

1. Final review & Qs
2. Look at some Requests paragraphs
3. Q&A



OCCUPATIONAL ENGLISH TEST

WRITING SUB-TEST: NURSING

TIME ALLOWED: **READING TIME:** 5 MINUTES
WRITING TIME: 40 MINUTES

Read the case notes below and complete the writing task which follows.

Notes:

You are a practice nurse for a general practitioner and you are preparing a patient for a day colonoscopy procedure in hospital next week. Your practice is seeing the patient for the first time.

Patient: Mr Adam White (DOB: 25 July, 1958)
Address: 20 Leonard St, Lakeside
Social Background: Single. Lives alone. IT consultant. Eats out a lot; entertains; heavy drinker (alcohol); rarely smokes

1 August 2018
Reason for presenting: Results of bowel cancer screen test – positive. Pt wants a colonoscopy.

Medications: Occasional paracetamol, rare ibuprofen (for pain in L leg).

Allergies: No known allergies (NKA), sensitive to codeine.

Medical History:
2014 Bowel issues – constipation ?due to poor diet.
2015 PSA, FBE – all ✓, discussed diet, not overweight, Pt sees no reason to worry.
2016 Very bad cold, ?flu. Viral – given usual flu advice, no antibiotics.

Family History: Grandfather (paternal): ?cancer bowel, ?had colostomy.
 Father: Cancer colon (1997), recent resection, anastomosis, no problems since.

Dr Consultation: Pt complaining of bowel changes & notification of bowel tests – abnormal. Very worried due to family history. Colonoscopy in 1 wk. Explained procedure. Bowel prep prescribed. Pathology ordered. Recommended – discussions with nurse re pre-procedure assessment & management.
 R/V Dr & Nurse 1 wk post-procedure.

Nurse Discussions: Explained pre-procedure assessment and management. Letter to day surgery nurse at clinic where procedure will take place.



Nursing Management:

- Observations – T: 37°C, P: 88, BP: 145/95 (notified Dr), R: 16
- Pathology – FBE, U&Es, LFTs (will receive results pre-procedure)
- Wt: 80kg, Ht: 190cm
- Immediate cessation of smoking and reduction of alcohol intake advised
- Previous anaesthetics – no issues → Explained will be heavily sedated, not full anaesthetic
- NKA. Sensitive to codeine. Alert sticker attached to paperwork → Advised to notify all staff, but unlikely to need that amount of analgesic
- Explained procedure – pre & post expectations to patient
- Pt signed endoscopy (colonoscopy) consent form
- Booklet given – procedure, risks, pain, bleeding, etc.
- Pre-procedure: Day before – light breakfast then clear fluids only
 Bowel prep instructions – fast midnight before procedure
- Admission booklet explained → Pt arranged hospital pickup
- Discussed importance of healthy diet & exercise

Plan:

- R/V 1 wk post-procedure Dr & Nurse
- R/V progress, further counselling, other options if necessary. Results of colonoscopy will determine course of action.

Writing Task:

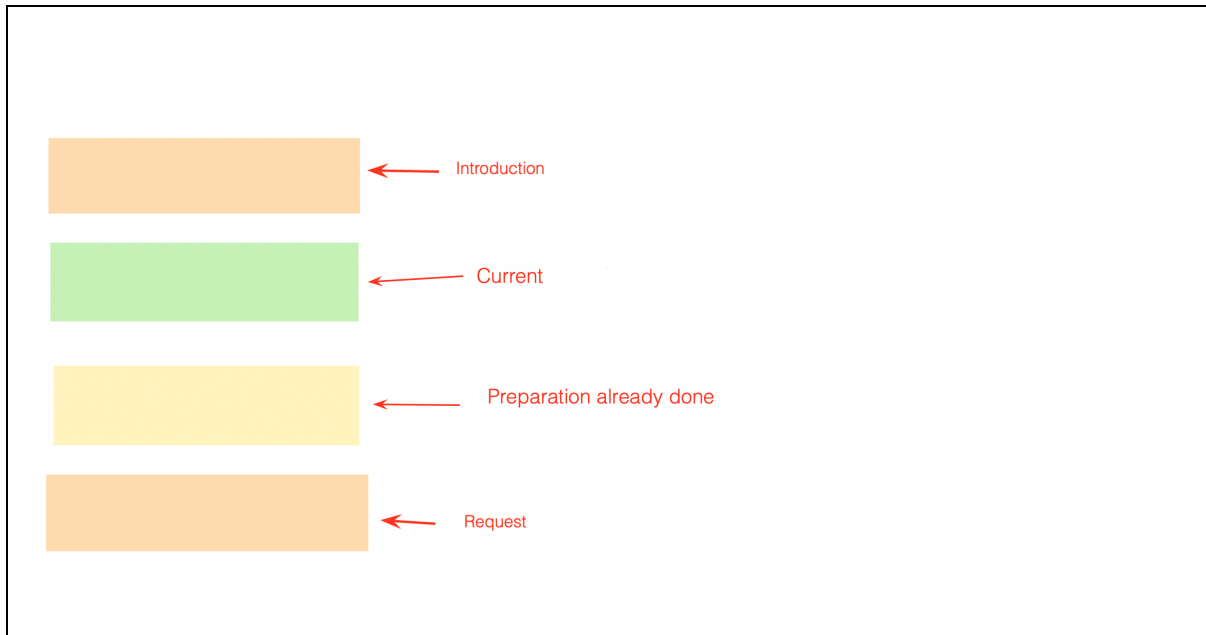
Using the information given in the case notes, write a letter to the Day Surgery Nurse at Surgicentre, 100 Plain Road, Lakeside, outlining the patient's relevant history and current circumstances, including your pre-procedure assessment and management.

