

# **OET Writing Week**

- 1. Review the case notes
- Current Situations paragraphs: grading & discussion
   Give <u>homework</u>: write paragraph 3





#### **OCCUPATIONAL ENGLISH TEST**

WRITING SUB-TEST: NURSING

TIME ALLOWED: **READING TIME: 5 MINUTES** 

WRITING TIME: 40 MINUTES

Read the case notes below and complete the writing task which follows

You are a practice nurse for a general practitioner and you are preparing a patient for a day colonoscopy procedure in hospital next week. Your practice is seeing the patient for the first time.

Mr Adam White (DOB: 25 July, 1958) Patient:

Social Background: Single. Lives alone. IT consultant. Eats out a lot; entertains; heavy drinker

(alcohol); rarely smokes

1 August 2018

Reason for presenting:

Results of bowel cancer screen test – positive. Pt wants a colonoscopy.

**Medications:** Occasional paracetamol, rare ibuprofen (for pain in L leg). No known allergies (NKA), sensitive to codeine Allergies

2014 Bowel issues - constipation ?due to poor diet. Medical History:

2015 PSA, FBE – all ✓, discussed diet, not overweight, Pt sees no reason to

worry.

2016 Very bad cold, ?flu. Viral - given usual flu advice, no antibiotics

Family History:

Grandfather (paternal): ?cancer bowel, ?had colostomy.

Father: Cancer colon (1997), recent resection, anastomosis, no problems since.

Dr Consultation: Pt complaining of bowel changes & notification of bowel tests – abnormal.

Very worried due to family history.

Colonoscopy in 1 wk. Explained procedure. Bowel prep prescribed.

Pathology ordered.

Recommended – discussions with nurse re pre-procedure assessment & management.

R/V Dr & Nurse 1 wk post-procedure.

Nurse Discussions: Explained pre-procedure assessment and management.

Letter to day surgery nurse at clinic where procedure will take place.



- Nursing Management: Observations T: 37°C, P: 88, BP: 145/95 (notified Dr), R: 16
  Pathology FBE, U&Es, LFTs (will receive results pre-procedure)

  - Wt: 80kg, Ht: 190cm
  - Immediate cessation of smoking and reduction of alcohol intake advised
  - Previous anaesthetics no issues → Explained will be heavily sedated, not full anaesthetic
  - NKA. Sensitive to codeine. Alert sticker attached to paperwork → Advised to notify all staff, but unlikely to need that amount of analgesic
  - Explained procedure pre & post expectations to patient
  - Pt signed endoscopy (colonoscopy) consent form
  - · Booklet given procedure, risks, pain, bleeding, etc.
  - Pre-procedure: Day before light breakfast then clear fluids only Bowel prep instructions fast midnight before procedure
  - Admission booklet explained → Pt arranged hospital pickup
  - · Discussed importance of healthy diet & exercise

- R/V 1 wk post-procedure Dr & Nurse
- R/V progress, further counselling, other options if necessary. Results of colonoscopy will determine course of action.

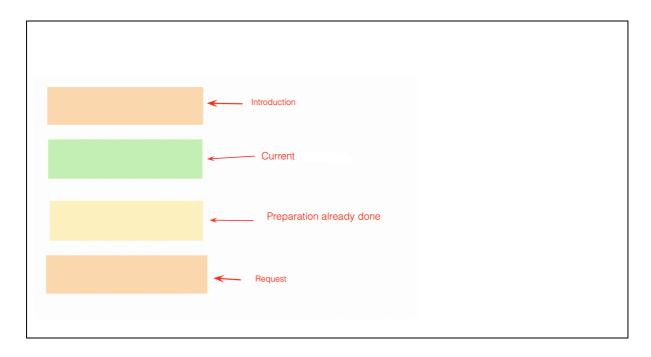
#### Writing Task:

Using the information given in the case notes, write a letter to the Day Surgery Nurse at Surgicentre,100 Plain Road, Lakeside, outlining the patient's relevant history and current circumstances, including your pre-procedure assessment and management.

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180-200 words.

