

Part C Listening - Fibromyalgia

Format

- 12 questions = 6 for each section
- 2 texts & 6 questions each
- Multiple choice questions - a, b, c
- Texts/Audio are long, the answers are long. It's important to have a strategy for finding answers and staying focused.

A typical Part C question:

31. What does Mark explain about fibromyalgia?

- (A) Patients can initially suffer an acute onset of the condition
- (B) It's thought to be more prevalent in certain parts of the world.
- (C) There is little difference between genders as to who contracts it.

Vocabulary

Vocabulary	Definition/Usage
1. a genetic element	There is often a genetic element when it comes to skin conditions. : it is hereditary - not 100% but it contributes
2. rapid escalation	a steep increase / rise - quick increase Rapid escalation of symptoms - death /ICU / treatment
3. come from nowhere	no aetiology - no clear cause suddenly/unexpectedly -

	The infection came from nowhere . I didn't realise the wound was dirty.
4. initially described as	Our first perception - which was wrong. (inference) Her condition was initially described as asymptomatic but it became clear that she was experiencing anosmia.
5. erratic	My cardiologist said the surgeon is erratic . - inconsistent / performance changes - negative
6. correspond with	fever, shortness of breath, fatigue - respiratory infection The symptoms correspond with a respiratory infection. a correspondent - a journalist based somewhere else
7. assumption	information thought of as true without checking It is not wise to make assumptions .
8. exaggerate	Patients often exaggerate their symptoms.
9. hard to bear	Difficult to endure / tolerate It is hard to bear the death of a family member.
10. turn down	refuse/reject an offer I'm sorry, I have to turn down the salary increase you offered me. I had to turn down Paul's proposal.
11. particularly at risk	more susceptible/vulnerable to a danger Everybody is at risk of catching Covid but some people are particularly at risk of developing severe symptoms.
12. food diary	dairy food - milk, cheese, yoghurt, cream a record of what you have eaten I keep a food diary because I want to understand my allergy triggers.
13. under no illusions	mirage - walking in the desert you think you see water and trees but really..... there's nothing You have realistic expectations : I am under no illusions about the size of the job in front of me.

Strategy

See each question as a box:

- 1) a signpost
- 2) each of the options is mentioned in some way
- 3) you stay focused and listen to each option
- 4) decide which one matches best
- 5) next box