for discharge

She is scheduled to be discharged

She is due to be discharged

1. Review
2. Corrections and feedback

WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 18 August 2019

You are a ward nurse working in the vascular unit of Ellesmere General Hospital. A patient, Mrs Rachel Brown, has been admitted with an infected venous leg ulcer.

PATIENT DETAILS:

Name: Rachel Brown
DOB: 12 Dec 1943
Marital status: Widow
Next of kin: Daughter, Jane (48 y.o.)

Social background:

Occupation: retired florist
Has lived in self-contained unit in retirement village for 7 years
Not supported by any care workers
Daughter lives nearby with husband and 3 children. Very supportive - visits regularly
Active - does Pilates
Interests: theatre, reading, watching football

Past medical history:

Hypercholesterolemia (8.9) → Atorvastatin (Lipitor)
Hypertension (Verapamil 80mg 3 x daily)

Admission date: 16 Aug 2019

Presenting factors:

Swollen L leg, bleeding from venous ulcer, fever, pain, warmth; brown staining around wound, foul smell.
Pt. confused
Pt. noticed ulcer (01 Aug 19) - reluctant to have treatment at that time

Assessment:

BP (140/90), height 158cm, weight 83kg.
Urinalysis (5.1) - normal
Doppler ultrasound to establish ABI (ankle brachial index): (1.2) - normal
No necrotic tissue, presence of epidermis reconstruction.

Diagnosis:

Infected venous leg ulcer, L leg

Medical treatment:

Leg washed (normal saline, body temperature)
Cadomexer iodine dressings
Monitor vital signs
Monitor cadomexer iodine dressing
4-layer compression bandaging
Leg elevation
Antibiotic therapy (Oxacilin)
Paracetamol

Assessment:

18 Aug 2019 Good progress - vital signs within normal range
Pt alert & aware

Discharge plan: Discharge to self-contained unit with compression stockings
Weight loss advised, review of diet (dietitian?) – reduce ulcer reoccurrence
Pt. to take paracetamol p.r.n.(no more than 8/day, discontinue after 1 week), continue Oxacillin IM, 300 mg, every 4-6 hrs.
Pt. informed of importance of compression stockings, and bed rest, with leg elevation.
Dressings (daily): cadomexer iodine, triamcinolone ointment (topical steroid) – reduce irritation, bandaging.
Community nurse to change dressings daily, monitor for infection/healing rate, help with ADLs (activities of daily living) & refer to OT if needed. Also monitor medication compliance.
Progress review: 25.08.2019 at Community Clinic

Writing Task:

Using the information given in the case notes, write a referral letter to Ms Fiona McKie, Community Health Nurse, 101 Collins St, Elmesmere, outlining wound management for the patient.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

DETAILED PLAN:

Introduction	Purpose: monitoring, care and support
Timeline	<ul style="list-style-type: none"> • Infected venous ulcer • Good progress: alert & aware • Please note: medication details
Background	<ul style="list-style-type: none"> • Daughter lives nearby / supportive family • High cholesterol / hypertension • Medications: all details • *Mention other medication here* - <i>these ones</i>
Requests	<ul style="list-style-type: none"> • Change the dressings • Monitor medications: <i>details of the NEW medication here</i> • Help with ADLs • Referral to OT (if needed) • Compression stocking (know about) • Follow up appointment: progressing • Instructed bed rest with elevation • Dietary advice