## PARAGRAPH PLAN:





### **DETAILED PLAN:**

Introduction	<ul> <li><u>Situation</u>: you have just done assessment and prep</li> <li>Purpose of the letter: <u>further prep procedure management</u></li> </ul>
Current situation	<ul> <li>Bowel changes</li> <li>Bowel test abnormal</li> <li>Worried due to family history (summarise)</li> <li>bowel prep prescribed</li> <li>Pathology ordered</li> </ul>
'Prep already done'	<ul> <li>Vitals normal</li> <li>Cessation of smoking &amp; reduction of alcohol advised</li> <li>Consent form sign</li> <li>Sensitive to codeine (alert sticker?)</li> <li>Prep and Post procedure expectation explained</li> <li>Booklet was given: procedure, bleeding, etc.</li> <li>Admission booklet</li> <li>Hospital pick up?</li> <li>Diet and exercise discussed</li> <li>Fasting and pre procedure diet discussed</li> </ul>
Requests	Repeat the purpose: further pre procedure management

## Yesterday:

Today, Mr White attended our clinic, having obtained a positive bowel cancer screen test, which resulted in him considering a colonoscopy. Due to having changes in bowel habits and being concerned about his family history of bowel cancer, bowel preparation was prescribed for his scheduled procedure. Although his vital signs were within the normal range, his blood pressure was slightly elevated, about which the doctor was informed. Additionally, pathology tests were conducted and the results will be received before the procedure. Great!

Having a positive bowel cancer screening test and being concerned about a family history of cancer, Mr White presented to our clinic on 1<sup>st</sup> August and requested to be referred for further investigation and a colonoscopy. Consequently, a colonoscopy has been scheduled, bowel preparation was prescribed and pathology was ordered, which will be ready prior to the procedure.

**Brilliant! I love this** 



## **Original** Secondary

Having been complained of bowel changes, Mr. White under went a bowel cancer screening test. Subsequently, a colonoscopy was suggested in one week due to abnormal bowel test results. Following a consultation, he was directed to pre- procedure assessment and management along with pathology tests. Additionally, he is concerned regarding the family history of bowel cancer.

Today, Mr White presented our clinic due to bowel changes and he reported that he had a positive bowel cancer screen test. He was worried very much owing to his family history of bowel cancer, and, as a result, a colonoscopy will be performed next week. His bowel preparation was prescribed and his pathology test was ordered.

## Participle clauses

Having been complained of the aforementioned changes, Mr White underwent a bowel cancer screening test.

Subsequently, a colonoscopy was suggested in one week due to abnormal bowel test results. Following a consultation, he was directed to pre- procedure assessment and management along with pathology tests. Additionally, he is concerned regarding the his family history of bowel cancer.

Today, Mr White presented **to** our clinic due to bowel changes and reported that he had a positive bowel cancer screen test. He was worried owing to his family history of bowel cancer, and, as a result, a colonoscopy **is scheduled to be** performed next week. His bowel preparation was prescribed and his pathology test was ordered.

#### As a result (result)

He was worried owing to his family history of bowel cancer, and, as a result, a colonoscopy is scheduled to be performed next week

He was worried owing to his family history of bowel cancer, and as a result a colonoscopy is scheduled to be performed next week

He was worried owing to his family history of bowel cancer, as a result a colonoscopy is scheduled to be performed next week

I bought a fish and as a result I ate the fish

#### As a result of (cause)

I bought a fish as a result of eating fish



I are a fish as a result of buying fish

On 1st August 2018, Mr White visited our clinic with the above-mentioned test result. and requested a colonoscopy. He has worried about the test result as a result of his family history and abnormal bowel changes. Following this, he has explained the colonoscopy procedure and he is prescribed prep bowel and pathology ordered by a doctor. In addition to that, he has given a letter to the day surgery nurse at the clinic where the procedure will take place.

On 1st August 2018, Mr White visited our clinic with the above-mentioned test result and requested a colonoscopy. He <u>is worried</u> about the test <u>result</u>, due to his family history and abnormal bowel changes. Following this, the colonoscopy procedure has been explained and also bowel preparation as well as pathology have been prescribed. In addition to that, he has given a letter to the day surgery nurse at the clinic where the procedure will take place.???? Confusing. Isn't this the writer?

Causative passive:

He <u>has had</u> the procedure explained to him I have had my hair cut

No 'be verb'

In terms of Mr White's current situation, earlier today, he stated to the doctor about his bowel change and abnormal bowel test. He is much worried about his condition because of his family history. As a result, bowel preparation was prescribed and pathology has been ordered.

