

Medicine Writing Week

Rosemary McQueen

Notes:

Assume that today's date is 8 June 2018.

You are a Paediatric doctor at Brightford Hospital. You have been responsible for the care of Rosemary McQueen who was recently admitted with abdominal pain.

PATIENT DETAILS:

Name: Rosemary McQueen

Marital status: Single

Residence: Briarwood Cottage, Lower Lane, Brightford

DOB: 15 Feb 2004 (15 years)

Next of kin: Mother (Alison) age 45, (piano teacher)

Social background:

Attends High School – good results

Leisure activities: basketball, swimming (stopped May 2018 – ‘too tired’), plays piano and flute

Good relationship with family (two younger sisters)

Past medical history:

Born premature (maternal diabetes)

Bronchiolitis at 1 year old

Intermittent asthma (Albuterol when needed)

No surgeries

No allergies

Family history: Mother: diabetes mellitus type 2, hypertension

Father: Crohn's disease

06 Jun 2018: Admission to A&E

Presenting problem:

Persistent diarrhoea, (“greasy” stools), abdominal pain, blistering rash over elbows, knees and buttocks

Weight loss reported (2.5kg in the past 2 weeks), easy bruising

Vital signs: BP: 108/70 mmHg, P: 74 beats/min, T: 37° C, RR: 16 breaths/min

Diagnosis: Celiac disease

Treatment & test results:

CBC: haematocrit 25% (anaemia), MCV 84 fL, WBCs 3,500/ μ L

06 Jun 2018: platelets 118,000/ μ L (low WBC and platelets)
PT & aPTT: both prolonged
Calcium 6.6mg/dL (low)
Stool culture, WBCs, Ova/Parasites: negative, no blood
Sudan black stain positive for steatorrhea
All antibody tests (antitissue transglutaminase, antiendomysial, antigliadin) positive
Transferred to paediatric unit

08 Jun 2018: Small bowel biopsy performed to exclude bowel wall
lymphoma - characteristic findings of flattened intestinal villi and lymphocyte infiltration
All gluten to be removed from diet

Medications: Ferrous Sulphate 200mg PO q12hr (comm. 07.06.18)
Albuterol 2 puffs inhaled PO q8h

Nursing management:

Gluten-free diet
Check medication compliance, vital signs

Medical progress:

Good
Diagnosis confirmed, differential diagnosis excluded

08 Jun 2018: Pt. ready for discharge

Discharge plan: Eliminate gluten from diet
Ferrous Sulphate for <6 months.
Gluten-free diet \rightarrow gradual resolution of symptoms
Repeat antibody titres (6 weeks' time), CBC and calcium level
Refer to dietician

Writing Task:

Using the information given in the case notes, write a referral letter to Dr Jones, a dietician at Brightford General Hospital, for further management of Rosemary's gluten-free diet. Address the letter to Dr Barbara Jones, dietician, Brightford General Hospital, Brightford.

Make a plan!

Remember the 5 questions for planning:

- 1) Who am I writing to?
- 2) What do they already know?
- 3) What do they need to learn to continue care?
- 4) Why am I writing today?
- 5) Is it urgent?

Combine these questions with the concept of paragraph function:

Introduction	The purpose must be immediately clear <ul style="list-style-type: none"> - Name - General medical context - General purpose
Timeline 1	Tells the story from the past up to the present, sometimes including the present. It depends on the story.
Timeline 2	Current condition
Background - Medical	Conditions, family history, medications
Background - Social	living situation, relationships, job, lifestyle
Request	The purpose is expanded. Detail required here.

Introduction	<ul style="list-style-type: none"> - Rosemary McQueen - celiac disease - request: manage gluten-free diet
Timeline 1	<p>6th June: admission & test results, diagnosis</p> <ul style="list-style-type: none"> - summary of presenting symptoms - diagnosis - summary of test results - calcium, sudan black stain, All antibody tests (antitissue transglutaminase, antiendomysial, antigliadin) positive
Timeline 2	<p>8th June: exclusion testing</p> <ul style="list-style-type: none"> - biopsy & results - Ferrous sulphate - gluten - free diet commenced - good progress
Background	<ul style="list-style-type: none"> - father - Crohn's - asthma / albuterol
Request	<p>Request:</p> <ul style="list-style-type: none"> - Eliminate gluten from diet <p>Inform:</p> <ul style="list-style-type: none"> - Ferrous sulphate - Revisit tests

Introductions

Common challenges:

- too much information: timeline / too much detail about the request
- grammar mistakes - extending relative clauses, tense
- punctuation error
- spelling
- lack of purpose
- incorrect purpose

Student	Teacher
<p>I am writing to refer Rosemerry McQueen, a 15-year-old high school girl, who was admitted due to celiac disease. She is scheduled to be discharged today and requires supervision on her gluten-free diet.</p>	<p>I am writing to refer Rosemary McQueen, a 15-year-old girl, who was admitted due to celiac disease. She is scheduled to be discharged today and requires supervision with/for her gluten-free diet.</p>
<p>Thank you for seeing Rosemary, who has been diagnosed with celiac disease. She is due to be discharged into your care for further management of her gluten-free diet.</p>	
<p>Dr. Barbara Jones Dietitian Brightford General Hospital Brightford</p> <p>08/06/2018</p> <p>Dear Dr. Jones,</p> <p>Re: Ms. Rosemary McQueen, DOB:15/02/2004</p> <p>I am writing regarding Rosemary McQueen, who has recently been diagnosed with celiac disease. She is due to be discharged and now requires management of her gluten-free diet.</p>	
<p>Thank you for seeing Miss McQueen, who presented with symptoms suggestive of Celiac disease. Now she requires your further assessment and management for her gluten free diet.</p>	
<p>I am writing to refer Miss McQueen, who presented to emergency department, with complained of diarrhea, abdomen pain, and some bruises on her knees for the last two week due to celiac disease. She now requires your assessment for her gluten free dietary management.</p>	<p>Too much information - timeline details</p>