Old	New
<p>In view of the aforementioned. It would be great appreciated if you could provide Mrs Brown with ongoing care and management. Please note that her wound needs dressing daily, for which an ointment (cadomexer iodine) was prescribed. Additionally, monitoring her wound healing in order to avoiding an infection. Kindly assist with her ADLs and a referral to an OT (occupational therapist) It might be necessary. She has been given a pair of compression socks and advised to keep it, along with bed rest and also leg elevation. Regarding her current medication, she is on oxacillin, IM, 300mg, every 6 hours and paracetamol, every 4 hours, however, it cannot exceed more than 8 tablets a day, it needs to be discontinued after 1 week and also please monitoring compliance. She is scheduled to be reviewed on 25th of August 2019 at the community Clinic.</p>	<p>In view of the <u>aforementioned</u>, it would be greatly appreciated if you could provide Mrs Brown with ongoing care and management. Please note that her wound needs dressing daily, for which an ointment (cadomexer iodine) was prescribed. Additionally, she needs monitoring of her wound healing in order to avoiding an infection. Kindly assist with her ADLs and a referral to an <i>occupational therapist</i> might be necessary. She has been given a pair of compression socks and advised to keep them on, along with bed rest and also leg elevation. Regarding her current medication, she is on oxacillin, IM, 300mg, every 6 hours and paracetamol, every 4 hours, however, the later cannot exceed more than 8 tablets a day, it needs to be discontinued after 1 week and also please monitor her compliance. She is scheduled to be reviewed on 25th of August 2019 at the Community Clinic.</p> <p><i>Eat</i> <i>Ate</i> <i>Eaten</i></p> <p>The former / the later</p> <p>I bought an apple and a banana, the former of which was tasty the later of which was not tasty</p> <p>Alain: why not repeat the general purpose at the start?</p>
<p>It would be appreciated if you could provide Mrs Brown with continued care and assistance with her ADLs, and if necessary, she should be referred to an occupational therapist. In addition to changing her dressings with cadomexer iodine and triamcinolone ointment with your close observation of the wound, please also monitor her compliance with her medications, which include paracetamol and 300 mg of intramuscular oxacillin, every 4 to 6 hours, the former of which will be ceased after a week. Being at risk of developing the relapse of an ulcer, she has been advised on the importance of her compression stockings, weight loss and bed rest with leg elevation.</p>	<p>It would be appreciated if you could provide Mrs Brown with <u>continued care</u> and assistance with her ADLs, and if necessary, she should be referred to an occupational therapist. In addition to changing her dressings with cadomexer iodine and triamcinolone ointment with your close observation of the wound, please also monitor her compliance with her medications, which include paracetamol and 300 mg of intramuscular oxacillin, every 4 to 6 hours, the former of which will be ceased after a week. Being at risk of developing the relapse of an ulcer, she has been advised on the importance of her compression stockings, weight loss and bed rest with leg elevation.</p>

Additionally, her progress will be reviewed on 25th August at the community clinic.

Given the above information, it would be greatly appreciated if you could provide further care and support for Ms Brown, after discharge. In order to treat her leg ulcer, she has been instructed on regular bed rest with an elevated leg, and informed of the importance of compression stocking, and as well as, advised regarding weight loss, as this can reduce ulcer reoccurrence. Please take into consideration **that, a** review of diet by a dietitian, will be beneficial for her. Please note **that, daily** visits by a nurse from your clinic are required, in regards to change her wound dressing, monitor medication compliance and wound healing rate, and also, help with ADLs, if necessary please refer her to an occupational therapist. It is also important to note that, she has a progress review on 25th August at the Community Clinic.

Additionally, her progress will be reviewed on 25th August at the community clinic.

Given the above information, it would be greatly appreciated if you could provide further care and support for Ms Brown, after discharge. In order to treat her leg ulcer, she has been instructed on regular bed rest with an elevated leg, and informed of the importance of compression stockings, and **she was advised regarding weight loss**, ~~as this can reduce ulcer reoccurrence.~~

Second,
I ate a pizza. **Following that**, I ate an apple. - linker

No comma:
Please note that
It is important to note that
It is important to be aware that
Please be aware of the fact that

Please take into consideration **that a** review of diet by a dietitian, will be beneficial for her. Please note that daily visits are required, in regards to **changing** her wound dressing, **monitoring her** medication compliance and wound healing rate, and also, **helping** with ADLs. Additionally, *if necessary*, please also refer her to an occupational therapist, **and it** is also important to note that, she has a progress review on 25th August at the Community Clinic.

It would be greatly appreciated if you could provide care, support and continuous monitoring on Mrs Brown's medication intake including oxacillin, and paracetamol which is to be discontinued a week after, and also, watch out for any signs of infection on her daily dressings. In addition, she has been informed of the significance of compression stocking and to maintain on bed rest with elevation. Please assist her ADLs and if necessary, refer her to an Occupational Therapist. She has a scheduled follow-up on th 25th of August at the Community Clinic. Lastly, to reduce recurrence of her ulcer, she has been advised to lose weight and possible needs to be referred to a dietitian.