In terms of Mr White's current situation, earlier today, he stated to the doctor about his bowel changes and abnormal bowel test. He is much very worried about his condition because of his family history. As a result, bowel preparation was prescribed and pathology has been ordered.

Good

On 1st August 2018, Mr White presented with the complaint of bowel changes in addition to an abnormal bowel screening test and his worries concerning his family history. Following this, bowel prep has been prescribed and pathology test was ordered. However his vital signs were within normal limits except his blood pressure as a result of which the doctor has been notified.

On 1st August 2018, Mr White presented with the complaint of bowel changes in addition to an abnormal bowel screening test and his worries concerning his family history. Following this, bowel prep has been prescribed and pathology test was ordered. However, his vital signs were within normal limits except his blood pressure, as a result of which the doctor has been notified.

Okay I like this! You have put the vitals in this para but that's not a problem.



Having a positive bowel cancer screening test and being concerned about a family history of cancer, Mr white presented to our clinic on 1<sup>st</sup> August and requested to be referred for further investigation and a colonoscopy. Consequently, a colonoscopy has been scheduled, bowel preparation was prescribed and pathology was ordered, which will be ready prior to the procedure.

Having a positive bowel cancer screening test and being concerned about a family history of cancer, Mr White presented to our clinic on 1st August and requested to be referred for further investigation and a colonoscopy. Consequently, a colonoscopy has been scheduled, bowel preparation was prescribed and pathology was ordered, which will be ready prior to the procedure.

**Brilliant!** I love this

### **Current condition**

Mr. White has been complaining of bowel changes, along with that he has had an abnormal bowel test notification. A colonoscopy has been ordered for him within a week, as well as pathology.

#### Current condition

Mr. White has been complaining of bowel changes, and, along with that, he has had an abnormal bowel test notification. A colonoscopy has been ordered for him within a week, as well as pathology.

#### **Current Situation**

On 1st August, first visit, Mr White has complained of bowel changes and the results of bowel tests were abnormal. Mr White reported to us, he was worried about his situation and he mentioned, he had relatives with a cancer colon history. Following this, the pathology has been ordered, such as, explanation of the procedure and bowel preparation was provided to Mr White.

#### **Current Situation**

On 1st August, first visit, Mr White has complained of bowel changes and the results of his bowel tests were abnormal. Mr White reported to us that he was worried about his situation and was also concerned about his family history of cancer. Following this, the-pathology has been ordered, such as, explanation of the procedure and bowel preparation was provided to Mr White.

Why explanation of the procedure? That is para 3

Today, Mr White attended our clinic, having obtained a positive bowel cancer screen test, which resulted in him considering a colonoscopy. Due to having changes in bowel habits and being concerned about his family history of bowel cancer, bowel preparation was prescribed for his scheduled procedure. Although his vital signs were within the normal range, his blood pressure was slightly elevated, about which the doctor was informed. Additionally, pathology tests were

Today, Mr White attended our clinic, having obtained a positive bowel cancer screen test, which resulted in him considering a colonoscopy. Due to having changes in bowel habits and being concerned about his family history of bowel cancer, bowel preparation was prescribed for his scheduled procedure. Although his vital signs were within the normal range, his blood pressure was slightly elevated, about which the doctor was informed. Additionally,



conducted and the results will be received before the procedure.	pathology tests were conducted and the results will be received before the procedure. <b>Great!</b>

# **DETAILED PLAN:**

Introduction	<ul> <li><u>Situation</u>: you have just done assessment and prep</li> <li>Purpose of the letter: <u>further prep procedure management</u></li> </ul>
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Requests	Repeat the purpose: further pre procedure management



	Famology ordered
'Prep already	Vitals normal
done'	<ul> <li>Cessation of smoking &amp; reduction of alcohol advised</li> </ul>
done	Consent form sign
	Sensitive to codeine (alert sticker?)
	Prep and Post procedure expectation explained
	Booklet was given: procedure, bleeding, etc.
	Admission booklet
	• Hospital pick up?
	Diet and exercise discussed
	Fasting and pre procedure diet discussed
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# Example:

In terms of Mr White's preparation, all his vital signs are normal with the exception of his <u>BP</u>, which is slightly high (<u>about which</u> the doctor has been notified). Pre and post procedure expectations <u>have been explained</u> to him and booklet was given detailing risks, pain, bleeding <u>and related issues</u>. He has been advised to quit smoking and reduce his alcohol intake.



