

- 1. Review**
- 2. Corrections and feedback**
- 3. Homework: 2 paragraphs**

WRITING SUB-TEST: NURSING
TIME ALLOWED: READING TIME: 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes and complete the writing task which follows.

Notes:

Assume that today's date is 18 August 2019

You are a ward nurse working in the vascular unit of Ellesmere General Hospital. A patient, Mrs Rachel Brown, has been admitted with an infected venous leg ulcer.

PATIENT DETAILS:

Name: Rachel Brown
DOB: 12 Dec 1943
Marital status: Widow
Next of kin: Daughter, Jane (48 y.o.)

Social background:

Occupation: retired florist
Has lived in self-contained unit in retirement village for 7 years
Not supported by any care workers
Daughter lives nearby with husband and 3 children. Very supportive - visits regularly
Active - does Pilates
Interests: theatre, reading, watching football

Past medical history:

Hypercholesterolemia (8.9) → Atorvastatin (Lipitor)
Hypertension (Verapamil 80mg 3 x daily)

Admission date: 16 Aug 2019

Presenting factors:

Swollen L leg, bleeding from venous ulcer, fever, pain, warmth; brown staining around wound, foul smell.
Pt. confused
Pt. noticed ulcer (01 Aug 19) - reluctant to have treatment at that time

Assessment: BP (140/90), height 158cm, weight 83kg.
Urinalysis (5.1) - normal
Doppler ultrasound to establish ABI (ankle brachial index): (1.2) - normal
No necrotic tissue, presence of epidermis reconstruction.

Diagnosis: Infected venous leg ulcer, L leg

Medical treatment:

Leg washed (normal saline, body temperature)
Cadomexer iodine dressings
Monitor vital signs
Monitor cadomexer iodine dressing
4-layer compression bandaging
Leg elevation
Antibiotic therapy (Oxacilin)
Paracetamol

Assessment:

18 Aug 2019 Good progress - vital signs within normal range
Pt alert & aware

Discharge plan: Discharge to self-contained unit with compression stockings
Weight loss advised, review of diet (dietitian?) – reduce ulcer reoccurrence
Pt. to take paracetamol p.r.n.(no more than 8/day, discontinue after 1 week), continue Oxacillin IM, 300 mg, every 4-6 hrs.
Pt. informed of importance of compression stockings, and bed rest, with leg elevation.
Dressings (daily): cadomexer iodine, triamcinolone ointment (topical steroid) – reduce irritation, bandaging.
Community nurse to change dressings daily, monitor for infection/healing rate, help with ADLs (activities of daily living) & refer to OT if needed. Also monitor medication compliance.
Progress review: 25.08.2019 at Community Clinic

Writing Task:

Using the information given in the case notes, write a referral letter to Ms Fiona McKie, Community Health Nurse, 101 Collins St, Elmesmere, outlining wound management for the patient.

In your answer:

- **Expand the relevant notes into complete sentences**
- **Do not use note form**
- **Use letter format**

The body of the letter should be approximately 180–200 words.

Referral:

1. Sending a person to a specialist
2. Go and speak to
3. Points to

Discharge: patient leaving hospital

Transfer: patient moving one's place to another

Referral: patient going to a specialist

DETAILED PLAN:

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|--------------|--|
| Introduction | Purpose: monitoring, care and support |
| Timeline | <ul style="list-style-type: none"> • Infected venous ulcer • Good progress: alert & aware |
| Background | <ul style="list-style-type: none"> • Daughter lives nearby / supportive family • High cholesterol / hypertension • Medications: all details • *Mention other medication here* |
| Requests | <ul style="list-style-type: none"> • Change the dressings • Monitor medications • Help with ADLs • Referral to OT (if needed) • Compression stocking (know about) • Follow up appointment: progressing • Instructed bed rest with elevation • Dietary advice |

How do we choose case notes?

What is relevant to reader

What does relevant mean?

- “necessary to continue care” – needed by the reader to do the job
- “appropriate to the reader” – useful to know

What makes a good introduction?