In view of the above, it would be greatly appreciated if you could provide Ms Brown with ongoing monitoring, care, and support. Please monitor her medication compliance and healing rate, provide help with her ADLs, and change her dressings daily with cadomexer iodine and triamcinolone ointment. Kindly note that she has been advised to lose weight, due to which a referral of a dietician might be required to reduce ulcer reoccurring. Additionally, she has also been informed about compression stockings, bed rest, and elevation of her leg. In addition to taking paracetamol for one week, Ms brown also needs to be continued Oxacillin, IM, 300 mg, every 4 to 6 hours a day. Lastly, she will be reviewed on 25th August at Community Clinic.

It would be greatly appreciated if you could provide care, support and continuous monitoring **of** Mrs Brown's medication intake including oxacillin, and *paracetamol*, **the later of** which is to be discontinued a week after. In addition, please ~~watch-out~~ *check* for any signs of infection on her daily dressings. In addition, she has been informed of the significance of compression stocking and to maintain ~~on~~ bed rest with leg elevation. Please assist her ADLs and if necessary, refer her to an **o**ccupational **t**herapist. She has a *scheduled* follow-up on th 25th of August at the Community Clinic. Lastly, to reduce recurrence of her ulcer, she has been advised to lose weight and possibly needs to be referred to a dietitian.

I lie on the bed

You are nurse

He is Mrs.Katana - title

She ~~has~~/**is** scheduled for a follow up
She **has** ~~is~~ a scheduled follow up

Needs **to be**

Requires ~~to be~~

In view of the above, it would be greatly appreciated if you could provide Ms Brown with ongoing monitoring, care, and support. **Please monitor her medication compliance and healing, provide help with her ADLs, and change her dressings daily with cadomexer iodine and triamcinolone ointment.** Kindly note that she has been advised to lose weight, due to which a referral of a dietician might be required to reduce ulcer reoccurring. Additionally, she has also been informed about compression stockings, bed rest, and **the** elevation of her leg. In addition to taking paracetamol for one week, Ms **B**rown also needs to be continued **with** oxacillin, IM, 300 mg, every 4 to 6 hours a day. Lastly, she will have a **progress review** on 25th August at Community Clinic.

In view of the above, it would be greatly appreciated if you could provide further care, support and monitoring to Ms Rachel Green, who is going to be discharged with compression stockings. She is in need of daily change of wound dressing with monitoring of healing rate, infection, and medication compliance. Please advise her about importance of compression stocking, bed rest, elevation of the leg, a balanced diet, weight loss and maintaining healthy BMI. Please assist and encourage her with her ADLs and diet planning. Kindly refer her to the dietitian and also occupational therapist if needed. Please be aware of the fact that she has a follow up appointment with our hospital to review the progress on 25th of August 2019.

In view of the above, it would be appreciated if you could provide further monitoring, ongoing care and support to Mrs Brown. Please provide dressings daily with cadomexer iodine and triamcinolone ointment, and monitor her signs of infection and healing rate. Please assist her with her ADLs, and refer her to occupational therapy if necessary. Please be aware that she needs to monitor her medications which were mentioned earlier, and she has a review appointment on 5th August at Community Clinic. Mrs Brown needs to be encouraged regarding her compression stocking, and bed rest with elevation on her left leg. Although, she was advised to lose weight and maybe she will need a review of her diet with the dietitian.

If you have any questions, please do not hesitate to contact me.

Yours sincerely,
Nurse.

In view of the above, it would be greatly appreciated if you could provide further care, support and monitoring to Ms Rachel Green, who is going to be discharged with compression stockings. She is in need of daily change of **her** wound dressings with monitoring of healing rate, infection, and medication compliance. Please advise her about **the** importance of compression stockings, bed rest, elevation of ~~the~~ **her** leg, a balanced diet, weight loss and maintaining healthy BMI (**long list!**). Please **also** assist and encourage her with her ADLs and diet **planning**. Kindly refer her to the dietitian and also occupational therapist if needed. Please **also** be aware of the fact that she has a follow up appointment with our hospital to review ~~the~~ **her** progress on 25th of August 2019.

In view of the above, it would be appreciated if you could provide further monitoring, ongoing care and support to Mrs Brown. Please provide **daily** dressings ~~daily~~ with cadomexer iodine and triamcinolone ointment, and monitor her signs of infection and healing rate. Please assist her with her ADLs, and refer her to occupational therapy if necessary. Please **also** be aware that she needs to monitor her medications, which were mentioned earlier (**better:** mentioned earlier), and she has a review appointment on 5th August at Community Clinic. Mrs Brown needs to be encouraged regarding her compression stocking, and bed rest with elevation on her left leg. **Although, she was advised to lose weight and maybe she will need a review of her diet with the dietitian.**

Review contrast sentences as you are not using 'although' correctly.