#### Nursing Management: •

- Observations T: 37°C, P: 88, BP: 145/95 (notified Dr), R: 16
- Pathology FBE, U&Es, LFTs (will receive results pre-procedure)
- · Wt: 80kg, Ht: 190cm
- · Immediate cessation of smoking and reduction of alcohol intake advised
- Previous anaesthetics no issues → Explained will be heavily sedated, not full anaesthetic
- NKA. Sensitive to codeine. Alert sticker attached to paperwork
   → Advised to notify all staff, but unlikely to need that amount of analgesic
- · Explained procedure pre & post expectations to patient
- · Pt signed endoscopy (colonoscopy) consent form
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- Pre-procedure: Day before light breakfast then clear fluids only Bowel prep instructions – fast midnight before procedure
- Admission booklet explained → Pt arranged hospital pickup

**Improved** 

· Discussed importance of healthy diet & exercise

#### Plan:

Original

- · R/V 1 wk post-procedure Dr & Nurse
- R/V progress, further counselling, other options if necessary. Results of colonoscopy will determine course of action.

$\mathcal{L}$	
Re: Mr Adam White, DOB 25 <sup>th</sup> July 1958	Re: Mr Adam White, DOB 25 <sup>th</sup> July 1958
Dear Day Surgery Nurse,	Dear Day Surgery Nurse,
I am writing to introduce Mr. White, who has a positive screening test on bowel cancer and is scheduled to undergo a Colonoscopy in your facility next week. Preprocedural assessment has been made but he needs further pre-procedural management.	I am writing to introduce Mr White, who has a positive screening test on for bowel cancer and is scheduled to undergo a colonoscopy in your facility next week. Preprocedural assessment has been made but he needs further pre-procedural management.  Is the purpose clear? I understand this.



We don't capitalise: procedures or conditions

We only capitalise <u>names</u>?

People: Han, Badr Place: London, Australia Organisation: <u>A</u>didas (Brand)

I am writing regarding Mr White who has been scheduled for colonoscopy in your day surgery. And he now requires your further pre-assessment management.

I am writing regarding Mr White, who <u>has been</u> scheduled for a colonoscopy in your day surgery. He now requires your further pre-<u>procedure</u> management.

Error with purpose!

Purpose: 2/3

I am writing regarding Mr White, who has recently visited our clinic due to a positive result of his bowel cancer screening test. he is being referred to your day surgery in one week for a colonoscopy resulting in him being required further pre-procedure assessment and management.

I am writing regarding Mr White, who has recently visited our clinic due to a positive result <u>from</u> his bowel cancer screening test. He is being referred to your day surgery in one week and he now requires further pre-procedure assessment and management.

...for a colonoscopy **resulting in** <u>him</u> <u>requiring further</u> pre-procedure assessment and management.

I am writing regarding Mr white, who has a positive bowel cancer screen test. He is due to have a colonoscopy procedure next week in your facility and now requires your further pre-procedure assessment and management.

I am writing regarding Mr White, who has a positive bowel cancer screen test result. He is due to have a colonoscopy procedure next week in your facility and now requires your further pre-procedure assessment and management.

Day Surgery Nurse at Surgicentre 100 Plain Road Lakeside

1<sup>st</sup> August 2018

Day Surgery Nurse Surgicentre 100 Plain Road Lakeside



Re: Mr Adam White: DOB 25th July 1958

Dear Nurse

I am writing regarding Mr White, who visited our facility due to a positive bowel cancer screen test. He is being referred to you for further pre-procedure colonoscopy and management.

1<sup>st</sup> August 2018

Re: Mr Adam White; DOB 25th July 1958

space

Dear Nurse

space

I am writing regarding Mr White, who visited our facility due to a positive bowel cancer screen test **result**. He is being referred to you for further pre-colonoscopy management.

I am writing regarding Mr White, who has recently been diagnosed with bowel cancer. He is scheduled for a colonoscopy at your hospital, in a week's time, and will require pre-procedure assessment, as well as management.

I am writing regarding Mr White, who has recently been diagnosed with bowel cancer (This is perhaps too strong at this stage? Wont the colonoscopy confirm it?). He is scheduled for a colonoscopy at your hospital, in a week's time, and will require pre-procedure <u>assessment</u>, as well as management.