In your answer:

- Expand the relevant notes into complete sentences
- Do not use note form
- Use letter format

The body of the letter should be approximately 180–200 words.

PARAGRAPH PLAN:



DETAILED PLAN:

Introduction	<ul style="list-style-type: none"> • <u>Situation</u>: you have just done assessment and prep • Purpose of the letter: further prep procedure management <i>Please note that she revealed that she as involved in a car accident recently</i> emphasis
Current situation	<ul style="list-style-type: none"> • Bowel changes • Bowel test abnormal • Worried due to family history (summarise) • bowel prep prescribed • Pathology ordered • Vitals normal
'Preparation Paragraph	<ul style="list-style-type: none"> • Cessation of smoking & reduction of alcohol advised It is worth mentioning that... WEAK • Consent form sign It might be worth mentioning... UNCERTAINY • Sensitive to codeine (alert sticker?) • Pre and Post procedure expectation explained • Booklet was <u>given</u>: procedure, bleeding, etc. only use this for not so important things • Admission booklet • Hospital <u>pick up</u>? • Diet and exercise <u>discussed</u> It is important to note... • Fasting and pre procedure diet discussed It is vital to note... STRONG STRONG
Requests	<p>Repeat the purpose: further pre procedure management</p> <p>Please note that she has a hospital pickup... <i>know but not do</i> <i>Please note that - use it if you forget to put something in</i></p>

In view of the above, it would be greatly appreciated if you could perform a colonoscopy for Mr. White in a week. He will be seen after one week for reviewing his progress and consider other options if required.

Best regards

On view of the above, It would be greatly appreciated if you could perform further pre-procedure management to schedule the colonoscopy within one week and refer the patient for further management with colonoscopy results.

It would be appreciated if you could provide further assessment and management for Mr White. Mr White requires further progress, counseling and treatment options, in order to review an appointment in one week.

REQUEST

It would be greatly appreciated if you could provide to Mr white assessment and management. Please note that he will be seem by a nurse in order to review his post-procedure, and his progress. Additionally, further counselling might be necessary. Kindly note that the result of his colonoscopy will determine a course of action.

In view of the above, it would be greatly appreciated if you could perform a colonoscopy for Mr. White in a week. He will be seen after one week for reviewing his progress and consider other options if required.

Already discussed

In view of the above, it would be greatly appreciated if you could perform further pre-procedure management to schedule the colonoscopy within one week and refer the patient for further management with colonoscopy results.



Bad style: cold

It would be appreciated if you could provide further assessment and management for Mr White. He requires further progress, counselling and treatment options, in order to review an appointment in one week.

Error with purpose

REQUEST

It would be greatly appreciated if you could provide to Mr ~~White~~ **with** assessment and management. Please note that he will be seen by a nurse in order to review his post-procedure, and his progress. Additionally, further counselling might be necessary. Kindly note that the result of his colonoscopy will determine a course of action.


General Q & A:

Passive

As well as

Case note selection:

Fasting = ‘Please note that he will comply with his food, fluids and bowel pre procedure instructions before the colonoscopy...’



Too much summary or not

OET Speaking:

Rattle

To rattle the toy (verb)

I bought him a rattle (noun)

He is a bit **rattled** (nervous / out of comfort zone / a bit uncomfortable)

‘Some people feel a bit shaken after operations’

“You seem a little bit rattled” –

“The operation can make you feel a bit rattled...”

Writing Week: every 2 weeks

Skype:

‘Alain Wenham’