If you have any questions, please do not hesitate to contact me.

Yours sincerely,
Nurse.

In view of the above, it would be greatly appreciated if you could provide further care, support and monitoring to Ms Rachel Green. She is in need of daily change of wound dressing with monitoring of healing rate, infection, and medication compliance. Please advise her about importance of compression stockings, bed rest and elevation of the leg. Please assist and encourage her with her ADLs. Kindly refer her to the occupational therapist if needed. Please be noted her new medication compliance above. . Kindly advise her regarding importance of weight loss and having a well balanced diet to achieve a healthy BMI. Please refer her to the dietitian if needed. Please be aware of the fact that she has a follow up appointment with our hospital to review the progress on 25th of August 2019.

In view of the above, it would be greatly appreciated if you could provide further care and support for Mrs Brown. She has been discharged with compression stockings which needs to be worn accordingly. She needs bed rest along with elevating her leg. In addition to that daily wound dressing is important and also monitor her regarding medication compliance. Please be aware that she has been scheduled to be reviewed for her progression on 25th of August 2016 from community clinic. Please assist to complete her ADL's and arrange an occupational referral if she requested. Being overweight, she has been advised to reduce her weight by modifying her diet plan.

In view of the above, it would be greatly appreciated if you could provide further care, support and monitoring to Ms Rachel Green. She is in need of a daily change of her wound dressing with monitoring of her healing rate, infection, and medication compliance. (Healing compliance? Infection compliance?). Please advise her about the importance of compression stockings, bed rest and elevation of the her leg [hasn't she already been advised?]. Please also assist and encourage her with her ADLs. Kindly refer her to the occupational therapist if needed. Please be noted note her new medication compliance above. Kindly also advise her regarding the importance of weight loss and having a well balanced diet to achieve a healthy BMI. Please also refer her to the dietitian if needed. Please be aware of the fact that she has a follow up appointment with our hospital to review the progress on 25th of August 2019.

Okay... too much please note! Use a different structure occasionally. Example:

She requires advice regarding the importance of weight loss...

In view of the above, it would be greatly appreciated if you could provide further care and support for Mrs Brown. She has been discharged with compression stockings, which needs to be worn accordingly. She needs bed rest along with elevating of her leg. In addition to that, daily wound dressing is important and also monitor her regarding medication compliance. Please be aware that she has been scheduled to be reviewed for her progression on 25th of August 2016 from the Community Clinic. Please assist to complete her ADL's and arrange an occupational referral if she requested. Being overweight, she has been advised to reduce her weight by modifying her diet plan. Great last sentence!

In the view of above, it would be greatly appreciated if you could provide further monitoring and support. Please change her dressing daily and kindly monitor for any infections. Please assist her with ADLs and refer her to OT if needed. She has been discharged with compression stockings and please inform her its importance as well as to elevate her leg while resting on bed. She has been advised to lose weight and may need dietitian review regarding her diet to reduce reoccurrence of ulcer. It is also important to note that, she needs to continue oxacillin, IM ,300 mg, every 4-6 hourly, and to take Paracetamols no more than 1 weeks if necessary. Finally, please be aware that, she had a follow up appointment to review her progress on 25th August 2019 at the Community Clinic.

In the view of above, it would be greatly appreciated if you could provide further monitoring and support. Please change her dressing daily and kindly monitor for any infections. Please assist her with ADLs and refer her to OT if needed. She has been discharged with compression stockings and please inform her ~~its~~ **their** importance as well as to elevate her leg while resting ~~on~~ bed **{hasn't she ALREADY informed??}**. She has been advised to lose weight and may need dietitian review regarding her diet to reduce reoccurrence of **her** ulcer. It is also important to note that, **she** needs to continue oxacillin, IM ,300 mg, every 4-6 hourly, and to take Paracetamols **for** no more than 1 weeks **if necessary?** Finally, please be aware that ~~she~~ she had a follow up appointment to review her progress on 25th August 2019 at the Community Clinic.

No comma needed