The Day Surgery Nurse at Surgicentre 100 Plain Road Lakeside

01 August 2018

Dear Sir/Madam

Re: Mr Adam White DOB 25 July 1958

I am writing regarding, Mr Adam White who presented to our clinic

regarding pre-procedure assessment and management. He

The Day Surgery Nurse at Surgicentre 100 Plain Road Lakeside

01 August 2018

Dear Sir/Madam

Re: Mr Adam White DOB 25 July 1958

I am writing regarding, Mr Adam White who presented to our clinic regarding pre-procedure assessment and



is being

prepared for a day colonoscopy procedure in your hospital next week.

management (Did he?). He is being prepared for a day colonoscopy procedure in your hospital next week.

Regards

Why 'is being'? Is it happening at the same time the person writes the letter?

I am writing regarding Mr White, who presented to our clinic for preparation of his colonoscopy procedure in your hospital next week. He is scheduled to be transferred to your facility and now requires continued assessment and management.

I am writing regarding Mr White, who presented to our clinic for preparation of his colonoscopy procedure in your hospital next week. He is scheduled to be transferred to your facility and now requires continued assessment and management.

Good

I am writing regarding Mr White, who presented to our practice recently, concerned about a possible bowel cancer. He is being referred to your facility, and now requires a colonoscopy and further assessment.

I am writing regarding Mr White, who presented to our practice recently, concerned about a possible bowel cancer. He is being referred to your facility, and now requires a colonoscopy and further assessment.

We discussed this in class. You are not requesting a colonoscopy.

I am writing to introduce you to Mr White, who was visited our practice for colonoscopy preparation and assessment following his bowel cancer test result. He is being referred to you and now requires your further pre-procedure management.

I am writing to introduce you to Mr White, who was visited our practice for colonoscopy preparation and assessment following his bowel cancer test result. He is being referred to you and now requires your further pre-procedure management.





I am writing regarding Mr White, who has been prepared for a colonoscopy procedure due to abnormal bowel changes and positive bowel cancer screen test. He is being referred to you for further preparation and management.

I am writing regarding Mr. White who is being referred to you for the pre-preparation assessment and management for a colonoscopy in one week.

I am writing regarding Mr White ,who is scheduled to attend a colonoscopy next week ,owing to a positive bowel cancer screening. Pre-procedure assessment and preparation has been done , and he is being transferred to you for further pre-procedure management.

I am writing regarding Mr White, a new patient at our clinic, who is being referred to you for the pre-procedure management and assistance of his colonoscopy, which is due to be performed in one week at your facility.

Mr. Adam wihite presented to our clinic with a positive screeininj for.cancer. He is being referred to your facility for arrange colonoscopy following the initial assessment in our clinic.

I am writing regarding Mr White, who has been prepared for a colonoscopy procedure due to abnormal bowel changes and a positive bowel cancer screen test. He is being referred to you for further preparation and management.

I am writing regarding Mr.White, who is being referred to you for the pre-preparation assessment and management for a colonoscopy in one week.

Concise – one sentence. The purpose is also clear. Well done – don't forget the comma

I am writing regarding Mr White ,who is scheduled to attend a colonoscopy next week ,owing to a positive bowel cancer screening. Pre-procedure assessment and preparation has been done , and he is being transferred to you for further pre-procedure management.

Good

I am writing regarding Mr White, a new patient at our clinic, who is being referred to you for the pre-procedure management and assistance of his regarding his scheduled colonoscopy, which is due to be performed in one week at your facility.

Mr. Adam <u>wihite</u> presented to our clinic with a positive screeining for cancer. He is being referred to your facility for arrange colonoscopy following the initial assessment in our clinic.

Some spelling errors and you haven't got the purpose clear here. See out discussions in class.



# **DETAILED PLAN:**

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Requests	Repeat the purpose: further pre procedure management

REAL LETTER: What do you think?



Mr White presented to our clinic today <u>due to</u> bowel changes and an abnormal bowel screening test. (Is this repeating the Introduction? If so, do not do it like this) He is worried about his condition owing to his family history. Following this, bowel preparation was prescribed, and <u>pathology</u> ordered. In terms of his medical condition, observations revealed that his vital signs were all within the normal range, except his blood pressure, for which the doctor has been notified.

Homework: write paragraph 2 and email it to: <u>alain@set-english.com</u>