- Purpose must be clear: care and support, ongoing care, assessment, management, etc,
- Concise / Simple / Main ideas across
- Clarity – must be clear in general

| Original | Corrected |
|---|--|
| <p>Ms Fiona Mckie, Community Health Nurse 101 Collins St, Elmesmere</p> <p>18th August 2019</p> <p>Re: Mrs Rachel Brown, DOB: 12th December 1943</p> <p>Dear Ms Fiona Mckie,</p> <p>I am writing regarding Mrs Brown, who was admitted to our hospital due to an infection of her left leg from venous ulcer. She is scheduled to be discharged and now requires further monitoring and ongoing care and support.</p> | <p>Ms Fiona Mckie Community Health Nurse, 101 Collins St, Elmesmere</p> <p>18th August 2019</p> <p><u>Re:</u> Mrs Rachel Brown, DOB: 12th December 1943</p> <p>Dear Ms Fiona Mckie,</p> <p>I am writing regarding Mrs Brown, who was admitted to our hospital <u>due to an infection of her left leg from a venous ulcer</u>. She is scheduled to be discharged and now requires further monitoring and ongoing care and support.</p> |

I am writing regarding Mrs Rachel Brown, who was admitted to our hospital due to an infected leg ulcer. She has been referred to you and requires ongoing care, support and monitoring.

I am writing regarding Mr Brown, who was admitted to our hospital due to having infected venous left leg ulcer. He is being referred to you for monitoring and further care and support.

I am writing regarding Mrs Brown, who was admitted to our hospital due to an infected venous ulcer on her left leg. She is scheduled to be discharge today and now requires ongoing care and monitoring.

Alternative: is due for discharge

I am writing regarding Mrs Rachel Brown, who was admitted to our hospital due to an infected leg ulcer. She has been referred to you and requires **ongoing care, support and monitoring**.

Which leg? It should be in the letter.

I am writing regarding Mrs Brown, who was admitted to our hospital due to having **an** infected left leg ulcer. He is being referred to you for monitoring and further care and support.

This is actually okay. Here it means 'Im giving... sending...)

He is due to be discharged...

I am writing regarding Mrs Brown, who was admitted to our hospital due to an *infected venous ulcer on her left leg* [natural sounding due to the use of 'on']. She is scheduled to be discharge today and now requires ongoing care and monitoring.

1. She is scheduled to be discharged / She is due to be discharged
2. She is due for discharge

Ms. Fiona Mckie
Community Health Nurse
101 Collins St
Elemesmere

1 st February 2022

Re: Mr. Rachel Brown; 69- year - old

Dear Ms. Mckie

I am writing regarding Mr. Brown, who was admitted to our hospital, due to an infected venous leg ulcer. Today he is being discharged and requires your monitoring and care support specially for his wound management.

I am writing to refer Ms Brown, who was admitted to our hospital due to a venous leg ulcer. She is scheduled to be discharged today and now requires ongoing care and monitoring.

Ms. Fiona Mckie
Community Health Nurse
101 Collins St
Elemesmere

1st February 2022

Re: Mrs Rachel Brown; 69 years old / Aged: 69

The 7-year-old child is hungry

She is 7 years old

Dear Ms. Mckie

I am writing regarding Mrs Brown, who was admitted to our hospital, due to an infected venous leg ulcer. Today she is being discharged and requires your monitoring and care support **especially for his wound management.**

Do we need to emphasis this? Why take the risk?

I am writing to refer Ms Brown, who was admitted to our hospital due to a venous leg ulcer. She is scheduled to be discharged today and now requires ongoing care and monitoring.

Simple with a clear Purpose.

Women:

Miss: unmarried and we usually use for a young lady

Mrs: married

Ms: more professional. Complete neutral. We don't know and it's not relevant.

3 months old – full name / first name

Dear Ms Fiona Mckie,

I am writing regarding Mrs Rachel Brown who was admitted to our hospital due to infected venous ulcer on her left leg. She is due to be discharged today and now requires on going care and monitoring

Ms Flona Mckie
The Community Health Nurse
101 Collin St.
Elmesmere.

18th August 2019

Dear Ms Mckie,

Re: Mr Rachel Brown, Dob : 12th December 1943

I am writing regarding Mr Brown, who was admitted to our facility with an infected venous leg ulcer recently. He is scheduled to be discharged to your facility for further care , Support and monitoring.