<p>I am writing regarding Rosemary McQueen who has attended to our hospital. She has diagnosed with Celiac disease and needs your further management for gluten-free diet.</p>	<p>I am writing regarding Rosemary McQueen, who has attended our hospital due to being diagnosed with celiac disease, and needs your further management for her gluten-free diet.</p> <p>Be careful:</p> <p>attend - go to a place, organised event</p> <p>attend to - go and try and fix something</p>
<p>Thank you for seeing Rosemary McQueen, who is being managed for celiac disease in our hospital. She is being referred to you for further management of her gluten-free diet.</p>	
<p>I am writing regarding Ms McQueen, who has been diagnosed with celiac disease. She is being referred to you and now requires management of her gluten-free diet.</p>	
<p>I'm writing to refer Rosemary McQueen, who has celiac disease. She now requires your further management of her gluten-free diet.</p>	
<p>I am writing regarding Rosemary, who was diagnosed with celiac disease. She is being referred to your specialty and requires your further management of her gluten-free diet.</p>	<p>I am writing regarding Rosemary McQueen, who was diagnosed with celiac disease. She is being referred to you and requires further management of her gluten-free diet.</p>
<p>I am writing regarding Rosemary McQueen, who was admitted to our hospital due to celiac disease. She is being referred to you and now requires further management of her gluten-free diet.</p>	
<p>I am writing regarding Ms. McQueen, who was admitted to our hospital due to abdominal pain and has been diagnosed with celiac disease. She is being discharged today, and she now requires your further management of her gluten-free diet.</p>	<p>I am writing regarding Ms. McQueen, who was admitted to our hospital and has been diagnosed with celiac disease. She is being discharged today, and now requires your further management of her gluten-free diet.</p>
<p>I'm writing regarding Mrs Rosemary McQueen, who presented to our hospital with abdominal pain with the diagnosis of celiac disease. She needs your further management of her gluten free diet.</p>	<p>I'm writing regarding Ms Rosemary McQueen, who has been diagnosed with celiac disease. She needs your further management of her gluten free diet.</p>
<p>I am writing regarding Rosemary McQueen, who recently was diagnosed with celiac disease. He is being referred to you for further management of her diet.</p>	<p>I am writing regarding Rosemary McQueen, who recently was diagnosed with celiac disease. She is being referred to you for further management of her diet.</p>

<p>I am writing regarding Ms. McQueen who has confirmed Celiac disease. She is now being discharged and needs your further management for a gluten-free diet.</p>	<p>I am writing regarding Ms. McQueen, who has celiac disease. She is now being discharged and needs your further management for her gluten-free diet.</p>
<p>I am writing regarding Rosemary McQueen, who was admitted to our hospital due to her gastrointestinal problems. Her symptoms and relevant test results revealed that she has celiac disease and now she requires your management on her gluten-free diet.</p>	<p>This is not concise enough - too much detail, which should be in the timeline.</p>
<p>I am writing this letter regarding Rosemary McQueen, who was admitted to our hospital due to Celiac Disease. She is being discharged today and requires your assistance to start a gluten-free diet.</p>	<p>I am writing regarding Rosemary McQueen, who was admitted to our hospital due to celiac disease. She is being discharged today and requires your assistance with a gluten-free diet.</p>
<p>I am writing regarding Ms McQueen, who was admitted to our hospital due to celiac disease. She is being referred to you and now requires further management.</p>	
<p>I am writing referral letter for miss Rosemary Macqueen , DOB15 02 2004 . Miss rosemary has been diagnosed with celiac disease and she require a management on her gluiteb6free diet.</p>	<p>I am writing to refer Miss Rosemary McQueen. She has been diagnosed with celiac disease and requires management of her gluten-free diet.</p> <p>Be careful - you only have one chance to make a first impression</p>
<p>I am writing regarding Miss McQueen who has been diagnosed with celiac disease. She is scheduled to be disharged and now she requires your further assesment in terms of her gluten-free diet.</p>	<p>I am writing regarding Miss McQueen, who has been diagnosed with celiac disease. She is scheduled to be discharged and now she requires your further management of her gluten-free diet.</p> <p>Be careful - don't misrepresent the Purpose</p>
<p>I am writing to refer Miss McQueen, who was admitted to our hospital recently, due to signs and symptoms suggestive of celiac disease. She is scheduled to be discharged today, and now requires your further management regarding her gluten-free diet.</p>	
<p>I am writing to refer Rosemary, who has been diagnosed with celiac disease,for your further management regarding her gluten-free diet.</p>	<p>I am writing to refer Rosemary McQueen, who has been diagnosed with celiac disease, for your further management regarding her gluten-free diet.</p> <p>Nice relative clause!</p>

Write your timeline paragraphs and send to paul@set-english.com