I am writing regarding Mrs Rechal Brown, who was admitted to our hospital with an infected venous leg ulcer. She is being discharged today and now requires ongoing wound management.

Dear Ms Fiona Mckie,

I am writing regarding Mrs Rachel Brown who was admitted to our hospital due to **an** infected venous ulcer on her left leg. She is due to be discharged today and now requires on going care and monitoring

Good overall

Ms Flona Mckie
The Community Health Nurse
101 Collin St.
Elmesmere.

18th August 2019

Dear Ms Mckie,

Re: Mr Rachel Brown, **DOB:** 12th December 1943

I am writing regarding Mr Brown, who was admitted to our facility with an infected venous leg ulcer recently. He is scheduled to be discharged **to your facility** for further care, **support** and monitoring.

No, she is living at home (a retirement village).
Not in the facility.

I am writing regarding Mrs **Rechal** Brown, who was admitted to our hospital with an infected venous leg ulcer. She is being discharged today and now requires ongoing wound management.

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| <p>Ms Fiona McKie Community Health Nurse 101 Collins St, Ellesmere</p> <p>Date: 18th Aug 2019</p> <p>Dear Ms McKie</p> <p>Re: Ms Rachel Brown, 48-year-old</p> <p>Thank you for accepting Ms Brown into your care for the regular monitoring and support, who is recovering from left leg infected venous ulcer.</p> <p>I am writing this letter regarding Mrs Rachel Brown, who was admitted to our hospital due to venous leg ulcer recently and now she is being planned to be discharged. She needs your further care and support.</p> <p>Ms Fiona McKie, Community Health Nurse, 101, Collins St, Elmesmere</p> <p>Patient; Mrs Rachel Brown; DOB; 12.12. 1943</p> <p>Dear Nurse Fiona,</p> <p>I am writing to introduce Mrs Brow, who was admitted to our hospital due to her left leg being infected by a venous ulcer. She is due to being discharged today and requires ongoing care and management.</p> | <p>Ms Fiona McKie Community Health Nurse 101 Collins St, Ellesmere</p> <p>Date: 18th Aug 2019</p> <p>Dear Ms McKie</p> <p>Re: Ms Rachel Brown, 48-year-old</p> <p>Thank you for accepting Ms Brown into your care for the regular monitoring and support, <u>who is recovering from left leg infected venous ulcer.</u></p> <p>Grammar error. One sentence and you make a error with the relative clause.</p> <p>I am writing this letter regarding Mrs Rachel Brown, who was admitted to our hospital due to a venous leg ulcer recently and now she is being planned due to be discharged. She needs your further care and support.</p> <p>Monitoring?</p> <p>Ms Fiona McKie, Community Health Nurse, 101, Collins St, Elmesmere</p> <p>Patient; Mrs Rachel Brown; DOB; 12.12. 1943</p> <p>Dear Nurse Fiona,</p> <p>I am writing to introduce Mrs Brown, who was admitted to our hospital due to her left leg being infected by a venous ulcer. She is due to being be discharged today and now requires ongoing care and management.</p> |
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| <p>I am writing regarding Ms Brown, who has recently been treated in our hospital for an infected venous leg ulcer. He is being discharged today and requires your ongoing care and wound management.</p> | <p>I am writing regarding Ms Brown, who has recently been treated in our hospital for an infected venous leg ulcer. He is being discharged today and requires your ongoing care and wound management.</p> <p>Great!</p> |
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HOMEWORK:

| | |
|--------------|--|
| Introduction | Purpose: monitoring, <u>care</u> and support |
| Timeline | <ul style="list-style-type: none"> • Infected venous ulcer • Good progress: alert & aware |
| Background | <ul style="list-style-type: none"> • Daughter lives nearby / supportive family • High cholesterol / hypertension • Medications: all details • *Mention other medication here* |
| Requests | <ul style="list-style-type: none"> • Change the dressings • Monitor medications • Help with ADLs • Referral to OT (if needed) • Compression stocking (know about) • Follow up appointment: progressing • Instructed bed rest with elevation • Dietary advice |

Homework sent to: alain@set-english.com